

1 - ONMK 2017 kb sessie 1

19-01-2017 - 13:30

Programmanr. 1
19-01-2017 - 13:30

Heren, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT
Masters 20+										
1.	Robin van Beek	LZ 1886		17:08.04		199704023		17:20.64		+0,73
	50m: 30.44	30.44	450m: 5:08.71	34.78	850m: 9:49.37	35.27	1250m: 14:30.09		34.63	
	100m: 1:04.74	34.30	500m: 5:43.79	35.08	900m: 10:24.51	35.14	1300m: 15:04.88		34.79	
	150m: 1:39.43	34.69	550m: 6:18.85	35.06	950m: 10:59.86	35.35	1350m: 15:39.81		34.93	
	200m: 2:14.40	34.97	600m: 6:53.92	35.07	1000m: 11:35.47	35.61	1400m: 16:14.51		34.70	
	250m: 2:49.40	35.00	650m: 7:28.85	34.93	1050m: 12:10.24	34.77	1450m: 16:49.06		34.55	
	300m: 3:24.27	34.87	700m: 8:03.66	34.81	1100m: 12:45.27	35.03	1500m: 17:20.64		31.58	
	350m: 3:59.08	34.81	750m: 8:38.89	35.23	1150m: 13:20.41	35.14				
	400m: 4:33.93	34.85	800m: 9:14.10	35.21	1200m: 13:55.46	35.05				
2.	Michel van Nieuwkerk	AZ&PC De Futen		17:43.81		199702413		17:20.78		+0,71
	50m: 30.53	30.53	450m: 5:11.04	35.19	850m: 9:51.89	35.38	1250m: 14:30.46		33.76	
	100m: 1:04.80	34.27	500m: 5:45.77	34.73	900m: 10:27.67	35.78	1300m: 15:04.28		33.82	
	150m: 1:40.11	35.31	550m: 6:21.25	35.48	950m: 11:02.98	35.31	1350m: 15:38.38		34.10	
	200m: 2:15.39	35.28	600m: 6:56.41	35.16	1000m: 11:38.54	35.56	1400m: 16:13.04		34.66	
	250m: 2:50.53	35.14	650m: 7:31.46	35.05	1050m: 12:13.51	34.97	1450m: 16:47.83		34.79	
	300m: 3:25.79	35.26	700m: 8:06.52	35.06	1100m: 12:48.12	34.61	1500m: 17:20.78		32.95	
	350m: 4:00.99	35.20	750m: 8:41.51	34.99	1150m: 13:22.61	34.49				
	400m: 4:35.85	34.86	800m: 9:16.51	35.00	1200m: 13:56.70	34.09				
3.	Pieter Pijnenburg	Nuenen		18:10.78		199305227		17:45.82		+0,63
	50m: 30.33	30.33	450m: 5:14.70	35.35	850m: 10:01.93	36.08	1250m: 14:50.49		36.03	
	100m: 1:05.14	34.81	500m: 5:50.58	35.88	900m: 10:38.04	36.11	1300m: 15:25.60		35.11	
	150m: 1:40.74	35.60	550m: 6:26.25	35.67	950m: 11:14.23	36.19	1350m: 16:01.28		35.68	
	200m: 2:16.65	35.91	600m: 7:01.89	35.64	1000m: 11:50.71	36.48	1400m: 16:37.40		36.12	
	250m: 2:52.37	35.72	650m: 7:37.61	35.72	1050m: 12:26.55	35.84	1450m: 17:12.40		35.00	
	300m: 3:28.01	35.64	700m: 8:13.31	35.70	1100m: 13:02.49	35.94	1500m: 17:45.82		33.42	
	350m: 4:03.70	35.69	750m: 8:49.56	36.25	1150m: 13:38.36	35.87				
	400m: 4:39.35	35.65	800m: 9:25.85	36.29	1200m: 14:14.46	36.10				
4.	Jeffrey Camphens	DWT		17:39.95		199503113		18:55.87		+0,69
	50m: 33.83	33.83	450m: 5:31.82	37.50	850m: 10:37.15	37.92	1250m: 15:44.24		39.32	
	100m: 1:10.30	36.47	500m: 6:09.90	38.08	900m: 11:15.19	38.04	1300m: 16:22.80		38.56	
	150m: 1:47.41	37.11	550m: 6:48.29	38.39	950m: 11:53.29	38.10	1350m: 17:01.47		38.67	
	200m: 2:24.57	37.16	600m: 7:26.59	38.30	1000m: 12:31.65	38.36	1400m: 17:40.17		38.70	
	250m: 3:02.44	37.87	650m: 8:04.41	37.82	1050m: 13:10.12	38.47	1450m: 18:18.88		38.71	
	300m: 3:39.55	37.11	700m: 8:42.71	38.30	1100m: 13:48.81	38.69	1500m: 18:55.87		36.99	
	350m: 4:17.10	37.55	750m: 9:20.93	38.22	1150m: 14:26.87	38.06				
	400m: 4:54.32	37.22	800m: 9:59.23	38.30	1200m: 15:04.92	38.05				
5.	Thijs van Hofweegen NR IPC, tt 800m NR IPC	ZPC AMERSFOORT		21:12.22		199605253		S6	20:22.38	+0,92
	50m: 35.12	35.12	450m: 5:55.42	40.67	850m: 11:22.55	41.43	1250m: 16:56.90		42.23	
	100m: 1:14.29	39.17	500m: 6:36.78	41.36	900m: 12:04.16	41.61	1300m: 17:39.20		42.30	
	150m: 1:53.93	39.64	550m: 7:17.95	41.17	950m: 12:45.93	41.77	1350m: 18:21.45		42.25	
	200m: 2:33.52	39.59	600m: 7:58.91	40.96	1000m: 13:27.92	41.99	1400m: 19:03.09		41.64	
	250m: 3:13.54	40.02	650m: 8:39.73	40.82	1050m: 14:09.81	41.89	1450m: 19:43.57		40.48	
	300m: 3:53.48	39.94	700m: 9:19.82	40.09	1100m: 14:51.29	41.48	1500m: 20:22.38		38.81	
	350m: 4:34.30	40.82	750m: 9:59.91	40.09	1150m: 15:32.79	41.50				
	400m: 5:14.75	40.45	800m: 10:41.12	41.21	1200m: 16:14.67	41.88				

Masters 25+

1.	Tim Bunnik	Triton		17:45.77		199000505		17:45.70		+0,81		
	50m:	31.79	31.79	450m:	5:17.34	35.27	850m:	10:01.27	35.61	1250m:	14:46.92	35.53
	100m:	1:07.70	35.91	500m:	5:52.59	35.25	900m:	10:36.58	35.31	1300m:	15:23.18	36.26
	150m:	1:43.86	36.16	550m:	6:28.39	35.80	950m:	11:12.45	35.87	1350m:	15:59.80	36.62
	200m:	2:19.42	35.56	600m:	7:03.72	35.33	1000m:	11:48.13	35.68	1400m:	16:35.32	35.52
	250m:	2:55.23	35.81	650m:	7:39.38	35.66	1050m:	12:24.29	36.16	1450m:	17:11.36	36.04
	300m:	3:31.12	35.89	700m:	8:14.61	35.23	1100m:	12:59.68	35.39	1500m:	17:45.70	34.34
	350m:	4:06.56	35.44	750m:	8:50.41	35.80	1150m:	13:35.34	35.66			
	400m:	4:42.07	35.51	800m:	9:25.66	35.25	1200m:	14:11.39	36.05			

Programmanr. 1, Heren, 1500m vrije slag, Masters 25+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
2.	Wessel Everloo	De Veene		17:46.64		198906597		S14	18:07.69	+0,81		
	50m:	32.02	32.02	450m:	5:18.47	35.74	850m:	10:12.10	37.41	1250m:	15:05.41	35.06
	100m:	1:07.68	35.66	500m:	5:55.04	36.57	900m:	10:47.61	35.51	1300m:	15:42.35	36.94
	150m:	1:43.57	35.89	550m:	6:31.12	36.08	950m:	11:24.60	36.99	1350m:	16:19.27	36.92
	200m:	2:19.33	35.76	600m:	7:08.05	36.93	1000m:	12:02.05	37.45	1400m:	16:56.29	37.02
	250m:	2:54.00	34.67	650m:	7:44.34	36.29	1050m:	12:38.13	36.08	1450m:	17:32.52	36.23
	300m:	3:30.22	36.22	700m:	8:20.86	36.52	1100m:	13:15.70	37.57	1500m:	18:07.69	35.17
	350m:	4:06.76	36.54	750m:	8:58.75	37.89	1150m:	13:52.76	37.06			
	400m:	4:42.73	35.97	800m:	9:34.69	35.94	1200m:	14:30.35	37.59			
3.	Patrick Creemers	RZ		18:54.73		199000579			18:25.15	+0,83		
	50m:	30.95	30.95	450m:	5:23.96	36.80	850m:	10:20.06	37.41	1250m:	15:21.27	37.86
	100m:	1:06.28	35.33	500m:	6:00.51	36.55	900m:	10:57.55	37.49	1300m:	15:58.97	37.70
	150m:	1:42.86	36.58	550m:	6:36.89	36.38	950m:	11:35.28	37.73	1350m:	16:35.85	36.88
	200m:	2:19.74	36.88	600m:	7:13.80	36.91	1000m:	12:13.41	38.13	1400m:	17:12.73	36.88
	250m:	2:56.17	36.43	650m:	7:51.22	37.42	1050m:	12:50.65	37.24	1450m:	17:49.17	36.44
	300m:	3:32.59	36.42	700m:	8:28.68	37.46	1100m:	13:28.11	37.46	1500m:	18:25.15	35.98
	350m:	4:09.89	37.30	750m:	9:06.03	37.35	1150m:	14:05.66	37.55			
	400m:	4:47.16	37.27	800m:	9:42.65	36.62	1200m:	14:43.41	37.75			
4.	Maik Steenkamp	Montferland		18:02.95		199103847			18:39.31	+0,77		
	50m:	31.68	31.68	450m:	5:23.72	37.36	850m:	10:26.32	38.07	1250m:	15:29.12	37.60
	100m:	1:06.41	34.73	500m:	6:00.90	37.18	900m:	11:04.53	38.21	1300m:	16:07.34	38.22
	150m:	1:42.18	35.77	550m:	6:38.40	37.50	950m:	11:42.71	38.18	1350m:	16:45.84	38.50
	200m:	2:18.42	36.24	600m:	7:15.89	37.49	1000m:	12:20.53	37.82	1400m:	17:24.34	38.50
	250m:	2:54.64	36.22	650m:	7:53.70	37.81	1050m:	12:57.91	37.38	1450m:	18:02.38	38.04
	300m:	3:31.33	36.69	700m:	8:31.98	38.28	1100m:	13:35.81	37.90	1500m:	18:39.31	36.93
	350m:	4:08.75	37.42	750m:	9:10.29	38.31	1150m:	14:13.63	37.82			
	400m:	4:46.36	37.61	800m:	9:48.25	37.96	1200m:	14:51.52	37.89			
5.	Niels Albrechts	SGGO (SG)		18:21.23		198800039			18:53.14	+0,79		
	50m:	32.95	32.95	450m:	5:25.53	37.11	850m:	10:28.90	38.34	1250m:	15:39.47	38.93
	100m:	1:08.88	35.93	500m:	6:02.94	37.41	900m:	11:06.78	37.88	1300m:	16:18.34	38.87
	150m:	1:44.77	35.89	550m:	6:40.46	37.52	950m:	11:45.41	38.63	1350m:	16:57.83	39.49
	200m:	2:21.15	36.38	600m:	7:18.02	37.56	1000m:	12:24.20	38.79	1400m:	17:37.24	39.41
	250m:	2:57.62	36.47	650m:	7:55.87	37.85	1050m:	13:03.15	38.95	1450m:	18:16.38	39.14
	300m:	3:34.29	36.67	700m:	8:34.09	38.22	1100m:	13:41.71	38.56	1500m:	18:53.14	36.76
	350m:	4:11.32	37.03	750m:	9:12.46	38.37	1150m:	14:20.98	39.27			
	400m:	4:48.42	37.10	800m:	9:50.56	38.10	1200m:	15:00.54	39.56			
6.	Frank Heestermans	De Vrije Slag		20:25.80		198901149			20:43.73	+1,03		
	50m:	35.56	35.56	450m:	6:06.42	41.85	850m:	11:42.12	42.03	1250m:	17:17.18	42.10
	100m:	1:15.49	39.93	500m:	6:49.02	42.60	900m:	12:23.76	41.64	1300m:	17:58.70	41.52
	150m:	1:56.55	41.06	550m:	7:31.31	42.29	950m:	13:05.45	41.69	1350m:	18:40.72	42.02
	200m:	2:38.15	41.60	600m:	8:13.46	42.15	1000m:	13:47.53	42.08	1400m:	19:22.75	42.03
	250m:	3:19.82	41.67	650m:	8:55.04	41.58	1050m:	14:29.18	41.65	1450m:	20:04.20	41.45
	300m:	4:01.44	41.62	700m:	9:36.86	41.82	1100m:	15:11.68	42.50	1500m:	20:43.73	39.53
	350m:	4:43.03	41.59	750m:	10:18.68	41.82	1150m:	15:53.42	41.74			
	400m:	5:24.57	41.54	800m:	11:00.09	41.41	1200m:	16:35.08	41.66			

Masters 30+

1.	Erik Schröder	TriVia	16:38.07	198402025	16:38.05	+0,81						
	Nederlands Masters Record											
	50m:	28.84	28.84	450m:	4:55.96	33.79	850m:	9:25.15	33.72	1250m:	13:54.04	33.58
	100m:	1:01.03	32.19	500m:	5:29.71	33.75	900m:	9:58.70	33.55	1300m:	14:27.39	33.35
	150m:	1:34.41	33.38	550m:	6:03.38	33.67	950m:	10:32.20	33.50	1350m:	15:00.86	33.47
	200m:	2:08.02	33.61	600m:	6:36.80	33.42	1000m:	11:05.81	33.61	1400m:	15:34.04	33.18
	250m:	2:41.50	33.48	650m:	7:10.26	33.46	1050m:	11:39.38	33.57	1450m:	16:06.40	32.36
	300m:	3:14.90	33.40	700m:	7:43.92	33.66	1100m:	12:13.15	33.77	1500m:	16:38.05	31.65
	350m:	3:48.51	33.61	750m:	8:17.73	33.81	1150m:	12:46.93	33.78			
	400m:	4:22.17	33.66	800m:	8:51.43	33.70	1200m:	13:20.46	33.53			
2.	Frank van der Voordt	SGGO (SG)	19:26.75	198302259	19:09.91	+0,74						
	50m:	32.54	32.54	450m:	5:31.24	38.22	850m:	10:38.72	38.37	1250m:	15:51.58	39.85
	100m:	1:08.65	36.11	500m:	6:09.72	38.48	900m:	11:17.56	38.84	1300m:	16:31.20	39.62
	150m:	1:45.82	37.17	550m:	6:47.98	38.26	950m:	11:56.21	38.65	1350m:	17:10.70	39.50
	200m:	2:23.12	37.30	600m:	7:26.46	38.48	1000m:	12:34.60	38.39	1400m:	17:50.88	40.18
	250m:	3:00.29	37.17	650m:	8:04.98	38.52	1050m:	13:13.42	38.82	1450m:	18:30.86	39.98
	300m:	3:37.59	37.30	700m:	8:43.49	38.51	1100m:	13:52.50	39.08	1500m:	19:09.91	39.05
	350m:	4:15.15	37.56	750m:	9:21.99	38.50	1150m:	14:32.09	39.59			
	400m:	4:53.02	37.87	800m:	10:00.35	38.36	1200m:	15:11.73	39.64			

Programmanr. 1, Heren, 1500m vrije slag, Masters 30+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
3.	Mark Godwaldt	PSV		20:41.40		198701039		19:29.00		+0,92		
	50m:	32.47	32.47	450m:	5:34.91	37.94	850m:	10:44.01	40.40	1250m:	16:07.24	41.69
	100m:	1:09.08	36.61	500m:	6:12.80	37.89	900m:	11:23.50	39.49	1300m:	16:49.06	41.82
	150m:	1:46.79	37.71	550m:	6:50.95	38.15	950m:	12:03.07	39.57	1350m:	17:30.58	41.52
	200m:	2:24.98	38.19	600m:	7:29.58	38.63	1000m:	12:42.83	39.76	1400m:	18:11.81	41.23
	250m:	3:02.93	37.95	650m:	8:08.29	38.71	1050m:	13:23.40	40.57	1450m:	18:52.32	40.51
	300m:	3:40.83	37.90	700m:	8:46.79	38.50	1100m:	14:03.35	39.95	1500m:	19:29.00	36.68
	350m:	4:18.87	38.04	750m:	9:24.47	37.68	1150m:	14:43.94	40.59			
	400m:	4:56.97	38.10	800m:	10:03.61	39.14	1200m:	15:25.55	41.61			
4.	Edward van Dootingh	ZV 44		22:57.61		198403341		22:49.09		+0,95		
	50m:	36.26	36.26	450m:	6:38.71	46.64	850m:	12:50.85	46.28	1250m:	19:01.22	46.62
	100m:	1:17.28	41.02	500m:	7:25.57	46.86	900m:	13:36.50	45.65	1300m:	19:47.58	46.36
	150m:	2:01.25	43.97	550m:	8:12.32	46.75	950m:	14:22.58	46.08	1350m:	20:33.58	46.00
	200m:	2:46.00	44.75	600m:	8:59.28	46.96	1000m:	15:08.64	46.06	1400m:	21:19.75	46.17
	250m:	3:31.66	45.66	650m:	9:45.41	46.13	1050m:	15:55.00	46.36	1450m:	22:05.83	46.08
	300m:	4:18.37	46.71	700m:	10:31.78	46.37	1100m:	16:41.59	46.59	1500m:	22:49.09	43.26
	350m:	5:05.29	46.92	750m:	11:18.14	46.36	1150m:	17:28.29	46.70			
	400m:	5:52.07	46.78	800m:	12:04.57	46.43	1200m:	18:14.60	46.31			

Masters 35+

1.	Freddie Geerlings	NIMO	18:59.92	197900379	19:01.34	+0,82		
	50m: 32.97	32.97	450m: 5:30.34	38.77	850m: 10:39.44	38.69	1250m: 15:50.92	39.26
	100m: 1:08.94	35.97	500m: 6:08.84	38.50	900m: 11:18.06	38.62	1300m: 16:29.87	38.95
	150m: 1:45.68	36.74	550m: 6:47.67	38.83	950m: 11:56.96	38.90	1350m: 17:07.75	37.88
	200m: 2:22.57	36.89	600m: 7:26.30	38.63	1000m: 12:35.59	38.63	1400m: 17:46.86	39.11
	250m: 2:59.53	36.96	650m: 8:04.99	38.69	1050m: 13:14.00	38.41	1450m: 18:25.10	38.24
	300m: 3:36.31	36.78	700m: 8:43.59	38.60	1100m: 13:52.91	38.91	1500m: 19:01.34	36.24
	350m: 4:13.62	37.31	750m: 9:22.13	38.54	1150m: 14:31.92	39.01		
	400m: 4:51.57	37.95	800m: 10:00.75	38.62	1200m: 15:11.66	39.74		
2.	Geert-Jan Vos	ZV 44	21:03.27	198101869	21:04.12	+1,03		
	50m: 36.00	36.00	450m: 6:09.40	42.74	850m: 11:52.62	42.66	1250m: 17:35.00	42.07
	100m: 1:15.63	39.63	500m: 6:52.10	42.70	900m: 12:35.82	43.20	1300m: 18:17.82	42.82
	150m: 1:55.99	40.36	550m: 7:35.02	42.92	950m: 13:18.70	42.88	1350m: 19:00.12	42.30
	200m: 2:37.36	41.37	600m: 8:17.51	42.49	1000m: 14:02.07	43.37	1400m: 19:42.65	42.53
	250m: 3:18.73	41.37	650m: 9:00.49	42.98	1050m: 14:44.43	42.36	1450m: 20:24.91	42.26
	300m: 4:00.89	42.16	700m: 9:44.14	43.65	1100m: 15:26.99	42.56	1500m: 21:04.12	39.21
	350m: 4:43.34	42.45	750m: 10:26.74	42.60	1150m: 16:09.76	42.77		
	400m: 5:26.66	43.32	800m: 11:09.96	43.22	1200m: 16:52.93	43.17		
3.	Dyon de Greef	Budel	21:55.07	198202385	22:04.14	+0,75		
	50m: 35.42	35.42	450m: 6:23.42	44.65	850m: 12:21.26	45.28	1250m: 18:22.91	45.54
	100m: 1:15.85	40.43	500m: 7:08.21	44.79	900m: 13:05.85	44.59	1300m: 19:07.68	44.77
	150m: 1:58.47	42.62	550m: 7:52.40	44.19	950m: 13:51.22	45.37	1350m: 19:52.44	44.76
	200m: 2:41.71	43.24	600m: 8:36.78	44.38	1000m: 14:37.01	45.79	1400m: 20:38.74	46.30
	250m: 3:25.36	43.65	650m: 9:20.49	43.71	1050m: 15:23.00	45.99	1450m: 21:22.98	44.24
	300m: 4:09.54	44.18	700m: 10:05.50	45.01	1100m: 16:07.67	44.67	1500m: 22:04.14	41.16
	350m: 4:53.97	44.43	750m: 10:50.50	45.00	1150m: 16:52.25	44.58		
	400m: 5:38.77	44.80	800m: 11:35.98	45.48	1200m: 17:37.37	45.12		

AFGEM Bart Siczynski MZ&PC 20:15.00 197901995

Masters 40+

1.	Ben Rutten	OZEKA				17:59.99		1022076		18:13.87		+0,90
	50m:	31.88	31.88	450m:	5:19.25	36.34	850m:	10:12.54	36.88	1250m:	15:08.34	37.02
	100m:	1:06.75	34.87	500m:	5:55.59	36.34	900m:	10:49.48	36.94	1300m:	15:45.70	37.36
	150m:	1:42.43	35.68	550m:	6:32.16	36.57	950m:	11:26.18	36.70	1350m:	16:22.81	37.11
	200m:	2:18.30	35.87	600m:	7:08.85	36.69	1000m:	12:03.15	36.97	1400m:	17:00.36	37.55
	250m:	2:54.23	35.93	650m:	7:45.34	36.49	1050m:	12:40.00	36.85	1450m:	17:37.93	37.57
	300m:	3:30.24	36.01	700m:	8:21.93	36.59	1100m:	13:16.89	36.89	1500m:	18:13.87	35.94
	350m:	4:06.56	36.32	750m:	8:58.84	36.91	1150m:	13:53.89	37.00			
	400m:	4:42.91	36.35	800m:	9:35.66	36.82	1200m:	14:31.32	37.43			
2.	Kasper van den Berghe	Swol 1894				20:52.21		197301125		20:48.85		+0,85
	50m:	37.00	37.00	450m:	6:07.76	41.16	850m:	11:41.68	42.08	1250m:	17:18.47	41.53
	100m:	1:17.41	40.41	500m:	6:48.63	40.87	900m:	12:23.90	42.22	1300m:	18:00.84	42.37
	150m:	1:58.59	41.18	550m:	7:29.58	40.95	950m:	13:06.36	42.46	1350m:	18:42.69	41.85
	200m:	2:40.93	42.34	600m:	8:11.65	42.07	1000m:	13:48.69	42.33	1400m:	19:25.30	42.61
	250m:	3:22.62	41.69	650m:	8:53.34	41.69	1050m:	14:31.09	42.40	1450m:	20:08.63	43.33
	300m:	4:03.78	41.16	700m:	9:35.37	42.03	1100m:	15:12.91	41.82	1500m:	20:48.85	40.22
	350m:	4:45.05	41.27	750m:	10:17.31	41.94	1150m:	15:54.95	42.04			
	400m:	5:26.60	41.55	800m:	10:59.60	42.29	1200m:	16:36.94	41.99			

Programmanr. 1, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
3.	Raymond Oosterbaan	WIDEX GZC DONK		20:01.78		197700711		21:02.97		+0,89		
	50m:	34.06	34.06	450m:	5:59.56	42.59	850m:	11:44.28	43.52	1250m:	17:31.99	43.23
	100m:	1:12.73	38.67	500m:	6:42.30	42.74	900m:	12:27.59	43.31	1300m:	18:15.59	43.60
	150m:	1:52.57	39.84	550m:	7:24.56	42.26	950m:	13:10.71	43.12	1350m:	18:59.04	43.45
	200m:	2:32.41	39.84	600m:	8:07.83	43.27	1000m:	13:54.36	43.65	1400m:	19:41.45	42.41
	250m:	3:12.61	40.20	650m:	8:50.91	43.08	1050m:	14:37.92	43.56	1450m:	20:22.25	40.80
	300m:	3:53.16	40.55	700m:	9:34.15	43.24	1100m:	15:21.19	43.27	1500m:	21:02.97	40.72
	350m:	4:34.80	41.64	750m:	10:17.43	43.28	1150m:	16:05.16	43.97			
	400m:	5:16.97	42.17	800m:	11:00.76	43.33	1200m:	16:48.76	43.60			
4.	Erwin Zuidervelt	AZ&PC De Futen		21:04.01		197501015		21:07.69		+0,80		
	50m:	35.47	35.47	450m:	6:00.60	40.82	850m:	11:36.04	43.41	1250m:	17:30.76	46.22
	100m:	1:15.49	40.02	500m:	6:41.59	40.99	900m:	12:19.94	43.90	1300m:	18:16.57	45.81
	150m:	1:56.47	40.98	550m:	7:22.16	40.57	950m:	13:03.53	43.59	1350m:	19:01.14	44.57
	200m:	2:37.49	41.02	600m:	8:03.09	40.93	1000m:	13:46.53	43.00	1400m:	19:45.79	44.65
	250m:	3:18.19	40.70	650m:	8:44.60	41.51	1050m:	14:32.11	45.58	1450m:	20:29.50	43.71
	300m:	3:58.70	40.51	700m:	9:25.99	41.39	1100m:	15:18.09	45.98	1500m:	21:07.69	38.19
	350m:	4:39.24	40.54	750m:	10:09.85	43.86	1150m:	16:00.61	42.52			
	400m:	5:19.78	40.54	800m:	10:52.63	42.78	1200m:	16:44.54	43.93			

Masters 45+

1.	Peter van Grootheest	ZV 44	19:49.45	197000375	19:12.66	+0,98		
	50m: 35.20	35.20	450m: 5:45.16	39.04	850m: 10:54.87	38.52	1250m: 16:02.01	38.36
	100m: 1:13.00	37.80	500m: 6:23.83	38.67	900m: 11:33.32	38.45	1300m: 16:40.17	38.16
	150m: 1:51.36	38.36	550m: 7:03.14	39.31	950m: 12:11.84	38.52	1350m: 17:18.89	38.72
	200m: 2:30.03	38.67	600m: 7:42.00	38.86	1000m: 12:50.12	38.28	1400m: 17:57.43	38.54
	250m: 3:08.97	38.94	650m: 8:20.66	38.66	1050m: 13:28.58	38.46	1450m: 18:35.75	38.32
	300m: 3:48.14	39.17	700m: 8:59.31	38.65	1100m: 14:06.82	38.24	1500m: 19:12.66	36.91
	350m: 4:27.29	39.15	750m: 9:38.03	38.72	1150m: 14:45.17	38.35		
	400m: 5:06.12	38.83	800m: 10:16.35	38.32	1200m: 15:23.65	38.48		
2.	Dave Rost	De Waalstroom	19:27.54	197101683	19:40.61	+1,05		
	50m: 35.09	35.09	450m: 5:45.86	39.26	850m: 11:05.51	40.02	1250m: 16:23.32	39.60
	100m: 1:12.54	37.45	500m: 6:25.70	39.84	900m: 11:45.35	39.84	1300m: 17:03.19	39.87
	150m: 1:50.82	38.28	550m: 7:05.45	39.75	950m: 12:25.04	39.69	1350m: 17:42.92	39.73
	200m: 2:29.42	38.60	600m: 7:45.44	39.99	1000m: 13:04.59	39.55	1400m: 18:22.54	39.62
	250m: 3:08.58	39.16	650m: 8:25.34	39.90	1050m: 13:44.74	40.15	1450m: 19:01.99	39.45
	300m: 3:47.82	39.24	700m: 9:05.47	40.13	1100m: 14:24.51	39.77	1500m: 19:40.61	38.62
	350m: 4:27.41	39.59	750m: 9:45.59	40.12	1150m: 15:04.01	39.50		
	400m: 5:06.60	39.19	800m: 10:25.49	39.90	1200m: 15:43.72	39.71		
3.	Chris Kouwenhoven	De Spatters	21:54.66	197101669	21:20.83	+0,98		
	50m: 36.98	36.98	450m: 6:17.49	43.43	850m: 12:03.69	43.00	1250m: 17:46.14	43.05
	100m: 1:18.04	41.06	500m: 7:01.20	43.71	900m: 12:45.93	42.24	1300m: 18:29.21	43.07
	150m: 2:00.41	42.37	550m: 7:45.47	44.27	950m: 13:28.15	42.22	1350m: 19:12.95	43.74
	200m: 2:42.83	42.42	600m: 8:28.57	43.10	1000m: 14:11.56	43.41	1400m: 19:56.48	43.53
	250m: 3:25.43	42.60	650m: 9:11.15	42.58	1050m: 14:54.25	42.69	1450m: 20:39.35	42.87
	300m: 4:08.00	42.57	700m: 9:54.12	42.97	1100m: 15:36.70	42.45	1500m: 21:20.83	41.48
	350m: 4:51.07	43.07	750m: 10:37.32	43.20	1150m: 16:19.75	43.05		
	400m: 5:34.06	42.99	800m: 11:20.69	43.37	1200m: 17:03.09	43.34		
4.	Albert Roosenboom	Budel	22:00.73	197101599	22:34.29	+0,98		
	50m: 36.32	36.32	450m: 6:24.61	45.01	850m: 12:33.09	46.91	1250m: 18:45.80	47.26
	100m: 1:17.30	40.98	500m: 7:09.50	44.89	900m: 13:19.75	46.66	1300m: 19:32.47	46.67
	150m: 1:59.57	42.27	550m: 7:54.99	45.49	950m: 14:05.90	46.15	1350m: 20:18.18	45.71
	200m: 2:42.82	43.25	600m: 8:40.65	45.66	1000m: 14:52.55	46.65	1400m: 21:02.91	44.73
	250m: 3:27.02	44.20	650m: 9:26.90	46.25	1050m: 15:38.51	45.96	1450m: 21:49.43	46.52
	300m: 4:10.83	43.81	700m: 10:13.61	46.71	1100m: 16:25.37	46.86	1500m: 22:34.29	44.86
	350m: 4:54.85	44.02	750m: 11:00.19	46.58	1150m: 17:11.62	46.25		
	400m: 5:39.60	44.75	800m: 11:46.18	45.99	1200m: 17:58.54	46.92		
5.	Bas van Gool	De Geul	26:28.39	197201435	25:49.34	+0,82		
	50m: 41.79	41.79	450m: 7:25.89	51.57	850m: 14:26.76	53.04	1250m: 21:30.16	53.77
	100m: 1:28.81	47.02	500m: 8:18.28	52.39	900m: 15:19.23	52.47	1300m: 22:22.25	52.09
	150m: 2:18.40	49.59	550m: 9:11.41	53.13	950m: 16:12.43	53.20	1350m: 23:15.07	52.82
	200m: 3:09.02	50.62	600m: 10:03.62	52.21	1000m: 17:05.35	52.92	1400m: 24:07.49	52.42
	250m: 3:59.23	50.21	650m: 10:56.42	52.80	1050m: 17:57.48	52.13	1450m: 24:59.99	52.50
	300m: 4:50.80	51.57	700m: 11:49.12	52.70	1100m: 18:50.40	52.92	1500m: 25:49.34	49.35
	350m: 5:42.82	52.02	750m: 12:41.55	52.43	1150m: 19:43.14	52.74		
	400m: 6:34.32	51.50	800m: 13:33.72	52.17	1200m: 20:36.39	53.25		

Programmanr. 1, Heren, 1500m vrije slag

Masters 50+

1.	Erlend Alstad Norwegian MR	IL Varg	17:48.35				17:42.17				+0,80	
	50m:	32.41	32.41	450m:	5:17.25	35.13	850m:	10:00.63	35.02	1250m:	14:46.59	35.54
	100m:	1:08.17	35.76	500m:	5:52.69	35.44	900m:	10:36.28	35.65	1300m:	15:22.10	35.51
	150m:	1:43.95	35.78	550m:	6:28.26	35.57	950m:	11:12.17	35.89	1350m:	15:57.35	35.25
	200m:	2:19.75	35.80	600m:	7:03.67	35.41	1000m:	11:47.99	35.82	1400m:	16:32.97	35.62
	250m:	2:55.41	35.66	650m:	7:39.06	35.39	1050m:	12:23.94	35.95	1450m:	17:08.40	35.43
	300m:	3:31.20	35.79	700m:	8:14.48	35.42	1100m:	12:59.76	35.82	1500m:	17:42.17	33.77
	350m:	4:06.48	35.28	750m:	8:50.12	35.64	1150m:	13:35.30	35.54			
	400m:	4:42.12	35.64	800m:	9:25.61	35.49	1200m:	14:11.05	35.75			
2.	Bob de Vries Nederlands Masters Record	Aquapoldro	18:27.26				196601101				18:10.09	+0,70
	50m:	31.07	31.07	450m:	5:21.73	36.47	850m:	10:13.51	36.52	1250m:	15:06.51	36.53
	100m:	1:06.73	35.66	500m:	5:58.15	36.42	900m:	10:50.04	36.53	1300m:	15:43.52	37.01
	150m:	1:43.19	36.46	550m:	6:34.77	36.62	950m:	11:26.50	36.46	1350m:	16:20.71	37.19
	200m:	2:19.50	36.31	600m:	7:11.39	36.62	1000m:	12:03.08	36.58	1400m:	16:57.85	37.14
	250m:	2:55.67	36.17	650m:	7:47.76	36.37	1050m:	12:39.65	36.57	1450m:	17:35.12	37.27
	300m:	3:31.93	36.26	700m:	8:24.26	36.50	1100m:	13:16.33	36.68	1500m:	18:10.09	34.97
	350m:	4:08.80	36.87	750m:	9:00.67	36.41	1150m:	13:53.18	36.85			
	400m:	4:45.26	36.46	800m:	9:36.99	36.32	1200m:	14:29.98	36.80			
3.	John Hardeman	De Fuut	19:57.91				196601615				18:55.39	+0,97
	50m:	33.84	33.84	450m:	5:36.76	38.21	850m:	10:42.15	38.37	1250m:	15:46.64	38.06
	100m:	1:10.43	36.59	500m:	6:15.08	38.32	900m:	11:20.30	38.15	1300m:	16:24.93	38.29
	150m:	1:48.12	37.69	550m:	6:53.18	38.10	950m:	11:58.62	38.32	1350m:	17:03.16	38.23
	200m:	2:25.93	37.81	600m:	7:31.18	38.00	1000m:	12:36.62	38.00	1400m:	17:41.18	38.02
	250m:	3:03.87	37.94	650m:	8:09.27	38.09	1050m:	13:14.80	38.18	1450m:	18:19.14	37.96
	300m:	3:42.35	38.48	700m:	8:47.42	38.15	1100m:	13:52.91	38.11	1500m:	18:55.39	36.25
	350m:	4:20.53	38.18	750m:	9:25.57	38.15	1150m:	14:30.75	37.84			
	400m:	4:58.55	38.02	800m:	10:03.78	38.21	1200m:	15:08.58	37.83			
4.	Jo-an Mudde	Zeester-Meerval	18:36.87				196701457				19:17.70	+0,88
	50m:	33.07	33.07	450m:	5:33.77	38.04	850m:	10:40.99	38.42	1250m:	15:59.24	40.64
	100m:	1:09.75	36.68	500m:	6:11.75	37.98	900m:	11:19.49	38.50	1300m:	16:40.33	41.09
	150m:	1:47.04	37.29	550m:	6:49.99	38.24	950m:	11:58.10	38.61	1350m:	17:21.05	40.72
	200m:	2:24.56	37.52	600m:	7:28.48	38.49	1000m:	12:37.10	39.00	1400m:	18:00.79	39.74
	250m:	3:02.13	37.57	650m:	8:06.84	38.36	1050m:	13:16.19	39.09	1450m:	18:40.81	40.02
	300m:	3:39.74	37.61	700m:	8:45.36	38.52	1100m:	13:56.23	40.04	1500m:	19:17.70	36.89
	350m:	4:17.81	38.07	750m:	9:23.73	38.37	1150m:	14:37.63	41.40			
	400m:	4:55.73	37.92	800m:	10:02.57	38.84	1200m:	15:18.60	40.97			
5.	Nico Paasse	SGGO (SG)	19:59.58				196501463				19:46.14	+0,89
	50m:	34.18	34.18	450m:	5:47.64	39.87	850m:	11:06.51	39.60	1250m:	16:27.00	40.19
	100m:	1:11.70	37.52	500m:	6:27.72	40.08	900m:	11:46.77	40.26	1300m:	17:07.51	40.51
	150m:	1:50.38	38.68	550m:	7:08.14	40.42	950m:	12:26.18	39.41	1350m:	17:47.48	39.97
	200m:	2:30.21	39.83	600m:	7:47.40	39.26	1000m:	13:05.98	39.80	1400m:	18:27.68	40.20
	250m:	3:09.20	38.99	650m:	8:27.90	40.50	1050m:	13:46.32	40.34	1450m:	19:07.92	40.24
	300m:	3:48.56	39.36	700m:	9:07.86	39.96	1100m:	14:25.96	39.64	1500m:	19:46.14	38.22
	350m:	4:28.12	39.56	750m:	9:47.66	39.80	1150m:	15:06.65	40.69			
	400m:	5:07.77	39.65	800m:	10:26.91	39.25	1200m:	15:46.81	40.16			
6.	Andy Feyen	Zwemclub Iloka Kapellen	19:45.83				11002/67				20:44.31	+0,89
	50m:	34.58	34.58	450m:	6:00.23	41.65	850m:	11:36.03	42.80	1250m:	17:12.91	42.17
	100m:	1:13.29	38.71	500m:	6:41.77	41.54	900m:	12:17.95	41.92	1300m:	17:55.53	42.62
	150m:	1:53.18	39.89	550m:	7:23.54	41.77	950m:	13:00.04	42.09	1350m:	18:37.98	42.45
	200m:	2:33.80	40.62	600m:	8:05.29	41.75	1000m:	13:42.29	42.25	1400m:	19:20.81	42.83
	250m:	3:14.73	40.93	650m:	8:46.62	41.33	1050m:	14:24.59	42.30	1450m:	20:02.82	42.01
	300m:	3:55.57	40.84	700m:	9:27.99	41.37	1100m:	15:06.36	41.77	1500m:	20:44.31	41.49
	350m:	4:37.01	41.44	750m:	10:11.20	43.21	1150m:	15:48.58	42.22			
	400m:	5:18.58	41.57	800m:	10:53.23	42.03	1200m:	16:30.74	42.16			
7.	Arno Schrauwen	Patrick-De Roersoppers (SG)	21:08.10				196501355				21:16.54	+0,92
	50m:	36.78	36.78	450m:	6:13.11	42.13	850m:	11:51.31	42.55	1250m:	17:37.52	43.96
	100m:	1:17.27	40.49	500m:	6:55.31	42.20	900m:	12:33.99	42.68	1300m:	18:22.10	44.58
	150m:	1:59.11	41.84	550m:	7:37.27	41.96	950m:	13:16.95	42.96	1350m:	19:05.98	43.88
	200m:	2:41.46	42.35	600m:	8:19.33	42.06	1000m:	13:59.68	42.73	1400m:	19:50.10	44.12
	250m:	3:24.03	42.57	650m:	9:01.79	42.46	1050m:	14:42.32	42.64	1450m:	20:34.88	44.78
	300m:	4:06.45	42.42	700m:	9:43.97	42.18	1100m:	15:25.63	43.31	1500m:	21:16.54	41.66
	350m:	4:48.60	42.15	750m:	10:26.37	42.40	1150m:	16:09.46	43.83			
	400m:	5:30.98	42.38	800m:	11:08.76	42.39	1200m:	16:53.56	44.10			
8.	Joost de Kroon	AquAmigos	20:57.25				196400999				21:46.94	+1,05
	50m:	38.19	38.19	450m:	6:24.87	43.43	850m:	12:15.49	44.47	1250m:	18:11.06	43.73
	100m:	1:20.36	42.17	500m:	7:08.57	43.70	900m:	12:59.60	44.11	1300m:	18:55.41	44.35
	150m:	2:03.22	42.86	550m:	7:52.19	43.62	950m:	13:44.19	44.59	1350m:	19:39.99	44.58
	200m:	2:47.36	44.14	600m:	8:35.86	43.67	1000m:	14:29.30	45.11	1400m:	20:24.17	44.18
	250m:	3:30.36	43.00	650m:	9:19.65	43.79	1050m:	15:13.15	43.85	1450m:	21:06.73	42.56
	300m:	4:14.00	43.64	700m:	10:02.95	43.30	1100m:	15:57.48	44.33	1500m:	21:46.94	40.21
	350m:	4:57.59	43.59	750m:	10:46.98	44.03	1150m:	16:41.90	44.42			
	400m:	5:41.44	43.85	800m:	11:31.02	44.04	1200m:	17:27.33	45.43			

Programmanr. 1, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT
9.	Jan Smalheer	SCOM		22:09.58		196400701		23:11.88		+1,12
	50m:	37.70	37.70	450m:	6:40.37	46.38	850m:	12:57.12	47.90	48.58
	100m:	1:19.97	42.27	500m:	7:26.79	46.42	900m:	13:44.29	47.17	47.22
	150m:	2:04.01	44.04	550m:	8:13.66	46.87	950m:	14:31.74	47.45	47.94
	200m:	2:48.70	44.69	600m:	8:59.67	46.01	1000m:	15:19.26	47.52	47.33
	250m:	3:34.88	46.18	650m:	9:47.24	47.57	1050m:	16:07.29	48.03	46.27
	300m:	4:21.82	46.94	700m:	10:34.22	46.98	1100m:	16:54.33	47.04	45.22
	350m:	5:08.03	46.21	750m:	11:22.25	48.03	1150m:	17:41.70	47.37	
	400m:	5:53.99	45.96	800m:	12:09.22	46.97	1200m:	18:29.32	47.62	
10.	Adri Pasman	Zuiderzeewimmers		25:07.43		196400573		24:46.44		+1,19
	50m:	42.75	42.75	450m:	7:23.50	49.65	850m:	14:05.76	50.44	49.51
	100m:	1:30.48	47.73	500m:	8:13.89	50.39	900m:	14:54.66	48.90	49.02
	150m:	2:20.27	49.79	550m:	9:04.71	50.82	950m:	15:44.55	49.89	49.69
	200m:	3:10.91	50.64	600m:	9:54.67	49.96	1000m:	16:34.88	50.33	49.77
	250m:	4:01.71	50.80	650m:	10:45.11	50.44	1050m:	17:24.65	49.77	48.79
	300m:	4:52.73	51.02	700m:	11:35.47	50.36	1100m:	18:14.74	50.09	46.42
	350m:	5:43.53	50.80	750m:	12:26.00	50.53	1150m:	19:03.89	49.15	
	400m:	6:33.85	50.32	800m:	13:15.32	49.32	1200m:	19:53.24	49.35	
11.	Vincent Eijt	WVZ		25:19.82		196701735		24:48.21		+1,11
	50m:	43.10	43.10	450m:	7:16.25	49.96	850m:	13:59.50	50.62	51.16
	100m:	1:29.05	45.95	500m:	8:06.38	50.13	900m:	14:50.36	50.86	49.55
	150m:	2:17.62	48.57	550m:	8:56.83	50.45	950m:	15:40.46	50.10	49.24
	200m:	3:06.78	49.16	600m:	9:48.13	51.30	1000m:	16:31.86	51.40	49.87
	250m:	3:55.41	48.63	650m:	10:38.96	50.83	1050m:	17:22.38	50.52	48.10
	300m:	4:46.57	51.16	700m:	11:28.35	49.39	1100m:	18:12.89	50.51	47.05
	350m:	5:36.08	49.51	750m:	12:18.83	50.48	1150m:	19:03.36	50.47	
	400m:	6:26.29	50.21	800m:	13:08.88	50.05	1200m:	19:53.24	49.88	

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen		18:42.02		195800149		18:32.97		+0,74		
	50m:	33.44	33.44	450m:	5:28.03	36.72	850m:	10:23.09	37.04	1250m:	15:23.68	37.93
	100m:	1:10.30	36.86	500m:	6:04.61	36.58	900m:	11:00.34	37.25	1300m:	16:01.45	37.77
	150m:	1:46.82	36.52	550m:	6:41.44	36.83	950m:	11:37.88	37.54	1350m:	16:39.50	38.05
	200m:	2:23.64	36.82	600m:	7:18.28	36.84	1000m:	12:14.99	37.11	1400m:	17:17.82	38.32
	250m:	3:00.57	36.93	650m:	7:55.17	36.89	1050m:	12:52.44	37.45	1450m:	17:56.06	38.24
	300m:	3:37.54	36.97	700m:	8:31.93	36.76	1100m:	13:30.33	37.89	1500m:	18:32.97	36.91
	350m:	4:14.43	36.89	750m:	9:08.79	36.86	1150m:	14:08.00	37.67			
	400m:	4:51.31	36.88	800m:	9:46.05	37.26	1200m:	14:45.75	37.75			
2.	Jan Brink	ZPC De Zeeuwse Kust		18:33.94		196200091		18:55.24		+0,74		
	50m:	32.45	32.45	450m:	5:29.14	36.85	850m:	10:31.58	38.09	1250m:	15:41.76	39.00
	100m:	1:09.47	37.02	500m:	6:06.76	37.62	900m:	11:09.87	38.29	1300m:	16:20.32	38.56
	150m:	1:46.57	37.10	550m:	6:44.33	37.57	950m:	11:48.55	38.68	1350m:	16:59.51	39.19
	200m:	2:23.50	36.93	600m:	7:22.18	37.85	1000m:	12:26.97	38.42	1400m:	17:38.67	39.16
	250m:	3:00.68	37.18	650m:	7:59.61	37.43	1050m:	13:05.75	38.78	1450m:	18:17.69	39.02
	300m:	3:37.85	37.17	700m:	8:37.60	37.99	1100m:	13:44.40	38.65	1500m:	18:55.24	37.55
	350m:	4:14.91	37.06	750m:	9:15.28	37.68	1150m:	14:23.24	38.84			
	400m:	4:52.29	37.38	800m:	9:53.49	38.21	1200m:	15:02.76	39.52			
3.	Gustav van den Berg	TriVia		19:14.21		196100991		19:23.84		+0,83		
	50m:	35.37	35.37	450m:	5:43.62	38.57	850m:	10:54.43	39.22	1250m:	16:09.04	39.12
	100m:	1:13.41	38.04	500m:	6:22.20	38.58	900m:	11:33.82	39.39	1300m:	16:48.43	39.39
	150m:	1:52.07	38.66	550m:	7:00.77	38.57	950m:	12:13.14	39.32	1350m:	17:27.67	39.24
	200m:	2:30.60	38.53	600m:	7:39.50	38.73	1000m:	12:52.46	39.32	1400m:	18:07.36	39.69
	250m:	3:09.26	38.66	650m:	8:18.08	38.58	1050m:	13:31.84	39.38	1450m:	18:47.16	39.80
	300m:	3:47.80	38.54	700m:	8:57.14	39.06	1100m:	14:11.09	39.25	1500m:	19:23.84	36.68
	350m:	4:26.41	38.61	750m:	9:36.06	38.92	1150m:	14:49.96	38.87			
	400m:	5:05.05	38.64	800m:	10:15.21	39.15	1200m:	15:29.92	39.96			
4.	Hugo Bregman	Albion d'ELFT (SG)		20:15.64		195800069		19:34.46		+0,79		
	50m:	34.65	34.65	450m:	5:45.53	38.96	850m:	11:01.93	39.76	1250m:	16:19.60	39.27
	100m:	1:13.23	38.58	500m:	6:24.83	39.30	900m:	11:42.01	40.08	1300m:	16:58.86	39.26
	150m:	1:52.45	39.22	550m:	7:04.21	39.38	950m:	12:21.66	39.65	1350m:	17:38.56	39.70
	200m:	2:31.33	38.88	600m:	7:43.86	39.65	1000m:	13:01.31	39.65	1400m:	18:17.89	39.33
	250m:	3:10.17	38.84	650m:	8:23.52	39.66	1050m:	13:41.53	40.22	1450m:	18:57.77	39.88
	300m:	3:48.90	38.73	700m:	9:03.06	39.54	1100m:	14:20.97	39.44	1500m:	19:34.46	36.69
	350m:	4:27.76	38.86	750m:	9:42.48	39.42	1150m:	15:00.68	39.71			
	400m:	5:06.57	38.81	800m:	10:22.17	39.69	1200m:	15:40.33	39.65			
5.	Marius Ros	ZCNF'34		20:20.43		195900779		20:29.34		+0,92		
	50m:	37.25	37.25	450m:	5:57.69	40.42	850m:	11:31.57	41.99	1250m:	17:06.17	41.52
	100m:	1:17.17	39.92	500m:	6:38.97	41.28	900m:	12:13.36	41.79	1300m:	17:46.80	40.63
	150m:	1:57.05	39.88	550m:	7:20.26	41.29	950m:	12:55.55	42.19	1350m:	18:28.13	41.33
	200m:	2:37.42	40.37	600m:	8:01.94	41.68	1000m:	13:38.20	42.65	1400m:	19:09.35	41.22
	250m:	3:17.24	39.82	650m:	8:43.39	41.45	1050m:	14:20.10	41.90	1450m:	19:50.45	41.10
	300m:	3:57.44	40.20	700m:	9:25.04	41.65	1100m:	15:01.72	41.62	1500m:	20:29.34	38.89
	350m:	4:37.34	39.90	750m:	10:06.82	41.78	1150m:	15:43.34	41.62			
	400m:	5:17.27	39.93	800m:	10:49.58	42.76	1200m:	16:24.65	41.31			

Programmanr. 1, Heren, 1500m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Otto Zeijpveld	De Berkelduikers	20:49.69	195800497	20:45.07	+0,90		
	50m: 35.56	35.56	450m: 6:12.42	42.03	850m: 11:48.35	41.76	1250m: 17:21.34	41.82
	100m: 1:16.30	40.74	500m: 6:54.41	41.99	900m: 12:30.19	41.84	1300m: 18:03.42	42.08
	150m: 1:58.90	42.60	550m: 7:36.57	42.16	950m: 13:11.66	41.47	1350m: 18:45.04	41.62
	200m: 2:41.39	42.49	600m: 8:18.70	42.13	1000m: 13:53.41	41.75	1400m: 19:26.19	41.15
	250m: 3:23.87	42.48	650m: 9:00.92	42.22	1050m: 14:34.93	41.52	1450m: 20:06.93	40.74
	300m: 4:06.10	42.23	700m: 9:42.79	41.87	1100m: 15:16.17	41.24	1500m: 20:45.07	38.14
	350m: 4:48.44	42.34	750m: 10:24.71	41.92	1150m: 15:57.82	41.65		
	400m: 5:30.39	41.95	800m: 11:06.59	41.88	1200m: 16:39.52	41.70		
7.	Henk Kuipers	UZSC	22:21.44	196201207	20:54.60	+0,77		
	50m: 39.08	39.08	450m: 6:14.54	41.84	850m: 11:50.96	42.42	1250m: 17:27.94	42.35
	100m: 1:20.32	41.24	500m: 6:56.01	41.47	900m: 12:33.47	42.51	1300m: 18:10.02	42.08
	150m: 2:02.29	41.97	550m: 7:37.46	41.45	950m: 13:15.77	42.30	1350m: 18:52.07	42.05
	200m: 2:44.40	42.11	600m: 8:19.25	41.79	1000m: 13:57.63	41.86	1400m: 19:34.15	42.08
	250m: 3:26.92	42.52	650m: 9:01.27	42.02	1050m: 14:39.95	42.32	1450m: 20:15.74	41.59
	300m: 4:08.93	42.01	700m: 9:43.48	42.21	1100m: 15:21.90	41.95	1500m: 20:54.60	38.86
	350m: 4:50.53	41.60	750m: 10:26.24	42.76	1150m: 16:03.61	41.71		
	400m: 5:32.70	42.17	800m: 11:08.54	42.30	1200m: 16:45.59	41.98		
8.	Ronald Grove	Oceanus	20:47.70	196100161	20:56.32	+0,84		
	50m: 35.48	35.48	450m: 6:07.82	41.97	850m: 11:46.61	42.55	1250m: 17:25.30	42.71
	100m: 1:15.99	40.51	500m: 6:50.07	42.25	900m: 12:28.62	42.01	1300m: 18:07.97	42.67
	150m: 1:57.26	41.27	550m: 7:32.22	42.15	950m: 13:10.91	42.29	1350m: 18:50.58	42.61
	200m: 2:38.26	41.00	600m: 8:15.17	42.95	1000m: 13:52.92	42.01	1400m: 19:33.24	42.66
	250m: 3:20.38	42.12	650m: 8:57.15	41.98	1050m: 14:35.29	42.37	1450m: 20:16.07	42.83
	300m: 4:02.55	42.17	700m: 9:39.48	42.33	1100m: 15:17.39	42.10	1500m: 20:56.32	40.25
	350m: 4:43.90	41.35	750m: 10:21.90	42.42	1150m: 16:00.07	42.68		
	400m: 5:25.85	41.95	800m: 11:04.06	42.16	1200m: 16:42.59	42.52		
9.	Wout van Dijk	DBD	22:29.46	196200145	22:21.28	+0,90		
	50m: 39.81	39.81	450m: 6:36.32	44.75	850m: 12:35.86	45.02	1250m: 18:38.58	45.30
	100m: 1:23.89	44.08	500m: 7:20.76	44.44	900m: 13:20.91	45.05	1300m: 19:24.63	46.05
	150m: 2:08.58	44.69	550m: 8:05.23	44.47	950m: 14:06.04	45.13	1350m: 20:10.11	45.48
	200m: 2:53.27	44.69	600m: 8:50.07	44.84	1000m: 14:51.59	45.55	1400m: 20:55.58	45.47
	250m: 3:37.93	44.66	650m: 9:35.40	45.33	1050m: 15:36.99	45.40	1450m: 21:40.57	44.99
	300m: 4:22.59	44.66	700m: 10:20.40	45.00	1100m: 16:22.09	45.10	1500m: 22:21.28	40.71
	350m: 5:07.15	44.56	750m: 11:06.00	45.60	1150m: 17:07.34	45.25		
	400m: 5:51.57	44.42	800m: 11:50.84	44.84	1200m: 17:53.28	45.94		
10.	Ronald van Ginneken	Old Dutch	23:03.11	196100827	22:26.39	+0,91		
	50m: 39.13	39.13	450m: 6:37.70	45.35	850m: 12:40.58	45.11	1250m: 18:43.40	44.08
	100m: 1:22.56	43.43	500m: 7:22.88	45.18	900m: 13:26.60	46.02	1300m: 19:28.57	45.17
	150m: 2:07.45	44.89	550m: 8:07.77	44.89	950m: 14:11.91	45.31	1350m: 20:14.57	46.00
	200m: 2:52.33	44.88	600m: 8:53.10	45.33	1000m: 14:57.50	45.59	1400m: 20:59.84	45.27
	250m: 3:36.87	44.54	650m: 9:38.78	45.68	1050m: 15:43.07	45.57	1450m: 21:43.89	44.05
	300m: 4:21.90	45.03	700m: 10:24.41	45.63	1100m: 16:29.15	46.08	1500m: 22:26.39	42.50
	350m: 5:07.38	45.48	750m: 11:09.49	45.08	1150m: 17:14.30	45.15		
	400m: 5:52.35	44.97	800m: 11:55.47	45.98	1200m: 17:59.32	45.02		
11.	Jan de Laat	AquAmigos	24:52.55	196000861	25:42.76	+1,08		
	50m: 41.88	41.88	450m: 7:28.87	52.12	850m: 14:27.23	52.89	1250m: 21:25.40	51.60
	100m: 1:28.91	47.03	500m: 8:21.11	52.24	900m: 15:19.01	51.78	1300m: 22:18.54	53.14
	150m: 2:18.71	49.80	550m: 9:13.14	52.03	950m: 16:11.80	52.79	1350m: 23:10.46	51.92
	200m: 3:09.78	51.07	600m: 10:04.81	51.67	1000m: 17:04.80	53.00	1400m: 24:02.83	52.37
	250m: 4:01.44	51.66	650m: 10:57.10	52.29	1050m: 17:56.17	51.37	1450m: 24:55.84	53.01
	300m: 4:53.07	51.63	700m: 11:49.00	51.90	1100m: 18:48.60	52.43	1500m: 25:42.76	46.92
	350m: 5:45.07	52.00	750m: 12:41.60	52.60	1150m: 19:41.51	52.91		
	400m: 6:36.75	51.68	800m: 13:34.34	52.74	1200m: 20:33.80	52.29		
12.	Jeroen Ouendag	GoSwim	25:32.72	195900725	26:04.44	+1,00		
	50m: 46.51	46.51	450m: 7:49.23	52.71	850m: 14:48.68	52.55	1250m: 21:46.25	51.96
	100m: 1:37.70	51.19	500m: 8:41.87	52.64	900m: 15:41.17	52.49	1300m: 22:37.92	51.67
	150m: 2:30.50	52.80	550m: 9:34.02	52.15	950m: 16:33.45	52.28	1350m: 23:29.91	51.99
	200m: 3:23.53	53.03	600m: 10:26.09	52.07	1000m: 17:25.85	52.40	1400m: 24:22.72	52.81
	250m: 4:16.57	53.04	650m: 11:18.98	52.89	1050m: 18:17.82	51.97	1450m: 25:15.01	52.29
	300m: 5:10.79	54.22	700m: 12:11.92	52.94	1100m: 19:09.95	52.13	1500m: 26:04.44	49.43
	350m: 6:04.06	53.27	750m: 13:04.39	52.47	1150m: 20:02.45	52.50		
	400m: 6:56.52	52.46	800m: 13:56.13	51.74	1200m: 20:54.29	51.84		
13.	Filip Timmermans	ShaRK	25:46.98	10163/60	26:17.18	+1,00		
	50m: 42.37	42.37	450m: 7:20.20	50.88	850m: 14:28.59	54.44	1250m: 21:45.02	55.14
	100m: 1:28.22	45.85	500m: 8:12.59	52.39	900m: 15:22.91	54.32	1300m: 22:39.52	54.50
	150m: 2:17.36	49.14	550m: 9:04.11	51.52	950m: 16:16.30	53.39	1350m: 23:36.34	56.82
	200m: 3:06.94	49.58	600m: 9:57.49	53.38	1000m: 17:11.52	55.22	1400m: 24:32.27	55.93
	250m: 3:56.80	49.86	650m: 10:51.95	54.46	1050m: 18:07.77	56.25	1450m: 25:26.25	53.98
	300m: 4:47.42	50.62	700m: 11:45.51	53.56	1100m: 19:01.06	53.29	1500m: 26:17.18	50.93
	350m: 5:38.52	51.10	750m: 12:39.80	54.29	1150m: 19:56.43	55.37		
	400m: 6:29.32	50.80	800m: 13:34.15	54.35	1200m: 20:49.88	53.45		

Programmanr. 1, Heren, 1500m vrije slag
Masters 60+

1.	Henk Slomp		De Inktvis	21:45.78	195500359	22:09.81	+0,96					
	50m:	37.20	37.20	450m:	6:27.58	45.23	850m:	12:29.40	46.61	1250m:	18:31.15	45.08
	100m:	1:18.51	41.31	500m:	7:12.01	44.43	900m:	13:14.11	44.71	1300m:	19:15.73	44.58
	150m:	2:01.41	42.90	550m:	7:56.45	44.44	950m:	13:58.85	44.74	1350m:	20:01.31	45.58
	200m:	2:45.01	43.60	600m:	8:41.45	45.00	1000m:	14:43.72	44.87	1400m:	20:46.25	44.94
	250m:	3:29.59	44.58	650m:	9:26.96	45.51	1050m:	15:29.31	45.59	1450m:	21:30.24	43.99
	300m:	4:13.77	44.18	700m:	10:11.83	44.87	1100m:	16:14.33	45.02	1500m:	22:09.81	39.57
	350m:	4:58.08	44.31	750m:	10:57.27	45.44	1150m:	17:00.34	46.01			
	400m:	5:42.35	44.27	800m:	11:42.79	45.52	1200m:	17:46.07	45.73			
2.	Paul Bunnik		Triton	22:43.76	195600413	22:21.32	+0,96					
	50m:	36.98	36.98	450m:	6:25.49	45.76	850m:	12:27.49	44.76	1250m:	18:36.32	45.98
	100m:	1:18.82	41.84	500m:	7:10.68	45.19	900m:	13:13.36	45.87	1300m:	19:22.63	46.31
	150m:	2:00.94	42.12	550m:	7:55.82	45.14	950m:	14:00.09	46.73	1350m:	20:08.63	46.00
	200m:	2:43.64	42.70	600m:	8:40.75	44.93	1000m:	14:45.38	45.29	1400m:	20:55.26	46.63
	250m:	3:27.18	43.54	650m:	9:25.61	44.86	1050m:	15:31.69	46.31	1450m:	21:41.05	45.79
	300m:	4:11.16	43.98	700m:	10:10.58	44.97	1100m:	16:17.19	45.50	1500m:	22:21.32	40.27
	350m:	4:55.67	44.51	750m:	10:56.06	45.48	1150m:	17:03.54	46.35			
	400m:	5:39.73	44.06	800m:	11:42.73	46.67	1200m:	17:50.34	46.80			
3.	Lex Hoogendam		ZZ&PC De Devel	23:26.02	195700541	23:07.30	+0,92					
	50m:	38.45	38.45	450m:	6:45.38	46.80	850m:	12:57.99	46.68	1250m:	19:12.88	47.29
	100m:	1:22.17	43.72	500m:	7:31.91	46.53	900m:	13:44.64	46.65	1300m:	19:59.99	47.11
	150m:	2:06.96	44.79	550m:	8:18.36	46.45	950m:	14:31.82	47.18	1350m:	20:47.05	47.06
	200m:	2:52.78	45.82	600m:	9:04.83	46.47	1000m:	15:18.53	46.71	1400m:	21:34.84	47.79
	250m:	3:39.09	46.31	650m:	9:51.59	46.76	1050m:	16:05.10	46.57	1450m:	22:22.06	47.22
	300m:	4:25.73	46.64	700m:	10:38.06	46.47	1100m:	16:51.85	46.75	1500m:	23:07.30	45.24
	350m:	5:12.16	46.43	750m:	11:24.74	46.68	1150m:	17:38.79	46.94			
	400m:	5:58.58	46.42	800m:	12:11.31	46.57	1200m:	18:25.59	46.80			
4.	Abe Kramer		ZPC De Zeeuwse Kust	34:14.52	195700481	33:05.91	+1,21					
	50m:	52.05	52.05	450m:	9:31.33	1:07.04	850m:	18:34.79	1:07.76	1250m:	27:36.04	1:06.97
	100m:	1:51.15	59.10	500m:	10:38.66	1:07.33	900m:	19:42.61	1:07.82	1300m:	28:43.12	1:07.08
	150m:	2:53.99	1:02.84	550m:	11:45.60	1:06.94	950m:	20:49.20	1:06.59	1350m:	29:50.37	1:07.25
	200m:	3:57.92	1:03.93	600m:	12:54.16	1:08.56	1000m:	21:57.04	1:07.84	1400m:	30:57.04	1:06.67
	250m:	5:02.87	1:04.95	650m:	14:02.46	1:08.30	1050m:	23:04.12	1:07.08	1450m:	32:03.10	1:06.06
	300m:	6:09.75	1:06.88	700m:	15:12.19	1:09.73	1100m:	24:12.39	1:08.27	1500m:	33:05.91	1:02.81
	350m:	7:17.62	1:07.87	750m:	16:20.35	1:08.16	1150m:	25:21.93	1:09.54			
	400m:	8:24.29	1:06.67	800m:	17:27.03	1:06.68	1200m:	26:29.07	1:07.14			

Masters 65+

1.	Wout Hemmes	De Plons	23:18.79	194800059	23:28.76	+0,78		
	50m: 39.21	39.21	450m: 6:52.95	46.45	850m: 13:10.64	47.29	1250m: 19:33.43	47.65
	100m: 1:24.42	45.21	500m: 7:39.66	46.71	900m: 13:57.49	46.85	1300m: 20:21.61	48.18
	150m: 2:11.62	47.20	550m: 8:27.04	47.38	950m: 14:44.73	47.24	1350m: 21:09.23	47.62
	200m: 2:58.93	47.31	600m: 9:15.16	48.12	1000m: 15:32.64	47.91	1400m: 21:57.50	48.27
	250m: 3:45.82	46.89	650m: 10:01.70	46.54	1050m: 16:20.96	48.32	1450m: 22:45.31	47.81
	300m: 4:32.69	46.87	700m: 10:49.19	47.49	1100m: 17:09.17	48.21	1500m: 23:28.76	43.45
	350m: 5:19.42	46.73	750m: 11:36.68	47.49	1150m: 17:57.06	47.89		
	400m: 6:06.50	47.08	800m: 12:23.35	46.67	1200m: 18:45.78	48.72		
2.	Hilbert Prins	OEZA	25:09.14	195100223	25:03.40	+1,03		
	50m: 43.16	43.16	450m: 7:16.48	49.86	850m: 13:57.46	51.13	1250m: 20:47.99	51.08
	100m: 1:30.05	46.89	500m: 8:06.18	49.70	900m: 14:49.02	51.56	1300m: 21:39.18	51.19
	150m: 2:18.67	48.62	550m: 8:56.00	49.82	950m: 15:40.21	51.19	1350m: 22:29.97	50.79
	200m: 3:07.97	49.30	600m: 9:46.26	50.26	1000m: 16:31.37	51.16	1400m: 23:21.31	51.34
	250m: 3:57.59	49.62	650m: 10:36.27	50.01	1050m: 17:22.73	51.36	1450m: 24:12.43	51.12
	300m: 4:47.39	49.80	700m: 11:26.22	49.95	1100m: 18:14.10	51.37	1500m: 25:03.40	50.97
	350m: 5:36.85	49.46	750m: 12:16.33	50.11	1150m: 19:05.86	51.76		
	400m: 6:26.62	49.77	800m: 13:06.33	50.00	1200m: 19:56.91	51.05		
3.	Ludwig Lorenz	SG Gladbeck/Recklinghausen	24:59.22	127866	25:22.96	+1,21		
	200m*							
	50m: 47.98	47.98	450m: 7:37.38	50.04	850m: 14:23.99	50.55	1250m: 21:13.58	50.84
	100m: 1:39.64	51.66	500m: 8:28.65	51.27	900m: 15:15.18	51.19	1300m: 22:04.13	50.55
	150m: 2:30.21	50.57	550m: 9:20.13	51.48	950m: 16:05.87	50.69	1350m: 22:55.08	50.95
	200m: 3:22.26	52.05	600m: 10:11.26	51.13	1000m: 16:57.79	51.92	1400m: 23:45.91	50.83
	250m: 4:15.05	52.79	650m: 11:01.82	50.56	1050m: 17:48.79	51.00	1450m: 24:35.80	49.89
	300m: 5:05.07	50.02	700m: 11:52.49	50.67	1100m: 18:40.83	52.04	1500m: 25:22.96	47.16
	350m: 5:56.35	51.28	750m: 12:42.49	50.00	1150m: 19:31.41	50.58		
	400m: 6:47.34	50.99	800m: 13:33.44	50.95	1200m: 20:22.74	51.33		

Programmanr. 1, Heren, 1500m vrije slag, Masters 65+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
4.	Jos Kamps	Zwemvereniging Hoogland		26:25.45		195100085		26:45.68		+0,95		
	50m:	41.49	41.49	450m:	7:37.65	53.52	850m:	14:51.33	55.67	1250m:	22:15.36	56.12
	100m:	1:27.60	46.11	500m:	8:31.44	53.79	900m:	15:46.89	55.56	1300m:	23:11.07	55.71
	150m:	2:18.63	51.03	550m:	9:25.28	53.84	950m:	16:42.02	55.13	1350m:	24:05.95	54.88
	200m:	3:08.73	50.10	600m:	10:18.94	53.66	1000m:	17:38.25	56.23	1400m:	25:01.78	55.83
	250m:	4:01.35	52.62	650m:	11:12.42	53.48	1050m:	18:32.62	54.37	1450m:	25:55.81	54.03
	300m:	4:54.97	53.62	700m:	12:07.30	54.88	1100m:	19:27.71	55.09	1500m:	26:45.68	49.87
	350m:	5:50.52	55.55	750m:	13:00.88	53.58	1150m:	20:22.81	55.10			
	400m:	6:44.13	53.61	800m:	13:55.66	54.78	1200m:	21:19.24	56.43			

Masters 70+

1.	Rob Hanou	PSV			25:47.29	194300109			24:59.44	+1,09		
	50m:	42.05	42.05	450m:	7:20.18	50.62	850m:	14:06.33	51.21	1250m:	20:52.16	50.87
	100m:	1:29.35	47.30	500m:	8:10.98	50.80	900m:	14:57.20	50.87	1300m:	21:42.14	49.98
	150m:	2:18.87	49.52	550m:	9:01.45	50.47	950m:	15:47.59	50.39	1350m:	22:32.75	50.61
	200m:	3:08.90	50.03	600m:	9:51.89	50.44	1000m:	16:37.58	49.99	1400m:	23:23.25	50.50
	250m:	3:58.65	49.75	650m:	10:42.01	50.12	1050m:	17:28.26	50.68	1450m:	24:12.89	49.64
	300m:	4:49.34	50.69	700m:	11:33.05	51.04	1100m:	18:19.06	50.80	1500m:	24:59.44	46.55
	350m:	5:38.82	49.48	750m:	12:23.90	50.85	1150m:	19:09.97	50.91			
	400m:	6:29.56	50.74	800m:	13:15.12	51.22	1200m:	20:01.29	51.32			

Masters 75+

1.	Frederik Hendrik De Bruijn	CN Aquamasters	24:37.94	0X0345415	24:46.39	+1,13						
	50m:	46.95	46.95	450m:	7:22.80	49.69	850m:	13:59.82	48.89	1250m:	20:39.06	50.89
	100m:	1:36.11	49.16	500m:	8:12.53	49.73	900m:	14:48.26	48.44	1300m:	21:29.45	50.39
	150m:	2:25.72	49.61	550m:	9:01.96	49.43	950m:	15:38.19	49.93	1350m:	22:18.69	49.24
	200m:	3:15.63	49.91	600m:	9:51.62	49.66	1000m:	16:28.05	49.86	1400m:	23:08.49	49.80
	250m:	4:06.07	50.44	650m:	10:41.34	49.72	1050m:	17:18.13	50.08	1450m:	23:58.96	50.47
	300m:	4:54.48	48.41	700m:	11:31.25	49.91	1100m:	18:07.68	49.55	1500m:	24:46.39	47.43
	350m:	5:44.48	50.00	750m:	12:21.18	49.93	1150m:	18:57.67	49.99			
	400m:	6:33.11	48.63	800m:	13:10.93	49.75	1200m:	19:48.17	50.50			
2.	Frans van Enst	WS Twente	26:46.28	194000011	25:58.11	+1,04						
	50m:	42.33	42.33	450m:	7:38.31	52.89	850m:	14:36.43	52.33	1250m:	21:39.17	53.11
	100m:	1:34.08	51.75	500m:	8:30.88	52.57	900m:	15:29.10	52.67	1300m:	22:32.13	52.96
	150m:	2:26.10	52.02	550m:	9:24.11	53.23	950m:	16:21.19	52.09	1350m:	23:24.98	52.85
	200m:	3:17.66	51.56	600m:	10:16.70	52.59	1000m:	17:14.36	53.17	1400m:	24:17.58	52.60
	250m:	4:09.35	51.69	650m:	11:08.27	51.57	1050m:	18:07.06	52.70	1450m:	25:10.33	52.75
	300m:	5:00.82	51.47	700m:	12:00.70	52.43	1100m:	19:00.53	53.47	1500m:	25:58.11	47.78
	350m:	5:52.92	52.10	750m:	12:52.63	51.93	1150m:	19:53.67	53.14			
	400m:	6:45.42	52.50	800m:	13:44.10	51.47	1200m:	20:46.06	52.39			
3.	Geza Kaltenecker	AZC	27:07.69	194200065	27:20.90	+0,84						
	50m:	44.86	44.86	450m:	8:04.91	56.00	850m:	15:31.14	55.56	1250m:	22:52.24	54.09
	100m:	1:36.12	51.26	500m:	9:01.43	56.52	900m:	16:26.00	54.86	1300m:	23:47.09	54.85
	150m:	2:30.01	53.89	550m:	9:57.15	55.72	950m:	17:21.34	55.34	1350m:	24:42.27	55.18
	200m:	3:25.28	55.27	600m:	10:52.88	55.73	1000m:	18:16.90	55.56	1400m:	25:37.14	54.87
	250m:	4:20.78	55.50	650m:	11:48.40	55.52	1050m:	19:12.21	55.31	1450m:	26:31.19	54.05
	300m:	5:16.39	55.61	700m:	12:44.54	56.14	1100m:	20:07.39	55.18	1500m:	27:20.90	49.71
	350m:	6:12.35	55.96	750m:	13:40.27	55.73	1150m:	21:02.78	55.39			
	400m:	7:08.91	56.56	800m:	14:35.58	55.31	1200m:	21:58.15	55.37			
4.	Rudolf Degenaar	PSV	31:32.28	193900033	32:07.91	+1,11						
	50m:	55.99	55.99	450m:	9:34.74	1:04.58	850m:	18:08.68	1:05.73	1250m:	26:48.61	1:04.56
	100m:	2:00.19	1:04.20	500m:	10:38.06	1:03.32	900m:	19:14.42	1:05.74	1300m:	27:54.92	1:06.31
	150m:	3:05.66	1:05.47	550m:	11:41.13	1:03.07	950m:	20:17.43	1:03.01	1350m:	29:01.64	1:06.72
	200m:	4:12.42	1:06.76	600m:	12:44.76	1:03.63	1000m:	21:21.83	1:04.40	1400m:	30:06.92	1:05.28
	250m:	5:17.80	1:05.38	650m:	13:49.74	1:04.98	1050m:	22:29.18	1:07.35	1450m:	31:10.72	1:03.80
	300m:	6:21.80	1:04.00	700m:	14:54.07	1:04.33	1100m:	23:35.15	1:05.97	1500m:	32:07.91	57.19
	350m:	7:25.97	1:04.17	750m:	15:58.32	1:04.25	1150m:	24:38.94	1:03.79			
	400m:	8:30.16	1:04.19	800m:	17:02.95	1:04.63	1200m:	25:44.05	1:05.11			

Programmanr. 2
19-01-2017 - 17:20

Dames, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Madelon Dijkstra	ZPCH	18:01.49	199703510	17:38.56	+0,67
	Nederlands Masters Record					
	50m: 30.43	30.43	450m: 5:10.83	35.52	850m: 9:56.99	35.62
	100m: 1:03.94	33.51	500m: 5:46.63	35.80	900m: 10:32.44	35.45
	150m: 1:38.51	34.57	550m: 6:22.20	35.57	950m: 11:08.20	35.76
	200m: 2:13.49	34.98	600m: 6:58.48	36.28	1000m: 11:43.76	35.56
	250m: 2:48.83	35.34	650m: 7:33.80	35.32	1050m: 12:19.23	35.47
	300m: 3:24.23	35.40	700m: 8:09.82	36.02	1100m: 12:55.36	36.13
	350m: 3:59.54	35.31	750m: 8:45.63	35.81	1150m: 13:31.01	35.65
	400m: 4:35.31	35.77	800m: 9:21.37	35.74	1200m: 14:06.99	35.98
2.	Fiona Meuffels	RZ	19:05.71	199504366	19:04.77	+0,70
	50m: 32.78	32.78	450m: 5:36.15	38.52	850m: 10:45.17	37.96
	100m: 1:09.33	36.55	500m: 6:14.88	38.73	900m: 11:23.72	38.55
	150m: 1:46.96	37.63	550m: 6:53.44	38.56	950m: 12:02.31	38.59
	200m: 2:25.33	38.37	600m: 7:32.45	39.01	1000m: 12:41.13	38.82
	250m: 3:03.31	37.98	650m: 8:10.92	38.47	1050m: 13:19.82	38.69
	300m: 3:41.13	37.82	700m: 8:49.76	38.84	1100m: 13:59.29	39.47
	350m: 4:19.30	38.17	750m: 9:28.28	38.52	1150m: 14:37.93	38.64
	400m: 4:57.63	38.33	800m: 10:07.21	38.93	1200m: 15:16.81	38.88
3.	Chantal Beijer	DWT	19:20.10	199700884	19:56.12	+0,74
	50m: 32.70	32.70	450m: 5:43.22	39.84	850m: 11:07.03	41.16
	100m: 1:10.45	37.75	500m: 6:22.96	39.74	900m: 11:46.03	39.00
	150m: 1:49.43	38.98	550m: 7:02.93	39.97	950m: 12:26.92	40.89
	200m: 2:28.30	38.87	600m: 7:43.17	40.24	1000m: 13:08.41	41.49
	250m: 3:06.74	38.44	650m: 8:23.21	40.04	1050m: 13:49.72	41.31
	300m: 3:45.29	38.55	700m: 9:03.78	40.57	1100m: 14:31.05	41.33
	350m: 4:24.09	38.80	750m: 9:44.67	40.89	1150m: 15:12.15	41.10
	400m: 5:03.38	39.29	800m: 10:25.87	41.20	1200m: 15:54.02	41.87
4.	Sarina Paulussen	RZ	22:39.95	199307426	22:18.70	+0,76
	50m: 36.41	36.41	450m: 6:14.94	43.43	850m: 12:12.76	45.22
	100m: 1:18.38	41.97	500m: 6:58.38	43.44	900m: 12:59.35	46.59
	150m: 2:00.22	41.84	550m: 7:42.41	44.03	950m: 13:45.37	46.02
	200m: 2:42.58	42.36	600m: 8:26.45	44.04	1000m: 14:31.62	46.25
	250m: 3:24.59	42.01	650m: 9:10.97	44.52	1050m: 15:18.91	47.29
	300m: 4:06.18	41.59	700m: 9:55.86	44.89	1100m: 16:06.37	47.46
	350m: 4:48.72	42.54	750m: 10:41.52	45.66	1150m: 16:53.21	46.84
	400m: 5:31.51	42.79	800m: 11:27.54	46.02	1200m: 17:40.61	47.40
5.	Charine de Ruiter	Steenwijk 1934	23:07.74	199403668	22:39.79	+1,01
	50m: 38.09	38.09	450m: 6:34.27	46.01	850m: 12:38.56	45.91
	100m: 1:19.86	41.77	500m: 7:19.45	45.18	900m: 13:24.83	46.27
	150m: 2:03.01	43.15	550m: 8:04.29	44.84	950m: 14:11.18	46.35
	200m: 2:47.69	44.68	600m: 8:49.63	45.34	1000m: 14:57.65	46.47
	250m: 3:32.04	44.35	650m: 9:35.20	45.57	1050m: 15:43.75	46.10
	300m: 4:17.01	44.97	700m: 10:21.07	45.87	1100m: 16:30.58	46.83
	350m: 5:02.58	45.57	750m: 11:06.48	45.41	1150m: 17:17.47	46.89
	400m: 5:48.26	45.68	800m: 11:52.65	46.17	1200m: 18:04.45	46.98

Masters 25+

1.	Mandy Verbakel	ZPC Woerden		20:35.19		199003908		20:30.35		+0,83		
	50m:	35.94	35.94	450m:	6:02.59	41.53	850m:	11:33.89	41.59	1250m:	17:06.67	40.69
	100m:	1:15.54	39.60	500m:	6:44.19	41.60	900m:	12:15.42	41.53	1300m:	17:47.92	41.25
	150m:	1:55.58	40.04	550m:	7:25.80	41.61	950m:	12:57.06	41.64	1350m:	18:28.89	40.97
	200m:	2:36.18	40.60	600m:	8:07.38	41.58	1000m:	13:38.52	41.46	1400m:	19:10.30	41.41
	250m:	3:17.21	41.03	650m:	8:48.87	41.49	1050m:	14:20.02	41.50	1450m:	19:51.14	40.84
	300m:	3:58.41	41.20	700m:	9:29.76	40.89	1100m:	15:01.56	41.54	1500m:	20:30.35	39.21
	350m:	4:39.75	41.34	750m:	10:10.83	41.07	1150m:	15:43.24	41.68			
	400m:	5:21.06	41.31	800m:	10:52.30	41.47	1200m:	16:25.98	42.74			
2.	Sunanda van Heteren	De Geul		20:42.67		198901728		20:47.22		+0,84		
	50m:	35.66	35.66	450m:	6:06.84	42.06	850m:	11:43.60	41.72	1250m:	17:21.44	42.48
	100m:	1:15.25	39.59	500m:	6:49.65	42.81	900m:	12:25.54	41.94	1300m:	18:03.85	42.41
	150m:	1:56.09	40.84	550m:	7:31.58	41.93	950m:	13:08.05	42.51	1350m:	18:45.92	42.07
	200m:	2:38.08	41.99	600m:	8:13.91	42.33	1000m:	13:49.95	41.90	1400m:	19:28.22	42.30
	250m:	3:19.40	41.32	650m:	8:56.05	42.14	1050m:	14:31.89	41.94	1450m:	20:09.94	41.72
	300m:	4:01.13	41.73	700m:	9:38.04	41.99	1100m:	15:13.92	42.03	1500m:	20:47.22	37.28
	350m:	4:43.01	41.88	750m:	10:20.09	42.05	1150m:	15:56.62	42.70			
	400m:	5:24.78	41.77	800m:	11:01.88	41.79	1200m:	16:38.96	42.34			

Programmanr. 2, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
3.	Marjan Rikken	ZVV		22:14.92		199206114		21:52.63		+0,92		
	50m:	38.13	38.13	450m:	6:21.64	43.39	850m:	12:13.37	44.43	1250m:	18:11.20	44.11
	100m:	1:19.50	41.37	500m:	7:05.53	43.89	900m:	12:58.65	45.28	1300m:	18:56.14	44.94
	150m:	2:02.38	42.88	550m:	7:49.40	43.87	950m:	13:42.99	44.34	1350m:	19:40.60	44.46
	200m:	2:45.74	43.36	600m:	8:33.22	43.82	1000m:	14:27.92	44.93	1400m:	20:25.17	44.57
	250m:	3:28.91	43.17	650m:	9:17.11	43.89	1050m:	15:12.57	44.65	1450m:	21:09.92	44.75
	300m:	4:11.87	42.96	700m:	10:00.61	43.50	1100m:	15:57.85	45.28	1500m:	21:52.63	42.71
	350m:	4:54.84	42.97	750m:	10:44.77	44.16	1150m:	16:42.60	44.75			
	400m:	5:38.25	43.41	800m:	11:28.94	44.17	1200m:	17:27.09	44.49			
4.	Whitley Rens	SGGO (SG)		23:54.78		199007520		23:49.78		+0,81		
	50m:	41.09	41.09	450m:	7:06.12	48.47	850m:	13:32.64	48.14	1250m:	19:54.54	47.42
	100m:	1:27.79	46.70	500m:	7:54.79	48.67	900m:	14:20.29	47.65	1300m:	20:42.14	47.60
	150m:	2:15.56	47.77	550m:	8:43.55	48.76	950m:	15:08.55	48.26	1350m:	21:29.28	47.14
	200m:	3:04.33	48.77	600m:	9:32.36	48.81	1000m:	15:56.20	47.65	1400m:	22:17.73	48.45
	250m:	3:52.60	48.27	650m:	10:20.54	48.18	1050m:	16:44.04	47.84	1450m:	23:05.35	47.62
	300m:	4:41.11	48.51	700m:	11:08.67	48.13	1100m:	17:31.90	47.86	1500m:	23:49.78	44.43
	350m:	5:29.23	48.12	750m:	11:56.47	47.80	1150m:	18:19.50	47.60			
	400m:	6:17.65	48.42	800m:	12:44.50	48.03	1200m:	19:07.12	47.62			
5.	Carola Hompes	Budel		23:59.64		198801868		24:09.53		+0,88		
	50m:	41.83	41.83	450m:	7:08.11	48.28	850m:	13:36.92	49.05	1250m:	20:08.98	49.83
	100m:	1:28.42	46.59	500m:	7:56.88	48.77	900m:	14:25.87	48.95	1300m:	20:58.54	49.56
	150m:	2:16.89	48.47	550m:	8:44.63	47.75	950m:	15:14.77	48.90	1350m:	21:48.40	49.86
	200m:	3:05.86	48.97	600m:	9:32.65	48.02	1000m:	16:02.78	48.01	1400m:	22:36.95	48.55
	250m:	3:54.56	48.70	650m:	10:21.22	48.57	1050m:	16:51.69	48.91	1450m:	23:25.66	48.71
	300m:	4:42.92	48.36	700m:	11:10.09	48.87	1100m:	17:40.35	48.66	1500m:	24:09.53	43.87
	350m:	5:32.17	49.25	750m:	11:59.32	49.23	1150m:	18:29.71	49.36			
	400m:	6:19.83	47.66	800m:	12:47.87	48.55	1200m:	19:19.15	49.44			

Masters 30+

1.	Denise de Riet	ZZ&PC De Devel	19:54.17	198402040	19:27.46	+0,94		
	50m: 33.74	33.74	450m: 5:41.45	39.28	850m: 10:55.34	39.24	1250m: 16:10.39	40.07
	100m: 1:09.97	36.23	500m: 6:20.55	39.10	900m: 11:34.75	39.41	1300m: 16:49.88	39.49
	150m: 1:47.86	37.89	550m: 6:59.78	39.23	950m: 12:13.97	39.22	1350m: 17:29.62	39.74
	200m: 2:26.20	38.34	600m: 7:38.92	39.14	1000m: 12:53.12	39.15	1400m: 18:09.24	39.62
	250m: 3:05.06	38.86	650m: 8:18.07	39.15	1050m: 13:32.44	39.32	1450m: 18:49.31	40.07
	300m: 3:44.00	38.94	700m: 8:57.20	39.13	1100m: 14:11.79	39.35	1500m: 19:27.46	38.15
	350m: 4:23.07	39.07	750m: 9:36.70	39.50	1150m: 14:51.02	39.23		
	400m: 5:02.17	39.10	800m: 10:16.10	39.40	1200m: 15:30.32	39.30		
2.	Ramona Linting	AZC	20:02.89	198301274	19:42.93	+0,74		
	50m: 33.14	33.14	450m: 5:42.60	39.29	850m: 10:58.95	39.85	1250m: 16:19.98	40.24
	100m: 1:10.73	37.59	500m: 6:22.00	39.40	900m: 11:39.32	40.37	1300m: 17:00.82	40.84
	150m: 1:49.10	38.37	550m: 7:01.31	39.31	950m: 12:19.26	39.94	1350m: 17:41.49	40.67
	200m: 2:28.05	38.95	600m: 7:40.36	39.05	1000m: 12:59.05	39.79	1400m: 18:22.42	40.93
	250m: 3:06.93	38.88	650m: 8:20.18	39.82	1050m: 13:39.38	40.33	1450m: 19:02.85	40.43
	300m: 3:45.30	38.37	700m: 8:59.78	39.60	1100m: 14:19.10	39.72	1500m: 19:42.93	40.08
	350m: 4:24.25	38.95	750m: 9:39.16	39.38	1150m: 14:58.98	39.88		
	400m: 5:03.31	39.06	800m: 10:19.10	39.94	1200m: 15:39.74	40.76		
3.	Maaïke van Diggele	ZPB H&L Productions	21:04.08	198700868	20:57.40	+0,82		
	50m: 36.88	36.88	450m: 6:09.41	41.46	850m: 11:46.13	42.25	1250m: 17:25.38	42.43
	100m: 1:17.71	40.83	500m: 6:50.92	41.51	900m: 12:28.43	42.30	1300m: 18:08.46	43.08
	150m: 1:58.72	41.01	550m: 7:32.94	42.02	950m: 13:10.87	42.44	1350m: 18:51.62	43.16
	200m: 2:40.21	41.49	600m: 8:14.69	41.75	1000m: 13:53.42	42.55	1400m: 19:34.45	42.83
	250m: 3:22.37	42.16	650m: 8:57.12	42.43	1050m: 14:35.85	42.43	1450m: 20:16.24	41.79
	300m: 4:04.32	41.95	700m: 9:39.28	42.16	1100m: 15:18.34	42.49	1500m: 20:57.40	41.16
	350m: 4:46.37	42.05	750m: 10:21.50	42.22	1150m: 16:00.48	42.14		
	400m: 5:27.95	41.58	800m: 11:03.88	42.38	1200m: 16:42.95	42.47		
4.	Lisette van den Bos	De Geul	22:53.43	198700468	22:54.85	+0,90		
	50m: 39.94	39.94	450m: 6:41.07	45.97	850m: 12:48.29	46.06	1250m: 19:03.25	46.58
	100m: 1:23.13	43.19	500m: 7:26.39	45.32	900m: 13:34.67	46.38	1300m: 19:50.08	46.83
	150m: 2:06.66	43.53	550m: 8:12.24	45.85	950m: 14:21.12	46.45	1350m: 20:36.65	46.57
	200m: 2:51.94	45.28	600m: 8:57.98	45.74	1000m: 15:07.89	46.77	1400m: 21:23.49	46.84
	250m: 3:37.32	45.38	650m: 9:43.90	45.92	1050m: 15:55.93	48.04	1450m: 22:10.05	46.56
	300m: 4:22.70	45.38	700m: 10:29.54	45.64	1100m: 16:43.05	47.12	1500m: 22:54.85	44.80
	350m: 5:08.73	46.03	750m: 11:16.00	46.46	1150m: 17:30.30	47.25		
	400m: 5:55.10	46.37	800m: 12:02.23	46.23	1200m: 18:16.67	46.37		

Masters 35+

Programmanr. 2, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
1.	Jolanda van Gendt	PSV		22:03.84		197800266		21:37.52		+0,79		
	50m:	37.04	37.04	450m:	6:20.02	43.41	850m:	12:10.32	43.99	1250m:	17:59.64	44.11
	100m:	1:18.69	41.65	500m:	7:03.93	43.91	900m:	12:54.12	43.80	1300m:	18:43.57	43.93
	150m:	2:01.56	42.87	550m:	7:47.88	43.95	950m:	13:37.72	43.60	1350m:	19:27.68	44.11
	200m:	2:44.37	42.81	600m:	8:31.79	43.91	1000m:	14:21.53	43.81	1400m:	20:11.37	43.69
	250m:	3:27.67	43.30	650m:	9:15.30	43.51	1050m:	15:04.83	43.30	1450m:	20:55.31	43.94
	300m:	4:10.49	42.82	700m:	9:59.02	43.72	1100m:	15:48.36	43.53	1500m:	21:37.52	42.21
	350m:	4:53.56	43.07	750m:	10:42.47	43.45	1150m:	16:31.92	43.56			
	400m:	5:36.61	43.05	800m:	11:26.33	43.86	1200m:	17:15.53	43.61			
2.	Rianne van Vegchelen	ZV 44		27:53.04		198101530		26:53.12		+1,10		
	50m:	46.95	46.95	450m:	7:51.22	53.46	850m:	15:04.87	54.50	1250m:	22:24.24	55.36
	100m:	1:38.24	51.29	500m:	8:45.58	54.36	900m:	15:59.76	54.89	1300m:	23:19.56	55.32
	150m:	2:31.08	52.84	550m:	9:39.56	53.98	950m:	16:54.34	54.58	1350m:	24:14.27	54.71
	200m:	3:23.21	52.13	600m:	10:33.54	53.98	1000m:	17:49.38	55.04	1400m:	25:08.55	54.28
	250m:	4:16.61	53.40	650m:	11:27.08	53.54	1050m:	18:44.13	54.75	1450m:	26:02.49	53.94
	300m:	5:09.88	53.27	700m:	12:21.37	54.29	1100m:	19:38.48	54.35	1500m:	26:53.12	50.63
	350m:	6:03.94	54.06	750m:	13:16.26	54.89	1150m:	20:33.52	55.04			
	400m:	6:57.76	53.82	800m:	14:10.37	54.11	1200m:	21:28.88	55.36			

Masters 40+

1.	Pascal Janssen	Patrick-De Roersoppers (SG)	22:39.37	197300852	22:48.45	+1,01						
	50m:	38.61	38.61	450m:	6:40.74	45.55	850m:	12:47.83	46.15	1250m:	18:58.43	47.01
	100m:	1:22.01	43.40	500m:	7:26.40	45.66	900m:	13:33.75	45.92	1300m:	19:45.68	47.25
	150m:	2:07.02	45.01	550m:	8:12.07	45.67	950m:	14:19.69	45.94	1350m:	20:32.65	46.97
	200m:	2:52.17	45.15	600m:	8:57.68	45.61	1000m:	15:05.63	45.94	1400m:	21:19.65	47.00
	250m:	3:38.18	46.01	650m:	9:43.38	45.70	1050m:	15:51.76	46.13	1450m:	22:05.53	45.88
	300m:	4:24.00	45.82	700m:	10:29.39	46.01	1100m:	16:38.32	46.56	1500m:	22:48.45	42.92
	350m:	5:09.41	45.41	750m:	11:15.89	46.50	1150m:	17:24.86	46.54			
	400m:	5:55.19	45.78	800m:	12:01.68	45.79	1200m:	18:11.42	46.56			
2.	Ingrid Versteegen	DBD	22:57.24	197300770	23:36.69	+0,82						
	50m:	40.57	40.57	450m:	6:54.86	48.33	850m:	13:11.94	46.62	1250m:	19:36.42	48.27
	100m:	1:25.46	44.89	500m:	7:42.07	47.21	900m:	14:00.97	49.03	1300m:	20:24.38	47.96
	150m:	2:10.99	45.53	550m:	8:28.85	46.78	950m:	14:48.78	47.81	1350m:	21:12.53	48.15
	200m:	2:57.98	46.99	600m:	9:15.86	47.01	1000m:	15:36.05	47.27	1400m:	22:02.09	49.56
	250m:	3:45.16	47.18	650m:	10:02.53	46.67	1050m:	16:24.57	48.52	1450m:	22:50.23	48.14
	300m:	4:31.92	46.76	700m:	10:49.63	47.10	1100m:	17:11.77	47.20	1500m:	23:36.69	46.46
	350m:	5:19.13	47.21	750m:	11:36.64	47.01	1150m:	17:59.88	48.11			
	400m:	6:06.53	47.40	800m:	12:25.32	48.68	1200m:	18:48.15	48.27			
3.	Inge Lolkema-Soeters	Steenwijk 1934	25:30.71	197300934	25:39.96	+0,84						
	50m:	43.66	43.66	450m:	7:28.23	52.11	850m:	14:22.89	51.96	1250m:	21:20.65	52.33
	100m:	1:31.43	47.77	500m:	8:19.86	51.63	900m:	15:15.24	52.35	1300m:	22:13.32	52.67
	150m:	2:20.21	48.78	550m:	9:11.28	51.42	950m:	16:07.48	52.24	1350m:	23:05.09	51.77
	200m:	3:10.40	50.19	600m:	10:03.09	51.81	1000m:	16:59.58	52.10	1400m:	23:58.10	53.01
	250m:	4:00.86	50.46	650m:	10:55.04	51.95	1050m:	17:51.53	51.95	1450m:	24:50.07	51.97
	300m:	4:52.31	51.45	700m:	11:46.85	51.81	1100m:	18:44.05	52.52	1500m:	25:39.96	49.89
	350m:	5:44.11	51.80	750m:	12:38.13	51.28	1150m:	19:36.22	52.17			
	400m:	6:36.12	52.01	800m:	13:30.93	52.80	1200m:	20:28.32	52.10			

Masters 45+

1.	Grith Sigsgaard		DWK		18:32.22		197200772		18:57.97		+0,91	
	Nederlands Masters Record, tt 800m NMR											
	50m:	33.49	33.49	450m:	5:35.33	37.76	850m:	10:41.27	38.21	1250m:	15:47.70	38.56
	100m:	1:11.17	37.68	500m:	6:13.21	37.88	900m:	11:19.62	38.35	1300m:	16:26.28	38.58
	150m:	1:49.11	37.94	550m:	6:51.54	38.33	950m:	11:57.89	38.27	1350m:	17:04.90	38.62
	200m:	2:26.60	37.49	600m:	7:30.04	38.50	1000m:	12:35.99	38.10	1400m:	17:42.35	37.45
	250m:	3:04.35	37.75	650m:	8:08.03	37.99	1050m:	13:14.47	38.48	1450m:	18:20.49	38.14
	300m:	3:41.99	37.64	700m:	8:46.29	38.26	1100m:	13:52.74	38.27	1500m:	18:57.97	37.48
	350m:	4:20.00	38.01	750m:	9:24.22	37.93	1150m:	14:30.65	37.91			
	400m:	4:57.57	37.57	800m:	10:03.06	38.84	1200m:	15:09.14	38.49			
2.	Annette de Visser		Oceanus		20:15.11		197100602		20:09.54		+0,86	
	50m:	34.70	34.70	450m:	5:54.33	40.94	850m:	11:21.46	40.67	1250m:	16:47.95	40.75
	100m:	1:12.69	37.99	500m:	6:35.27	40.94	900m:	12:02.30	40.84	1300m:	17:28.81	40.86
	150m:	1:52.08	39.39	550m:	7:16.18	40.91	950m:	12:42.64	40.34	1350m:	18:09.70	40.89
	200m:	2:31.92	39.84	600m:	7:57.25	41.07	1000m:	13:23.23	40.59	1400m:	18:50.32	40.62
	250m:	3:11.87	39.95	650m:	8:38.38	41.13	1050m:	14:03.87	40.64	1450m:	19:30.45	40.13
	300m:	3:52.17	40.30	700m:	9:19.09	40.71	1100m:	14:45.04	41.17	1500m:	20:09.54	39.09
	350m:	4:32.66	40.49	750m:	9:59.82	40.73	1150m:	15:26.17	41.13			
	400m:	5:13.39	40.73	800m:	10:40.79	40.97	1200m:	16:07.20	41.03			

Programmanr. 2, Dames, 1500m vrije slag, Masters 45+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
3.	Lisenka Kornet-van den Akker	Zwemlust-den Hommel		21:35.07		196901052		20:25.85		+0,94		
	50m:	35.07	35.07	450m:	6:01.58	41.60	850m:	11:31.65	41.39	1250m:	17:02.03	41.28
	100m:	1:14.18	39.11	500m:	6:42.53	40.95	900m:	12:12.93	41.28	1300m:	17:43.44	41.41
	150m:	1:54.91	40.73	550m:	7:23.62	41.09	950m:	12:54.01	41.08	1350m:	18:24.86	41.42
	200m:	2:35.66	40.75	600m:	8:05.00	41.38	1000m:	13:35.28	41.27	1400m:	19:05.78	40.92
	250m:	3:16.68	41.02	650m:	8:46.14	41.14	1050m:	14:16.50	41.22	1450m:	19:47.25	41.47
	300m:	3:57.83	41.15	700m:	9:27.55	41.41	1100m:	14:57.84	41.34	1500m:	20:25.85	38.60
	350m:	4:38.87	41.04	750m:	10:08.72	41.17	1150m:	15:39.36	41.52			
	400m:	5:19.98	41.11	800m:	10:50.26	41.54	1200m:	16:20.75	41.39			
4.	Iris van Aurich	DWK		22:36.29		196900866		22:40.64		+0,81		
	50m:	36.61	36.61	450m:	6:33.50	45.85	850m:	12:45.36	46.51	1250m:	18:56.06	45.54
	100m:	1:18.77	42.16	500m:	7:20.31	46.81	900m:	13:31.71	46.35	1300m:	19:42.14	46.08
	150m:	2:02.69	43.92	550m:	8:06.95	46.64	950m:	14:18.29	46.58	1350m:	20:26.79	44.65
	200m:	2:47.35	44.66	600m:	8:53.85	46.90	1000m:	15:03.52	45.23	1400m:	21:13.90	47.11
	250m:	3:32.23	44.88	650m:	9:40.34	46.49	1050m:	15:50.43	46.91	1450m:	21:59.98	46.08
	300m:	4:17.31	45.08	700m:	10:26.90	46.56	1100m:	16:36.81	46.38	1500m:	22:40.64	40.66
	350m:	5:02.48	45.17	750m:	11:13.23	46.33	1150m:	17:23.67	46.86			
	400m:	5:47.65	45.17	800m:	11:58.85	45.62	1200m:	18:10.52	46.85			
5.	Annet Kootstra	Swol 1894		23:31.82		197100344		24:03.48		+0,97		
	50m:	41.88	41.88	450m:	6:58.13	48.00	850m:	13:27.45	48.88	1250m:	19:59.31	49.73
	100m:	1:27.09	45.21	500m:	7:46.40	48.27	900m:	14:15.92	48.47	1300m:	20:48.58	49.27
	150m:	2:12.41	45.32	550m:	8:34.59	48.19	950m:	15:04.81	48.89	1350m:	21:37.91	49.33
	200m:	2:59.19	46.78	600m:	9:23.43	48.84	1000m:	15:53.99	49.18	1400m:	22:27.65	49.74
	250m:	3:45.97	46.78	650m:	10:11.93	48.50	1050m:	16:42.72	48.73	1450m:	23:16.26	48.61
	300m:	4:33.71	47.74	700m:	11:00.38	48.45	1100m:	17:31.98	49.26	1500m:	24:03.48	47.22
	350m:	5:22.08	48.37	750m:	11:49.53	49.15	1150m:	18:20.30	48.32			
	400m:	6:10.13	48.05	800m:	12:38.57	49.04	1200m:	19:09.58	49.28			
6.	Greta Wyma-Teitsma	DWK		26:49.75		197100696		26:20.55		+0,84		
	50m:	43.43	43.43	450m:	7:40.69	53.42	850m:	14:47.90	52.76	1250m:	21:56.64	55.69
	100m:	1:33.74	50.31	500m:	8:34.27	53.58	900m:	15:40.86	52.96	1300m:	22:51.86	55.22
	150m:	2:24.69	50.95	550m:	9:27.69	53.42	950m:	16:33.83	52.97	1350m:	23:44.67	52.81
	200m:	3:16.47	51.78	600m:	10:21.07	53.38	1000m:	17:27.26	53.43	1400m:	24:37.06	52.39
	250m:	4:08.75	52.28	650m:	11:14.56	53.49	1050m:	18:20.96	53.70	1450m:	25:29.57	52.51
	300m:	5:00.63	51.88	700m:	12:08.63	54.07	1100m:	19:14.18	53.22	1500m:	26:20.55	50.98
	350m:	5:53.84	53.21	750m:	13:02.41	53.78	1150m:	20:07.39	53.21			
	400m:	6:47.27	53.43	800m:	13:55.14	52.73	1200m:	21:00.95	53.56			

Masters 50+

1.	Wilna Heijman	Steenwijk 1934				21:11.19		196400506		20:59.90		+0,92
	50m:	37.32	37.32	450m:	6:10.77	42.08	850m:	11:47.15	42.10	1250m:	17:26.45	42.56
	100m:	1:18.37	41.05	500m:	6:53.24	42.47	900m:	12:29.05	41.90	1300m:	18:09.58	43.13
	150m:	1:59.52	41.15	550m:	7:35.19	41.95	950m:	13:10.95	41.90	1350m:	18:52.68	43.10
	200m:	2:40.88	41.36	600m:	8:17.20	42.01	1000m:	13:53.27	42.32	1400m:	19:35.92	43.24
	250m:	3:22.91	42.03	650m:	8:58.67	41.47	1050m:	14:35.50	42.23	1450m:	20:18.73	42.81
	300m:	4:04.75	41.84	700m:	9:40.85	42.18	1100m:	15:17.69	42.19	1500m:	20:59.90	41.17
	350m:	4:46.55	41.80	750m:	10:22.66	41.81	1150m:	16:00.87	43.18			
	400m:	5:28.69	42.14	800m:	11:05.05	42.39	1200m:	16:43.89	43.02			
2.	Teodora König	TSV Vorhalle				21:26.80		075148		21:40.81		+0,96
	50m:	37.12	37.12	450m:	6:23.04	43.75	850m:	12:13.34	44.14	1250m:	18:03.76	43.11
	100m:	1:18.87	41.75	500m:	7:06.97	43.93	900m:	12:57.05	43.71	1300m:	18:47.53	43.77
	150m:	2:01.06	42.19	550m:	7:50.60	43.63	950m:	13:40.66	43.61	1350m:	19:31.76	44.23
	200m:	2:44.20	43.14	600m:	8:34.29	43.69	1000m:	14:24.36	43.70	1400m:	20:15.32	43.56
	250m:	3:27.64	43.44	650m:	9:18.00	43.71	1050m:	15:08.16	43.80	1450m:	20:59.06	43.74
	300m:	4:11.73	44.09	700m:	10:01.91	43.91	1100m:	15:52.14	43.98	1500m:	21:40.81	41.75
	350m:	4:55.70	43.97	750m:	10:45.08	43.17	1150m:	16:36.35	44.21			
	400m:	5:39.29	43.59	800m:	11:29.20	44.12	1200m:	17:20.65	44.30			
3.	K. van Nassau van den Heuvel	Old Dutch				23:43.49		196600188		23:34.27		+0,97
	50m:	41.89	41.89	450m:	6:56.13	46.96	850m:	13:14.85	47.49	1250m:	19:37.34	47.70
	100m:	1:27.26	45.37	500m:	7:43.21	47.08	900m:	14:02.64	47.79	1300m:	20:24.77	47.43
	150m:	2:13.61	46.35	550m:	8:30.27	47.06	950m:	14:50.89	48.25	1350m:	21:11.77	47.00
	200m:	3:00.60	46.99	600m:	9:17.57	47.30	1000m:	15:39.27	48.38	1400m:	21:59.57	47.80
	250m:	3:47.60	47.00	650m:	10:04.91	47.34	1050m:	16:26.80	47.53	1450m:	22:47.59	48.02
	300m:	4:34.78	47.18	700m:	10:52.39	47.48	1100m:	17:14.31	47.51	1500m:	23:34.27	46.68
	350m:	5:22.13	47.35	750m:	11:39.74	47.35	1150m:	18:02.04	47.73			
	400m:	6:09.17	47.04	800m:	12:27.36	47.62	1200m:	18:49.64	47.60			
4.	Hetty Smalheer	SCOM				24:43.75		196700352		25:28.50		+0,98
	50m:	43.47	43.47	450m:	7:27.53	52.46	850m:	14:16.71	52.13	1250m:	21:14.26	51.84
	100m:	1:31.40	47.93	500m:	8:19.02	51.49	900m:	15:09.18	52.47	1300m:	22:04.85	50.59
	150m:	2:20.26	48.86	550m:	9:09.76	50.74	950m:	16:00.92	51.74	1350m:	22:56.47	51.62
	200m:	3:10.39	50.13	600m:	10:00.11	50.35	1000m:	16:52.98	52.06	1400m:	23:47.57	51.10
	250m:	4:01.63	51.24	650m:	10:50.82	50.71	1050m:	17:44.87	51.89	1450m:	24:38.42	50.85
	300m:	4:52.37	50.74	700m:	11:41.59	50.77	1100m:	18:37.08	52.21	1500m:	25:28.50	50.08
	350m:	5:43.75	51.38	750m:	12:33.06	51.47	1150m:	19:29.44	52.36			
	400m:	6:35.07	51.32	800m:	13:24.58	51.52	1200m:	20:22.42	52.98			

Programmanr. 2, Dames, 1500m vrije slag
Masters 55+

1. Pierrette Michel	CNSW	20:12.56	000835/62	20:01.36	+0,90
<i>Kampioenschappen Record, Belgisch MR</i>					
50m: 35.02	35.02	450m: 5:53.17	40.44	850m: 11:17.03	40.52
100m: 1:13.34	38.32	500m: 6:33.96	40.79	900m: 11:57.48	40.45
150m: 1:52.85	39.51	550m: 7:14.12	40.16	950m: 12:37.95	40.47
200m: 2:32.63	39.78	600m: 7:54.82	40.70	1000m: 13:18.33	40.38
250m: 3:12.61	39.98	650m: 8:35.92	41.10	1050m: 13:58.81	40.48
300m: 3:52.73	40.12	700m: 9:16.52	40.60	1100m: 14:39.11	40.30
350m: 4:32.43	39.70	750m: 9:56.43	39.91	1150m: 15:19.72	40.61
400m: 5:12.73	40.30	800m: 10:36.51	40.08	1200m: 16:00.14	40.42
2. Irene van der Laan	ZV De Bron	21:25.67	196000096	21:02.61	+0,92
<i>Nederlands Masters Record</i>					
50m: 39.06	39.06	450m: 6:15.01	42.59	850m: 11:56.67	41.99
100m: 1:20.98	41.92	500m: 6:57.60	42.59	900m: 12:39.46	42.79
150m: 2:02.27	41.29	550m: 7:40.70	43.10	950m: 13:22.26	42.80
200m: 2:43.89	41.62	600m: 8:23.85	43.15	1000m: 14:05.11	42.85
250m: 3:25.73	41.84	650m: 9:06.53	42.68	1050m: 14:46.63	41.52
300m: 4:07.80	42.07	700m: 9:49.10	42.57	1100m: 15:28.65	42.02
350m: 4:50.09	42.29	750m: 10:32.02	42.92	1150m: 16:11.48	42.83
400m: 5:32.42	42.33	800m: 11:14.68	42.66	1200m: 16:53.67	42.19
3. Patty Verhagen	PSV	21:14.97	195900146	21:49.14	+0,82
50m: 39.90	39.90	450m: 6:27.74	44.31	850m: 12:19.34	44.21
100m: 1:22.24	42.34	500m: 7:11.33	43.59	900m: 13:03.68	44.34
150m: 2:05.43	43.19	550m: 7:55.44	44.11	950m: 13:47.80	44.12
200m: 2:48.69	43.26	600m: 8:39.48	44.04	1000m: 14:31.80	44.00
250m: 3:32.10	43.41	650m: 9:23.30	43.82	1050m: 15:15.86	44.06
300m: 4:15.77	43.67	700m: 10:07.42	44.12	1100m: 16:00.01	44.15
350m: 4:59.47	43.70	750m: 10:51.01	43.59	1150m: 16:44.26	44.25
400m: 5:43.43	43.96	800m: 11:35.13	44.12	1200m: 17:28.15	43.89
4. Marjan Spoelstra	Swol 1894	25:28.29	196000236	25:53.43	+0,84
50m: 45.90	45.90	450m: 7:36.74	51.79	850m: 14:33.03	52.28
100m: 1:35.89	49.99	500m: 8:28.51	51.77	900m: 15:25.48	52.45
150m: 2:26.93	51.04	550m: 9:20.53	52.02	950m: 16:18.12	52.64
200m: 3:18.26	51.33	600m: 10:12.34	51.81	1000m: 17:10.79	52.67
250m: 4:09.84	51.58	650m: 11:04.34	52.00	1050m: 18:03.72	52.93
300m: 5:01.68	51.84	700m: 11:56.36	52.02	1100m: 18:56.11	52.39
350m: 5:53.62	51.94	750m: 12:48.42	52.06	1150m: 19:48.46	52.35
400m: 6:44.95	51.33	800m: 13:40.75	52.33	1200m: 20:41.46	53.00
5. Jennie Resink-lindeboom	DWK	25:10.60	196000142	25:54.62	+1,00
50m: 43.02	43.02	450m: 7:33.96	52.70	850m: 14:33.53	52.38
100m: 1:31.72	48.70	500m: 8:26.28	52.32	900m: 15:26.42	52.89
150m: 2:22.25	50.53	550m: 9:18.80	52.52	950m: 16:19.47	53.05
200m: 3:13.04	50.79	600m: 10:11.87	53.07	1000m: 17:11.77	52.30
250m: 4:04.77	51.73	650m: 11:03.87	52.00	1050m: 18:04.41	52.64
300m: 4:56.43	51.66	700m: 11:55.99	52.12	1100m: 18:57.14	52.73
350m: 5:48.94	52.51	750m: 12:48.60	52.61	1150m: 19:49.63	52.49
400m: 6:41.26	52.32	800m: 13:41.15	52.55	1200m: 20:42.57	52.94

Masters 60+

1. Margriet Pasma	De Inktvis	22:53.43	195500088	23:24.68	+0,97
50m: 41.40	41.40	450m: 6:58.49	46.89	850m: 13:14.25	47.27
100m: 1:27.66	46.26	500m: 7:45.42	46.93	900m: 14:00.99	46.74
150m: 2:14.91	47.25	550m: 8:32.35	46.93	950m: 14:47.88	46.89
200m: 3:02.62	47.71	600m: 9:19.18	46.83	1000m: 15:34.76	46.88
250m: 3:50.14	47.52	650m: 10:06.10	46.92	1050m: 16:21.72	46.96
300m: 4:37.60	47.46	700m: 10:53.18	47.08	1100m: 17:08.81	47.09
350m: 5:24.69	47.09	750m: 11:40.01	46.83	1150m: 17:56.05	47.24
400m: 6:11.60	46.91	800m: 12:26.98	46.97	1200m: 18:43.12	47.07

Masters 65+

1. Conny Boer-Buys	ZVVS	23:00.95	195000006	22:50.93	
<i>Europees Masters Record</i>					
50m: 41.18	41.18	400m: 6:01.23	45.99	750m: 11:25.87	46.73
100m: 1:25.64	44.46	450m: 6:46.96	45.73	800m: 12:12.16	46.29
150m: 2:11.36	45.72	500m: 7:33.28	46.32	850m: 12:58.52	46.36
200m: 2:57.18	45.82	550m: 8:19.60	46.32	900m: 13:44.48	45.96
250m: 3:43.05	45.87	600m: 9:05.87	46.27	950m: 14:30.83	46.35
300m: 4:29.29	46.24	650m: 9:52.57	46.70	1000m: 15:16.90	46.07
350m: 5:15.24	45.95	700m: 10:39.14	46.57	1050m: 16:03.30	46.40
1450m: 22:10.85	44.64	1500m: 22:50.93	40.08	1100m: 16:49.96	46.66
				1150m: 17:36.16	46.20
				1200m: 18:22.29	46.13
				1250m: 19:08.66	46.37
				1300m: 19:55.08	46.42
				1350m: 20:40.57	45.49
				1400m: 21:26.21	45.64

Programmanr. 2, Dames, 1500m vrije slag, Masters 65+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
2.	Ineke Meijer	HZ&PC Heerenveen	28:07.83	195200034	28:00.41	+0,61
	50m: 48.15	48.15	450m: 8:15.12	56.39	850m: 15:48.03	56.38
	100m: 1:42.83	54.68	500m: 9:11.72	56.60	900m: 16:43.95	55.92
	150m: 2:38.94	56.11	550m: 10:07.87	56.15	950m: 17:40.47	56.52
	200m: 3:34.95	56.01	600m: 11:04.35	56.48	1000m: 18:36.79	56.32
	250m: 4:30.97	56.02	650m: 12:01.38	57.03	1050m: 19:32.68	55.89
	300m: 5:26.78	55.81	700m: 12:58.05	56.67	1100m: 20:29.52	56.84
	350m: 6:22.63	55.85	750m: 13:55.15	57.10	1150m: 21:25.99	56.47
	400m: 7:18.73	56.10	800m: 14:51.65	56.50	1200m: 22:23.02	57.03
3.	Gonnie Bak	PSV	28:48.82	195100064	28:38.43	+0,97
	50m: 50.49	50.49	450m: 8:29.97	58.52	850m: 16:13.62	57.20
	100m: 1:46.64	56.15	500m: 9:28.58	58.61	900m: 17:10.88	57.26
	150m: 2:43.63	56.99	550m: 10:27.08	58.50	950m: 18:07.89	57.01
	200m: 3:40.31	56.68	600m: 11:24.81	57.73	1000m: 19:05.67	57.78
	250m: 4:38.40	58.09	650m: 12:23.26	58.45	1050m: 20:03.18	57.51
	300m: 5:36.37	57.97	700m: 13:20.92	57.66	1100m: 21:00.59	57.41
	350m: 6:33.38	57.01	750m: 14:18.50	57.58	1150m: 21:58.32	57.73
	400m: 7:31.45	58.07	800m: 15:16.42	57.92	1200m: 22:56.32	58.00

Masters 70+

1.	Annie Smits	PSV	30:21.97	194600016	32:24.40	+1,43
	50m: 1:01.45	1:01.45	450m: 9:50.62	1:05.89	850m: 18:36.81	1:05.65
	100m: 2:06.76	1:05.31	500m: 10:56.91	1:06.29	900m: 19:41.44	1:04.63
	150m: 3:14.67	1:07.91	550m: 12:02.37	1:05.46	950m: 20:46.68	1:05.24
	200m: 4:21.16	1:06.49	600m: 13:07.69	1:05.32	1000m: 21:51.96	1:05.28
	250m: 5:28.29	1:07.13	650m: 14:14.26	1:06.57	1050m: 22:56.36	1:04.40
	300m: 6:34.77	1:06.48	700m: 15:20.30	1:06.04	1100m: 24:01.07	1:04.71
	350m: 7:39.77	1:05.00	750m: 16:25.99	1:05.69	1150m: 25:05.39	1:04.32
	400m: 8:44.73	1:04.96	800m: 17:31.16	1:05.17	1200m: 26:09.22	1:03.83

Masters 75+

1.	Marie Smits	Old Dutch	32:52.29	193800004	32:45.33	+1,32
	<i>Nederlands Masters Record</i>					
	50m: 54.34	54.34	450m: 9:33.04	1:05.47	850m: 18:19.72	1:06.24
	100m: 1:57.68	1:03.34	500m: 10:38.56	1:05.52	900m: 19:25.97	1:06.25
	150m: 3:02.18	1:04.50	550m: 11:44.22	1:05.66	950m: 20:31.73	1:05.76
	200m: 4:07.11	1:04.93	600m: 12:50.66	1:06.44	1000m: 21:37.25	1:05.52
	250m: 5:12.06	1:04.95	650m: 13:56.23	1:05.57	1050m: 22:44.57	1:07.32
	300m: 6:16.80	1:04.74	700m: 15:02.27	1:06.04	1100m: 23:51.17	1:06.60
	350m: 7:21.95	1:05.15	750m: 16:07.56	1:05.29	1150m: 24:57.30	1:06.13
	400m: 8:27.57	1:05.62	800m: 17:13.48	1:05.92	1200m: 26:04.95	1:07.65

2 - ONMK 2017 kb sessie 2

20-01-2017 - 9:00

Programmanr. 3
20-01-2017 - 9:00

Heren, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Robin van Beek	LZ 1886	4:14.97	199704023	4:18.52	+0,70
	50m: 28.65	28.65	150m: 1:32.28	32.23	250m: 2:38.52	33.18
	100m: 1:00.05	31.40	200m: 2:05.34	33.06	300m: 3:11.99	33.47
					350m: 3:45.67	33.68
					400m: 4:18.52	32.85
2.	Bart Coymans	Nuenen	4:27.08	199705553	4:19.41	+0,65
	50m: 29.55	29.55	150m: 1:35.22	32.89	250m: 2:41.61	33.55
	100m: 1:02.33	32.78	200m: 2:08.06	32.84	300m: 3:14.73	33.12
					350m: 3:47.76	33.03
					400m: 4:19.41	31.65
3.	Pieter Pijnenburg	Nuenen	4:37.20	199305227	4:31.63	+0,65
	50m: 29.83	29.83	150m: 1:38.37	34.55	250m: 2:47.70	34.69
	100m: 1:03.82	33.99	200m: 2:13.01	34.64	300m: 3:23.36	35.66
					350m: 3:58.50	35.14
					400m: 4:31.63	33.13
4.	Diederick Schothans	De Veene	4:40.97	199703185	4:37.15	+0,77
	50m: 30.63	30.63	150m: 1:40.00	35.39	250m: 2:51.25	35.72
	100m: 1:04.61	33.98	200m: 2:15.53	35.53	300m: 3:27.26	36.01
					350m: 4:02.91	35.65
					400m: 4:37.15	34.24
5.	Richard van der Horst	De Meer	4:44.25	199700179	4:41.58	+0,79
	50m: 31.98	31.98	150m: 1:43.70	36.38	250m: 2:55.46	35.44
	100m: 1:07.32	35.34	200m: 2:20.02	36.32	300m: 3:31.13	35.67
					350m: 4:07.10	35.97
					400m: 4:41.58	34.48
6.	Jeffrey Camphens	DWT	4:20.63	199503113	4:49.90	+0,62
	50m: 31.73	31.73	150m: 1:45.51	37.30	250m: 2:59.50	36.48
	100m: 1:08.21	36.48	200m: 2:23.02	37.51	300m: 3:36.69	37.19
					350m: 4:13.64	36.95
					400m: 4:49.90	36.26
7.	Jordy Jongenelen	ZC Aquadream	4:54.61	199504995	4:54.00	+0,70
	50m: 31.48	31.48	150m: 1:44.28	36.93	250m: 2:59.37	37.61
	100m: 1:07.35	35.87	200m: 2:21.76	37.48	300m: 3:37.40	38.03
					350m: 4:15.98	38.58
					400m: 4:54.00	38.02
8.	Michiel van Vliet	ZPC Woerden	5:23.48	199503875	5:26.55	+0,98
	50m: 33.44	33.44	150m: 1:50.41	39.42	250m: 3:15.26	43.21
	100m: 1:10.99	37.55	200m: 2:32.05	41.64	300m: 3:59.06	43.80
					350m: 4:43.27	44.21
					400m: 5:26.55	43.28
9.	Maarten Steekelenburg	Aquamania	5:56.18	199300479	6:05.33	+0,76
	50m: 34.34	34.34	150m: 1:59.21	44.29	250m: 3:32.06	47.43
	100m: 1:14.92	40.58	200m: 2:44.63	45.42	300m: 4:21.66	49.60
					350m: 5:13.12	51.46
					400m: 6:05.33	52.21
Masters 25+						
1.	Jan-Willem van der Graaff	PSV	4:23.31	198901023	4:29.33	+0,75
	50m: 29.59	29.59	150m: 1:35.46	33.39	250m: 2:44.19	34.70
	100m: 1:02.07	32.48	200m: 2:09.49	34.03	300m: 3:19.64	35.45
					350m: 3:54.69	35.05
					400m: 4:29.33	34.64
2.	Tim Bunnik	Triton	4:25.09	199000505	4:29.39	+0,74
	50m: 29.55	29.55	150m: 1:36.98	34.30	250m: 2:46.62	34.66
	100m: 1:02.68	33.13	200m: 2:11.96	34.98	300m: 3:21.01	34.39
					350m: 3:55.49	34.48
					400m: 4:29.39	33.90
3.	Wessel Everloo	De Veene	4:29.46	198906597	4:33.51	+0,71
	50m: 30.69	30.69	150m: 1:41.15	35.39	250m: 2:52.13	34.66
	100m: 1:05.76	35.07	200m: 2:17.47	36.32	300m: 3:27.16	35.03
					350m: 4:01.14	33.98
					400m: 4:33.51	32.37
4.	Maik Steenkamp	Montferland	4:32.02	199103847	4:34.95	+0,77
	50m: 30.58	30.58	150m: 1:39.29	34.50	250m: 2:49.50	35.14
	100m: 1:04.79	34.21	200m: 2:14.36	35.07	300m: 3:25.25	35.75
					350m: 4:00.85	35.60
					400m: 4:34.95	34.10
5.	Niels Albrechts	SGGO (SG)	4:34.33	198800039	4:43.41	+0,79
	50m: 31.50	31.50	150m: 1:40.99	35.39	250m: 2:52.66	35.81
	100m: 1:05.60	34.10	200m: 2:16.85	35.86	300m: 3:29.60	36.94
					350m: 4:07.67	38.07
					400m: 4:43.41	35.74
6.	Stefan Kwant	Nova	4:49.78	199200781	4:44.56	+0,73
	50m: 31.48	31.48	150m: 1:40.41	35.05	250m: 2:53.00	36.83
	100m: 1:05.36	33.88	200m: 2:16.17	35.76	300m: 3:30.74	37.74
					350m: 4:08.76	38.02
					400m: 4:44.56	35.80
7.	Rens Post	WVZ	4:48.01	199101827	4:48.71	+0,77
	50m: 31.83	31.83	150m: 1:43.94	36.79	250m: 2:58.17	36.78
	100m: 1:07.15	35.32	200m: 2:21.39	37.45	300m: 3:35.26	37.09
					350m: 4:12.06	36.80
					400m: 4:48.71	36.65
8.	Daniel van den Wildenberg	Eurode KZC	5:48.85	199206491	5:48.76	+0,78
	50m: 35.79	35.79	150m: 2:00.68	43.71	250m: 3:30.29	45.15
	100m: 1:16.97	41.18	200m: 2:45.14	44.46	300m: 4:16.42	46.13
					350m: 5:03.19	46.77
					400m: 5:48.76	45.57

Programmanr. 3, Heren, 400m vrije slag
Masters 30+

1.	Erik Schröder	TriVia				4:10.97	198402025				4:11.47	+0,74	
		50m:	28.47	28.47	150m:	1:31.71	32.08	250m:	2:36.42	32.34	350m:	3:41.05	32.13
		100m:	59.63	31.16	200m:	2:04.08	32.37	300m:	3:08.92	32.50	400m:	4:11.47	30.42
2.	Alex Schelvis	LINK				4:10.37	198702927				4:11.66	+0,83	
		50m:	28.33	28.33	150m:	1:30.18	31.13	250m:	2:33.89	32.16	350m:	3:39.23	32.74
		100m:	59.05	30.72	200m:	2:01.73	31.55	300m:	3:06.49	32.60	400m:	4:11.66	32.43
3.	Federico Cappello <i>Luxembourg MR</i>	Swimming Luxembourg				4:38.07	9598				4:26.67	+0,74	
		50m:	29.99	29.99	150m:	1:35.81	32.74	250m:	2:42.79	33.55	350m:	3:54.03	35.37
		100m:	1:03.07	33.08	200m:	2:09.24	33.43	300m:	3:18.66	35.87	400m:	4:26.67	32.64
4.	Robert Dekker	Dedemsvaart-AC				4:38.73	198400443				4:33.10	+0,81	
		50m:	29.85	29.85	150m:	1:37.49	34.18	250m:	2:47.34	35.09	350m:	3:58.35	35.79
		100m:	1:03.31	33.46	200m:	2:12.25	34.76	300m:	3:22.56	35.22	400m:	4:33.10	34.75
5.	Jim Geestman	RSW (SG)				4:30.35	198300699				4:34.05	+0,83	
		50m:	30.75	30.75	150m:	1:37.98	33.99	250m:	2:47.16	34.85	350m:	3:55.30	33.29
		100m:	1:03.99	33.24	200m:	2:12.31	34.33	300m:	3:22.01	34.85	400m:	4:34.05	38.75
6.	Frank van der Voordt	SGGO (SG)				4:40.84	198302259				4:43.89	+0,73	
		50m:	32.40	32.40	150m:	1:44.24	36.24	250m:	2:57.31	36.62	350m:	4:09.01	35.85
		100m:	1:08.00	35.60	200m:	2:20.69	36.45	300m:	3:33.16	35.85	400m:	4:43.89	34.88
7.	Rick Driezen	Steenwijk 1934				4:38.24	198600713				4:57.31	+0,86	
		50m:	30.88	30.88	150m:	1:41.15	36.18	250m:	2:57.62	38.65	350m:	4:17.02	40.12
		100m:	1:04.97	34.09	200m:	2:18.97	37.82	300m:	3:36.90	39.28	400m:	4:57.31	40.29

Masters 35+

1.	Dennis Brouwers	HZPC				4:32.73	197800167		4:32.42		+0,83		
		50m:	32.27	32.27	150m:	1:40.97	34.07	250m:	2:49.12	33.86	350m:	3:58.02	34.42
		100m:	1:06.90	34.63	200m:	2:15.26	34.29	300m:	3:23.60	34.48	400m:	4:32.42	34.40
2.	Andrew Kurnosov	Troika				4:34.42			4:37.05		+0,79		
		50m:	29.64	29.64	150m:	1:39.71	35.77	250m:	2:51.66	36.30	350m:	4:03.44	36.10
		100m:	1:03.94	34.30	200m:	2:15.36	35.65	300m:	3:27.34	35.68	400m:	4:37.05	33.61
3.	Bart Sieczynski	MZ&PC				4:57.19	197901995		5:04.13		+0,67		
		50m:	32.48	32.48	150m:	1:43.70	36.39	250m:	3:00.91	39.34	350m:	4:22.96	41.51
		100m:	1:07.31	34.83	200m:	2:21.57	37.87	300m:	3:41.45	40.54	400m:	5:04.13	41.17
4.	Geert-Jan Vos	ZV 44				5:25.46	198101869		5:12.32		+0,83		
		50m:	32.68	32.68	150m:	1:46.88	37.78	250m:	3:07.47	40.74	350m:	4:30.21	41.73
		100m:	1:09.10	36.42	200m:	2:26.73	39.85	300m:	3:48.48	41.01	400m:	5:12.32	42.11
5.	Ingmar Kooman	LZ 1886				5:33.39	197901517		5:23.16		+0,68		
		50m:	35.64	35.64	150m:	1:57.62	41.45	250m:	3:22.21	42.03	350m:	4:44.79	40.76
		100m:	1:16.17	40.53	200m:	2:40.18	42.56	300m:	4:04.03	41.82	400m:	5:23.16	38.37
6.	Rob van Wanrooy	Gay Swim Amsterdam				5:21.78	198202627		5:24.75		+0,81		
		50m:	34.95	34.95	150m:	1:54.96	41.27	250m:	3:19.14	42.58	350m:	4:43.25	41.64
		100m:	1:13.69	38.74	200m:	2:36.56	41.60	300m:	4:01.61	42.47	400m:	5:24.75	41.50

Masters 40+

1.	Egbert Stolk	Albion d'ELFT (SG)				4:19.38	197600889		4:27.12	+0,78						
		50m:	30.52	30.52	150m:		1:36.75	33.42			250m:	2:44.33	33.82	350m:	3:54.09	34.41
		100m:	1:03.33	32.81	200m:		2:10.51	33.76			300m:	3:19.68	35.35	400m:	4:27.12	33.03
2.	Ivo Roozeboom	WVZ				4:27.36	197700801		4:29.63	+0,77						
		50m:	30.34	30.34	150m:		1:39.44	34.77			250m:	2:48.51	34.32	350m:	3:56.21	33.66
		100m:	1:04.67	34.33	200m:		2:14.19	34.75			300m:	3:22.55	34.04	400m:	4:29.63	33.42
3.	John Cobussen	De Gelenberg				4:30.87	197501323		4:32.67	+0,79						
		50m:	29.75	29.75	150m:		1:37.64	34.49			250m:	2:47.22	34.57	350m:	3:57.68	35.27
		100m:	1:03.15	33.40	200m:		2:12.65	35.01			300m:	3:22.41	35.19	400m:	4:32.67	34.99
4.	Bas Broekhuis	MZ&PC				5:02.10	197601561		4:55.20	+0,86						
		50m:	33.45	33.45	150m:		1:46.95	36.75			250m:	3:02.74	38.06	350m:	4:18.88	37.80
		100m:	1:10.20	36.75	200m:		2:24.68	37.73			300m:	3:41.08	38.34	400m:	4:55.20	36.32
5.	Yannick Vanderborght	Leuven Aquatics				5:14.57	11100/75		5:05.49	+0,86						
		50m:	33.20	33.20	150m:		1:48.88	38.97			250m:	3:09.72	40.25	350m:	4:28.90	39.11
		100m:	1:09.91	36.71	200m:		2:29.47	40.59			300m:	3:49.79	40.07	400m:	5:05.49	36.59
6.	Raymond Oosterbaan	WIDEX GZC DONK				4:56.14	197700711		5:06.34	+0,91						
		50m:	31.09	31.09	150m:		1:43.91	37.31			250m:	3:03.47	40.31	350m:	4:25.59	40.98
		100m:	1:06.60	35.51	200m:		2:23.16	39.25			300m:	3:44.61	41.14	400m:	5:06.34	40.75

Programmanr. 3, Heren, 400m vrije slag
Masters 45+

1.	Pieter van Gemenen	DAW	4:35.33	196901779	4:37.05	+0,74		
	50m: 30.06	30.06	150m: 1:36.89	33.93	250m: 2:46.38	35.12	350m: 4:00.39	37.76
	100m: 1:02.96	32.90	200m: 2:11.26	34.37	300m: 3:22.63	36.25	400m: 4:37.05	36.66
2.	Glen le Clercq	De Rog	4:31.85	196800177	4:38.99	+0,77		
	50m: 32.29	32.29	150m: 1:40.28	33.81	250m: 2:49.82	34.73	350m: 4:02.07	36.37
	100m: 1:06.47	34.18	200m: 2:15.09	34.81	300m: 3:25.70	35.88	400m: 4:38.99	36.92
3.	Richard Ricksen	NIMO	4:52.85	197000841	4:43.35	+0,86		
	50m: 32.09	32.09	150m: 1:43.56	35.85	250m: 2:55.65	36.14	350m: 4:08.37	36.23
	100m: 1:07.71	35.62	200m: 2:19.51	35.95	300m: 3:32.14	36.49	400m: 4:43.35	34.98
4.	René Beetsma	HZ&PC Heerenveen	4:45.57	196900069	4:43.56	+0,79		
	50m: 32.27	32.27	150m: 1:43.16	35.77	250m: 2:55.23	36.03	350m: 4:08.16	36.63
	100m: 1:07.39	35.12	200m: 2:19.20	36.04	300m: 3:31.53	36.30	400m: 4:43.56	35.40
5.	Peter van Grootheest	ZV 44	4:51.83	197000375	4:53.06	+0,91		
	50m: 33.55	33.55	150m: 1:47.34	37.06	250m: 3:02.62	37.67	350m: 4:17.58	37.34
	100m: 1:10.28	36.73	200m: 2:24.95	37.61	300m: 3:40.24	37.62	400m: 4:53.06	35.48
6.	Frank v Nobelen	Sassenheim	5:03.94	196900753	4:57.69	+0,84		
	50m: 33.60	33.60	150m: 1:48.38	37.93	250m: 3:05.66	38.99	350m: 4:21.35	37.05
	100m: 1:10.45	36.85	200m: 2:26.67	38.29	300m: 3:44.30	38.64	400m: 4:57.69	36.34
7.	Christian Dackus	MZ&PC	4:57.89	197201577	4:59.69	+0,78		
	50m: 33.92	33.92	150m: 1:48.78	38.01	250m: 3:05.00	38.15	350m: 4:22.04	38.71
	100m: 1:10.77	36.85	200m: 2:26.85	38.07	300m: 3:43.33	38.33	400m: 4:59.69	37.65
8.	Kees Akershoek	SGGO (SG)	4:59.64	196900009	5:11.81	+0,76		
	50m: 33.80	33.80	150m: 1:49.94	39.41	250m: 3:11.01	40.91	350m: 4:32.59	40.40
	100m: 1:10.53	36.73	200m: 2:30.10	40.16	300m: 3:52.19	41.18	400m: 5:11.81	39.22
9.	Chris Kouwenhoven	De Spatters	5:39.83	197101669	5:26.05	+0,90		
	50m: 36.49	36.49	150m: 2:00.59	42.35	250m: 3:23.38	41.43	350m: 4:46.39	41.15
	100m: 1:18.24	41.75	200m: 2:41.95	41.36	300m: 4:05.24	41.86	400m: 5:26.05	39.66
10.	Marcel Brittijn	De Duinkikkers	5:49.83	196900159	5:52.68	+0,77		
	50m: 36.50	36.50	150m: 2:01.71	44.04	250m: 3:33.57	46.64	350m: 5:08.71	47.90
	100m: 1:17.67	41.17	200m: 2:46.93	45.22	300m: 4:20.81	47.24	400m: 5:52.68	43.97
11.	Bas van Gool	De Geul	6:34.83	197201435	6:32.04	+0,76		
	50m: 39.33	39.33	150m: 2:12.95	48.53	250m: 3:55.78	52.15	350m: 5:41.89	52.71
	100m: 1:24.42	45.09	200m: 3:03.63	50.68	300m: 4:49.18	53.40	400m: 6:32.04	50.15

Masters 50+

1.	Erlend Alstad		IL Varg		4:28.37				4:26.35		+0,79	
	Kampioenschaps Record, Norwegian MR											
	50m:	30.69	30.69	150m:	1:36.78	33.50	250m:	2:44.28	33.94	350m:	3:52.97	34.26
	100m:	1:03.28	32.59	200m:	2:10.34	33.56	300m:	3:18.71	34.43	400m:	4:26.35	33.38
2.	Jo-an Mudde		Zeester-Meerval		4:44.18				196701457		4:44.71	+0,85
	50m:	33.17	33.17	150m:	1:45.09	36.21	250m:	2:57.53	36.22	350m:	4:09.39	35.82
	100m:	1:08.88	35.71	200m:	2:21.31	36.22	300m:	3:33.57	36.04	400m:	4:44.71	35.32
3.	Geert Wijn		De Gelenberg		4:39.54				196701101		4:50.02	+0,74
	50m:	30.99	30.99	150m:	1:41.58	36.13	250m:	2:56.16	37.81	350m:	4:11.86	37.94
	100m:	1:05.45	34.46	200m:	2:18.35	36.77	300m:	3:33.92	37.76	400m:	4:50.02	38.16
4.	Hein Ardenoy		BZK		5:00.76				11031/65		4:59.29	+0,76
	50m:	33.57	33.57	150m:	1:48.62	37.85	250m:	3:05.25	38.21	350m:	4:21.89	38.27
	100m:	1:10.77	37.20	200m:	2:27.04	38.42	300m:	3:43.62	38.37	400m:	4:59.29	37.40
5.	Phil Trethewie		Den Doorn		5:17.15				196501315		5:02.82	+0,85
	50m:	33.92	33.92	150m:	1:49.87	38.67	250m:	3:08.90	39.52	350m:	4:26.09	38.35
	100m:	1:11.20	37.28	200m:	2:29.38	39.51	300m:	3:47.74	38.84	400m:	5:02.82	36.73
6.	Nico Paasse		SGGO (SG)		5:05.91				196501463		5:06.13	+0,93
	50m:	34.18	34.18	150m:	1:51.39	39.43	250m:	3:10.94	40.00	350m:	4:28.83	38.78
	100m:	1:11.96	37.78	200m:	2:30.94	39.55	300m:	3:50.05	39.11	400m:	5:06.13	37.30
7.	Arno Schrauwen		Patrick-De Roersoppers (SG)		5:22.22				196501355		5:08.90	+0,84
	50m:	33.62	33.62	150m:	1:50.18	38.99	250m:	3:10.55	40.33	350m:	4:30.20	39.56
	100m:	1:11.19	37.57	200m:	2:30.22	40.04	300m:	3:50.64	40.09	400m:	5:08.90	38.70
8.	Gert Sikkema		ZIGNEA		4:56.60				196300687		5:09.43	+0,85
	50m:	33.27	33.27	150m:	1:48.88	38.45	250m:	3:07.57	39.63	350m:	4:28.95	41.16
	100m:	1:10.43	37.16	200m:	2:27.94	39.06	300m:	3:47.79	40.22	400m:	5:09.43	40.48
9.	Joost de Kroon		AquAmigos		5:25.33				196400999		5:30.57	+1,13
	50m:	37.15	37.15	150m:	2:00.95	42.80	250m:	3:26.90	43.33	350m:	4:51.27	40.84
	100m:	1:18.15	41.00	200m:	2:43.57	42.62	300m:	4:10.43	43.53	400m:	5:30.57	39.30

Programmanr. 3, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging				inschrijftijd		startnr.		tijd		RT
10.	Jan Smalheer	SCOM				5:32.06		196400701		5:40.39		+0,98
	50m:	35.58	35.58	150m:	1:59.85	42.81	250m:	3:27.76	44.04	350m:	4:56.38	44.11
	100m:	1:17.04	41.46	200m:	2:43.72	43.87	300m:	4:12.27	44.51	400m:	5:40.39	44.01
11.	Adri Pasman 100m*	Zuiderzeewimmers				6:23.73		196400573		6:19.20		+1,21
	50m:	41.71	41.71	150m:	2:17.23	48.89	250m:	3:55.48	49.25	350m:	5:33.48	48.62
	100m:	1:28.34	46.63	200m:	3:06.23	49.00	300m:	4:44.86	49.38	400m:	6:19.20	45.72

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen	4:37.86	195800149	4:35.95	+0,81		
	50m: 30.81	30.81	150m: 1:37.99	34.08	250m: 2:48.20	35.57	350m: 4:00.59	36.62
	100m: 1:03.91	33.10	200m: 2:12.63	34.64	300m: 3:23.97	35.77	400m: 4:35.95	35.36
2.	Johan Remmits	ZPC Woerden	4:35.41	196201159	4:37.50	+0,82		
	50m: 31.51	31.51	150m: 1:41.20	35.31	250m: 2:51.57	34.99	350m: 4:03.34	35.76
	100m: 1:05.89	34.38	200m: 2:16.58	35.38	300m: 3:27.58	36.01	400m: 4:37.50	34.16
3.	Hugo Bregman	Albion d'ELFT (SG)	4:53.57	195800069	4:41.12	+0,74		
	50m: 31.27	31.27	150m: 1:41.72	35.50	250m: 2:53.57	36.20	350m: 4:06.17	36.57
	100m: 1:06.22	34.95	200m: 2:17.37	35.65	300m: 3:29.60	36.03	400m: 4:41.12	34.95
4.	Jan Brink	ZPC De Zeeuwse Kust	4:37.47	196200091	4:41.61	+0,80		
	50m: 30.79	30.79	150m: 1:41.14	35.72	250m: 2:53.88	36.19	350m: 4:07.00	36.44
	100m: 1:05.42	34.63	200m: 2:17.69	36.55	300m: 3:30.56	36.68	400m: 4:41.61	34.61
5.	Gustav van den Berg	TriVia	4:48.50	196100991	4:52.07	+0,80		
	50m: 33.30	33.30	150m: 1:46.89	37.26	250m: 3:01.76	37.22	350m: 4:15.95	37.01
	100m: 1:09.63	36.33	200m: 2:24.54	37.65	300m: 3:38.94	37.18	400m: 4:52.07	36.12
6.	Marius Ros	ZCNF'34	5:14.79	195900779	5:12.23	+0,85		
	50m: 37.52	37.52	150m: 1:56.79	39.66	250m: 3:16.25	39.65	350m: 4:34.59	39.04
	100m: 1:17.13	39.61	200m: 2:36.60	39.81	300m: 3:55.55	39.30	400m: 5:12.23	37.64
7.	Eric Langhorst	De Rijn	5:37.58	196200389	5:30.01	+0,97		
	50m: 37.16	37.16	150m: 2:00.99	42.30	250m: 3:26.68	42.39	350m: 4:49.81	41.11
	100m: 1:18.69	41.53	200m: 2:44.29	43.30	300m: 4:08.70	42.02	400m: 5:30.01	40.20
8.	Ronald van Ginneken	Old Dutch	5:50.77	196100827	5:41.67	+1,06		
	50m: 36.15	36.15	150m: 2:01.63	43.86	250m: 3:28.87	43.64	350m: 4:57.57	44.69
	100m: 1:17.77	41.62	200m: 2:45.23	43.60	300m: 4:12.88	44.01	400m: 5:41.67	44.10
9.	Bart van Calker	WS Twente	5:52.67	196100067	5:48.92	+0,91		
	50m: 39.20	39.20	150m: 2:06.23	44.23	250m: 3:35.77	44.77	350m: 5:05.95	45.30
	100m: 1:22.00	42.80	200m: 2:51.00	44.77	300m: 4:20.65	44.88	400m: 5:48.92	42.97
10.	Jack Barends	WS Twente	5:58.08	196201011	6:00.03	+0,91		
	50m: 40.85	40.85	150m: 2:11.69	45.95	250m: 3:43.30	45.71	350m: 5:13.97	45.45
	100m: 1:25.74	44.89	200m: 2:57.59	45.90	300m: 4:28.52	45.22	400m: 6:00.03	46.06
11.	Filip Timmermans	ShaRK	6:24.43	10163/60	6:28.36	+0,99		
	50m: 42.18	42.18	150m: 2:16.83	48.40	250m: 3:55.78	49.99	350m: 5:37.76	52.04
	100m: 1:28.43	46.25	200m: 3:05.79	48.96	300m: 4:45.72	49.94	400m: 6:28.36	50.60

Masters 60+

1.	Paul Bunnik	Triton				5:28.89	195600413				5:27.30	+0,93	
		50m:	34.44	34.44	150m:	1:54.75	41.46	250m:	3:19.78	42.70	350m:	4:45.45	42.67
		100m:	1:13.29	38.85	200m:	2:37.08	42.33	300m:	4:02.78	43.00	400m:	5:27.30	41.85
2.	Henk Slomp	De Inktvis				5:28.48	195500359				5:32.15	+0,91	
		50m:	36.29	36.29	150m:	2:00.42	42.63	250m:	3:26.09	43.07	350m:	4:50.97	41.83
		100m:	1:17.79	41.50	200m:	2:43.02	42.60	300m:	4:09.14	43.05	400m:	5:32.15	41.18
3.	Lex Hoogendam	ZZ&PC De Devel				5:57.42	195700541				5:53.59	+0,89	
		50m:	38.55	38.55	150m:	2:06.99	44.93	250m:	3:38.52	45.45	350m:	5:09.04	45.08
		100m:	1:22.06	43.51	200m:	2:53.07	46.08	300m:	4:23.96	45.44	400m:	5:53.59	44.55
4.	Dré Klaassen	ZOB'66				6:50.34	195600141				6:51.54	+1,03	
		50m:	45.01	45.01	150m:	2:27.36	52.23	250m:	4:13.19	53.66	350m:	5:59.82	53.53
		100m:	1:35.13	50.12	200m:	3:19.53	52.17	300m:	5:06.29	53.10	400m:	6:51.54	51.72

Programmanr. 3, Heren, 400m vrije slag
Masters 65+

1.	Brend Brevé	PSV				5:21.44	195200265		5:23.73		+0,71		
		50m:	36.08	36.08	150m:	1:58.81	41.74	250m:	3:21.38	40.97	350m:	4:44.12	41.47
		100m:	1:17.07	40.99	200m:	2:40.41	41.60	300m:	4:02.65	41.27	400m:	5:23.73	39.61
2.	Wout Hemmes	De Plons				5:48.60	194800059		6:03.20 *		+0,93		
		50m:	38.80	38.80	150m:	2:10.53	46.88	250m:	3:44.14	46.51	350m:	5:18.04	47.21
		100m:	1:23.65	44.85	200m:	2:57.63	47.10	300m:	4:30.83	46.69	400m:	6:03.20	45.16
3.	Hilbert Prins	OEZA				6:12.45	195100223		6:18.22		+0,99		
		50m:	41.65	41.65	150m:	2:16.46	48.07	250m:	3:54.18	49.15	350m:	5:31.49	48.83
		100m:	1:28.39	46.74	200m:	3:05.03	48.57	300m:	4:42.66	48.48	400m:	6:18.22	46.73
4.	Ludwig Lorenz	SG Gladbeck/Recklinghausen				6:37.64	127866		6:34.87		+1,10		
		50m:	46.55	46.55	150m:	2:27.94	50.15	250m:	4:10.34	50.51	350m:	5:48.74	48.71
		100m:	1:37.79	51.24	200m:	3:19.83	51.89	300m:	5:00.03	49.69	400m:	6:34.87	46.13

Masters 70+

1.	Rob Hanou	PSV				6:24.46	194300109				6:17.87	+1,12	
		50m:	41.28	41.28	150m:	2:18.00	49.20	250m:	3:55.83	48.81	350m:	5:32.80	48.25
		100m:	1:28.80	47.52	200m:	3:07.02	49.02	300m:	4:44.55	48.72	400m:	6:17.87	45.07
2.	Willem Putter	ZVVS				6:26.72	194500135				6:33.25	+1,03	
		50m:	42.38	42.38	150m:	2:20.00	49.83	250m:	4:02.21	50.93	350m:	5:43.88	50.75
		100m:	1:30.17	47.79	200m:	3:11.28	51.28	300m:	4:53.13	50.92	400m:	6:33.25	49.37
3.	Viktoras Snieska <i>Lithuanian MR</i>	Kauno Takas				6:49.38					6:40.93	+1,04	
		50m:	45.33	45.33	150m:	2:24.16	50.31	250m:	4:06.68	51.58	350m:	5:50.58	51.83
		100m:	1:33.85	48.52	200m:	3:15.10	50.94	300m:	4:58.75	52.07	400m:	6:40.93	50.35
4.	Pieter Schillemans	WZ&PC Purmerend				6:49.43	194600141				6:50.43	+1,17	
		50m:	43.91	43.91	150m:	2:25.11	52.10	250m:	4:11.03	52.96	350m:	5:58.58	53.53
		100m:	1:33.01	49.10	200m:	3:18.07	52.96	300m:	5:05.05	54.02	400m:	6:50.43	51.85

Masters 75+

1.	Frederik Hendrik De Bruijn	CN Aquamasters	6:07.91	0X0345415	6:24.40	+1,35		
	50m: 45.24	45.24	150m: 2:21.24	48.40	250m: 4:00.13	49.66	350m: 5:37.80	48.97
	100m: 1:32.84	47.60	200m: 3:10.47	49.23	300m: 4:48.83	48.70	400m: 6:24.40	46.60
2.	Frans van Enst	WS Twente	6:44.75	194000011	6:37.58	+1,08		
	50m: 41.47	41.47	150m: 2:22.98	52.07	250m: 4:06.14	51.30	350m: 5:47.06	49.74
	100m: 1:30.91	49.44	200m: 3:14.84	51.86	300m: 4:57.32	51.18	400m: 6:37.58	50.52
3.	Geza Kaltenecker	AZC	6:46.51	194200065	6:59.98	+0,90		
	50m: 44.00	44.00	150m: 2:28.28	53.41	250m: 4:19.51	55.88	350m: 6:10.21	55.49
	100m: 1:34.87	50.87	200m: 3:23.63	55.35	300m: 5:14.72	55.21	400m: 6:59.98	49.77
4.	Rudolf Degenaar	PSV	7:52.11	193900033	8:35.25			
	50m: 55.34	55.34	150m: 3:11.66	1:08.78	250m: 5:22.35	1:05.50	350m: 7:33.24	1:04.44
	100m: 2:02.88	1:07.54	200m: 4:16.85	1:05.19	300m: 6:28.80	1:06.45	400m: 8:35.25	1:02.01

Masters 80+

1. Gregor Pompen	Aqua-Novio'94			7:43.06		193700021		7:46.67		+1,24	
<i>Nederlands Masters Record</i>											
50m:	52.37	52.37	150m:	2:48.46	58.95	250m:	4:48.26	1:00.11	350m:	6:49.46	1:01.06
100m:	1:49.51	57.14	200m:	3:48.15	59.69	300m:	5:48.40	1:00.14	400m:	7:46.67	57.21

Programmanr. 4
20-01-2017 - 10:07

Dames, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging				inschrijftijd		startnr.		tijd		RT
Masters 20+												
1.	Madelon Dijkstra	ZPCH				4:25.32		199703510		4:27.80		+0,77
	50m: 29.69	29.69	150m: 1:35.74	33.78	250m: 2:44.51	34.51	350m: 3:53.76	34.44				
	100m: 1:01.96	32.27	200m: 2:10.00	34.26	300m: 3:19.32	34.81	400m: 4:27.80	34.04				
2.	Tamara Grove	De Dolfijn				4:29.97		199601266		4:30.80		+0,72
	50m: 29.94	29.94	150m: 1:37.55	34.37	250m: 2:46.49	34.34	350m: 3:56.61	35.04				
	100m: 1:03.18	33.24	200m: 2:12.15	34.60	300m: 3:21.57	35.08	400m: 4:30.80	34.19				
3.	Jamilla van Veen	ZPC Woerden				4:33.45		199603192		4:32.11		+0,74
	50m: 30.18	30.18	150m: 1:38.53	34.50	250m: 2:48.06	34.89	350m: 3:58.21	34.89				
	100m: 1:04.03	33.85	200m: 2:13.17	34.64	300m: 3:23.32	35.26	400m: 4:32.11	33.90				
4.	Manon van Esch	TRB-RES				4:38.54		199702090		4:35.29		+0,60
	50m: 30.95	30.95	150m: 1:39.62	34.60	250m: 2:49.83	35.14	350m: 4:01.08	35.70				
	100m: 1:05.02	34.07	200m: 2:14.69	35.07	300m: 3:25.38	35.55	400m: 4:35.29	34.21				
5.	Kimberly Mijnen	WZ&PC Purmerend				4:42.74		199503644		4:42.41		+0,73
	50m: 31.05	31.05	150m: 1:41.40	35.57	250m: 2:53.85	35.87	350m: 4:07.26	36.90				
	100m: 1:05.83	34.78	200m: 2:17.98	36.58	300m: 3:30.36	36.51	400m: 4:42.41	35.15				
6.	Janine de Groot	Nova				4:54.10		199500092		4:49.48		+0,86
	50m: 31.67	31.67	150m: 1:42.57	35.87	250m: 2:56.33	37.08	350m: 4:12.40	38.26				
	100m: 1:06.70	35.03	200m: 2:19.25	36.68	300m: 3:34.14	37.81	400m: 4:49.48	37.08				
7.	Fiona Meuffels	RZ				4:55.29		199504366		4:49.91		+0,74
	50m: 31.35	31.35	150m: 1:42.96	36.21	250m: 2:58.00	37.77	350m: 4:14.34	37.85				
	100m: 1:06.75	35.40	200m: 2:20.23	37.27	300m: 3:36.49	38.49	400m: 4:49.91	35.57				
8.	Chantal Beijer	DWT				4:54.89		199700884		4:53.70		+0,71
	50m: 31.78	31.78	150m: 1:45.40	37.68	250m: 3:01.80	38.29	350m: 4:17.66	37.91				
	100m: 1:07.72	35.94	200m: 2:23.51	38.11	300m: 3:39.75	37.95	400m: 4:53.70	36.04				
9.	Moniek Heemskerk	LZ 1886				4:54.82		199601964		4:55.66		+0,70
	50m: 33.10	33.10	150m: 1:46.98	37.26	250m: 3:02.18	37.75	350m: 4:18.41	38.27				
	100m: 1:09.72	36.62	200m: 2:24.43	37.45	300m: 3:40.14	37.96	400m: 4:55.66	37.25				
10.	Chantal van der Horst	De Meer				4:56.94		199400616		4:56.58		+0,79
	50m: 33.25	33.25	150m: 1:46.55	37.07	250m: 3:02.49	38.30	350m: 4:19.35	38.42				
	100m: 1:09.48	36.23	200m: 2:24.19	37.64	300m: 3:40.93	38.44	400m: 4:56.58	37.23				
11.	Lotte Coenen	Hydrofiel				5:08.74		199301518		4:58.32		+0,81
	50m: 31.96	31.96	150m: 1:44.61	36.94	250m: 3:00.72	38.50	350m: 4:19.19	39.25				
	100m: 1:07.67	35.71	200m: 2:22.22	37.61	300m: 3:39.94	39.22	400m: 4:58.32	39.13				
12.	Maike Korthout	TRB-RES				5:01.35		199406034		4:58.65		+0,69
	50m: 34.05	34.05	150m: 1:50.07	38.78	250m: 3:06.19	37.67	350m: 4:21.63	37.73				
	100m: 1:11.29	37.24	200m: 2:28.52	38.45	300m: 3:43.90	37.71	400m: 4:58.65	37.02				
13.	Sarina Paulussen	RZ				5:25.67		199307426		5:24.03		+0,69
	50m: 33.07	33.07	150m: 1:53.41	41.03	250m: 3:18.17	42.50	350m: 4:43.40	42.74				
	100m: 1:12.38	39.31	200m: 2:35.67	42.26	300m: 4:00.66	42.49	400m: 5:24.03	40.63				
14.	Sanne de Roo	ZZ&PC De Devel				5:26.77		199501934		5:34.03		+0,77
	50m: 36.75	36.75	150m: 1:57.92	41.42	250m: 3:23.38	42.95	350m: 4:50.51	43.93				
	100m: 1:16.50	39.75	200m: 2:40.43	42.51	300m: 4:06.58	43.20	400m: 5:34.03	43.52				
15.	Charine de Ruiter	Steenwijk 1934				5:28.92		199403668		5:35.68		+0,85
	50m: 36.08	36.08	150m: 1:57.37	41.64	250m: 3:23.86	43.55	350m: 4:51.90	43.93				
	100m: 1:15.73	39.65	200m: 2:40.31	42.94	300m: 4:07.97	44.11	400m: 5:35.68	43.78				
16.	Naomi van Gool	LINK				5:26.52		199505166		5:39.30		+0,73
	50m: 34.91	34.91	150m: 1:57.39	42.24	250m: 3:25.07	44.16	350m: 4:54.33	45.27				
	100m: 1:15.15	40.24	200m: 2:40.91	43.52	300m: 4:09.06	43.99	400m: 5:39.30	44.97				
17.	Rebecca van Eeren	SCOM				5:55.95		199306910		5:57.79		+0,85
	50m: 38.11	38.11	150m: 2:04.23	43.97	250m: 3:35.91	46.17	350m: 5:10.65	47.72				
	100m: 1:20.26	42.15	200m: 2:49.74	45.51	300m: 4:22.93	47.02	400m: 5:57.79	47.14				

Programmanr. 4, Dames, 400m vrije slag
Masters 25+

1.	Maaïke Vooren	DAW	4:38.15	199103324	4:38.32	+0,80		
	50m: 31.58	31.58	150m: 1:41.67	35.40	250m: 2:52.03	35.06	350m: 4:03.10	35.67
	100m: 1:06.27	34.69	200m: 2:16.97	35.30	300m: 3:27.43	35.40	400m: 4:38.32	35.22
2.	Yvon Versteeg	De Veene	4:37.51	199201864	4:43.51	+0,72		
	50m: 31.32	31.32	150m: 1:42.13	35.96	250m: 2:55.15	36.86	350m: 4:08.43	35.65
	100m: 1:06.17	34.85	200m: 2:18.29	36.16	300m: 3:32.78	37.63	400m: 4:43.51	35.08
3.	Wendan Poelstra	TriVia	4:38.93	199102496	4:45.51	+0,71		
	50m: 31.87	31.87	150m: 1:42.13	35.39	250m: 2:54.09	36.03	350m: 4:08.30	37.54
	100m: 1:06.74	34.87	200m: 2:18.06	35.93	300m: 3:30.76	36.67	400m: 4:45.51	37.21
4.	Fraukje Puts	HZ&PC Heerenveen	4:43.67	199206470	4:49.11	+0,81		
	50m: 32.10	32.10	150m: 1:43.45	36.15	250m: 2:57.78	37.23	350m: 4:12.31	36.93
	100m: 1:07.30	35.20	200m: 2:20.55	37.10	300m: 3:35.38	37.60	400m: 4:49.11	36.80
5.	Désirée Emmen	De Warande	4:47.98	199204862	4:49.40	+0,63		
	50m: 32.13	32.13	150m: 1:44.25	36.52	250m: 2:58.04	37.14	350m: 4:12.71	37.13
	100m: 1:07.73	35.60	200m: 2:20.90	36.65	300m: 3:35.58	37.54	400m: 4:49.40	36.69
6.	Wendy de Bruin	ZOB'66	4:55.31	199206320	4:52.16	+0,63		
	50m: 32.27	32.27	150m: 1:44.25	36.68	250m: 2:59.21	37.72	350m: 4:15.35	38.08
	100m: 1:07.57	35.30	200m: 2:21.49	37.24	300m: 3:37.27	38.06	400m: 4:52.16	36.81
7.	Karin Simons	WZK Zwemmen	5:05.72	198903804	5:02.49	+0,74		
	50m: 32.73	32.73	150m: 1:48.04	38.18	250m: 3:05.66	38.78	350m: 4:24.34	39.38
	100m: 1:09.86	37.13	200m: 2:26.88	38.84	300m: 3:44.96	39.30	400m: 5:02.49	38.15
8.	Mandy Verbakel	ZPC Woerden	5:03.01	199003908	5:03.87	+0,86		
	50m: 34.11	34.11	150m: 1:49.86	38.43	250m: 3:07.29	38.77	350m: 4:26.18	39.37
	100m: 1:11.43	37.32	200m: 2:28.52	38.66	300m: 3:46.81	39.52	400m: 5:03.87	37.69
9.	Linda Janssen	ZPB H&L Productions	5:09.73	198802088	5:04.28	+0,73		
	50m: 35.19	35.19	150m: 1:50.72	38.18	250m: 3:08.87	38.99	350m: 4:26.71	38.72
	100m: 1:12.54	37.35	200m: 2:29.88	39.16	300m: 3:47.99	39.12	400m: 5:04.28	37.57
10.	Anne Bavelaar	PSV	5:38.01	199108240	5:23.00	+0,80		
	50m: 36.07	36.07	150m: 1:57.56	41.27	250m: 3:20.76	41.55	350m: 4:44.15	41.62
	100m: 1:16.29	40.22	200m: 2:39.21	41.65	300m: 4:02.53	41.77	400m: 5:23.00	38.85
11.	Ilse Blankvoort	Steenwijk 1934	5:40.48	199204458	5:30.62	+0,90		
	50m: 35.76	35.76	150m: 1:56.00	40.66	250m: 3:19.97	42.43	350m: 4:47.78	44.34
	100m: 1:15.34	39.58	200m: 2:37.54	41.54	300m: 4:03.44	43.47	400m: 5:30.62	42.84
12.	Marjan Rikken	ZVV	5:34.48	199206114	5:31.79	+0,85		
	50m: 37.00	37.00	150m: 1:59.71	42.09	250m: 3:24.98	42.72	350m: 4:50.49	42.54
	100m: 1:17.62	40.62	200m: 2:42.26	42.55	300m: 4:07.95	42.97	400m: 5:31.79	41.30
13.	Vivian Brak	ZPC Woerden	5:22.93	199000520	S14 5:36.91	+0,81		
	50m: 36.63	36.63	150m: 2:00.22	42.64	250m: 3:27.64	44.15	350m: 4:56.47	43.84
	100m: 1:17.58	40.95	200m: 2:43.49	43.27	300m: 4:12.63	44.99	400m: 5:36.91	40.44
14.	Whitley Rens	SGGO (SG)	5:40.57	199007520	5:59.45	+0,84		
	50m: 39.28	39.28	150m: 2:07.57	45.01	250m: 3:40.44	46.70	350m: 5:14.59	47.06
	100m: 1:22.56	43.28	200m: 2:53.74	46.17	300m: 4:27.53	47.09	400m: 5:59.45	44.86
15.	Rachelle Hellenbrand	PSV	6:03.30	199101204	6:29.74	+0,95		
	50m: 39.40	39.40	150m: 2:14.02	49.16	250m: 3:56.61	52.54	350m: 5:40.58	52.24
	100m: 1:24.86	45.46	200m: 3:04.07	50.05	300m: 4:48.34	51.73	400m: 6:29.74	49.16
DIS	Danila van den Hoogenband	Nuenen	5:06.06	199001558				
	AA - Gestart voor het startsignaal (en wel gezwommen).							

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 30+

1.	Sabina Martinez Leon	CN Aquamasters				4:54.57	039737906			4:45.20	+0,88		
		50m:	33.68	33.68	150m:	1:45.21	36.03	250m:	2:57.65	36.18	350m:	4:10.05	36.30
		100m:	1:09.18	35.50	200m:	2:21.47	36.26	300m:	3:33.75	36.10	400m:	4:45.20	35.15
2.	Nadya Putter	ZVVS				4:50.47	198301630			4:56.48	+0,72		
		50m:	34.02	34.02	150m:	1:47.40	36.99	250m:	3:02.41	37.46	350m:	4:18.71	38.42
		100m:	1:10.41	36.39	200m:	2:24.95	37.55	300m:	3:40.29	37.88	400m:	4:56.48	37.77
3.	Ramona Linting	AZC				5:02.23	198301274			4:56.70	+0,76		
		50m:	32.33	32.33	150m:	1:46.38	38.12	250m:	3:02.89	38.57	350m:	4:18.59	37.29
		100m:	1:08.26	35.93	200m:	2:24.32	37.94	300m:	3:41.30	38.41	400m:	4:56.70	38.11
4.	Denise de Riet	ZZ&PC De Devel				5:04.57	198402040			5:01.48	+0,94		
		50m:	33.51	33.51	150m:	1:48.01	37.60	250m:	3:04.97	38.83	350m:	4:23.45	39.29
		100m:	1:10.41	36.90	200m:	2:26.14	38.13	300m:	3:44.16	39.19	400m:	5:01.48	38.03

Programmanr. 4, Dames, 400m vrije slag, Masters 30+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT
5.	Pauline Tieleman	AquAmigos		4:54.84		198403348		5:17.91		+0,82
	50m: 34.99	34.99	150m: 1:53.54	39.75	250m: 3:14.75	40.72	350m: 4:37.09	41.61		
	100m: 1:13.79	38.80	200m: 2:34.03	40.49	300m: 3:55.48	40.73	400m: 5:17.91	40.82		
6.	Angela Giezen	Montferland		6:02.29		198302796		5:35.68		+0,98
	50m: 35.93	35.93	150m: 1:58.21	42.09	250m: 3:26.07	44.99	350m: 4:53.75	43.59		
	100m: 1:16.12	40.19	200m: 2:41.08	42.87	300m: 4:10.16	44.09	400m: 5:35.68	41.93		
7.	Hoy Lin Moo	MZ&PC		5:36.92		198302898		5:36.38		+0,88
	50m: 37.56	37.56	150m: 2:01.24	42.06	250m: 3:26.68	42.91	350m: 4:53.82	43.86		
	100m: 1:19.18	41.62	200m: 2:43.77	42.53	300m: 4:09.96	43.28	400m: 5:36.38	42.56		
8.	Aafke Groot	De Geul		5:56.23		198302748		5:57.18		+0,98
	50m: 38.87	38.87	150m: 2:09.15	45.99	250m: 3:41.03	46.49	350m: 5:13.17	46.20		
	100m: 1:23.16	44.29	200m: 2:54.54	45.39	300m: 4:26.97	45.94	400m: 5:57.18	44.01		
9.	Fabienne Jeukens	Zwemvereniging Hoogland		6:11.08		198401156		6:08.34		+0,89
	50m: 38.65	38.65	150m: 2:10.96	47.10	250m: 3:46.17	47.28	350m: 5:22.31	47.90		
	100m: 1:23.86	45.21	200m: 2:58.89	47.93	300m: 4:34.41	48.24	400m: 6:08.34	46.03		
AFGEM	Liset de Veer	Aqua-Novio'94		5:28.72		198704190				

Masters 35+

1.	Yvonne Gerritsen	WVZ	5:15.41	198000342	5:14.36	+0,83		
	50m: 34.55	34.55	150m: 1:52.68	39.64	250m: 3:12.91	40.34	350m: 4:34.66	41.08
	100m: 1:13.04	38.49	200m: 2:32.57	39.89	300m: 3:53.58	40.67	400m: 5:14.36	39.70
2.	Agnes van Brug	DAW	5:19.75	198001726	5:21.74	+0,87		
	50m: 36.52	36.52	150m: 1:57.77	40.99	250m: 3:20.35	41.09	350m: 4:43.03	41.11
	100m: 1:16.78	40.26	200m: 2:39.26	41.49	300m: 4:01.92	41.57	400m: 5:21.74	38.71
3.	Chantal Verhoeff	Old Dutch	5:20.21	197900912	5:21.75	+0,87		
	50m: 35.30	35.30	150m: 1:56.96	41.62	250m: 3:20.66	41.79	350m: 4:42.49	40.68
	100m: 1:15.34	40.04	200m: 2:38.87	41.91	300m: 4:01.81	41.15	400m: 5:21.75	39.26
4.	Martine de Haart	Patrick-De Roersoppers (SG)	5:40.62	197901492	5:31.62	+0,82		
	50m: 37.24	37.24	150m: 1:59.92	41.49	250m: 3:24.32	42.31	350m: 4:49.86	42.99
	100m: 1:18.43	41.19	200m: 2:42.01	42.09	300m: 4:06.87	42.55	400m: 5:31.62	41.76
5.	Inge Hornis	Zwemlust-den Hommel	5:35.70	197900364	5:35.73	+0,93		
	50m: 35.81	35.81	150m: 1:57.31	42.14	250m: 3:24.24	43.76	350m: 4:53.33	44.62
	100m: 1:15.17	39.36	200m: 2:40.48	43.17	300m: 4:08.71	44.47	400m: 5:35.73	42.40
6.	C. van der Straate de Jong	Old Dutch	5:33.53	198001750	5:42.55	+0,95		
	50m: 38.11	38.11	150m: 2:03.28	43.11	250m: 3:31.08	44.09	350m: 4:59.50	43.93
	100m: 1:20.17	42.06	200m: 2:46.99	43.71	300m: 4:15.57	44.49	400m: 5:42.55	43.05
7.	Cindy Hillekens	AquAmigos	6:24.83	197801324	6:24.19	+1,07		
	50m: 42.42	42.42	150m: 2:18.62	48.67	250m: 3:57.35	49.60	350m: 5:36.21	49.26
	100m: 1:29.95	47.53	200m: 3:07.75	49.13	300m: 4:46.95	49.60	400m: 6:24.19	47.98
8.	Sandra van der Helm	De Rog	6:34.08	197801340	6:34.31	+0,81		
	50m: 43.48	43.48	150m: 2:22.00	50.22	250m: 4:04.19	51.52	350m: 5:46.78	51.13
	100m: 1:31.78	48.30	200m: 3:12.67	50.67	300m: 4:55.65	51.46	400m: 6:34.31	47.53
9.	Rianne van Vegchelen	ZV 44	6:43.35	198101530	6:36.91	+1,12		
	50m: 44.13	44.13	150m: 2:24.05	50.03	250m: 4:05.26	51.89	350m: 5:48.20	51.70
	100m: 1:34.02	49.89	200m: 3:13.37	49.32	300m: 4:56.50	51.24	400m: 6:36.91	48.71
DIS	Natascha Hartman	PSV	6:06.11	198101780				
	AF - De aangegeven afstand niet uitgezwommen.							

AF - De aangegeven afstand niet uitgezwommen.

Masters 40+

1.	Liselotte Joling	PSV	4:47.54	197500268	4:46.66	+0,90		
	50m: 33.07	33.07	150m: 1:45.36	36.54	250m: 2:58.12	35.86	350m: 4:11.19	36.38
	100m: 1:08.82	35.75	200m: 2:22.26	36.90	300m: 3:34.81	36.69	400m: 4:46.66	35.47
2.	Jannie Vennik	HZ&PC Heerenveen	5:39.59	197601006	5:31.52	+0,93		
	50m: 37.79	37.79	150m: 1:59.83	41.54	250m: 3:22.96	41.61	350m: 4:48.46	43.04
	100m: 1:18.29	40.50	200m: 2:41.35	41.52	300m: 4:05.42	42.46	400m: 5:31.52	43.06
3.	Pascalie Janssen	Patrick-De Roersoppers (SG)	5:48.48	197300852	5:45.35	+0,92		
	50m: 36.72	36.72	150m: 2:03.34	44.13	250m: 3:32.49	44.71	350m: 5:02.28	45.12
	100m: 1:19.21	42.49	200m: 2:47.78	44.44	300m: 4:17.16	44.67	400m: 5:45.35	43.07
4.	Marian Nederlof	De Geul	5:37.27	197600950	5:57.68	+0,84		
	50m: 38.10	38.10	150m: 2:05.26	44.43	250m: 3:36.95	45.98	350m: 5:11.21	47.30
	100m: 1:20.83	42.73	200m: 2:50.97	45.71	300m: 4:23.91	46.96	400m: 5:57.68	46.47

Programmanr. 4, Dames, 400m vrije slag, Masters 40+

rang	naam			vereniging		inschrijftijd		startnr.		tijd		RT
5.	Inge Lolkema-Soeters			Steenwijk 1934		6:33.41		197300934		6:26.41		+0,91
	50m:	41.93	41.93	150m:	2:17.76	48.67	250m:	3:58.17	50.00	350m:	5:38.22	49.65
	100m:	1:29.09	47.16	200m:	3:08.17	50.41	300m:	4:48.57	50.40	400m:	6:26.41	48.19
6.	Clementine van Bruxvoort			ZPB H&L Productions		6:46.09		197700138		6:49.38		+0,88
	50m:	44.79	44.79	150m:	2:26.32	51.58	250m:	4:10.72	52.53	350m:	5:57.49	53.41
	100m:	1:34.74	49.95	200m:	3:18.19	51.87	300m:	5:04.08	53.36	400m:	6:49.38	51.89

Masters 45+

1.	Heidi den Boer	LINK	4:59.84	196900864	4:56.97	+0,78		
	50m: 33.24	33.24	150m: 1:46.47	37.19	250m: 3:02.14	37.93	350m: 4:18.96	38.15
	100m: 1:09.28	36.04	200m: 2:24.21	37.74	300m: 3:40.81	38.67	400m: 4:56.97	38.01
2.	Evelien van Klaarbergen	HZ&PC Heerenveen	5:10.20	197200964	5:00.30	+0,76		
	50m: 33.64	33.64	150m: 1:47.89	37.14	250m: 3:03.88	38.37	350m: 4:22.08	39.33
	100m: 1:10.75	37.11	200m: 2:25.51	37.62	300m: 3:42.75	38.87	400m: 5:00.30	38.22
3.	Annette de Visser	Oceanus	5:04.80	197100602	5:06.41	+0,86		
	50m: 33.83	33.83	150m: 1:49.75	38.38	250m: 3:08.69	39.61	350m: 4:28.07	39.61
	100m: 1:11.37	37.54	200m: 2:29.08	39.33	300m: 3:48.46	39.77	400m: 5:06.41	38.34
4.	Marion Broekhuis	WS Twente	5:41.43	196800060	5:40.53	+0,76		
	50m: 37.95	37.95	150m: 2:02.71	43.06	250m: 3:29.84	43.82	350m: 4:58.05	44.03
	100m: 1:19.65	41.70	200m: 2:46.02	43.31	300m: 4:14.02	44.18	400m: 5:40.53	42.48
5.	Inken Wemheuer	DWT	5:55.99	197101016	5:42.60	+0,84		
	50m: 38.14	38.14	150m: 2:03.46	43.51	250m: 3:32.23	44.33	350m: 5:00.99	44.68
	100m: 1:19.95	41.81	200m: 2:47.90	44.44	300m: 4:16.31	44.08	400m: 5:42.60	41.61
6.	Marijke Campfens	De Geul	5:56.01	196900960	5:42.70	+0,76		
	50m: 37.09	37.09	150m: 2:00.92	42.99	250m: 3:29.99	44.84	350m: 4:59.55	44.88
	100m: 1:17.93	40.84	200m: 2:45.15	44.23	300m: 4:14.67	44.68	400m: 5:42.70	43.15
7.	Renata Gadliauskiene	Kauno Takas	6:11.04		5:47.11	+0,96		
	50m: 38.21	38.21	150m: 2:04.42	44.12	250m: 3:34.47	45.13	350m: 5:03.73	44.39
	100m: 1:20.30	42.09	200m: 2:49.34	44.92	300m: 4:19.34	44.87	400m: 5:47.11	43.38
8.	Peggi Hurenkamp	HZ&PC Heerenveen	6:05.84	196900922	5:57.38	+0,83		
	50m: 38.91	38.91	150m: 2:06.58	44.83	250m: 3:38.17	45.98	350m: 5:11.11	46.57
	100m: 1:21.75	42.84	200m: 2:52.19	45.61	300m: 4:24.54	46.37	400m: 5:57.38	46.27
9.	Annet Kootstra	Swol 1894	5:55.20	197100344	5:59.73	+0,84		
	50m: 40.16	40.16	150m: 2:10.44	45.75	250m: 3:43.06	46.58	350m: 5:15.06	45.87
	100m: 1:24.69	44.53	200m: 2:56.48	46.04	300m: 4:29.19	46.13	400m: 5:59.73	44.67
10.	Karin Frederix	Old Dutch	6:09.66	196901044	6:15.40	+1,09		
	50m: 41.26	41.26	150m: 2:15.92	48.30	250m: 3:53.49	48.63	350m: 5:29.71	48.15
	100m: 1:27.62	46.36	200m: 3:04.86	48.94	300m: 4:41.56	48.07	400m: 6:15.40	45.69
11.	Evelien Breman-Alers	Nautilus	6:37.01	197200878	6:38.99	+0,83		
	50m: 41.27	41.27	150m: 2:17.75	49.91	250m: 4:02.11	52.66	350m: 5:47.98	52.23
	100m: 1:27.84	46.57	200m: 3:09.45	51.70	300m: 4:55.75	53.64	400m: 6:38.99	51.01

Masters 50+

1.	Wilna Heijman	Steenwijk 1934				5:21.92	196400506				5:21.27	+0,81				
		50m:	36.58	36.58	150m:		1:57.44	40.92	250m:	3:19.52			40.97	350m:	4:41.69	40.92
		100m:	1:16.52	39.94	200m:		2:38.55	41.11	300m:	4:00.77			41.25	400m:	5:21.27	39.58
2.	Petra Casteleijn	ZPC AMERSFOORT				5:28.70	196600098				5:27.01	+0,89				
		50m:	35.92	35.92	150m:		1:57.55	41.38	250m:	3:21.39			41.86	350m:	4:45.74	42.38
		100m:	1:16.17	40.25	200m:		2:39.53	41.98	300m:	4:03.36			41.97	400m:	5:27.01	41.27
3.	Jolanta Duleviciene	Kauno Takas				5:32.29					5:31.25	+0,80				
		50m:	36.88	36.88	150m:		1:58.88	41.82	250m:	3:24.55			43.02	350m:	4:50.83	43.29
		100m:	1:17.06	40.18	200m:		2:41.53	42.65	300m:	4:07.54			42.99	400m:	5:31.25	40.42
4.	Jacqueline Rolloos-Bakkers	De Lansingh				5:44.39	196300222				5:36.52	+0,99				
		50m:	37.52	37.52	150m:		2:03.18	43.55	250m:	3:30.13			43.19	350m:	4:55.44	42.36
		100m:	1:19.63	42.11	200m:		2:46.94	43.76	300m:	4:13.08			42.95	400m:	5:36.52	41.08
5.	Jeannette Ruesink	WS Twente				5:33.83	196300212				5:36.55	+0,76				
		50m:	38.12	38.12	150m:		2:01.79	42.63	250m:	3:27.74			42.93	350m:	4:54.26	43.37
		100m:	1:19.16	41.04	200m:		2:44.81	43.02	300m:	4:10.89			43.15	400m:	5:36.55	42.29
6.	Teodora König	TSV Vorhalle				5:26.37	075148				5:37.10	+0,91				
		50m:	37.24	37.24	150m:		2:01.80	42.88	250m:	3:28.33			43.44	350m:	4:55.27	43.55
		100m:	1:18.92	41.68	200m:		2:44.89	43.09	300m:	4:11.72			43.39	400m:	5:37.10	41.83

Programmanr. 4, Dames, 400m vrije slag, Masters 50+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
7.	Theresa Walsh	MZ&PC		5:54.64		196700726		5:49.24		+1,03		
	50m:	37.40	37.40	150m:	2:03.10	43.73	250m:	3:32.75	45.10	350m:	5:04.13	46.08
	100m:	1:19.37	41.97	200m:	2:47.65	44.55	300m:	4:18.05	45.30	400m:	5:49.24	45.11
8.	Hetty Smalheer	SCOM		6:11.74		196700352		6:38.13		+1,01		
	50m:	41.94	41.94	150m:	2:19.50	49.93	250m:	4:01.97	50.95	350m:	5:46.93	51.99
	100m:	1:29.57	47.63	200m:	3:11.02	51.52	300m:	4:54.94	52.97	400m:	6:38.13	51.20
9.	Erica Muller	De Geul		6:41.87		196400412		6:39.59		+0,63		
	50m:	44.61	44.61	150m:	2:23.01	49.89	250m:	4:04.81	51.19	350m:	5:49.31	52.61
	100m:	1:33.12	48.51	200m:	3:13.62	50.61	300m:	4:56.70	51.89	400m:	6:39.59	50.28
10.	Annemarie Straetemens	De Geul		6:40.49		196300508		6:41.83		+0,99		
	50m:	46.88	46.88	150m:	2:28.02	51.23	250m:	4:11.46	51.89	350m:	5:53.68	51.06
	100m:	1:36.79	49.91	200m:	3:19.57	51.55	300m:	5:02.62	51.16	400m:	6:41.83	48.15
11.	Marie-Jeanne Vandormael	GZVN		7:03.79		21035/63		7:03.37		+0,76		
	50m:	47.11	47.11	150m:	2:34.67	54.21	250m:	4:24.14	54.93	350m:	6:12.17	53.80
	100m:	1:40.46	53.35	200m:	3:29.21	54.54	300m:	5:18.37	54.23	400m:	7:03.37	51.20

Masters 55+

1.	Patty Verhagen	PSV	5:30.76	195900146	5:30.99	+0,91		
	50m: 38.90	38.90	150m: 2:02.59	42.09	250m: 3:26.60	42.03	350m: 4:50.72	42.08
	100m: 1:20.50	41.60	200m: 2:44.57	41.98	300m: 4:08.64	42.04	400m: 5:30.99	40.27
2.	Petra Tossings	DAW	5:46.64	196100376	5:43.57	+0,84		
	50m: 38.81	38.81	150m: 2:05.94	44.04	250m: 3:34.28	43.48	350m: 5:01.63	43.74
	100m: 1:21.90	43.09	200m: 2:50.80	44.86	300m: 4:17.89	43.61	400m: 5:43.57	41.94
3.	Francine Sommer	Triton	5:50.72	196200384	5:46.31	+0,84		
	50m: 36.90	36.90	150m: 2:02.31	43.76	250m: 3:32.11	45.05	350m: 5:02.60	45.35
	100m: 1:18.55	41.65	200m: 2:47.06	44.75	300m: 4:17.25	45.14	400m: 5:46.31	43.71
4.	Inge Wolfs	PLONS	6:05.21	196000304	5:57.54	+0,92		
	50m: 39.46	39.46	150m: 2:07.82	45.03	250m: 3:39.99	46.31	350m: 5:12.25	45.92
	100m: 1:22.79	43.33	200m: 2:53.68	45.86	300m: 4:26.33	46.34	400m: 5:57.54	45.29
5.	Jennie Resink-lindeboom	DWK	6:34.80	196000142	6:41.84	+0,95		
	50m: 42.89	42.89	150m: 2:21.47	50.02	250m: 4:04.43	51.97	350m: 5:45.23	48.70
	100m: 1:31.45	48.56	200m: 3:12.46	50.99	300m: 4:56.53	52.10	400m: 6:41.84	56.61
6.	Caroline van Rooij	MZ&PC	6:35.29	196200428	6:42.73	+0,86		
	50m: 43.47	43.47	150m: 2:23.21	50.97	250m: 4:08.30	52.75	350m: 5:53.42	52.24
	100m: 1:32.24	48.77	200m: 3:15.55	52.34	300m: 5:01.18	52.88	400m: 6:42.73	49.31
7.	Birgit Bartelds	Mosaqua Gulpen	7:40.10	196100372	7:45.49	+0,98		
	50m: 50.88	50.88	150m: 2:46.88	58.65	250m: 4:46.52	1:00.29	350m: 6:46.88	1:00.45
	100m: 1:48.23	57.35	200m: 3:46.23	59.35	300m: 5:46.43	59.91	400m: 7:45.49	58.61
8.	Petra v.d. Steeg	ZCNF'34	8:15.16	196100398	8:17.55	+1,19		
	50m: 52.36	52.36	150m: 2:56.03	1:03.77	250m: 5:05.13	1:04.29	350m: 7:13.96	1:04.61
	100m: 1:52.26	59.90	200m: 4:00.84	1:04.81	300m: 6:09.35	1:04.22	400m: 8:17.55	1:03.59
9.	Karien Musters	Old Dutch	8:02.20	195800236	8:18.29	+0,89		
	50m: 51.30	51.30	150m: 2:53.12	1:02.76	250m: 5:02.87	1:05.29	350m: 7:14.59	1:06.00
	100m: 1:50.36	59.06	200m: 3:57.58	1:04.46	300m: 6:08.59	1:05.72	400m: 8:18.29	1:03.70

Masters 60+

1.	Margriet Pasma	De Inktvis	5:49.64	195500088	5:59.76	+0,92		
	50m: 39.93	39.93	150m: 2:10.59	45.92	250m: 3:42.25	45.87	350m: 5:14.70	46.48
	100m: 1:24.67	44.74	200m: 2:56.38	45.79	300m: 4:28.22	45.97	400m: 5:59.76	45.06
2.	Carla Hensen	PSV	6:39.70	195300062	6:42.17	+0,98		
	50m: 43.85	43.85	150m: 2:25.77	51.46	250m: 4:09.74	52.03	350m: 5:52.63	51.75
	100m: 1:34.31	50.46	200m: 3:17.71	51.94	300m: 5:00.88	51.14	400m: 6:42.17	49.54
3.	Maria Rosa Llivina Carbonell	CN Aquamasters	7:14.57	039027291	7:06.87	+1,00		
	50m: 49.57	49.57	150m: 2:37.39	53.99	250m: 4:26.07	53.95	350m: 6:14.20	54.00
	100m: 1:43.40	53.83	200m: 3:32.12	54.73	300m: 5:20.20	54.13	400m: 7:06.87	52.67
4.	Lies Hartman	PSV	9:34.85	195600116	9:45.88	+1,22		
	50m: 57.59	57.59	150m: 3:20.20	1:13.29	250m: 5:52.76	1:17.08	350m: 8:28.42	1:17.85
	100m: 2:06.91	1:09.32	200m: 4:35.68	1:15.48	300m: 7:10.57	1:17.81	400m: 9:45.88	1:17.46

Programmanr. 4, Dames, 400m vrije slag

Masters 65+

1. Conny Boer-Buys	ZVVS	5:46.56	195000006	5:45.98	+1,12
<i>Europees Masters Record</i>					
50m:	38.63	38.63	150m:	2:06.75	45.51
100m:	1:21.24	42.61	200m:	2:52.13	45.38
250m:	3:37.69	45.56	350m:	5:06.41	43.39
300m:	4:23.02	45.33	400m:	5:45.98	39.57
2. Gonnie Bak	PSV	7:23.06	195100064	7:21.69	+0,93
50m:	49.56	49.56	150m:	2:43.44	57.98
100m:	1:45.46	55.90	200m:	3:41.38	57.94
250m:	4:38.27	56.89	350m:	6:31.84	55.96
300m:	5:35.88	57.61	400m:	7:21.69	49.85
3. Ineke Meijer	HZ&PC Heerenveen	7:13.50	195200034	7:22.46	+0,85
50m:	48.00	48.00	150m:	2:42.07	57.64
100m:	1:44.43	56.43	200m:	3:39.32	57.25
250m:	4:36.34	57.02	350m:	6:29.18	55.87
300m:	5:33.31	56.97	400m:	7:22.46	53.28

Masters 70+

1. Corrie Verhoeven	PSV	6:41.95	194600026	6:27.97	+0,75
<i>Nederlands Masters Record</i>					
50m:	41.12	41.12	150m:	2:18.07	49.14
100m:	1:28.93	47.81	200m:	3:08.37	50.30
250m:	3:58.04	49.67	350m:	5:39.53	51.27
300m:	4:48.26	50.22	400m:	6:27.97	48.44
2. Annie Smits	PSV	7:40.70	194600016	8:07.03	+1,44
50m:	56.60	56.60	150m:	3:02.44	1:03.44
100m:	1:59.00	1:02.40	200m:	4:04.63	1:02.19
250m:	5:06.20	1:01.57	350m:	7:08.94	1:00.94
300m:	6:08.00	1:01.80	400m:	8:07.03	58.09

Masters 75+

1. Marie Smits	Old Dutch	8:23.63	193800004	8:10.37	+1,07
50m:	53.88	53.88	150m:	3:00.80	1:04.35
100m:	1:56.45	1:02.57	200m:	4:04.13	1:03.33
250m:	5:07.81	1:03.68	350m:	7:12.44	1:00.66
300m:	6:11.78	1:03.97	400m:	8:10.37	57.93

Masters 80+

1. Bep van Riessen	Aquapoldro	9:32.16	193700006	9:31.92	+1,11
50m:	1:01.20	1:01.20	150m:	3:27.26	1:14.52
100m:	2:12.74	1:11.54	200m:	4:40.98	1:13.72
250m:	5:55.02	1:14.04	350m:	8:23.27	1:14.10
300m:	7:09.17	1:14.15	400m:	9:31.92	1:08.65

Programmanr. 5
20-01-2017 - 11:49

Heren, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT IPC	50m	100m
Masters 20+						
1. Romero Hennep	Albion d'ELFT (SG)	1:03.05	199304929	1:01.96	+0,61	29.73
2. Thijs van den End	ZPC Woerden	1:04.08	199306803	1:04.34	+0,85 884	31.81
3. Ramon van Huizen	SGGO (SG)	1:07.09	199400945	1:08.39	+0,80	33.21
4. Hiras Ferrandino	DWT	1:10.51	199306527	1:08.80	+0,65	33.06
5. Jordy Jongenelen	ZC Aquadream	1:15.95	199504995	1:10.59	+0,64	34.00
6. Jeffrey Camphens	DWT	1:07.91	199503113	1:20.46	+0,74	38.49
7. Maarten Steekelenburg	Aquamania	1:23.56	199300479	1:20.61	+0,66	38.57
Masters 25+						
1. Tim Bunnik	Triton	1:03.19	199000505	1:04.63	+0,77	31.13
2. Ferrie van Ingen	De Gelenberg	1:12.44	199001335	1:10.57	+0,72	33.65
3. Patrick de Jonge	ZPC Woerden	1:13.63	198906635	1:12.79	+0,77	33.99
4. Peter Schelvis	LINK	1:16.00	198906671	1:15.19	+0,74	36.39

Programmanr. 5, Heren, 100m rugslag

Masters 30+

1. Robert Dekker	Dedemsvaart-AC	1:05.17	198400443	1:04.91	+0,78	31.39	1:04.91
2. Thommy Nickel	ZPC Woerden	1:04.25	198401627	1:04.92	+0,80	32.01	1:04.92
3. Pascal van Haren	Van Vliet-Barracuda	1:05.46	198704101	1:06.22	+0,80	31.75	1:06.22
4. Jim Geestman	RSW (SG)	1:06.74	198300699	1:06.90	+0,77	32.59	1:06.90
5. Pieter Pickhardt	ZPC De Hof	1:09.00	198301657	1:08.81	+0,86	33.54	1:08.81
6. Peter van de Bor	DWT	1:11.60	198402897	1:12.03	+0,75	34.51	1:12.03
7. Mark Godwaldt	PSV	1:13.15	198701039	1:13.38	+0,78	35.82	1:13.38
8. Harmen Reemst	ZOB'66	1:15.61	198702715	1:13.79	+0,68	35.23	1:13.79
9. Robin Eggkamp	De Duinkickers	1:16.16	198700847	1:19.66	+0,79	38.07	1:19.66

Masters 35+

1. Nol van Thull	Albion d'ELFT (SG)	1:00.53	198001513	1:00.09	+0,76	29.14	1:00.09
<i>Kampioenschaps Record</i>							
2. Dennis Brouwers	HZPC	1:03.61	197800167	1:03.27	+0,69	31.04	1:03.27
3. Rob van Wanrooy	Gay Swim Amsterdam	1:13.35	198202627	1:14.22	+0,76	36.61	1:14.22
4. Gino Martijn	RZ	1:19.00	197901865	1:21.21	+0,63	39.77	1:21.21
5. Robin Roskam	De Duinkickers	1:32.34	197801831	1:32.81	+0,83	44.93	1:32.81

Masters 40+

1. Egbert Stolk	Albion d'ELFT (SG)	1:01.07	197600889	1:02.88	+0,80	30.54	1:02.88
2. Ivo Roozeboom	WVZ	1:03.99	197700801	1:03.70	+0,71	31.16	1:03.70
3. John Cobussen	De Gelsenberg	1:06.41	197501323	1:07.79	+0,98	32.37	1:07.79
4. Alex Damen	DAW	1:07.78	197501371	1:08.40	+0,84	33.33	1:08.40
5. Roger Flinterman	WVZ	1:10.24	197601261	1:09.17	+0,77	33.27	1:09.17
6. Ramon de Bondt	ZPB H&L Productions	1:09.87	197300105	1:09.96	+0,86	33.69	1:09.96
7. Raymond Oosterbaan	WIDEX GZC DONK	1:10.20	197700711	1:11.47	+0,81	34.03	1:11.47
8. Jimmy Swiggers	Leuven Aquatics	1:17.09	11107/74	1:16.50	+0,80	37.71	1:16.50

Masters 45+

1. Jan Goossens	GZVN	1:01.75	11003/68	1:03.03	+0,68	30.77	1:03.03
2. Linas Kersevicius	Kauno Takas	1:07.23		1:05.70	+0,85	32.03	1:05.70
<i>Lithuanian MR</i>							
3. Guido Keutgen	AZC	1:06.50	196801551	1:05.87	+0,76	31.54	1:05.87
4. Jan-Willem van den Berg	WVZ	1:07.44	196801575	1:06.13	+0,74	32.20	1:06.13
5. René Beetsma	HZ&PC Heerenveen	1:09.37	196900069	1:08.15	+0,80	33.37	1:08.15
6. Nico Swart	Den Doorn	1:13.49	196801475	1:13.79	+0,69	35.25	1:13.79
7. Frederic Robin	CNSW	1:17.83	004923/69	1:17.60	+0,71	37.37	1:17.60
8. Gerco Schakel	DWK	1:16.86	196900849	1:17.82	+0,80	38.35	1:17.82
9. Maarten Poos	De Ward	1:26.86	196801579	1:18.39	+0,73	37.71	1:18.39
10. Korstiaan de Boer	Steenwijk 1934	1:20.51	197101629	1:20.13	+0,82	39.18	1:20.13
11. Ferdinand Teitink	Montferland	1:22.35	197001583	1:23.64	+0,78	40.36	1:23.64

Masters 50+

1. Peter Bernsen	De Rog	1:04.82	196301119	1:05.02	+0,63	31.68	1:05.02
2. Erlend Alstad	IL Varg	1:08.47		1:09.27	+0,76	34.93	1:09.27
3. Martin Kaptein	DWK	1:12.36	196701677	1:11.38	+0,69	35.12	1:11.38
4. Michel van Wingerden	DWK	1:16.26	196701629	1:14.09	+0,73	36.13	1:14.09
5. Ron Korzelijs	ZPC AMERSFOORT	1:11.72	196500513	1:14.12	+0,71	35.94	1:14.12
6. Otto Jansen	LZ 1886	1:12.57	196501403	1:14.25	+1,08	35.94	1:14.25
7. Henri Michels	De Amstel	1:19.06	196501587	1:18.35	+0,76	38.24	1:18.35
8. Fred Heemstra	DAW	1:14.14	196500357	1:19.41	+0,82	38.25	1:19.41
9. Vadim Ezhkov	Pregel	1:30.74		1:25.03	+0,75	42.55	1:25.03

Programmanr. 5, Heren, 100m rugslag

Masters 55+

1. Hugo Bregman	Albion d'ELFT (SG)	1:11.76	195800069	1:07.14	+0,80	32.32	1:07.14
2. Johan Remmits	ZPC Woerden	1:07.78	196201159	1:07.61	+0,76	32.92	1:07.61
3. Jan Brink	ZPC De Zeeuwse Kust	1:09.36	196200091	1:08.99	+0,78	33.86	1:08.99
4. Ron Phaff	PSV	1:13.05	196200495	1:12.04	+0,69	34.95	1:12.04
5. Kees-Jan van Overbeeke	WWV	1:12.36	196200489	1:12.38	+0,67	35.03	1:12.38
6. Erik Kamphuis	De Rog	1:14.60	196001035	1:12.45	+0,78	35.71	1:12.45
7. Arlandas Juodeska	Kauno Takas	1:14.09		1:14.19	+0,72	35.88	1:14.19
8. Eric Langhorst	De Rijn	1:17.71	196200389	1:17.99	+0,87	38.32	1:17.99
9. Ronald van Ginneken	Old Dutch	1:31.66	196100827	1:23.39	+0,67	39.82	1:23.39
10. Jack Barends	WS Twente	1:24.05	196201011	1:23.45	+0,84	40.89	1:23.45
11. André Schutte	ZPC De Zeeuwse Kust	1:22.79	196000521	1:24.00	+0,89	41.34	1:24.00
12. Bart van Calker	WS Twente	1:25.71	196100067	1:25.92	+0,77	43.53	1:25.92
NG Filip Timmermans	ShaRK	1:46.28	10163/60				

Masters 60+

1. Evertjan Masurel	PLONS	1:18.42	195600495	1:19.97	+0,75	38.96	1:19.97
2. Henk Slomp	De Inktvis	1:25.52	195500359	1:27.52	+0,77	43.21	1:27.52
3. Laurens Klein Breteler	WWV	1:34.57	195400109	1:32.71	+0,99	45.43	1:32.71
4. Dré Klaassen	ZOB'66	1:42.49	195600141	1:37.28	+0,86	48.51	1:37.28
5. Achille Sinner	Swimming Luxembourg	1:46.16	94	1:46.76	+0,82	50.71	1:46.76
<i>Luxembourg MR</i>							

Masters 65+

1. Brend Brevé	PSV	1:16.21	195200265	1:14.78	+0,72	36.22	1:14.78
<i>Nederlands Masters Record</i>							
2. Jos Kamps	Zwemvereniging Hoogland	1:40.42	195100085	1:33.49	+0,81	45.86	1:33.49
3. Ludwig Lorenz	SG Gladbeck/Recklinghausen	1:35.08	127866	1:35.79	+1,10	48.17	1:35.79
4. Ronald Blankenstein	Aqua-Novio'94	1:34.29	195000013	1:37.82	+0,80	44.96	1:37.82

Masters 70+

1. Pieter Schillemans	WZ&PC Purmerend	1:31.38	194600141	1:32.20	+0,76	44.38	1:32.20
2. Viktoras Snieska	Kauno Takas	1:36.57		1:32.32	+1,00	44.16	1:32.32
<i>Lithuanian MR</i>							
3. Theo Schouten	WWV	1:45.35	194600161	1:36.36	+0,60	46.31	1:36.36
4. Rob Hanou	PSV	1:39.60	194300109	1:38.86	+0,83	47.43	1:38.86

Masters 75+

1. Frans van Enst	WS Twente	1:24.58	194000011	1:28.91	+0,63	41.86	1:28.91
2. Nico Baay	Old Dutch	1:53.74	194200053	1:54.29	+0,88	53.00	1:54.29

Masters 80+

1. Jan Eichhorn	ZV Haerlem	1:47.59	193700015	1:52.76	+0,90	52.61	1:52.76
<i>Nederlands Masters Record</i>							
2. Gregor Pompen	Aqua-Novio'94	1:55.25	193700021	1:58.11	+0,76	55.75	1:58.11

Masters 85+

1. Klaas Prins	Steenwijk 1934	2:35.77	192800001	2:42.81	+0,81	1:17.43	2:42.81
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Programmanr. 6
20-01-2017 - 12:11

Dames, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
Masters 20+							
1. Jamilla van Veen	ZPC Woerden	1:03.31	199603192	1:05.28	+0,69	31.41	1:05.28
2. Kimberly Mijnen	WZ&PC Purmerend	1:07.28	199503644	1:07.59	+0,70	32.92	1:07.59
3. Manon van Strien	WVZ	1:09.30	199400770	1:09.86	+0,85	33.90	1:09.86
4. Janine de Groot	Nova	1:11.61	199500092	1:11.38	+0,70	34.66	1:11.38
5. Michelle Bellekom	WZK Zwemmen	1:10.97	199606484	1:12.82	+0,77	35.14	1:12.82
6. Fiona Meuffels	RZ	1:11.48	199504366	1:13.48	+0,77	36.02	1:13.48
7. Chantal Beijer	DWT	1:13.47	199700884	1:14.18	+0,78	35.96	1:14.18
8. Josine van Ballegooijen	De Meer	1:13.81	199703310	1:14.80	+0,72	36.74	1:14.80
9. Manon Filarski	De Aalscholver	1:16.80	199307926	1:15.59	+0,77	36.37	1:15.59
10. Lilianne Sweere	ZC Aquadream	1:20.72	199704376	1:15.72	+0,64	36.68	1:15.72
11. Eline van Gemert	De Meer	1:17.09	199505458	1:17.71	+0,67	38.70	1:17.71
12. Ramona Noordermeer	ZVVS	1:20.55	199401746	1:21.27	+0,74	39.80	1:21.27
13. Naomi van Gool	LINK	1:16.00	199505166	1:21.88	+0,80	39.41	1:21.88
14. Mariëtte Bulman	ZC Aquadream	1:21.28	199506846	1:22.49	+0,72	40.59	1:22.49
15. Margot van de Rakt	Nautilus	1:23.42	199300618	1:23.41	+0,78	40.48	1:23.41
16. Rebecca van Eeren	SCOM	1:21.83	199306910	1:28.32	+0,81	42.58	1:28.32
Masters 25+							
1. Désirée Emmen	De Warande	1:09.26	199204862	1:07.32	+0,70	33.19	1:07.32
2. Denise Boereboom	Van Vliet-Barracuda	1:10.91	199202144	1:08.98	+0,70	33.32	1:08.98
3. Stéphanie Bergsma	Dedemsvaart-AC	1:07.58	199203374	1:09.07	+0,65	33.56	1:09.07
4. Ilse van den Wijngaard	ZPC Woerden	1:11.99	198904736	1:12.33	+0,77	35.36	1:12.33
5. Wendy de Bruin	ZOB'66	1:11.89	199206320	1:13.71	+0,64	35.82	1:13.71
6. Tamara Caspers	LZ 1886	1:12.88	199007272	1:16.51	+0,75	36.60	1:16.51
7. Diana Lammers	De Veene	1:14.85	198902572	1:17.13	+0,83	37.44	1:17.13
8. Eline Schoenmaker	Zwemlust-den Hommel	1:17.76	199003322	1:17.95	+0,67	38.01	1:17.95
9. Lindsey Hol	De Meer	1:17.65	199008088	1:19.30	+0,68	39.09	1:19.30
10. Ilse Blankvoort	Steenwijk 1934	1:25.40	199204458	1:22.89	+0,98	40.99	1:22.89
11. Lonneke Oenema	Steenwijk 1934	1:20.65	199102314	1:23.14	+0,71	40.53	1:23.14
12. Elly Scheepers	Budel	1:24.58	199102728	1:24.12	+0,71	40.19	1:24.12
13. Lisette van Sinttruije	De Geul	1:26.61	199108554	1:24.74	+0,89	40.81	1:24.74
14. Kelly Bocking	Montferland	1:27.22	199104050	1:28.31	+0,74	42.99	1:28.31
Masters 30+							
1. Charlotte Groeneveld	UZSC	1:07.55	198701404	1:08.48	+0,77	32.74	1:08.48
Nederlands Masters Record							
2. Angela Giezen	Montferland	1:18.07	198302796	1:16.52	+0,75	37.93	1:16.52
3. Tamara Nordin	ZPC De Zeeuwse Kust	1:17.90	198702996	1:18.02	+0,74	38.81	1:18.02
Masters 35+							
1. Delia Badoux	WVZ	1:12.02	198000042	1:09.15	+0,67	33.94	1:09.15
Nederlands Masters Record							
2. Roos van Esch	Albion d'ELFT (SG)	1:09.77	198200468	1:09.82	+0,77	34.13	1:09.82
3. Sylvia Reijers	De Gelenberg	1:13.43	198201360	1:15.02	+0,77	36.47	1:15.02
4. Agnes van Brug	DAW	1:26.67	198001726	1:25.79	+0,70	41.90	1:25.79
5. Natascha Hartman	PSV	1:24.33	198101780	1:37.82	+0,87	46.40	1:37.82
Masters 40+							
1. Edith Janssen-Koolen	TRB-RES	1:12.99	197300898	1:10.59	+0,87	33.82	1:10.59
2. Christa Verploeg	De Meer	1:23.80	197400896	1:21.97	+0,71	40.21	1:21.97
3. Esther Vergeest	De Rog	1:25.50	197700012	1:25.57	+0,73	41.79	1:25.57
4. Sandra Dackus Godding	MZ&PC	1:34.39	197401050	1:29.79	+0,72	42.76	1:29.79
5. Clementine van Bruxvoort	ZPB H&L Productions	1:40.09	197700138	1:39.23	+0,83	48.53	1:39.23

Programmanr. 6, Dames, 100m rugslag

Masters 45+

1. Evelien van Klaarbergen	HZ&PC Heerenveen	1:13.58	197200964	1:13.17	+0,83	36.40	1:13.17
<i>Nederlands Masters Record</i>							
2. Monique Tuijp	WZ&PC Purmerend	1:13.92	196900800	1:13.20	+0,86	35.56	1:13.20
3. Heidi den Boer	LINK	1:16.87	196900864	1:16.79	+0,74	37.19	1:16.79
4. Trudie van Niejenhuis	TZC-Vahalis	1:20.12	197100444	1:19.24	+0,80	38.80	1:19.24
5. E. van Wingerden-Dijkhuizen	DWK	1:20.35	196900970	1:21.90	+0,81	39.50	1:21.90
6. Henriëtte Manting	GZVW	1:24.29	197100246	1:23.76	+0,70	40.08	1:23.76
7. Esther Mijnen	WZ&PC Purmerend	1:27.28	196900846	1:29.46	+0,93	43.44	1:29.46
8. Greta Wyma-Teitsma	DWK	1:30.72	197100696	1:35.72	+0,72	46.25	1:35.72

Masters 50+

1. Allie Price	Cardiff Masters	1:13.97	547582	1:17.43	+0,77	37.73	1:17.43
2. Annette Wijnja-Visser	De Biesboschzwemmers	1:19.12	196700528	1:18.77	+0,78	38.16	1:18.77
3. Caroline Schreuder	Triton	1:22.03	196700550	1:21.07	+0,82	38.62	1:21.07
4. Teodora König	TSV Vorhalle	1:23.22	075148	1:23.26	+0,86	40.70	1:23.26
5. Ramune Ivanauskaitė	Kauno Takas	1:30.27		1:27.41	+0,99	42.89	1:27.41
6. Annemarie Vuist	Swol 1894	1:27.47	196300282	1:29.02	+0,82	44.27	1:29.02
7. Christine Buist	De Duinkickers	1:35.24	196400608	1:32.38	+0,71	44.30	1:32.38
8. Yvette Kilian	WVZ	1:36.45	196600534	1:35.33	+0,86	45.85	1:35.33
9. Theresa Walsh	MZ&PC	1:39.56	196700726	1:37.76	+0,72	47.06	1:37.76

Masters 55+

1. Karlyn Pipes	Palm Beach Masters	1:11.98	507M02BPY	1:08.33	+0,68	33.53	1:08.33
<i>Wereld Masters Record</i>							
2. Inge Wolfs	PLONS	1:30.16	196000304	1:29.73	+0,77	44.28	1:29.73
3. Ellen Parma	Triton	1:34.03	196200366	1:33.48	+0,93	45.50	1:33.48
4. Katinka Elders	Oceanus	1:38.90	196000292	1:41.79	+0,93	51.08	1:41.79
5. Anne Waller	AZ&PC De Futen	1:59.17	196100292	1:57.25	+0,96	57.19	1:57.25

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	1:20.51	195600048	1:21.71	+0,81	39.49	1:21.71
<i>Nederlands Masters Record</i>							
2. Carla Hensen	PSV	1:37.36	195300062	1:38.38	+0,85	48.13	1:38.38
3. Lies Hartman	PSV	2:04.16	195600116	2:08.37		1:00.80	2:08.37

Masters 65+

1. Christien Nieuwenhuis	Swol 1894	1:31.96	195100022	1:30.34	+0,79	43.73	1:30.34
<i>Nederlands Masters Record</i>							
2. Antoinette Gilding-Tussaud	WS Twente	1:45.59	195000038	1:45.94	+0,79	51.57	1:45.94
3. Tineke van Diggelen	ZPCH	1:48.74	195200048	1:51.07	+0,89	54.41	1:51.07
4. Ineke Meijer	HZ&PC Heerenveen	1:47.10	195200034	1:53.99	+0,89	55.52	1:53.99
5. Aleksandra Yliene	Kauno Takas	2:01.01		2:01.16	+0,79	57.00	2:01.16

Masters 70+

1. Leny Kamp	Aquapoldro	2:10.78	194400008	2:11.65	+0,72	1:01.83	2:11.65
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Masters 80+

1. Alice Lindhout	PSV	2:09.76	193500010	2:03.23	+0,83	56.25	2:03.23
<i>Nederlands Masters Record</i>							

DIS Bep van Riessen Aquapoldro 2:33.02 193700006
RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.



MZ&PC
Maastricht



Open Nederlandse Masters
Kampioenschappen 2017 korte baan
Maastricht, 19-22 januari 2017



Programmanr. 6, Dames, 100m rugslag

Masters 90+

AFGEM Marianne Maandonks

PSV

3:34.87

192600004



3 - ONMK 2017 kb sessie 3

20-01-2017 - 13:30

Programmanr. 7
20-01-2017 - 13:30

Heren, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Melvin Prins	Wiekslag	199500201	2:09.48	+0,68		27.59	59.14	1:32.67	2:09.48
2. Lars Schoffemeer	ZPB H&L Productions	199501907	2:13.13	+0,73		28.95	1:02.75	1:37.14	2:13.13
3. Nordin Termoshuizen	WVZ	199605401	2:18.32	+0,77		30.85	1:05.58	1:41.90	2:18.32
4. Robin van Beek	LZ 1886	199704023	2:20.64	+0,67		30.99	1:07.33	1:45.06	2:20.64
5. Pieter Pijnenburg	Nuenen	199305227	2:22.91	+0,66		31.04	1:07.46	1:44.93	2:22.91
6. Richard van der Horst	De Meer	199700179	2:27.94	+0,90		32.73	1:10.97	1:49.10	2:27.94
7. Thijs van den End <i>NR Gehandicapt</i>	ZPC Woerden	199306803	S9 2:35.25	+1,02	630	32.70	1:10.77	1:51.51	2:35.25
8. Ian van Mullem	ZOB'66	199602545	2:49.91	+0,77		37.32	1:21.11	2:07.72	2:49.91
Masters 25+									
1. Kevin Eltink <i>Nederlands Masters Record</i>	DWK	199100589	2:05.72	+0,76		27.42	58.65	1:32.01	2:05.72
2. Ruben Stolk	ZPB H&L Productions	199005665	2:20.64	+0,75		31.32	1:06.97	1:42.21	2:20.64
3. Tim Bunnik	Triton	199000505	2:25.00	+0,78		31.79	1:08.65	1:46.49	2:25.00
4. Maik Steenkamp	Montferland	199103847	2:26.85	+0,76		31.62	1:08.83	1:46.46	2:26.85
Masters 30+									
1. Alex Schelvis <i>Nederlands Masters Record</i>	LINK	198702927	2:11.59	+0,79		29.00	1:01.83	1:35.41	2:11.59
2. Pieter Pickhardt	ZPC De Hof	198301657	2:20.47	+0,84		31.65	1:06.77	1:43.27	2:20.47
3. Rick Driezen	Steenwijk 1934	198600713	2:29.20	+0,90		32.08	1:08.98	1:48.40	2:29.20
4. Frank van der Voordt	SGGO (SG)	198302259	2:38.58	+0,75		32.74	1:10.52	1:52.13	2:38.58
5. Peter van de Bor	DWT	198402897	2:56.32	+0,84		34.62	1:19.11	2:07.89	2:56.32
DIS Tommy Nickel	ZPC Woerden	198401627		+0,75					
<i>AF - De aangegeven afstand niet uitgezwommen.</i>									
Masters 35+									
1. Freddie Geerlings	NIMO	197900379	2:43.98	+0,82		32.84	1:13.02	1:56.99	2:43.98
2. Rob van Wanrooy	Gay Swim Amsterdam	198202627	3:19.99	+0,83		43.58	1:34.19	2:27.58	3:19.99
Masters 40+									
1. Egbert Stolk	Albion d'ELFT (SG)	197600889	2:22.80	+0,79		32.07	1:09.44	1:48.12	2:22.80
2. Patrick Roozeboom	WS Twente	197701643	2:33.20	+0,93		34.51	1:13.08	1:51.46	2:33.20
3. Erwin Zuidervelt	AZ&PC De Futen	197501015	3:03.76	+0,82		38.58	1:24.93	2:13.35	3:03.76
Masters 45+									
1. Antwan van Engen	De Ward	197101577	2:26.93	+0,86		32.50	1:09.52	1:47.76	2:26.93
2. Paul van den Heuvel	Arethusa	197000441	2:36.57	+0,78		33.88	1:13.38	1:53.68	2:36.57
3. Arvydas Burinskas	Kauno Takas		2:47.01	+0,78		36.16	1:17.85	2:01.30	2:47.01

Programmanr. 7, Heren, 200m vlinderslag

Masters 50+

1. Gijsbert van der Leden	PSV	196700597	2:30.62	+1,07	31.95	1:08.39	1:47.03	2:30.62
2. John Hardeman	De Fuut	196601615	2:39.46	+0,99	33.70	1:12.00	1:53.49	2:39.46
3. Rene de Boer	DAW	196400087	2:41.93	+0,83	35.10	1:16.12	1:58.54	2:41.93
4. Stefan Holmstrom	DAW	196701671	2:49.26	+0,79	36.80	1:20.76	2:04.81	2:49.26
5. Roy le Clercq	De Rog	196401041	3:19.28	+0,97	41.74	1:31.43	2:25.35	3:19.28
6. Eric de Haas	De Treffers	196501275	3:20.21	+1,02	41.41	1:30.36	2:25.72	3:20.21
DIS Harald Mulder	WVZ	196701459						

VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.

Masters 55+

1. Hugo Bregman	Albion d'ELFT (SG)	195800069	2:20.62	+0,77	30.87	1:06.67	1:43.70	2:20.62
2. Johan Remmits	ZPC Woerden	196201159	2:34.68	+0,88	34.08	1:13.39	1:54.21	2:34.68
3. Ronald Grove	Oceanus	196100161	2:50.10	+0,82	36.36	1:19.35	2:03.82	2:50.10

Masters 70+

1. Rob Hanou	PSV	194300109	3:51.32	+1,13	49.15	1:49.43	2:52.34	3:51.32
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Programmanr. 8
20-01-2017 - 13:47

Dames, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
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Masters 20+

1. Moniek Heemskerk	LZ 1886	199601964	2:38.94	+0,74	35.59	1:16.62	1:57.72	2:38.94
2. Maike Korthout	TRB-RES	199406034	2:43.89	+0,69	35.19	1:16.57	1:59.83	2:43.89
3. Carina Spronk	De Vennen	199702382	2:44.00	+0,72	35.72	1:18.39	2:02.18	2:44.00
4. Chantal van der Horst	De Meer	199400616	2:45.80	+0,81	36.38	1:18.90	2:02.92	2:45.80
5. Karin de Kok	AquaAmigos	199301010	2:50.32	+0,80	36.30	1:18.25	2:03.92	2:50.32
6. Rebecca van Eeren	SCOM	199306910	3:33.41	+0,86	43.19	1:35.70	2:32.76	3:33.41

Masters 25+

1. Monique Lindenberg	De Bevelanders	199002360	2:42.02	+0,82	33.54	1:12.98	1:55.79	2:42.02
2. Chantal Meyerink	De Grunte	199105212	2:42.13	+0,78	36.36	1:18.67	2:01.47	2:42.13
3. Karin Simons	WZK Zwemmen	198903804	2:43.68	+0,81	34.17	1:14.93	1:57.29	2:43.68
4. D. van den Hoogenband	Nuenen	199001558	2:48.79	+0,83	36.57	1:19.69	2:04.29	2:48.79
5. Marlijn Mulders	De Treffers	198803114	2:50.47	+0,68	36.50	1:20.48	2:04.49	2:50.47
6. Nanda de Vries	Steenwijk 1934	199204328	2:50.51	+0,81	35.19	1:17.21	2:01.83	2:50.51
7. Rebecca Evers	ZOB'66	199207916	3:01.62	+0,78	35.79	1:18.82	2:07.35	3:01.62
8. Anne Aarts	Albion d'ELFT (SG)	199207942	3:08.44	+0,75	40.63	1:28.14	2:18.40	3:08.44

Masters 30+

1. Sabina Martinez Leon	CN Aquamasters	039737906	2:33.85	+0,81	35.53	1:15.24	1:54.73	2:33.85
2. Charlotte Groeneveld	UZSC	198701404	2:35.95	+0,81	33.57	1:13.40	1:54.32	2:35.95
3. Maaike van Diggele	ZPB H&L Productions	198700868	2:46.49	+0,83	37.36	1:19.70	2:02.98	2:46.49
4. Liesbeth van Mill	DWK	198702786	2:59.50	+0,86	37.61	1:23.18	2:10.83	2:59.50
5. Miranda Pijnenburg	De Treffers	198301216	3:00.94	+0,90	37.68	1:21.54	2:09.45	3:00.94
DIS Ramona Linting	AZC	198301274						

VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.

AFGEM Liset de Veer	Aqua-Novio'94	198704190						
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Masters 35+

1. Roos van Esch	Albion d'ELFT (SG)	198200468	2:30.69	+0,83	34.03	1:12.21	1:51.44	2:30.69
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Nederlands Masters Record

Programmanr. 8, Dames, 200m vlinderslag, Masters 35+

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
2. Chantal Verhoeff	Old Dutch	197900912	3:02.56	+0,87		36.42	1:20.97	2:09.84	3:02.56
3. Rianne van Vegchelen	ZV 44	198101530	4:09.86	+1,12		55.87	1:58.79	3:04.12	4:09.86

Masters 40+

1. Liselotte Joling	PSV	197500268	2:37.58	+0,86		34.98	1:15.12	1:56.18	2:37.58
2. S. Peeters-Wiermans	De Rog	197401032	3:10.95	+0,73		39.13	1:26.60	2:18.11	3:10.95
3. Jannie Vennik	HZ&PC Heerenveen	197601006	3:23.80	+0,95		43.51	1:34.85	2:29.74	3:23.80

Masters 45+

1. Jeanne Petit	De Dinkel	197001020	2:46.76	+0,73		35.73	1:17.47	2:01.53	2:46.76
2. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	197000054	2:50.23	+0,95		36.03	1:16.78	2:00.64	2:50.23
3. Tanya Lyvbarskaya	SCOM	197101000	3:13.39	+0,93		40.10	1:27.62	2:19.01	3:13.39
4. Catarina Matos	De Rog	197200976	3:31.12	+0,76		45.26	1:40.55	2:37.20	3:31.12

Masters 50+

1. Laura Staal	Oceanus	196700358	3:10.55	+0,85		40.79	1:28.45	2:18.32	3:10.55
2. Teodora König	TSV Vorhalle	075148	3:21.54	+0,89		39.06	1:31.39	2:26.70	3:21.54
3. K. van Nassau van den	Old Dutch	196600188	3:25.09	+0,95		43.00	1:35.25	2:31.29	3:25.09
4. Loreta Kabasinskiene	Kauno Takas		3:45.68	+1,00		48.66	1:46.63	2:48.24	3:45.68
5. Hetty Smalheer	SCOM	196700352	3:52.02	+1,02		49.12	1:47.49	2:47.96	3:52.02

Masters 55+

1. Inge Wolfs	PLONS	196000304	3:13.60	+0,88		38.86	1:25.63	2:17.96	3:13.60
2. Patty Verhagen	PSV	195900146	3:23.26	+1,02		41.70	1:36.41	2:31.19	3:23.26

Masters 60+

1. Claire Anthony	CNSW	001353/57	3:22.35	* +0,77		43.51	1:36.02	2:30.72	3:22.35
<i>Kampioenschaps Record, Belgisch MR</i>									
2. Margriet Pasma	De Inktvis	195500088	3:50.13	+0,94		48.91	1:46.50	2:47.68	3:50.13

Programmanr. 9
20-01-2017 - 14:06

Heren, 50m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+					
1. Romero Hennep	Albion d'ELFT (SG)	29.50	199304929	29.46	+0,63
2. Ruben Koek	DWK	30.44	199701187	30.33	+0,72
3. Martino Valentijn	DIO	31.48	199403913	31.16	+0,71
4. Hiras Ferrandino	DWT	31.30	199306527	31.39	+0,62
5. Nils Hullegien	ZPC Woerden	32.68	199705371	33.20	+0,75
6. Jordy Jongenelen	ZC Aquadream	33.82	199504995	34.32	+0,64
7. Joey van der Valk	ZOB'66	34.08	199602191	34.76	+0,72
8. Jesper Honken	Nova	37.19	199600085	37.66	+0,76
9. Rens Klok	ZPC Woerden	38.44	199602045	38.42	+0,91
10. Maarten Steekelenburg	Aquamania	40.22	199300479	39.76	+0,76
AFGEM Nick van der Krogt	LZ 1886	34.63	199501313		

Programmanr. 9, Heren, 50m schoolslag

Masters 25+

1.	Erik Simons	Albion d'ELFT (SG)	29.43	198902845	29.83	+0,71
2.	Patrick Creemers	RZ	31.85	199000579	32.33	+0,73
3.	Niels van Beurden	ZPC Woerden	33.54	198805669	33.45	+0,74
4.	Martin Teley	PSV	33.30	198906059	33.51	+0,72
5.	Daan van Erp	PSV	33.76	198903833	34.04	+0,76
6.	Robert-Kay Meenhorst	De IJssel	35.13	199200889	34.72	+0,83
7.	Klaas van Beek	ZV Haerlem	34.82	198805941	34.82	+0,66
8.	Ruben Stolk	ZPB H&L Productions	34.39	199005665	34.91	+0,70
9.	Wouter van 't Klooster	ZPC AMERSFOORT	35.16	198806159	35.19	+0,82
10.	Joël Dam	EZC	34.91	198800699	35.43	+0,64
11.	Patrick Holthuizen	Albion d'ELFT (SG)	35.31	199107681	36.50	+0,65
12.	Daniel van den Wildenberg	Eurode KZC	36.73	199206491	36.78	+0,76

Masters 30+

1.	Rick de Greef	Budel	30.64	198400749	31.43	+0,72
2.	Rob van Vliet	ZPC AMERSFOORT	33.09	198402459	33.69	+0,86
3.	Harmen Reemst	ZOB'66	36.01	198702715	35.69	+0,75
4.	Robin Eggenkamp	De Duinkikkers	37.83	198700847	38.18	+0,78
5.	Constant van Ewijk	De Gelsenberg	38.14	198303025	38.22	+0,87

Masters 35+

1.	Evgeny Ryzhov	Sprut	30.47	101628	31.02	+0,79
2.	Joost Hoetjes	DAW	31.30	197800425	31.34	+0,77
3.	Ivan van Omme	De Geul	31.03	198201263	31.55	+0,64
4.	Andrew Kurnosov	Troika	33.09		31.88	+0,75
5.	Lauren Vis	Steenwijk 1934	32.02	198201883	32.07	+0,66
6.	Mark Zwart	Zwemlust-den Hommel	32.27	197901461	32.59	+0,85
7.	Wouter Zijlstra	DAW	34.92	198202077	34.30	+0,85
8.	Rob van Wanrooy	Gay Swim Amsterdam	32.65	198202627	34.68	+0,74
9.	Gino Martijn	RZ	37.48	197901865	38.36	+0,76
10.	Peter Lommert	Swo1 1894	39.60	197900787	39.19	+0,93
11.	Robin Roskam	De Duinkikkers	39.31	197801831	39.90	+0,85
DIS	Kars Luttkik	DAW	34.99	197800675		

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 40+

1.	Maarten van der Zwan	Scheldeestroom	31.70	197501017	31.81	+0,82
2.	Vincent Versteeg	Zwemlust-den Hommel	31.61	197701003	31.95	+0,73
3.	Walter Stielstra	TRB-RES	32.87	197701651	32.95	+0,82
4.	Kees Bakker	Gay Swim Amsterdam	33.47	197501055	33.41	+0,61
5.	Jimmy Swiggers	Leuven Aquatics	36.99	1110774	35.96	+0,82

Masters 45+

1.	Vladislav Bragin	Swimmpower Prague	29.38	15009	29.71	+0,73
	<i>Kampioenschaps Record, Russian MR</i>					
2.	Harold Matla	PSV	31.54	196800591	31.56	+0,86
3.	Marcel Jonkman	Aqualero	32.69	196801389	33.14	+0,78
4.	René Beetsma	HZ&PC Heerenveen	34.36	196900069	33.65	+0,79
5.	Glen le Clercq	De Rog	32.72	196800177	33.66	+0,76
6.	Paul van den Heuvel	Arethusa	33.98	197000441	33.70	+0,85
7.	Jan-Willem van den Berg	WVZ	34.02	196801575	33.84	+0,71
8.	Jeroen Kort	DAW	35.62	196801543	35.36	+0,73
9.	Hans Schoenmakers	DAW	35.09	196900863	35.50	+0,71
10.	Nico Swart	Den Doorn	35.54	196801475	35.91	+0,76
11.	Rob Janssen	De Gelsenberg	35.82	197001467	36.57	+0,80
12.	Joop Weenink	WS Twente	36.66	196801535	36.85	+0,97
13.	Ingmar de Gelder	ZOB'66	40.38	197000333	37.71	+0,80
14.	Wiljo Mackus	Budel	37.61	197101557	37.97	+0,94
15.	Marco van Rooijen	Arethusa	39.74	196901755	38.28	+0,86

Programmanr. 9, Heren, 50m schoolslag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
16.	Wijnand Vergeest	De Rog	40.21	196800949	38.54	+0,64
17.	Marcel Brittin	De Duinkikkers	40.14	196900159	38.96	+0,66
18.	Roelof Broekman	De Spatters	39.83	196800155	39.94	+0,78
19.	Gertjan van der Vaart	ZVVS	39.44	196801529	40.33	+0,81
20.	Martijn de Jong	DWK	39.51	197101659	41.31	+0,74
21.	Bas van Gool	De Geul	44.20	197201435	43.60	+0,74
AFGEM	Joost van Eerd	Budel	39.55	196901723		

Masters 50+

1.	Igor Penchukov	Sprut	33.71	102154	33.46	+0,80
2.	Nerimantas Steponavicius	Kauno Takas	34.78		34.11	+0,84
	<i>Lithuanian MR</i>					
3.	Patrick Juncker	Swimming Luxembourg	33.68	136	34.17	+0,84
4.	Gert Sikkema	ZIGNEA	34.41	196300687	34.73	+0,67
5.	Bertjan Schelhaas	DWT	34.54	196501577	35.02	+0,82
6.	Theo Bakker	TriVia	34.97	196401231	35.55	+0,80
7.	Michel van Wingerden	DWK	35.62	196701629	35.57	+0,93
8.	Arno Schrauwen	Patrick-De Roersoppers (SG)	34.93	196501355	35.75	+0,85
9.	Vadim Ezhkov	Pregel	35.86		36.40	+0,69
10.	Wridzer Bakker	ESCA Zwemmen	35.94	196701711	36.63	+0,84
11.	Eric de Haas	De Treffers	36.56	196501275	37.08	+0,91
12.	Cees Kersten	De Rog	37.19	196401435	37.93	+0,76
13.	Henri Michels	De Amstel	38.25	196501587	38.54	+0,82
	Richard Tiemstra	De Biesboschzwemmers	39.24	196301397	38.54	+0,94
15.	Wilbert Barten	Nautilus	39.48	196401373	40.03	+0,73
16.	Robert de Brauw	De Duinkikkers	39.48	196401383	40.28	+0,87
17.	Fred Dijkshoorn	Zwemvereniging Westland	41.06	196501539	40.79	+0,77
18.	Richard Rozema	Albion d'ELFT (SG)	41.31	196701583	41.12	+0,81
19.	Eric Craft	MZ&PC	46.00	196701739	41.88	+0,78
20.	René Speelman	De Spatters	41.45	196601521	41.91	+0,80
21.	Ruud Tames	MZ&PC	44.11	196501621	43.31	+0,88
22.	Marcel Nelissen	Kimbria	48.88	196501611	48.57	+0,78

Masters 55+

1.	Sergei Pakhomov	All Stars Moscow	32.75	101469	32.17	+0,77
	<i>Kampioenschaps Record, Russian MR</i>					
2.	Jerzy Mroziński	RMKS Rybnik	35.41		34.72	+0,85
3.	Arlandas Juodeska	Kauno Takas	35.86		35.76	+0,74
	<i>Lithuanian MR</i>					
4.	Ralph Caster	RZ	35.79	196100069	35.92	+0,77
5.	Ron Phaff	PSV	35.90	196200495	36.08	+0,92
6.	Sergey Ilyayev	Sprut	37.61	149269	37.69	+0,94
7.	Rob Hemesath	PSV	37.28	196100189	37.84	+0,90
8.	Adrian Ortiz Buitrago	WIDEX GZC DONK	36.88	196000931	37.98	+0,74
9.	Algirdas Alisauskas	Kauno Takas	38.62		39.67	+0,81
10.	Bart van Calker	WS Twente	43.02	196100067	41.06	+0,93
11.	Jack Barends	WS Twente	39.97	196201011	41.11	+0,91
12.	Ron van der Meer	De Gelenberg	41.34	196000975	41.40	+0,88
13.	Marius Ros	ZCNF'34	43.42	195900779	42.30	+0,67
14.	Hans van Scheepen	Steenwijk 1934	42.80	196201245	44.73	+0,89
15.	Jan Haitsma	De Spatters	44.18	196000929	44.81	+0,95

Masters 60+

1.	Paul Bunnik	Triton	36.86	195600413	36.65	+0,81
2.	Hans Wijsman	PSV	37.47	195500427	37.11	+0,80
3.	Luc Laloi	Charleroi Hélios Aqua Team	39.25	005538/53	39.60	+0,98
4.	Laurens Klein Breteler	WWV	39.37	195400109	40.04	+0,89
5.	Jos van Sleuwen	Nautilus	46.80	195700323	47.75	+1,01

Programmanr. 9, Heren, 50m schoolslag

Masters 65+

1.	Péter Gulyás	Budapesti Delfinek	35.69		36.20	+0,64
	<i>Kampioenschaps Record</i>					
2.	Nikolay Dronov	Troika	42.81	003037	45.83	+1,12
3.	Nico van Dongen	ZZ&PC De Devel	52.70	194800159	52.77	+1,08

Masters 70+

1.	Kevork Boyrazian	CNSW	52.03	002620/44	54.29	+1,46
2.	Peter Ouweneel	RSW (SG)	54.12	194500077	56.63	+1,18

Masters 75+

1.	Nico Baay	Old Dutch	43.56	194200053	47.99	+0,79
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Masters 80+

1.	Jan Eichhorn	ZV Haerlem	55.47	193700015	57.40	+1,21
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Masters 85+

1.	Klaas Prins	Steenwijk 1934	1:25.33	192800001	1:35.30	
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Programmanr. 10
20-01-2017 - 14:23

Dames, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Nicole Bennis	WVZ	33.24	199600470	33.07	+0,70
	<i>Nederlands Masters Record</i>					
2.	Leandra Vedder	Steenwijk 1934	34.74	199600866	35.30	+0,79
3.	Karin Groen	Nova	35.15	199502440	35.54	+0,67
4.	Eline van Gemert	De Meer	35.65	199505458	35.59	+0,63
5.	Liesa Vrielinck	BZK	37.25	21068/93	35.81	+0,74
6.	Manon van Strien	WVZ	36.81	199400770	37.23	+0,87
7.	Aylin van Uffelen	ZPB H&L Productions	37.54	199600352	37.81	+0,76
8.	Sanne de Roo	ZZ&PC De Devel	38.59	199501934	39.25	+0,76
9.	Naomi van Gool	LINK	42.09	199505166	43.03	+0,77

Masters 25+

1.	Femke Hendriks	Nuenen	33.64	198801698	34.70	+0,76
2.	Yvon Versteeg	De Veene	33.75	199201864	35.28	+0,72
3.	Chantal Meyerink	De Grunte	34.02	199105212	35.29	+0,74
4.	Isabelle Massar	WVZ	36.67	199102034	35.86	+0,78
5.	Ekaterina Anfinogenova	Sprut	37.70	018078	36.80	+0,85
6.	Alexandra Bezkravnaya	Sprut	36.09	018061	37.19	+0,93
7.	Karin Verbeek	Nautilus	36.81	199201848	37.33	+0,66
8.	Natalie van der Hoeven	ZVVS	38.08	198901786	37.71	+0,71
9.	Danielle Vermeulen	Zwemlust-den Hommel	38.41	199108534	37.99	+0,69
10.	Siska Post	DIO	39.71	198805562	38.81	+0,77
11.	Rebecca Evers	ZOB'66	38.25	199207916	39.02	+0,74
12.	Eline Roeland	SGGO (SG)	39.30	198805970	39.44	+0,77
13.	Christa Stam	RSW (SG)	39.13	198806790	39.45	+0,79
14.	Gina Lopez Quinto	CN Aquamasters	40.60	047735692	40.42	+0,79
15.	Mariska Zaal	AZC	42.24	198806916	40.66	+0,75
16.	Vivian Brak	ZPC Woerden	40.19	199000520	41.64	+0,86
17.	Carola Hompes	Budel	41.42	198801868	42.10	+0,84
18.	Kelly Bockting	Montferland	42.50	199104050	42.61	+0,84
19.	Jose Janssen	Mosa-Regio	41.57	198907324	43.21	+0,68

Programmanr. 10, Dames, 50m schoolslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
20.	Janneke Wynia	WS Twente	44.32	199005500	44.87	+0,93
21.	Kirsten de Vries	EZC	48.62	199004090	45.43	+1,02
22.	Berber Jaquemijns	MZ&PC	49.43	199008430	46.76	+1,03
23.	Lisette van Sinttruije	De Geul	46.80	199108554	47.11	+0,75

Masters 30+

1.	Caroline van Tiggelen	Scheldestroom	36.67	198301970	36.72	+0,73
2.	Renee de Kok	PSV	38.01	198403350	37.83	+0,57
3.	Aafke Groot	De Geul	38.59	198302748	39.13	+0,92
4.	Annelette Reefhuis-de Vries	WS Twente	38.66	198603908	40.07	+0,77
5.	Angela Giezen	Montferland	40.40	198302796	40.66	+0,90
6.	Isaline Manchel	CNSW	42.70	001284/85	42.34	+0,99
7.	Evy van Kempen	TRB-RES	46.84	198605286	47.51	+0,78
NG.ZA	Karin van Dijk	HZ&PC Heerenveen	36.02	198600850		

Masters 35+

1.	Laura Badoux	DAW	34.81	198200038	34.65	+0,83
	<i>Nederlands Masters Record</i>					
2.	Yvonne Gerritsen	WVZ	37.51	198000342	38.47	+0,82
3.	Inge Roskam	De Duinkikkers	41.30	197801296	39.79	+0,83
4.	Yvette Roozen	DWT	41.80	198000926	41.20	+0,79
5.	C. van der Straate de Jong	Old Dutch	41.87	198001750	41.51	+0,95
6.	Mia Gobert	ROSC	41.72	21033/80	41.61	+0,92
7.	Kirsten Savelberg	AZC	41.88	197901192	42.02	+0,71
8.	Saskia op den Velde	De Duinkikkers	51.05	197901530	48.21	+0,92

Masters 40+

1.	Edith Janssen-Koolen	TRB-RES	38.11	197300898	37.80	+0,76
2.	Nadège van Meeteren	De Meer	37.29	197400736	37.82	+0,86
3.	Muriel Xhervelle	Embourg Natation	38.06	152/73	38.11	+0,73
4.	Marian Nederlof	De Geul	41.34	197600950	41.52	+0,83
5.	Karin Smolders	Budel	44.19	197601078	43.03	+0,93

Masters 45+

1.	Marjo Goelema-Koek	De Biesboschzwimmers	35.35	196900192	34.86	+0,72
	<i>Nederlands Masters Record</i>					
2.	Wanda Derckx-Weusten	ZEPS	40.42	197200624	39.33	+0,61
3.	Monique Tuijp	WZ&PC Purmerend	39.67	196900800	39.46	+0,80
4.	Trudie van Niejenhuis	TZC-Vahalis	40.54	197100444	40.11	+0,79
5.	Esther Mijnen	WZ&PC Purmerend	39.94	196900846	40.35	+0,75
6.	Danielle van Veen	ZPC Woerden	41.04	196901048	41.44	+0,80
7.	Rina Kuiper	H2Oldambt	42.74	197001040	42.39	+0,69
8.	Wendy Hendrixx-Verhagen	TRB-RES	44.15	197101038	43.48	+0,84
9.	Karin Leverink	WS Twente	44.59	197200972	44.99	+0,94
10.	Sandra Daamen-Posma	AZC	46.36	196800854	45.94	+0,87
11.	Judith van der Heijden	Budel	49.80	197001012	47.94	+0,73
12.	Miriam Stevens	Budel	48.72	196900988	47.98	+1,25
13.	Greta Wyma-Teitsma	DWK	48.05	197100696	48.25	+0,87
14.	Evelien Naatje	WS Twente	48.10	197200838	49.01	+1,09

Masters 50+

1.	Annette Wijnja-Visser	De Biesboschzwimmers	38.35	196700528	37.93	+0,74
2.	Jacqueline Tuin	DAW	39.34	196600690	38.71	+0,72
3.	Petra Casteleijn	ZPC AMERSFOORT	41.25	196600098	41.08	+0,85
4.	Caroline Schreuder	Triton	43.67	196700550	43.15	+0,82
5.	Yvette Kilian	WVZ	43.98	196600534	43.84	+0,81
6.	Theresa Walsh	MZ&PC	44.19	196700726	45.04	+1,06
7.	Roelien Speelman-Tigelaar	De Spatters	44.70	196600664	45.16	+0,72

Programmanr. 10, Dames, 50m schoolslag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
8.	Machteld Stiling	ZPC AMERSFOORT	46.38	196600716	45.56	+0,76
9.	Sylvia Avitabile	Budel	49.14	196700728	47.65	+1,06
10.	Christine Buist	De Duinkickers	48.16	196400608	48.65	+1,06
11.	Erica Muller	De Geul	51.88	196400412	49.64	+0,72
12.	Riekje Schra	Steenwijk 1934	59.90	196400404	1:03.39	+1,34

Masters 55+

1.	Marijke Kraak-Beckers	WS Twente	42.98	196000240	42.36	+0,80
2.	Marijke van Hoek	ZPC De Zeeuwse Kust	42.48	195800050	43.30	+0,92
3.	Francine Sommer	Triton	44.63	196200384	44.14	+0,80
4.	Jenny Westervarder	H2Oldambt	49.46	196200424	48.57	+0,83
5.	Petra v.d. Steeg	ZCNF'34	51.30	196100398	51.06	+0,95
6.	Karien Musters	Old Dutch	1:01.48	195800236	1:01.53	+0,91

DIS Jacqueline Weijers-Horree MZ&PC 48.76 196100410
SU - Niet gezwommen in de cyclus van eerst armslag dan beenslag of een onvolledige cyclus (behalve bij de laatste slag voor keer- of eindpunt).

Masters 60+

1.	Patty Krupiarz	PLONS	45.43	195400074	47.63	+0,78
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Masters 65+

1.	Tineke van Diggelen	ZPCH	50.57	195200048	51.21	+0,96
2.	Geerdien Meerwaldt	De Geul	57.39	195200058	56.11	+1,09
3.	Nini van Dongen-de Paepe	ZZ&PC De Devel	1:00.02	195100044	1:02.98	+1,18

Masters 70+

1.	Annet Verhoeven	De Duinkickers	50.37	194600024	52.14	+1,11
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Masters 80+

1.	Alice Lindhout	PSV	1:05.49	193500010	1:06.37	+0,97
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Masters 90+

AFGEM	Marianne Maandonks	PSV	1:37.78	192600004		
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**Programmanr. 11
20-01-2017 - 14:39**
Heren, 100m vrije slag
**Masters Open
Resultaten**

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC	50m	100m
Masters 20+								
1.	Melvin Prins	Wiekslag	52.31	199500201	53.00	+0,67	25.13	53.00
2.	Roel Rademaker	SPONS	55.66	199406633	55.23	+0,76	26.25	55.23
3.	Hiras Ferrandino	DWT	56.26	199306527	56.52	+0,63	26.44	56.52
4.	Martino Valentijn	DIO	57.73	199403913	57.78	+0,74	27.91	57.78
5.	Ruben Koek	DWK	57.99	199701187	57.92	+0,75	27.41	57.92
6.	Hans Stoffers	Triton Putten	58.43	199604027	59.21	+0,54	28.37	59.21
7.	Jesper Honken	Nova	59.87	199600085	59.88	+0,83	28.71	59.88
8.	Joey van der Valk	ZOB'66	59.91	199602191	1:00.64	+0,71	28.39	1:00.64
9.	Ramon van Huizen	SGGO (SG)	59.93	199400945	1:01.26	+0,76	29.17	1:01.26
10.	Jeffrey Camphens	DWT	56.83	199503113	1:02.33	+0,52	29.47	1:02.33
11.	Ian van Mullem	ZOB'66	1:04.56	199602545	1:05.37	+0,76	30.78	1:05.37
12.	Michiel van Vliet	ZPC Woerden	1:01.51	199503875	1:05.48	+0,90	31.17	1:05.48
13.	Nils Hullegien	ZPC Woerden	1:07.86	199705371	1:06.54	+0,77	30.92	1:06.54
14.	Rens Klok	ZPC Woerden	1:07.31	199602045	1:11.14	+0,86	33.62	1:11.14

Programmanr. 11, Heren, 100m vrije slag, Masters 20+

rang naam	vereniging	inschrijftijd	tijd	RT IPC	50m	100m
NG.ZA Diederick Schothans	De Veene	57.45	199703185			

Masters 25+

1. Klaas van Beek	ZV Haerlem	55.22	198805941	54.87	+0,70	26.39	54.87
2. Stefan Kwant	Nova	56.62	199200781	55.45	+0,69	25.95	55.45
3. Martin Teley	PSV	55.40	198906059	56.17	+0,71	26.84	56.17
4. Jan-Willem van der Graaff	PSV	57.59	198901023	56.62	+0,71	26.89	56.62
5. Rens Post	WVZ	58.00	199101827	58.31	+0,67	27.50	58.31
6. Sander Heijnen	ZEPS	58.12	199001199	59.62	+0,75	28.07	59.62
7. Ferrie van Ingen	De Gelsenberg	1:05.72	199001335	1:02.21	+0,96	29.35	1:02.21
8. Patrick Holthuisen	Albion d'ELFT (SG)	1:02.30	199107681	1:03.20	+0,62	30.51	1:03.20
9. Patrick de Jonge	ZPC Woerden	1:01.99	198906635	1:03.26	+0,85	29.58	1:03.26
10. Tjeerd Woudstra	EZC	1:04.48	198805967	1:04.31	+0,91	30.53	1:04.31
11. Stefan Oostendorp	AZC	1:06.84	199005615	1:04.88	+0,92	30.92	1:04.88
12. Peter Schelvis	LINK	1:06.03	198906671	1:06.57	+1,02	31.63	1:06.57
13. Nicky Valentijn	AquaAmigos	1:07.21	198806175	1:07.71	+0,77	33.12	1:07.71
14. Wouter van 't Klooster	ZPC AMERSFOORT	1:08.49	198806159	1:08.61	+0,83	32.58	1:08.61
15. Daniel van den Wildenberg	Eurode KZC	1:07.31	199206491	1:08.84	+0,78	32.37	1:08.84

Masters 30+

1. Joan Kentrop	Zwemlust-den Hommel	50.33	198503575	50.46	+0,74	23.61	50.46
<i>Nederlands Masters Record, tt 50m NMR</i>							
2. Alex Schelvis	LINK	53.31	198702927	53.58	+0,77	25.90	53.58
3. Michiel Jorink	ZV 44	54.82	198701613	54.38	+0,74 952	25.58	54.38
4. Robert Dekker	Dedemsvaart-AC	56.05	198400443	55.81	+0,79	26.69	55.81
5. Bart Drechsel	WZK Zwemmen	56.05	198604135	55.82	+0,66	26.63	55.82
6. Federico Cappello	Swimming Luxembourg	58.84	9598	56.20	+0,77	26.77	56.20
<i>Luxembourg MR</i>							
7. Pascal van Haren	Van Vliet-Barracuda	55.26	198704101	56.32	+0,71	27.00	56.32
8. Roderik Meijers	Albion d'ELFT (SG)	55.75	198602063	56.57	+0,70	26.07	56.57
9. Jim Geestman	RSW (SG)	56.76	198300699	56.80	+0,84	27.20	56.80
10. Rick Driezen	Steenwijk 1934	56.08	198600713	57.43	+0,98	27.31	57.43
11. Matthijs Vergaaij	Normerven	56.79	198302605	57.49	+0,78	26.82	57.49
12. Roel van der Kruijs	De Gelsenberg	59.84	198501491	1:01.02	+0,67	29.11	1:01.02
13. Renan Bernard	Liège Atlas SC	1:02.18		1:01.21	+0,76	29.63	1:01.21
14. Mark Godwaldt	PSV	1:02.93	198701039	1:02.88	+0,82	30.61	1:02.88
15. Dennis Kraakman	DAW	1:05.19	198705325	1:04.38	+0,73	30.06	1:04.38
16. Robin Eggenkamp	De Duinkickers	1:08.44	198700847	1:10.21	+0,79	32.51	1:10.21

Masters 35+

1. Nol van Thull	Albion d'ELFT (SG)	51.88	198001513	52.29	+0,78	25.12	52.29
2. Andrew Kurnosov	Troika	54.28		53.35	+0,76	25.71	53.35
3. Lauren Vis	Steenwijk 1934	54.59	198201883	55.37	+0,65	26.11	55.37
4. Wouter Zijlstra	DAW	1:01.19	198202077	1:01.27	+0,81	28.70	1:01.27
5. Hugo Mota Prego	MZ&PC	1:02.70	198002419	1:03.29	+0,81	29.38	1:03.29
6. Bart Sieczynski	MZ&PC	1:03.12	197901995	1:04.66	+0,69	29.75	1:04.66
7. Gino Martijn	RZ	1:05.03	197901865	1:05.88	+0,73	31.52	1:05.88
8. Peter Lommert	Swol 1894	1:08.31	197900787	1:06.18	+0,95	31.54	1:06.18
9. Ingmar Kooman	LZ 1886	1:15.03	197901517	1:09.51	+0,81	33.43	1:09.51

Masters 40+

1. Frédéric Tonus	Liège Natation	54.32	003911/73	53.92	+0,74	26.18	53.92
<i>Belgisch MR</i>							
2. Ivo Roozeboom	WVZ	56.05	197700801	56.40	+1,64	27.20	56.40
3. Alex Damen	DAW	57.56	197501371	57.89	+0,73	28.17	57.89
4. John Cobussen	De Gelsenberg	57.16	197501323	58.48	+0,72	27.81	58.48
5. Patrick Roozeboom	WS Twente	1:00.29	197701643	59.23	+0,84	29.36	59.23
6. Erik Lamers	De Gelsenberg	58.81	197500507	59.73	+0,76	28.96	59.73

Programmanr. 11, Heren, 100m vrije slag, Masters 40+

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
7. Kelvin Isselt	RZ	1:00.43	197601119	1:00.42	+0,69	28.23	1:00.42
8. Erwin Zuidervelt	AZ&PC De Futen	1:00.36	197501015	1:00.55	+0,80	28.77	1:00.55
9. Walter Stielstra	TRB-RES	1:02.82	197701651	1:01.23	+0,81	29.30	1:01.23
10. Yannick Vanderborght	Leuven Aquatics	1:02.16	11100/75	1:01.51	+0,80	29.04	1:01.51
11. Bas Broekhuis	MZ&PC	1:02.68	197601561	1:01.59	+0,81	29.62	1:01.59
12. Mohamed Abou Gebba	CNSW	1:15.51	005045/75	1:13.93	+0,83	35.25	1:13.93

Masters 45+

1. Glen le Clercq	De Rog	55.46	196800177	56.94	+0,70	27.10	56.94
2. Marcel van Winssen	De Gelsenberg	57.20	197101477	57.78	+0,79	27.18	57.78
3. Richard Rickson	NIMO	57.78	197000841	58.13	+0,77	28.44	58.13
4. Pieter van Gemeren	DAW	59.36	196901779	58.36	+0,74	27.69	58.36
5. Kees Akershoek	SGGO (SG)	59.48	196900009	1:00.87	+0,75	28.80	1:00.87
6. Linas Kersevicius	Kauno Takas	1:03.32		1:00.99	+0,82	28.86	1:00.99
7. Frederic Robin	CNSW	1:01.53	004923/69	1:01.27	+0,67	28.64	1:01.27
8. Jeroen Kort	DAW	1:02.40	196801543	1:02.01	+0,76	29.80	1:02.01
9. Harold Brouwer	De Gelsenberg	1:03.91	197201569	1:03.76	+0,76	30.15	1:03.76
10. Jos Wensink	WS Twente	1:02.32	196901719	1:04.43	+0,81	30.81	1:04.43
11. Wiljo Mackus	Budel	1:04.23	197101557	1:05.30	+0,97	30.77	1:05.30
12. Chris Kouwenhoven	De Spatters	1:08.55	197101669	1:06.38	+0,80	31.74	1:06.38
13. Mario Cuelenaere	ZPC De Zeeuwse Kust	1:08.06	196901569	1:06.40	+0,98	32.08	1:06.40
14. Ingmar de Gelder	ZOB'66	1:07.28	197000333	1:06.75	+0,83	31.37	1:06.75
15. Hans Schoenmakers	DAW	1:06.11	196900863	1:06.84	+0,79	31.74	1:06.84
16. Wijnand Vergeest	De Rog	1:08.80	196800949	1:06.85	+0,82	32.03	1:06.85
17. Marcel Brittin	De Duinkickers	1:09.03	196900159	1:08.50	+0,64	32.52	1:08.50
18. Maarten Poos	De Ward	1:09.54	196801579	1:09.05	+0,76	33.29	1:09.05
19. Marco van Rooijen	Arethusa	1:09.34	196901755	1:09.34	+0,85	34.02	1:09.34
20. Martijn de Jong	DWK	1:09.70	197101659	1:09.80	+0,78	31.85	1:09.80
21. Roelof Broekman	De Spatters	1:14.25	196800155	1:12.69	+0,82	33.94	1:12.69
22. Taco Eikelenboom	AZ&PC De Futen	1:11.06	196900275	1:12.86	+0,86	33.89	1:12.86
23. Ferdinand Teitink	Montferland	1:16.45	197001583	1:13.76	+1,10	35.09	1:13.76
24. Edward van Nijmweegen	Budel	1:11.91	197001635	1:14.02	+0,71	34.76	1:14.02
25. Gertjan van der Vaart	ZVVS	1:13.77	196801529	1:15.03	+0,81	35.56	1:15.03
26. Bas van Gool	De Geul	1:16.46	197201435	1:15.14	+0,78	35.70	1:15.14
AFGEM Joost van Eerdt	Budel	1:12.87	196901723				

Masters 50+

1. Peter Bernsen	De Rog	57.05	196301119	57.16	+0,71	27.44	57.16
2. Erlend Alstad	IL Varg	58.36		58.26	+0,72	28.76	58.26
3. Pieter Derckx	ZEPS	59.56	196501241	59.44	+0,76	28.06	59.44
4. Aleksei Trusov	Sprut	59.45	018029	1:00.04	+0,78	28.25	1:00.04
5. Sergey Kozlov	Sprut	59.75	037099	1:00.19	+0,81	28.48	1:00.19
6. Martin Kaptein	DWK	59.89	196701677	1:00.45	+0,88	28.98	1:00.45
7. Phil Trethewie	Den Doorn	1:00.11	196501315	1:00.75	+0,79	29.30	1:00.75
8. Arnold de Rover	AZ&PC De Futen	58.76	196400645	1:01.43	+0,66	29.40	1:01.43
9. Gert Sikkema	ZIGNEA	1:00.02	196300687	1:02.62	+0,79	29.28	1:02.62
10. Hein Ardenoy	BZK	1:02.39	11031/65	1:02.66	+0,70	29.46	1:02.66
11. Henri Michels	De Amstel	1:04.71	196501587	1:04.46	+0,70	30.84	1:04.46
12. Nico Paasse	SGGO (SG)	1:07.00	196501463	1:05.48	+0,90	31.60	1:05.48
13. Paul Wijnja	De Biesboschzwemmers	1:06.62	196301403	1:05.87	+0,76	31.01	1:05.87
14. Meindert Tuinstra	H2Oldambt	1:06.00	196600853	1:06.91	+1,04	31.86	1:06.91
15. Erik Saan	De Duck	1:07.00	196500769	1:07.19	+1,00	31.88	1:07.19
16. Wridzer Bakker	ESCA Zwemmen	1:06.89	196701711	1:07.41	+0,87	31.28	1:07.41
17. Theo Bakker	TriVia	1:05.25	196401231	1:07.53	+0,82	32.25	1:07.53
18. Ruud Kennis	Budel	1:07.31	196501555	1:07.85	+0,73	32.40	1:07.85
19. Robert de Brauwier	De Duinkickers	1:08.63	196401383	1:09.15	+0,83	32.42	1:09.15
20. Richard Tiemstra	De Biesboschzwemmers	1:10.00	196301397	1:09.53	+0,93	31.89	1:09.53
21. Wilbert Barten	Nautilus	1:11.99	196401373	1:11.31	+0,84	34.26	1:11.31
22. Roy le Clercq	De Rog	1:09.70	196401041	1:11.74	+0,93	33.31	1:11.74
23. René Speelman	De Spatters	1:11.90	196601521	1:12.40	+0,74	35.03	1:12.40
24. Frank van Engelen	De Rog	1:15.82	196701721	1:12.63	+0,84	34.15	1:12.63

50m*

Programmanr. 11, Heren, 100m vrije slag, Masters 50+

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
25. Cees Kersten	De Rog	1:21.39	196401435	1:12.85	+0,76	34.28	1:12.85
26. Richard Rozema	Albion d'ELFT (SG)	1:10.19	196701583	1:14.71	+0,90	35.01	1:14.71
27. Marcel Nelissen	Kimbria	1:31.22	196501611	1:34.22	+0,78	44.91	1:34.22
NG Rob Verheul	TRB-RES	1:01.99	196601571				

Masters 55+

1. Marten de Groot <i>Kampioenschaps Record</i>	HZ&PC Heerenveen	58.43	195800149	58.20	+0,78	28.01	58.20
2. Johan Remmits	ZPC Woerden	58.58	196201159	58.77	+0,83	28.31	58.77
3. Jan Brink	ZPC De Zeeuwse Kust	1:00.30	196200091	58.99	+0,75	28.10	58.99
4. Lionel Godeaux	CNSW	1:00.87	000217/60	59.88	+0,69	28.25	59.88
5. Fred Ketting	PSV	1:00.37	196000289	59.93	+0,86	28.41	59.93
6. Rob Spetter	De Rog	1:01.32	196201239	1:02.21	+0,66	29.42	1:02.21
7. Hans Westerhof	WS Twente	1:01.56	196200743	1:02.37	+0,93	31.48	1:02.37
8. Kees-Jan van Overbeeke	WWV	1:01.95	196200489	1:03.61	+0,83	30.50	1:03.61
9. Adrian Ortiz Buitrago	WIDEX GZC DONK	1:05.64	196000931	1:06.71	+0,75	32.06	1:06.71
10. Robin Prins	De Geul	1:06.06	196200515	1:07.01	+0,77	31.90	1:07.01
11. Rene Weijers	MZ&PC	1:09.23	195900837	1:07.44	+0,99	31.79	1:07.44
12. Ronald van Ginneken	Old Dutch	1:10.03	196100827	1:08.55	+1,04	32.58	1:08.55
13. Ron van der Meer	De Gelenberg	1:11.52	196000975	1:10.58	+0,90	33.99	1:10.58
14. André Schutte	ZPC De Zeeuwse Kust	1:14.58	196000521	1:13.04	+0,92	34.87	1:13.04
15. Jan Haitsma	De Spatters	1:21.50	196000929	1:22.65	+0,95	39.87	1:22.65
16. Hans van Scheepen	Steenwijk 1934	1:27.62	196201245	1:29.70	+0,88	41.26	1:29.70

Masters 60+

1. Hans Wijsman	PSV	1:01.94	195500427	1:03.59	+0,79	30.20	1:03.59
2. Evertjan Masurel	PLONS	1:08.49	195600495	1:07.46	+0,90	32.23	1:07.46
3. Ruud Ruiter	WWV	1:07.43	195300169	1:07.67	+0,88	32.42	1:07.67
4. Michaël Gouweloos	MZ&PC	1:10.05	195400377	1:10.35	+1,00	33.51	1:10.35
5. Jos Zentjens	Budel	1:12.24	195700569	1:12.24	+0,92	34.69	1:12.24
6. Laurens Klein Breteler	WWV	1:12.68	195400109	1:15.29	+0,88	35.44	1:15.29
7. Jos van Sleuwen	Nautilus	1:23.88	195700323	1:26.39	+0,92	38.19	1:26.39
8. Achille Sinner <i>Luxembourg MR</i>	Swimming Luxembourg	1:32.15	94	1:30.80	+0,79	41.94	1:30.80

Masters 65+

1. Brend Brevé	PSV	1:06.29	195200265	1:06.65	+0,84	32.68	1:06.65
2. Henk van Hezel	MZ&PC	1:15.04	195100239	1:12.41	+0,76	34.80	1:12.41
3. Jos Kamps	Zwemvereniging Hoogland	1:15.57	195100085	1:15.38	+0,85	37.32	1:15.38
4. Wout Hemmes	De Plons	1:12.37	194800059	1:15.45	+0,87	34.83	1:15.45
5. Ronald Blankenstein	Aqua-Novio'94	1:27.38	195000013	1:28.28	+0,98	39.13	1:28.28

Masters 70+

1. Theo Schouten	WWV	1:16.87	194600161	1:16.21	+0,98	36.35	1:16.21
2. Viktoras Snieska <i>Lithuanian MR</i>	Kauno Takas	1:20.19		1:16.30	+1,12	36.65	1:16.30
3. Pieter Schillemans	WZ&PC Purmerend	1:19.17	194600141	1:20.04	+0,86	38.53	1:20.04
4. Willem Putter	ZVVS	1:17.14	194500135	1:20.91	+1,01	37.90	1:20.91
5. Peter Ouweneel	RSW (SG)	1:47.41	194500077	1:57.78	+1,06	56.59	1:57.78

Masters 75+

1. Frans van Enst	WS Twente	1:20.41	194000011	1:23.76	+1,08	38.77	1:23.76
2. Geza Kaltenecker	AZC	1:22.06	194200065	1:24.05	+0,86	38.39	1:24.05

Programmanr. 12
20-01-2017 - 15:11

Dames, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT IPC	50m	100m
Masters 20+						
1. Tamara Grove <i>Nederlands Masters Record</i>	De Dolfijn	57.33 199601266	57.65	+0,69	27.75	57.65
2. Zoë van der Aart	ZPCH	59.43 199503152	58.35	+0,78	27.99	58.35
3. Jamilla van Veen	ZPC Woerden	58.72 199603192	1:00.30	+0,76	29.16	1:00.30
4. Manon van Esch	TRB-RES	59.39 199702090	1:01.25	+0,56	29.29	1:01.25
5. Fiona Meuffels	RZ	1:01.34 199504366	1:02.56	+0,74	29.97	1:02.56
6. Lotte Coenen	Hydrofiel	1:04.77 199301518	1:03.27	+0,85	29.90	1:03.27
7. Chantal Beijer	DWT	1:03.61 199700884	1:03.42	+0,67	30.36	1:03.42
8. Manon Filarski	De Aalscholver	1:05.98 199307926	1:03.68	+0,73	30.27	1:03.68
9. Suzanne Mosch	MSV-Zeemacht	1:01.98 199400548	1:04.10	+0,74	30.52	1:04.10
10. Lianne Molkenboer	EZC	1:03.65 199602034	1:04.20	+0,76	30.28	1:04.20
11. Maike Korthout	TRB-RES	1:02.20 199406034	1:05.10	+0,66	30.83	1:05.10
12. Nikki Hoogeboom	De IJssel	1:05.25 199301196	1:05.22	+0,78	30.96	1:05.22
13. Moniek Heemskerk	LZ 1886	1:03.02 199601964	1:05.35	+0,74	31.64	1:05.35
14. Josine van Ballegooijen	De Meer	1:05.28 199703310	1:07.33	+0,70	31.82	1:07.33
15. Sarina Paulussen	RZ	1:06.96 199307426	1:08.13	+0,70	31.80	1:08.13
16. Ramona Noordermeer	ZVVS	1:09.54 199401746	1:09.02	+0,75	33.45	1:09.02
17. Lilianne Sweere	ZC Aquadream	1:11.99 199704376	1:09.38	+0,77	33.48	1:09.38
18. Charine de Ruiter	Steenwijk 1934	1:08.27 199403668	1:10.25	+0,87	33.54	1:10.25
19. Mariëtte Bulman	ZC Aquadream	1:06.46 199506846	1:10.45	+0,69	33.12	1:10.45
20. Naomi van Gool	LINK	1:08.38 199505166	1:11.35	+0,78	33.70	1:11.35
21. Margot van de Rakt	Nautilus	1:11.35 199300618	1:14.46	+0,63	35.57	1:14.46
22. Rebecca van Eeren	SCOM	1:10.97 199306910	1:18.51	+0,80	37.09	1:18.51
23. Henriëtte Dijkdrent	Katwijk	1:27.67 199307886	1:26.81	+0,85	40.53	1:26.81
NG.ZA Evy Ulijn	Arethusa	59.04 199604100				

Masters 25+

1. Cora van Dorst	De Krabben	59.03 199106218	58.72	+0,51	28.06	58.72
2. Monique Lindenberg	De Bevelanders	1:01.70 199002360	1:00.20	+0,78	29.45	1:00.20
3. Femke Hendriks	Nuenen	58.84 198801698	1:00.87	+0,78	28.59	1:00.87
4. Denise Boereboom	Van Vliet-Barracuda	1:01.82 199202144	1:01.31	+0,80	29.29	1:01.31
5. Stéphanie Bergsma	Dedemsvaart-AC	1:01.94 199203374	1:01.57	+0,63	29.43	1:01.57
6. Fraukje Puts	HZ&PC Heerenveen	1:00.26 199206470	1:01.62	+0,76	30.20	1:01.62
7. Merel van der Kieft	EZC	1:02.60 199200920	1:02.50	+0,66	28.91	1:02.50
8. Isabelle Massar	WVZ	1:01.65 199102034	1:02.68	+0,80	29.89	1:02.68
9. Tessa Mosch	MSV-Zeemacht	1:02.93 199102172	1:02.70	+0,66	29.57	1:02.70
10. Wendy de Bruin	ZOB'66	1:02.12 199206320	1:03.26	+0,62	29.69	1:03.26
11. Mandy Verbakel	ZPC Woerden	1:03.13 199003908	1:03.34	+0,78	30.70	1:03.34
12. Karin Verbeek	Nautilus	1:03.71 199201848	1:05.48	+0,70	31.38	1:05.48
13. D. van den Hoogenband	Nuenen	1:06.24 199001558	1:05.53	+0,85	31.44	1:05.53
14. Ilse van den Wijngaard	ZPC Woerden	1:03.67 198904736	1:05.76	+0,72	31.48	1:05.76
15. Marlijn Mulders	De Treffers	1:06.55 198803114	1:06.21	+0,67	31.52	1:06.21
16. Siska Post	DIO	1:06.53 198805562	1:06.29	+0,72	32.20	1:06.29
17. Evelien Terpstra	EZC	1:07.60 199005654	1:06.92	+0,74	31.54	1:06.92
18. Gina Lopez Quinto	CN Aquamasters	1:07.53 047735692	1:07.37	+0,80	33.24	1:07.37
19. Tamara Caspers	LZ 1886	1:04.33 199007272	1:07.57	+0,80	31.70	1:07.57
20. Christa Stam	RSW (SG)	1:10.02 198806790	1:08.43	+0,78	33.09	1:08.43
21. Anne Bavelaar	PSV	1:20.63 199108240	1:08.57	+0,71	32.51	1:08.57
22. Ilse Blankvoort	Steenwijk 1934	1:13.34 199204458	1:10.47	+0,86	33.80	1:10.47
23. Lonneke Oenema	Steenwijk 1934	1:09.82 199102314	1:10.63	+0,71	34.50	1:10.63
24. Lindsey Hol	De Meer	1:07.44 199008088	1:11.29	+0,71	34.41	1:11.29
25. Eline Roeland	SGGO (SG)	1:11.70 198805970	1:11.36	+0,82	34.35	1:11.36
26. Jose Janssen	Mosa-Regio	1:06.83 198907324	1:12.00	+0,67	33.43	1:12.00
27. Eline Schoenmaker	Zwemlust-den Hommel	1:14.13 199003322	1:12.52	+0,68	34.32	1:12.52
28. Whitley Rens	SGGO (SG)	1:12.22 199007520	1:13.70	+0,78	35.21	1:13.70
29. Joëlle Vaes	DIO	1:15.43 199007576	1:13.82	+0,61	35.39	1:13.82
30. Mariska Zaal	AZC	1:14.42 198806916	1:13.90	+0,71	35.13	1:13.90
31. Elly Scheepers	Budel	1:14.02 199102728	1:14.07	+0,88	35.43	1:14.07

Programmanr. 12, Dames, 100m vrije slag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
32. Lisette van Sinttruije	De Geul	1:16.60	199108554	1:15.82	+0,74	36.11	1:15.82
33. Rachelle Hellenbrand	PSV	1:15.09	199101204	1:20.99	+0,91	37.41	1:20.99

Masters 30+

1. Pauline Gouwens	DWK	57.02	198400790	58.31	+0,70	27.75	58.31
2. Inga Tcarkova	Sprut	1:00.70	018060	1:01.40	+0,90	29.46	1:01.40
3. Nadya Putter	ZVVS	1:01.47	198301630	1:03.37	+0,74	30.66	1:03.37
4. Olga Volman-Maiorova	NDD	1:03.62	198504188	1:03.53	+0,73	30.34	1:03.53
5. Miranda Pijnenburg	De Treffers	1:06.49	198301216	1:05.99	+0,86	31.86	1:05.99
6. Nienke van Stipriaan	PSV	1:05.42	198703970	1:06.41	+0,91	31.73	1:06.41
7. Renee de Kok	PSV	1:08.04	198403350	1:07.71	+0,71	32.58	1:07.71
8. Denise de Riet	ZZ&PC De Devel	1:09.34	198402040	1:07.86	+0,95	32.68	1:07.86
9. Tamara Nordin	ZPC De Zeeuwse Kust	1:11.23	198702996	1:10.00	+0,81	34.65	1:10.00
10. Hoy Lin Moo	MZ&PC	1:14.62	198302898	1:14.26	+0,83	35.42	1:14.26
11. Bregje Kauffmann	Budel	1:14.76	198605304	1:15.87	+0,76	35.17	1:15.87
12. Fabienne Jekens	Zwemvereniging Hoogland	1:17.49	198401156	1:18.43	+0,86	36.59	1:18.43
13. Kim de Groot	ZEPS	1:21.19	198601318	1:23.37	+0,80	38.18	1:23.37
14. Reynate van der Mark	Katwijk	1:28.57	198301328	1:27.56	+0,97	43.05	1:27.56
15. Marloes Rebel	WS Twente	1:24.68	198403474	1:29.36	+1,08	42.71	1:29.36

Masters 35+

1. Anna Duda	RMKS Rybnik	1:10.59		1:03.89	+0,73	29.92	1:03.89
2. Mia Gobert	ROSC	1:22.26	21033/80	1:12.92	+0,87	34.77	1:12.92
3. Yvette Roozen	DWT	1:14.42	198000926	1:14.97	+0,75	35.93	1:14.97
4. Kirsten Savelberg	AZC	1:11.58	197901192	1:16.05	+0,62	36.32	1:16.05
5. Sandra van der Helm	De Rog	1:20.45	197801340	1:20.13	+0,83	37.62	1:20.13
6. Saskia op den Velde	De Duinkickers	1:26.61	197901530	1:24.43	+0,88	38.83	1:24.43
7. Natascha Hartman	PSV	1:14.40	198101780	1:25.69	+1,05	39.20	1:25.69

Masters 40+

1. Elena Babikova	Sprut	59.46	018010	1:01.28	+0,87	29.79	1:01.28
<i>Kampioenschaps Record</i>							
2. Nathalie Blondeel	CNSW	1:03.59	004784/77	1:02.45	+0,70	30.01	1:02.45
<i>Belgisch MR</i>							
3. Edith Janssen-Koolen	TRB-RES	1:03.86	197300898	1:03.41	+0,69	29.89	1:03.41
4. Ilona Hogerheyde	DAW	1:06.16	197400224	1:06.88	+0,72	31.46	1:06.88
5. Natasja Forat	ZPC De Zeeuwse Kust	1:08.86	197701186	1:08.07	+0,93	33.10	1:08.07
6. Esther Vergeest	De Rog	1:13.49	197700012	1:09.81	+0,80	33.59	1:09.81
7. Marian Nederlof	De Geul	1:09.59	197600950	1:11.20	+0,80	33.87	1:11.20
8. Natalie van den Broek	Nautilus	1:15.16	197300810	1:12.93	+1,02	35.38	1:12.93
9. Jannie Vennik	HZ&PC Heerenveen	1:14.14	197601006	1:13.10	+0,88	35.79	1:13.10
10. Karin Smolders	Budel	1:16.49	197601078	1:15.82	+0,92	36.77	1:15.82
11. Christa Verploeg	De Meer	1:19.62	197400896	1:16.87	+0,78	35.73	1:16.87
12. Inge Lolkema-Soeters	Steenwijk 1934	1:17.51	197300934	1:18.95	+0,76	37.59	1:18.95
13. Sandra Dackus Godding	MZ&PC	1:22.30	197401050	1:19.48	+0,87	38.07	1:19.48
14. Clementine van Bruxvoort	ZPB H&L Productions	1:28.64	197700138	1:29.39	+0,90	43.21	1:29.39

Masters 45+

1. Monique Tuijp	WZ&PC Purmerend	1:01.97	196900800	1:02.57	+0,79	29.81	1:02.57
2. Yvette Ratering	De Ward	1:06.64	197200990	1:04.64	+0,83	30.90	1:04.64
3. Annette de Visser	Oceanus	1:05.97	197100602	1:04.86	+0,81	31.34	1:04.86
4. Marjo Goelema-Koek	De Biesboschzwemmers	1:06.04	196900192	1:05.39	+0,73	31.04	1:05.39
5. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	1:06.58	197000054	1:06.64	+0,93	31.56	1:06.64
6. Eline Overeem	Zwemlust-den Hommel	1:09.79	197101048	1:09.10	+0,84	32.83	1:09.10
7. Iris van Aurich	DWK	1:08.94	196900866	1:09.69	+0,70	32.42	1:09.69
8. Inken Wemheuer	DWT	1:11.28	197101016	1:11.09	+0,73	33.79	1:11.09
9. Marijke Campfens	De Geul	1:16.28	196900960	1:11.34	+0,70	33.96	1:11.34
10. Renata Gadlauskienė	Kauno Takas	1:17.05		1:11.41	+0,81	35.48	1:11.41

Programmanr. 12, Dames, 100m vrije slag, Masters 45+

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
11. Marion Broekhuis	WS Twente	1:11.53	196800060	1:12.27	+0,76	34.50	1:12.27
12. Rina Kuiper	H2Oldambt	1:12.64	197001040	1:12.34	+0,74	34.10	1:12.34
13. Danielle van Veen	ZPC Woerden	1:14.65	196901048	1:14.85	+0,79	35.03	1:14.85
14. Barbara Xhervelle	Embourg Natation	1:17.24	128/71	1:15.62	+0,87	36.06	1:15.62
15. Wendy Hendriks-Verhagen	TRB-RES	1:22.53	197101038	1:17.79	+0,91	37.04	1:17.79
16. Imke van der Meer	Scheldestroom	1:20.34	196901032	1:18.42	+0,97	36.94	1:18.42
17. Evelien Naatje	WS Twente	1:21.33	197200838	1:18.90	+1,09	38.16	1:18.90
18. Evelien Berman-Alers	Nautilus	1:21.34	197200878	1:20.11	+0,84	37.57	1:20.11
19. Zilla Fokke	AZ&PC De Futen	1:19.27	196800866	1:20.93	+0,83	38.99	1:20.93
20. Miriam Stevens	Budel	1:21.36	196900988	1:21.93	+1,06	38.22	1:21.93
21. Karin Frederix	Old Dutch	1:21.35	196901044	1:22.24	+0,99	40.55	1:22.24
22. Karin Leverink	WS Twente	1:26.68	197200972	1:22.59	+0,81	39.09	1:22.59

Masters 50+

1. Katrien Delaender <i>Belgisch MR</i>	BZK	1:04.97	20525/66	1:04.77	+0,77	31.15	1:04.77
2. Marjan Remmits	ZPC Woerden	1:06.09	196300518	1:06.42	+0,78	32.00	1:06.42
3. Jacqueline Tuin	DAW	1:08.81	196600690	1:08.39	+0,76	33.13	1:08.39
4. Annette Wijnja-Visser	De Biesboschzwemmers	1:08.50	196700528	1:08.44	+0,73	32.90	1:08.44
5. Jolanta Duleviciene <i>Lithuanian MR</i>	Kauno Takas	1:09.55		1:08.89	+0,80	33.10	1:08.89
6. Roelien Speelman-Tigelaar	De Spatters	1:15.64	196600664	1:15.98	+0,77	35.83	1:15.98
7. Anne Lise Comhaire	Liège Atlas SC	1:22.41		1:16.76	+0,77	36.48	1:16.76
8. Theresa Walsh	MZ&PC	1:18.08	196700726	1:17.57	+0,99	37.23	1:17.57
9. Yvette Kilian	WVZ	1:16.88	196600534	1:19.14	+0,84	37.58	1:19.14
10. Christine Buist	De Duinkikkers	1:24.16	196400608	1:23.48	+1,02	39.59	1:23.48
11. Erica Muller	De Geul	1:28.59	196400412	1:27.31	+0,71	40.51	1:27.31
12. Marie-Jeanne Vandormael	GZVN	1:32.10	21035/63	1:44.68	+0,80	43.58	1:44.68
13. Riekje Schra	Steenwijk 1934	2:00.49	196400404	2:10.47	+1,33	1:00.54	2:10.47

Masters 55+

1. Karlyn Pipes <i>Wereld Masters Record</i>	Palm Beach Masters	1:02.38	507M02BPY	1:00.61	+0,79	29.25	1:00.61
2. Marijke Kraak-Beckers	WS Twente	1:13.07	196000240	1:12.88	+0,82	35.27	1:12.88
3. Francine Sommer	Triton	1:13.81	196200384	1:15.07	+0,82	35.50	1:15.07
4. Marijke van Hoek	ZPC De Zeeuwse Kust	1:13.45	195800050	1:15.21	+0,84	35.47	1:15.21
5. Jennie Resink-lindeboom	DWK	1:21.29	196000142	1:24.22	+0,98	39.56	1:24.22
6. Ellen Parma	Triton	1:28.38	196200366	1:24.58	+1,01	39.00	1:24.58
7. Jenny Westervarder	H2Oldambt	1:27.76	196200424	1:29.28	+0,89	42.33	1:29.28
8. Katinka Elders	Oceanus	1:25.44	196000292	1:32.63	+0,85	43.92	1:32.63
9. Anne Waller	AZ&PC De Futen	1:44.03	196100292	1:42.53	+0,92	47.61	1:42.53
10. Karien Musters	Old Dutch	1:45.82	195800236	1:50.32	+0,89	50.38	1:50.32

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	1:07.23	195600048	1:07.99	+0,78	32.80	1:07.99
2. Claire Anthony <i>Belgisch MR</i>	CNSW	1:18.63	001353/57	1:18.89	+0,73	38.60	1:18.89
3. Lies Hartman	PSV	2:04.97	195600116	2:03.44	+1,24	56.62	2:03.44

Masters 65+

1. Conny Boer-Buys	ZVVS	1:10.66	195000006	1:11.75	+1,02	34.84	1:11.75
2. Christien Nieuwenhuis	Swol 1894	1:12.35	195100022	1:12.86	+0,69	35.16	1:12.86
3. Ineke Meijer	HZ&PC Heerenveen	1:35.74	195200034	1:36.17	+0,83	46.07	1:36.17
4. F. Gourmet-Blondeel	CNSW	1:37.75	004901/52	1:39.69	+0,83	46.93	1:39.69
5. Aleksandra Yliene	Kauno Takas	1:51.72		1:47.42	+1,18	49.35	1:47.42
6. Geerdien Meerwaldt	De Geul	1:53.73	195200058	1:52.99	+1,03	52.98	1:52.99

Programmanr. 12, Dames, 100m vrije slag

Masters 70+

1. Corrie Verhoeven	PSV	1:18.80	194600026	1:22.78	+0,71	38.71	1:22.78
2. Annet Verhoeven	De Duinkickers	1:47.79	194600024	1:47.67	+1,06	51.76	1:47.67

Masters 75+

1. Marie Smits	Old Dutch	1:48.18	193800004	1:46.37	+1,11	50.55	1:46.37
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Masters 90+

AFGEM Marianne Maandonks	PSV	2:54.94	192600004				
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Programmanr. 13
20-01-2017 - 16:01

Heren, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
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Masters 20+

1. Romero Hennep	Albion d'ELFT (SG)	199304929	2:13.65	+0,62		27.58	1:02.70	1:41.46	2:13.65
2. Michel van Nieuwkerk	AZ&PC De Futen	199702413	2:16.56	+0,66		29.15	1:04.03	1:43.79	2:16.56
3. Nordin Termoshuizen	WVZ	199605401	2:18.86	+0,73		30.44	1:06.38	1:48.71	2:18.86
4. Pieter Pijnenburg	Nuenen	199305227	2:19.59	+0,72		31.13	1:09.49	1:47.58	2:19.59
5. Richard van der Horst	De Meer	199700179	2:24.56	+0,76		31.55	1:11.04	1:50.61	2:24.56
6. Jordy Jongenelen	ZC Aquadream	199504995	2:33.96	+0,64		31.53	1:12.33	1:58.42	2:33.96
7. Maarten Steekelenburg	Aquamania	199300479	3:00.36	+0,79		36.38	1:21.45	2:17.14	3:00.36
AFGEM Nick van der Krogt	LZ 1886	199501313							
NG Jeffrey Camphens	DWT	199503113							

Masters 25+

1. Erik Simons	Albion d'ELFT (SG)	198902845	2:11.77	+0,79		29.11	1:04.98	1:40.95	2:11.77
2. Tim Bunnik	Triton	199000505	2:20.26	+0,76		29.71	1:05.38	1:47.40	2:20.26
3. Patrick Creemers	RZ	199000579	2:26.23	+0,76		32.60	1:10.67	1:52.30	2:26.23
4. Rens Post	WVZ	199101827	2:31.31	+0,67		31.95	1:12.56	1:57.80	2:31.31
5. Daan van Erp	PSV	198903833	2:32.02	+0,81		32.71	1:11.09	1:54.13	2:32.02
6. Maik Steenkamp	Montferland	199103847	2:32.29	+0,77		32.03	1:13.96	1:56.71	2:32.29
7. Niels van Beurden	ZPC Woerden	198805669	2:33.71	+0,79		32.56	1:13.69	1:58.03	2:33.71
8. Niels Albrechts	SGGO (SG)	198800039	2:38.00	+0,79		33.20	1:13.11	2:04.61	2:38.00
9. Peter Schelvis	LINK	198906671	2:45.59	+1,01		32.73	1:13.69	2:03.80	2:45.59
10. Patrick de Jonge	ZPC Woerden	198906635	2:53.10	+0,88		32.50	1:15.68	2:11.66	2:53.10
11. Nicky Valentijn	AquAmigos	198806175	2:57.01	+0,81		36.75	1:28.53	2:16.01	2:57.01

Masters 30+

1. Thommy Nickel	ZPC Woerden	198401627	2:20.14	+0,77		31.13	1:07.09	1:47.77	2:20.14
2. Rick de Greef	Budel	198400749	2:20.63	+0,71		29.81	1:06.65	1:47.45	2:20.63
3. Robert Dekker	Dedemsvaart-AC	198400443	2:20.79	+0,82		30.65	1:07.35	1:48.58	2:20.79
4. Rob van Vliet	ZPC AMERSFOORT	198402459	2:23.51	+0,83		29.38	1:07.24	1:48.67	2:23.51
5. Roel van der Kruijs	De Gelenberg	198501491	2:29.85	+0,81		31.62	1:11.34	1:54.89	2:29.85
6. Renan Bernard	Liège Atlas SC		2:35.04	+0,78		32.73	1:12.02	2:00.26	2:35.04
7. Dennis Kraakman	DAW	198705325	2:45.23	+0,61		35.47	1:18.70	2:06.97	2:45.23
8. Mark Godwaldt	PSV	198701039	2:46.53	+0,87		33.51	1:15.65	2:12.08	2:46.53

Masters 35+

1. Nol van Thull	Albion d'ELFT (SG)	198001513	2:13.58	+0,79		28.88	1:03.64	1:42.71	2:13.58
2. Freddie Geerlings	NIMO	197900379	2:27.63	+0,81		31.17	1:10.76	1:52.86	2:27.63
3. Robin Roskam	De Duinkickers	197801831	3:17.42	+0,95		41.43	1:33.54	2:28.70	3:17.42

Programmanr. 13, Heren, 200m wisselslag

Masters 40+

1. Egbert Stolk	Albion d'ELFT (SG)	197600889	2:18.69	+0,82	29.31	1:05.12	1:45.58	2:18.69
2. Vincent Versteeg	Zwemlust-den Hommel	197701003	2:22.75	+0,76	31.40	1:09.86	1:50.11	2:22.75
3. Kees Bakker	Gay Swim Amsterdam	197501055	2:33.55	+0,63	34.54	1:14.05	1:58.54	2:33.55
4. Bas Broekhuis	MZ&PC	197601561	2:37.65	+0,91	32.68	1:15.15	2:01.25	2:37.65
5. Jimmy Swiggers	Leuven Aquatics	11107/74	2:38.36	+0,84	35.86	1:17.70	2:02.11	2:38.36
6. Roger Flinterman	WVZ	197601261	2:41.77	+0,92	34.65	1:15.93	2:04.14	2:41.77

Masters 45+

1. Marcel van Winssen	De Gelenberg	197101477	2:25.60	+0,81	30.68	1:09.40	1:51.32	2:25.60
2. Antwan van Engen	De Ward	197101577	2:27.81	+0,75	31.20	1:09.50	1:52.95	2:27.81
3. Richard Ricksen	NIMO	197000841	2:29.18	+0,82	32.49	1:11.98	1:55.53	2:29.18
4. René Beetsma	HZ&PC Heerenveen	196900069	2:29.29	+0,82	32.07	1:10.90	1:54.51	2:29.29
5. Peter van Grootheest	ZV 44	197000375	2:36.07	+0,90	34.00	1:15.33	2:01.17	2:36.07
6. Frank v Nobelen	Sassenheim	196900753	2:37.19	+0,80	33.28	1:14.61	2:01.63	2:37.19
7. Korstiaan de Boer	Steenwijk 1934	197101629	2:52.60	+0,84	37.27	1:20.96	2:11.45	2:52.60
8. Gerco Schakel	DWK	196900849	2:53.54	+0,94	34.14	1:18.78	2:13.16	2:53.54
9. Nico Swart	Den Doorn	196801475	2:54.48	+0,78	36.85	1:21.45	2:13.39	2:54.48
DIS Joop Weenink	WS Twente	196801535						

RF - Bij het loslaten van de wand na het keerpunt de rugligging niet aangenomen.

DIS Taco Eikelenboom AZ&PC De Futen 196900275

AF - De aangegeven afstand niet uitgezwommen.

Masters 50+

1. Erlend Alstad	IL Varg		2:19.05	+0,72	30.27	1:07.45	1:46.45	2:19.05
Norwegian MR								
2. Edwin v. Norden	ZPC AMERSFOORT	196300563	2:19.24	+0,76	29.73	1:04.92	1:45.21	2:19.24
3. Arnold de Rover	AZ&PC De Futen	196400645	2:35.49	+0,71	33.44	1:13.22	1:59.81	2:35.49
4. Ron Korzelius	ZPC AMERSFOORT	196500513	2:38.39	+0,75	34.65	1:15.25	2:02.20	2:38.39
5. Stefan Holmstrom	DAW	196701671	2:39.23	+0,64	33.37	1:14.25	2:02.29	2:39.23
6. Patrick Juncker	Swimming Luxembourg	136	2:41.15	+0,84	36.02	1:19.69	2:01.62	2:41.15
Luxembourg MR								
7. Otto Jansen	LZ 1886	196501403	2:42.45	+0,85	34.83	1:15.77	2:05.97	2:42.45
8. Pieter Derckx	ZEPS	196501241	2:44.18	+0,72	32.75	1:15.72	2:06.28	2:44.18
9. Vadim Ezhkov	Pregel		2:52.50	+0,69	35.24	1:23.76	2:11.04	2:52.50
10. Erik Saan	De Duck	196500769	2:57.01	+1,07	36.55	1:23.04	2:17.05	2:57.01
11. Fred Dijkshoorn	Zwemvereniging Westland	196501539	2:57.23	+0,79	36.05	1:21.97	2:16.51	2:57.23
12. Jan Smalheer	SCOM	196400701	2:57.76	+1,09	39.49	1:26.59	2:18.28	2:57.76
DIS Rene de Boer	DAW	196400087						

RF - Bij het loslaten van de wand na het keerpunt de rugligging niet aangenomen.

Masters 55+

1. Hugo Bregman	Albion d'ELFT (SG)	195800069	2:26.64	+0,80	30.52	1:08.10	1:52.64	2:26.64
2. Jan Brink	ZPC De Zeeuwse Kust	196200091	2:31.74	+0,75	33.20	1:11.85	1:56.34	2:31.74
3. Fred Ketting	PSV	196000289	2:33.31	+0,85	31.93	1:12.26	1:58.28	2:33.31
4. Marten de Groot	HZ&PC Heerenveen	195800149	2:37.41	+0,76	33.14	1:15.38	2:03.48	2:37.41
5. Ron Phaff	PSV	196200495	2:40.32	+0,91	33.91	1:15.13	2:01.86	2:40.32
6. Ronald Grove	Oceanus	196100161	2:42.38	+0,79	35.00	1:19.48	2:05.57	2:42.38
7. Sergey Ilyaev	Sprut	149269	2:49.77	+0,87	36.00	1:21.49	2:10.80	2:49.77
8. Ralph Caster	RZ	196100069	2:52.41	+0,78	37.13	1:23.85	2:10.08	2:52.41
AFGEM Marius Ros	ZCNF'34	195900779						

Masters 60+

1. Paul Bunnik	Triton	195600413	2:58.17	+0,93	36.62	1:25.00	2:18.21	2:58.17
2. Dré Klaassen	ZOB'66	195600141	3:26.59	+0,96	44.43	1:38.55	2:33.51	3:26.59

Programmanr. 13, Heren, 200m wisselslag

Masters 65+

1. Péter Gulyás	Budapesti Delfinek		2:55.73	+0,65	39.18	1:26.98	2:16.25	2:55.73
2. Jos Kamps	Zwemvereniging Hoogland	195100085	3:37.28	+0,84	46.80	1:43.17	2:53.60	3:37.28

Masters 70+

1. Rob Hanou	PSV	194300109	3:19.06	+1,02	46.00	1:40.20	2:35.29	3:19.06
2. Viktoras Snieska <i>Lithuanian MR</i>	Kauno Takas		3:36.81	+1,06	52.71	1:42.41	2:47.88	3:36.81
3. Theo Schouten	WWV	194600161	3:39.52	+1,00	47.74	1:49.59	2:54.90	3:39.52

Masters 75+

1. Frans van Enst	WS Twente	194000011	3:30.87	+1,22	46.84	1:38.55	2:43.63	3:30.87
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Programmanr. 14
20-01-2017 - 16:34

Dames, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Tamara Grove	De Dolfijn	199601266	2:24.56	+0,69		31.25	1:07.44	1:52.35	2:24.56
2. Nicole Bennis	WVZ	199600470	2:24.88	+0,61		31.04	1:08.55	1:50.44	2:24.88
3. Zoë van der Aart	ZPCH	199503152	2:26.41	+0,76		29.15	1:07.49	1:51.78	2:26.41
4. Madelon Dijkstra	ZPCH	199703510	2:28.67	+0,86		32.40	1:13.27	1:55.61	2:28.67
5. Liesa Vrielinck	BZK	21068/93	2:29.17	+0,76		33.22	1:11.46	1:54.58	2:29.17
6. Kimberly Mijnen	WZ&PC Purmerend	199503644	2:32.31	+0,70		34.09	1:12.03	1:56.80	2:32.31
7. Chantal Beijer	DWT	199700884	2:34.65	+0,70		32.04	1:11.40	1:57.81	2:34.65
8. Suzanne Mosch	MSV-Zeemacht	199400548	2:38.99	+0,75		33.35	1:14.06	2:01.51	2:38.99
9. Manon van Strien	WVZ	199400770	2:39.13	+0,85		33.76	1:13.58	2:00.96	2:39.13
10. Karin de Kok	AquAmigos	199301010	2:40.52	+0,81		34.18	1:16.19	2:03.42	2:40.52
11. Fiona Meuffels	RZ	199504366	2:47.78	+0,72		34.22	1:17.87	2:05.81	2:47.78
12. Carina Spronk	De Vennen	199702382	2:49.07	+0,73		34.57	1:18.75	2:08.42	2:49.07
13. Josine van Ballegooijen	De Meer	199703310	2:49.92	+0,73		35.07	1:15.67	2:08.80	2:49.92
14. Ramona Noordermeer	ZVVS	199401746	2:51.54	+0,77		39.31	1:23.63	2:14.05	2:51.54
15. Sanne de Roo	ZZ&PC De Devel	199501934	2:57.76	+0,78		36.97	1:24.60	2:12.79	2:57.76
16. Sarina Paulussen	RZ	199307426	2:59.86	+0,73		36.02	1:21.65	2:18.06	2:59.86
17. Mariëtte Bulman	ZC Aquadream	199506846	3:04.80	+0,67		36.93	1:23.71	2:22.89	3:04.80

Masters 25+

1. Maaïke Vooren	DAW	199103324	2:27.87	+0,84		32.09	1:12.35	1:54.91	2:27.87
2. Yvon Versteeg	De Veene	199201864	2:28.26	+0,78		31.84	1:11.09	1:54.08	2:28.26
3. Cora van Dorst	De Krabben	199106218	2:31.47	+0,56		30.37	1:09.71	1:56.00	2:31.47
4. Denise Boereboom	Van Vliet-Barracuda	199202144	2:31.50	+0,81		30.86	1:09.30	1:56.89	2:31.50
5. Stéphanie Bergsma	Dedemsvaart-AC	199203374	2:36.45	+0,65		32.11	1:12.51	2:01.02	2:36.45
6. Wendy de Bruin	ZOB'66	199206320	2:36.66	+0,67		32.77	1:13.50	1:59.82	2:36.66
7. Nanda de Vries	Steenwijk 1934	199204328	2:38.87	+0,77		33.50	1:15.62	2:03.96	2:38.87
8. Linda Janssen	ZPB H&L Productions	198802088	2:39.12	+0,76		35.47	1:17.28	2:02.63	2:39.12
9. Natalie van der Hoeven	ZVVS	198901786	2:40.72	+0,77		33.61	1:14.29	2:01.52	2:40.72
10. Ilse van den Wijngaard	ZPC Woerden	198904736	2:40.87	+0,80		34.60	1:14.25	2:02.48	2:40.87
11. Karin Simons	WZK Zwemmen	198903804	2:41.50	+0,81		33.96	1:16.44	2:04.16	2:41.50
12. Merel van der Kieft	EZC	199200920	2:43.48	+0,65		30.36	1:10.73	2:01.67	2:43.48
13. Marjan Rikken	ZVV	199206114	2:55.10	+0,83		39.24	1:22.81	2:14.35	2:55.10
14. Eline Schoenmaker	Zwemlust-den Hommel	199003322	2:58.40	+0,63		39.48	1:24.98	2:17.81	2:58.40
15. Joëlle Vaes	DIO	199007576	2:58.81	+0,67		38.43	1:22.99	2:15.00	2:58.81
16. Anne Aarts	Albion d'ELFT (SG)	199207942	2:59.82	+0,73		37.44	1:23.18	2:20.69	2:59.82
17. Kelly Bockting	Montferland	199104050	3:00.25	+0,82		38.35	1:27.10	2:19.12	3:00.25
18. Vivian Brak	ZPC Woerden	199000520	3:02.01	+0,82	468	38.49	1:27.20	2:20.13	3:02.01
19. Janneke Wynia	WS Twente	199005500	3:15.44	+0,98		44.65	1:35.60	2:29.98	3:15.44
20. Rachelle Hellenbrand	PSV	199101204	3:27.76	+0,89		43.89	1:36.51	2:37.01	3:27.76

Programmanr. 14, Dames, 200m wisselslag

Masters 30+

1. Nadya Putter	ZVVS	198301630	2:38.32	+0,78	33.44	1:13.64	2:01.02	2:38.32
2. Maaïke van Diggele	ZPB H&L Productions	198700868	2:39.58	+0,81	33.35	1:14.63	2:01.81	2:39.58
3. Liesbeth van Mill	DWK	198702786	2:44.05	+0,85	35.06	1:16.83	2:04.42	2:44.05
4. Caroline van Tiggelen	Scheldestroom	198301970	2:45.47	+0,80	34.19	1:17.29	2:03.91	2:45.47
5. Angela Giezen	Montferland	198302796	2:51.55	+0,89	37.48	1:20.94	2:11.78	2:51.55
6. Isaline Manchel	CNSW	001284/85	2:57.43	+0,86	38.87	1:25.74	2:15.32	2:57.43
7. Linda Hoogendam	WVZ	198300892	3:01.55	+0,78	38.38	1:25.35	2:22.08	3:01.55
8. Sandra Koenig	CNSW	002644/86	3:04.04	+0,80	39.20	1:26.89	2:20.53	3:04.04
9. Dorien Vasseur	Scheldestroom	198704164	3:17.52	+0,94	44.61	1:34.43	2:29.42	3:17.52
10. Marloes Rebel	WS Twente	198403474	3:44.48	+1,01	49.73	1:50.03	2:55.25	3:44.48

Masters 35+

1. Delia Badoux	WVZ	198000042	2:29.83	+0,71	30.99	1:09.51	1:54.33	2:29.83
<i>Nederlands Masters Record</i>								
2. Roos van Esch	Albion d'ELFT (SG)	198200468	2:38.45	+0,79	33.34	1:13.47	2:01.36	2:38.45
3. Laura Badoux	DAW	198200038	2:40.39	+0,84	32.46	1:16.12	2:00.69	2:40.39
4. Chantal Verhoeff	Old Dutch	197900912	2:49.83	+0,84	33.57	1:20.66	2:12.07	2:49.83
5. Sylvia Reijers	De Gelsenberg	198201360	2:49.86	+0,90	35.67	1:17.07	2:08.17	2:49.86
6. Jolanda van Gendt	PSV	197800266	2:58.45	+0,85	39.40	1:24.18	2:17.61	2:58.45
7. Rianne van Vegchelen	ZV 44	198101530	3:45.11	+1,15	50.01	1:52.98	2:56.36	3:45.11

Masters 40+

1. M. Gonfaus Brunet	CN Aquamasters	046062735	2:36.47	+0,70	32.84	1:15.76	2:00.50	2:36.47
2. Nathalie Blondeel	CNSW	004784/77	2:39.66	+0,67	34.73	1:18.43	2:04.78	2:39.66
<i>Belgisch MR</i>								
3. Muriel Xhervelle	Embourg Natation	152/73	2:48.62	+0,76	36.13	1:21.11	2:08.84	2:48.62
4. Ilona Hogerheyde	DAW	197400224	2:49.60	+0,79	35.21	1:19.94	2:08.90	2:49.60
5. Nadège van Meeteren	De Meer	197400736	2:50.84	+0,87	38.69	1:24.18	2:10.31	2:50.84
6. Natasja Forat	ZPC De Zeeuwse Kust	197701186	3:01.86	+0,96	39.20	1:26.84	2:23.28	3:01.86

Masters 45+

1. Evelien van Klaarbergen	HZ&PC Heerenveen	197200964	2:39.39	+0,75	34.69	1:14.99	2:02.93	2:39.39
2. Jeanne Petit	De Dinkel	197001020	2:44.20	+0,72	32.37	1:18.26	2:05.45	2:44.20
3. Heidi den Boer	LINK	196900864	2:45.57	+0,78	35.86	1:16.92	2:07.49	2:45.57
4. Yvette Ratering	De Ward	197200990	2:48.43	+0,86	35.87	1:19.58	2:10.12	2:48.43
5. Annette de Visser	Oceanus	197100602	2:49.66	+0,77	38.46	1:23.83	2:12.50	2:49.66
6. W. Derckx-Weusten	ZEPS	197200624	2:52.30	+0,74	35.09	1:20.96	2:11.30	2:52.30
7. Eline Overeem	Zwemlust-den Hommel	197101048	2:53.52	+0,91	37.08	1:21.14	2:15.15	2:53.52
8. Iris van Aurich	DWK	196900866	3:01.96	+0,74	40.18	1:27.14	2:19.67	3:01.96
9. Tanya Lyvbarskaya	SCOM	197101000	3:02.19	+0,90	40.20	1:28.26	2:20.86	3:02.19
10. E. van Wingerden-Dijkhui	DWK	196900970	3:04.72	+0,95	40.28	1:26.28	2:21.90	3:04.72
11. Peggi Hurenkamp	HZ&PC Heerenveen	196900922	3:06.32	+0,85	40.18	1:29.26	2:24.72	3:06.32
12. Barbara Xhervelle	Embourg Natation	128/71	3:10.71	+0,88	42.33	1:34.10	2:27.13	3:10.71
DIS Imke van der Meer	Scheldestroom	196901032						

SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.

Masters 50+

1. Katrien Delaender	BZK	20525/66	2:41.66	+0,75	34.04	1:17.27	2:06.25	2:41.66
<i>Kampioenschaps Record, Belgisch MR</i>								
2. Marjan Remmits	ZPC Woerden	196300518	2:44.84	+0,81	34.28	1:17.84	2:06.13	2:44.84
3. Laura Staal	Oceanus	196700358	2:56.35	+0,82	40.20	1:24.85	2:15.71	2:56.35
4. Caroline Schreuder	Triton	196700550	3:01.44	+0,81	38.93	1:24.61	2:18.92	3:01.44
5. Annemarie Vuist	Swol 1894	196300282	3:02.25	+0,81	40.39	1:29.43	2:21.55	3:02.25
6. Jeannette Ruesink	WS Twente	196300212	3:04.56	+0,63	40.69	1:27.63	2:23.21	3:04.56
7. Ramune Ivanauskaite	Kauno Takas		3:10.89		45.06	1:32.10	2:26.16	3:10.89
8. K. van Nassau van den	Old Dutch	196600188	3:11.69	+0,76	40.70	1:33.05	2:26.02	3:11.69
9. Hetty Smalheer	SCOM	196700352	3:22.83	+1,03	46.58	1:38.83	2:35.61	3:22.83

Programmanr. 14, Dames, 200m wisselslag, Masters 50+

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
NG Allie Price	Cardiff Masters	547582							

Masters 55+

1. Petra Tossings	DAW	196100376	3:01.15	+0,87		38.81	1:27.36	2:19.82	3:01.15
2. Inge Wolfs	PLONS	196000304	3:05.78	+0,89		38.03	1:27.87	2:21.95	3:05.78
3. Patty Verhagen	PSV	195900146	3:07.43	+0,90		40.31	1:28.79	2:26.04	3:07.43
4. Hannie Poletiek	TriVia	195900278	3:24.74	+0,95		45.21	1:37.44	2:36.13	3:24.74
5. Mies Kuipers	Old Dutch	195800202	4:36.21	+0,92		1:05.65	2:19.07	3:34.09	4:36.21

Masters 60+

1. Carla Hensen	PSV	195300062	3:39.08	+1,02		46.57	1:41.00	2:48.67	3:39.08
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Masters 65+

1. Christien Nieuwenhuis	Swol 1894	195100022	3:11.30	+0,69		38.41	1:31.11	2:28.97	3:11.30
<i>Nederlands Masters Record</i>									
2. A. Gilding-Tussaud	WS Twente	195000038	3:58.54	+1,00		57.24	1:55.87	3:04.35	3:58.54

Programmanr. 15
20-01-2017 - 17:21

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+, Dames					
1. Steenwijk 1934 3	Steenwijk 1934	10:03.91		10:15.51	+0,90
<i>Nederlands Masters Record</i>					
Ilse Blankvoort	92	+0,90	35.21	1:13.61	1:54.12
Lonneke Oenema	91	+0,56	35.88	1:16.61	2:00.27
Charine de Ruiter	94	+0,86	35.05	1:14.48	1:56.23
Nanda de Vries	92	+0,34	31.04	1:07.15	1:44.96
				2:21.16	2:21.16

100+, Dames

1. De Meer 1	De Meer	10:00.40		10:09.66	+0,83
Chantal van der Horst	94	+0,83	32.10	1:07.23	1:44.08
Lindsey Hol	90	+0,65	35.70	1:15.43	1:57.06
Eline van Gemert	95	+0,45	34.30	1:12.71	1:52.37
Nadège van Meeteren	74		36.22	1:16.32	1:57.65
				2:20.60	2:20.60
				2:38.49	2:38.49
				2:30.30	2:30.30
				2:40.27	2:40.27

100+, Gemengd

1. De Veene 1	De Veene	8:57.01		9:00.62	+0,83
Wessel Everloo	89	+0,83	29.77	1:03.55	1:38.22
Diana Lammers	89	+0,68	33.19	1:09.99	1:49.39
Diederick Schothans	97	+0,59	28.39	1:00.31	1:34.52
Yvon Versteeg	92	+0,48	30.06	1:04.09	1:39.17
				2:10.51	2:10.51
				2:29.59	2:29.59
				2:08.23	2:08.23
				2:12.29	2:12.29
2. ZPC Woerden 2	ZPC Woerden	9:13.06		9:22.63	+0,77
Ilse van den Wijngaard	89	+0,77	33.07	1:09.84	1:47.97
Patrick de Jonge	89	+0,40	31.90	1:08.83	1:49.21
Mandy Verbakel	90	+0,35	31.35	1:06.74	1:43.31
Thijs van den End	93	+0,56	28.90	1:00.99	1:34.25
				2:24.94	2:24.94
				2:29.78	2:29.78
				2:19.55	2:19.55
				2:08.36	2:08.36
3. RZ 1	RZ	9:05.86		9:28.82	+0,90
Dimitrie Sonnemans	75	+0,90	31.51	1:07.89	1:46.15
Patrick Creemers	90	+0,39	28.22	1:00.32	1:32.84
Sarina Paulussen	93	+0,29	34.17	1:14.24	1:55.87
Fiona Meuffels	95	+0,38	31.98	1:08.44	1:45.66
				2:23.39	2:23.39
				2:05.19	2:05.19
				2:36.85	2:36.85
				2:23.39	2:23.39

Programmanr. 15, 4 x 200m vrije slag
120+, Dames

1.	ZPB H&L Productions 1	ZPB H&L Productions	10:29.20					10:31.45	+0,80
	Maaïke van Diggele	87	+0,80	33.49	1:12.01	1:51.65	2:31.31	2:31.31	
	Linda Janssen	88	+0,64	33.93	1:10.41	1:47.52	2:23.81	2:23.81	
	Clementine van Bruxvoort	77	+0,67	42.48	1:31.57	2:23.51	3:14.27	3:14.27	
	Aylin van Uffelen	96	+0,67	33.10	1:09.36	1:45.72	2:22.06	2:22.06	
2.	Nautilus 1	Nautilus	10:48.50					11:04.28	+0,86
	Evelien Berman-Alers	72	+0,86	41.05	1:27.28	2:16.74	3:05.34	3:05.34	
	Natalie van den Broek	73	+0,39	37.30	1:18.60	2:02.96	2:47.65	2:47.65	
	Margot van de Rakt	93	-0,03	37.39	1:20.11	2:04.19	2:47.58	2:47.58	
	Karin Verbeek	92	+0,35	32.22	1:09.10	1:47.19	2:23.71	2:23.71	

120+, Heren

1.	Steenwijk 1934 2	Steenwijk 1934	9:05.56					9:13.26	+0,67
	Lauren Vis	82	+0,67	27.33	58.78	1:32.22	2:06.05	2:06.05	
	Korstaan de Boer	71	+0,65	35.10	1:14.70	1:58.00	2:41.57	2:41.57	
	Rick Driezen	86	+0,53	29.35	1:01.42	1:35.71	2:10.68	2:10.68	
	Mike Koelewijn	93	+0,55	30.23	1:04.88	1:40.94	2:14.96	2:14.96	
2.	ZV 44 1	ZV 44	9:46.42					9:23.35	+0,74
	Michiel Jorink	87	+0,74	28.88	1:01.92	1:35.44	2:07.35	2:07.35	
	Edward van Dooitingh	84	+0,93	34.63	1:12.41	1:54.39	2:36.67	2:36.67	
	Geert-Jan Vos	81	+0,72	31.76	1:07.49	1:45.41	2:22.42	2:22.42	
	Peter van Grootheest	70	+0,67	30.98	1:05.80	1:41.84	2:16.91	2:16.91	

120+, Gemengd

1.	De IJssel 1	De IJssel	9:16.66					9:32.79	+0,84
	Nikki Hoogeboom	93	+0,84	32.39	1:08.41	1:46.50	2:24.90	2:24.90	
	Wijam Nijenhuis	64	+0,61	31.77	1:07.15	1:44.27	2:20.07	2:20.07	
	Martje Godschalk	90	+0,66	34.37	1:11.97	1:50.29	2:28.96	2:28.96	
	Frank Beijering	93	+0,60	30.96	1:05.57	1:42.35	2:18.86	2:18.86	
2.	Montferland 1	Montferland	10:03.30					10:20.14	+0,81
	Kelly Bocking	91	+0,81	36.86	1:17.36	2:00.51	2:43.76	2:43.76	
	Ferdinand Teitink	70	+0,83	36.16	1:17.36	2:02.11	2:45.97	2:45.97	
	Angela Giezen	83	+0,63	35.19	1:15.87	1:58.16	2:38.55	2:38.55	
	Maik Steenkamp	91	+0,63	29.72	1:03.35	1:37.86	2:11.86	2:11.86	
3.	SGGO (SG) 1	SGGO (SG)	10:28.45					10:20.44	+0,95
	Nico Paasse	65	+0,95	32.94	1:10.61	1:52.14	2:30.72	2:30.72	
	Whitley Rens	90	+0,63	38.03	1:20.93	2:05.91	2:49.86	2:49.86	
	Eline Roeland	88	+0,44	35.48	1:17.09	2:01.23	2:43.75	2:43.75	
	Frank van der Voordt	83	+0,50	31.28	1:05.94	1:41.43	2:16.11	2:16.11	

160+, Dames

1.	CNSW 1	CNSW	10:49.01					10:49.62	+0,74
	Nathalie Blondeel	77	+0,74	34.09	1:11.29	1:48.76	2:24.50	2:24.50	
	Claire Anthony	57	+0,52	39.58	1:26.38	2:14.04	3:00.60	3:00.60	
	Isaline Manchel	85	+0,47	37.41	1:17.72	1:57.69	2:37.48	2:37.48	
	Sandra Koenig	86	+0,49	38.61	1:21.01	2:04.24	2:47.04	2:47.04	
2.	Old Dutch 1	Old Dutch	11:00.72					10:59.21	+0,96
	Claudia van der Straate de Jong	80	+0,96	36.53	1:16.16	1:57.88	2:39.84	2:39.84	
	Karin Frederix	69	+0,68	41.17	1:26.94	2:14.50	2:58.75	2:58.75	
	Karin van Nassau van den Heuvel	66	+0,35	39.41	1:23.79	2:09.01	2:52.88	2:52.88	
	Chantal Verhoeff	79	+0,51	33.20	1:11.11	1:49.06	2:27.74	2:27.74	
3.	De Geul 1	De Geul	10:47.64					11:04.49	+0,89
	Aafke Groot	83	+0,89	35.96	1:18.89	2:03.69	2:49.76	2:49.76	
	Marijke Campfens	69	+0,54	35.44	1:15.83	1:58.83	2:41.84	2:41.84	
	Marian Nederlof	76	+0,36	37.32	1:19.24	2:03.57	2:48.15	2:48.15	
	Susanne Prins-Molenwijk	66	+0,48	37.75	1:19.64	2:02.35	2:44.74	2:44.74	
4.	DWK 2	DWK	10:59.94					11:06.21	+0,92
	Liesbeth van Mill	87	+0,92	34.68	1:12.89	1:52.88	2:33.36	2:33.36	
	Ellen van Wingerden-Dijkhuizen	69	+0,74	36.80	1:17.38	2:00.67	2:44.27	2:44.27	
	Jennie Resink-lindeboom	60	+0,58	42.46	1:30.99	2:20.73	3:07.11	3:07.11	
	Iris van Aurich	69	+0,48	34.64	1:15.98	1:59.79	2:41.47	2:41.47	
5.	De Rog 2	De Rog	11:25.00					11:18.79	+0,81
	Esther Vergeest	77	+0,81	34.80	1:13.50	1:55.36	2:37.18	2:37.18	
	Sandra van der Helm	78	+0,28	39.23	1:23.86	2:12.23	3:03.52	3:03.52	
	Catarina Matos	72	+0,84	39.15	1:23.52	2:10.70	2:56.82	2:56.82	
	Sandra Peeters-Wiermans	74	+0,37	34.81	1:15.65	1:58.62	2:41.27	2:41.27	

Programmanr. 15, 4 x 200m vrije slag

160+, Heren

1.	Albion d'ELFT (SG) 1 <i>Nederlands Masters Record</i>	Albion d'ELFT (SG)	8:01.99					8:15.42	+0,80
	Erik Simons	89	+0,80	26.11	56.27	1:26.94	1:57.36	1:57.36	
	Hugo Bregman	58	+0,46	29.86	1:03.62	1:38.09	2:11.67	2:11.67	
	Egbert Stolk	76	+0,60	27.92	59.83	1:32.68	2:04.82	2:04.82	
	Nol van Thull	80	+0,50	27.42	58.38	1:30.56	2:01.57	2:01.57	
2.	DAW 1	DAW	8:48.82					8:43.40	+0,78
	Pieter van Gemeren	69	+0,78	29.14	1:01.27	1:34.65	2:08.46	2:08.46	
	Kars Luttik	78	+0,35	29.39	1:03.89	1:40.23	2:17.07	2:17.07	
	Alex Damen	75	+0,58	29.61	1:02.56	1:36.82	2:10.63	2:10.63	
	Joost Hoetjes	78	+0,36	27.28	58.04	1:30.73	2:07.24	2:07.24	
3.	De Gelenberg 1	De Gelenberg	8:43.55					8:49.40	+0,79
	Geert Wijn	67	+0,79	28.76	1:01.66	1:36.75	2:13.10	2:13.10	
	Erik Lamers	75	+0,35	30.53	1:05.36	1:40.72	2:15.48	2:15.48	
	John Cobussen	75	+0,19	28.33	1:00.76	1:34.64	2:08.02	2:08.02	
	Marcel van Winssen	71	+0,52	29.30	1:02.72	1:37.63	2:12.80	2:12.80	
4.	DWK 1	DWK	9:19.67					9:11.35	+0,97
	Gerco Schakel	69	+0,97	33.71	1:11.78	1:52.30	2:31.42	2:31.42	
	Martin Kaptein	67	+0,72	31.38	1:07.73	1:46.70	2:23.97	2:23.97	
	Michel van Wingerden	67	+0,62	32.28	1:07.72	1:44.72	2:22.62	2:22.62	
	Kevin Eltink	91	+0,40	25.35	54.22	1:24.02	1:53.34	1:53.34	
5.	Sassenheim 1	Sassenheim	9:28.91					9:31.55	+0,91
	Donald van Leeuwen	72	+0,91	32.30	1:08.86	1:47.72	2:27.78	2:27.78	
	Rene d Bruin	71	+0,50	32.83	1:08.65	1:46.02	2:23.98	2:23.98	
	Arjan Buijsse	79	+0,47	31.17	1:05.85	1:42.21	2:18.47	2:18.47	
	Frank v Nobelen	69	+0,17	31.80	1:07.56	1:44.33	2:21.32	2:21.32	
6.	WVZ 1	WVZ	9:32.49					9:32.23	+0,76
	Ivo Roozeboom	77	+0,76	29.48	1:03.67	1:38.26	2:10.81	2:10.81	
	Harald Mulder	67	+0,48	37.35	1:18.31	2:01.71	2:41.61	2:41.61	
	Roger Flinterman	76	+0,54	32.62	1:10.03	1:48.69	2:26.40	2:26.40	
	Jan-Willem van den Berg	68	+0,45	28.88	1:02.28	1:37.76	2:13.41	2:13.41	
7.	PSV 2	PSV	8:57.03					9:37.01	+0,96
	Rob Hermesath	61	+0,96	35.27	1:17.11	2:04.80	2:54.04	2:54.04	
	Gijsbert van der Leden	67	+0,55	30.79	1:05.48	1:41.31	2:16.74	2:16.74	
	Martin Teley	89	+0,39	30.33	1:03.87	1:39.18	2:16.33	2:16.33	
	Jan-Willem van der Graaff	89	+0,26	28.97	1:01.96	1:36.16	2:09.90	2:09.90	
8.	ZOB'66 1	ZOB'66	10:33.90					10:27.53	+0,77
	Ian van Mullem	96	+0,77	34.94	1:14.40	1:53.21	2:28.40	2:28.40	
	Ingmar de Gelder	70	+0,61	32.98	1:10.20	1:50.13	2:30.17	2:30.17	
	Dré Klaassen	56	+0,78	42.89	1:32.37	2:24.98	3:14.52	3:14.52	
	Ferry Blangé	83	+0,44	29.22	1:02.81	1:38.43	2:14.44	2:14.44	

160+, Gemengd

1.	ZPC Woerden 1 <i>Nederlands Masters Record</i>	ZPC Woerden	8:51.81					8:57.86	+0,78
	Marjan Remmits	63	+0,78	34.26	1:11.18	1:49.57	2:28.09	2:28.09	
	Johan Remmits	62	+0,31	28.95	1:01.82	1:35.96	2:10.11	2:10.11	
	Thommy Nickel	84	+0,61	29.03	1:01.17	1:34.25	2:07.42	2:07.42	
	Jamilla van Veen	96	+0,41	29.03	1:02.24	1:37.34	2:12.24	2:12.24	
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	8:56.86					9:04.79	+0,80
	René Beetsma	69	+0,80	30.90	1:04.79	1:39.87	2:14.90	2:14.90	
	Evelien van Klarbergen	72	+0,41	32.55	1:09.05	1:46.63	2:23.47	2:23.47	
	Fraukje Puts	92	+0,41	30.93	1:05.17	1:40.01	2:14.52	2:14.52	
	Marten de Groot	58	+0,37	29.29	1:02.39	1:37.12	2:11.90	2:11.90	
3.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	9:18.73					9:21.75	+0,93
	Lidia v. Bon-Rosenbrand	70	+0,93	33.17	1:10.34	1:49.60	2:29.15	2:29.15	
	Edwin v. Norden	63	+0,23	29.31	1:02.64	1:35.63	2:08.05	2:08.05	
	Petra Casteleijn	66	+0,55	34.89	1:13.60	1:53.96	2:33.82	2:33.82	
	Rob van Vliet	84	+0,31	28.35	1:00.75	1:35.66	2:10.73	2:10.73	
4.	Zwemlust-den Hommel 1	Zwemlust-den Hommel	9:26.10					9:25.78	+0,93
	Inge Hornis	79	+0,93	35.00	1:14.16	1:55.98	2:38.09	2:38.09	
	Mark Zwart	79	+0,55	28.51	1:00.98	1:34.93	2:09.89	2:09.89	
	Lisenka Komet-van den Akker	69	+0,68	33.40	1:10.74	1:49.68	2:28.42	2:28.42	
	Vincent Versteeg	77	+0,35	28.29	1:00.91	1:34.91	2:09.38	2:09.38	

Programmanr. 15, Gemengd, 4 x 200m vrije slag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
5.	DAW	10:03.86		9:51.80	+0,77
	Jeroen Kort	68 +0,77 31.48	1:07.11	1:43.95	2:19.40
	Petra Tossings	61 +0,32 37.05	1:18.18	1:59.61	2:39.18
	Wouter Zijlstra	82 +0,45 30.72	1:05.97	1:43.01	2:20.45
	Agnes van Brug	80 +0,46 34.05	1:12.62	1:52.61	2:32.77
6.	Patrick-De Roersoppers (SG)	9:52.00		9:58.88	+0,84
	Arno Schrauwen	65 +0,84 31.34	1:07.20	1:44.81	2:23.43
	Roger Pouls	87 +0,53 27.67	59.68	1:35.86	2:12.54
	Martine de Haart	79 +0,42 36.81	1:17.88	2:00.71	2:42.02
	Pascalie Janssen	73 33.85	1:15.34	1:58.86	2:40.89
7.	Budel 1	11:25.14		11:33.24	+1,04
	Edward van Nijmweegen	70 +1,04 36.62	1:19.90	2:06.40	2:54.71
	Carola Hompes	88 +0,73 36.64	1:20.14	2:05.37	2:50.39
	Jos Zentjens	57 +0,63 38.07	1:20.01	2:04.93	2:49.69
	Elly Scheepers	91 +0,62 39.68	1:24.95	2:12.89	2:58.45

200+, Dames

1.	PSV	10:48.85		10:46.12	+0,89
	<i>Nederlands Masters Record</i>				
	Liselotte Joling	75 +0,89 31.76	1:07.20	1:43.99	2:19.47
	Carla Hensen	53 +0,80 43.60	1:33.32	2:24.78	3:13.66
	Patty Verhagen	59 +0,58 37.39	1:17.88	1:58.94	2:39.14
	Jolanda van Gendt	78 +0,47 34.76	1:13.68	1:53.93	2:33.85
2.	Kauno Takas	12:30.00		11:23.04	+0,98
	<i>Lithuanian MR</i>				
	Loreta Kabasinskiene	63 +0,98 41.44	1:29.74	2:20.48	3:11.22
	Renata Gadliauskiene	72 +0,16 37.45	1:18.44	2:00.46	2:41.67
	Ramune Ivanauskaite	64 +0,72 40.79	1:25.10	2:10.30	2:54.30
	Jolanta Duleviciene	67 +0,70 35.46	1:15.36	1:57.16	2:35.85

200+, Heren

1.	De Rog	9:04.60		9:06.02	+0,70
	Rob Spetter	62 +0,70 31.23	1:06.04	1:42.76	2:20.14
	Erik Kamphuis	60 +0,47 33.00	1:10.01	1:47.70	2:24.94
	Peter Bernsen	63 +0,53 31.25	1:05.44	1:39.33	2:12.37
	Glen le Clercq	68 +0,44 28.20	1:00.58	1:34.20	2:08.57
2.	Kauno Takas	10:00.00		10:02.75	+0,88
	<i>Lithuanian MR</i>				
	Nerimantas Steponavicius	67 +0,88 31.15	1:06.28	1:42.95	2:20.13
	Linas Kersevicus	71 +0,82 36.97	1:17.21	1:58.18	2:38.22
	Arlandas Juodeska	61 +0,40 34.85	1:14.68	1:56.00	2:36.73
	Anvydas Burinskas	69 +0,45 32.52	1:10.15	1:49.15	2:27.67
3.	WS Twente 2	10:08.07		10:36.66	+0,90
	Patrick Roozeboom	77 +0,90 33.33	1:09.65	1:45.00	2:18.34
	Bart van Calker	61 +0,58 38.75	1:20.02	2:02.15	2:45.60
	Jack Barends	62 +0,43 38.41	1:21.96	2:06.14	2:48.84
	Joop Weenink	68 +0,53 36.61	1:18.49	2:01.92	2:43.88
4.	De Spatters 1	11:01.34		11:18.23	+0,85
	René Speelman	66 +0,85 38.42	1:21.21	2:06.38	2:50.42
	Chris Kouwenhoven	71 +0,54 33.88	1:13.52	1:54.45	2:34.79
	Jan Haitsma	60 +0,61 42.06	1:30.23	2:18.73	3:05.93
	Roelof Broekman	68 +0,05 36.30	1:18.06	2:02.15	2:47.09

Programmanr. 15, 4 x 200m vrije slag

200+, Gemengd

1.	AZ&PC De Futen 1	AZ&PC De Futen	10:43.34					10:41.65	+0,85
	Alison Gilbert	53	+0,85	41.84	1:26.24	2:13.71	3:01.50	3:01.50	
	Zilla Fokke	68	+0,88	41.62	1:27.57	2:16.15	3:03.51	3:03.51	
	Erwin Zuidervelt	75	+0,38	31.13	1:06.36	1:43.87	2:19.06	2:19.06	
	Arnold de Rover	64	+0,61	31.39	1:05.51	1:41.25	2:17.58	2:17.58	
2.	AZC 1	AZC	11:33.35					11:23.72	+0,69
	Kirsten Savellberg	79	+0,69	37.10	1:20.12	2:06.03	2:51.87	2:51.87	
	Geza Kaltenecker	42	+0,59	40.72	1:30.86	2:22.94	3:13.56	3:13.56	
	Sandra Daamen-Posma	68	+0,23	39.50	1:25.31	2:12.74	2:59.46	2:59.46	
	Guido Keutgen	68	+0,17	30.28	1:05.30	1:42.11	2:18.83	2:18.83	
3.	Steenwijk 1934 1	Steenwijk 1934	11:29.38					11:39.72	+0,82
	Inge Lolkema-Soeters	73	+0,82	41.72	1:27.96	2:15.13	3:01.49	3:01.49	
	Hans van Scheepen	62	+0,67	45.71	1:37.25	2:30.89	3:28.93	3:28.93	
	Wilma Heijman	64	+0,76	35.87	1:15.31	1:55.50	2:35.40	2:35.40	
	Huib Stegeman	67	+0,70	33.76	1:12.06	1:52.61	2:33.90	2:33.90	

240+, Heren

1.	WWV 1	WWV	11:07.14					11:00.23	+0,92
	Ruud Ruiter	53	+0,92	36.01	1:17.45	2:01.65	2:43.84	2:43.84	
	Theo Schouten	46	+0,58	41.20	1:29.21	2:18.89	3:06.33	3:06.33	
	Laurens Klein Breteler	54	+0,27	38.39	1:22.19	2:07.16	2:48.84	2:48.84	
	Kees-Jan van Overbeeke	62	+0,39	32.13	1:08.78	1:46.25	2:21.22	2:21.22	
2.	Charleroi Hélios Aqua Team 1	Charleroi Hélios Aqua Team	12:00.00					11:18.28	+1,08
	<i>Belgisch MR</i>								
	Daniel Van De Velde	51	+1,08	39.56	1:30.10	2:26.19	3:19.33	3:19.33	
	Luc Laloi	53	+0,33	37.46	1:20.93	2:05.15	2:47.22	2:47.22	
	Thierry Schumans	58	+0,40	36.70	1:19.36	2:05.12	2:49.60	2:49.60	
	Philippe Morelle	56	+0,36	32.15	1:09.07	1:46.52	2:22.13	2:22.13	

240+, Gemengd

1.	WS Twente 1	WS Twente	10:58.59					10:57.45	+0,97
	Hans Westerhof	62	+0,97	35.53	1:10.99	1:47.29	2:23.66	2:23.66	
	Marijke Kraak-Beckers	60		37.11	1:19.65	2:03.27	2:46.84	2:46.84	
	Frans van Enst	40	+0,60	41.22	1:30.58	2:20.62	3:08.56	3:08.56	
	Jeannette Ruesink	63	+0,52	37.56	1:17.91	1:59.08	2:38.39	2:38.39	
2.	Old Dutch 2	Old Dutch	13:06.85					14:24.58	+1,03
	Ronald van Ginneken	61	+1,03	36.69	1:19.38	2:01.84	2:40.82	2:40.82	
	Karien Musters	58	+0,64	50.49	1:46.31	2:46.71	3:47.86	3:47.86	
	Marie Smits	38	+0,52	51.44	1:52.74	2:54.28	3:53.30	3:53.30	
	Nico Baay	42	+0,54	53.77	1:55.81	2:59.31	4:02.60	4:02.60	

320+, Gemengd

1.	Antwerpse Zwemclub Scaldis Antwerpse Zwemclub Scaldis	15:14.13						15:02.24	+1,05
	<i>Wereld Masters Record</i>								
	Joseph Meyten	47	+1,05	36.20	1:18.39	2:02.50	2:46.15	2:46.15	
	Agnes Van Obberghen-Pieters	31	+0,83	57.32	2:04.57	3:13.64	4:20.79	4:20.79	
	Jozef Van Roy	32	+0,54	48.33	1:49.24	2:54.77	4:00.04	4:00.04	
	Eliane Pellis	33	+0,36	47.79	1:45.58	2:49.03	3:55.26	3:55.26	

4 - ONMK 2017 kb sessie 4

21-01-2017 - 9:00

Programmanr. 16
21-01-2017 - 9:00

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT
Masters 20+										
1.	Tamara Grove	De Dolfijn		9:31.99		199601266		9:26.44		+0,71
	50m: 31.08	31.08	250m: 2:52.40	35.94	450m: 5:16.45	35.85	650m: 7:40.26	36.38		
	100m: 1:05.46	34.38	300m: 3:28.59	36.19	500m: 5:52.31	35.86	700m: 8:16.36	36.10		
	150m: 1:40.86	35.40	350m: 4:04.38	35.79	550m: 6:27.93	35.62	750m: 8:51.90	35.54		
	200m: 2:16.46	35.60	400m: 4:40.60	36.22	600m: 7:03.88	35.95	800m: 9:26.44	34.54		
2.	Kimberly Mijnen	WZ&PC Purmerend		9:53.72		199503644		9:48.68		+0,69
	50m: 31.94	31.94	250m: 2:58.40	36.99	450m: 5:27.66	36.84	650m: 7:57.62	37.58		
	100m: 1:07.70	35.76	300m: 3:36.05	37.65	500m: 6:04.75	37.09	700m: 8:35.35	37.73		
	150m: 1:44.45	36.75	350m: 4:13.98	37.93	550m: 6:42.25	37.50	750m: 9:13.04	37.69		
	200m: 2:21.41	36.96	400m: 4:50.82	36.84	600m: 7:20.04	37.79	800m: 9:48.68	35.64		
3.	Iris Pijtak	ZPC AMERSFOORT		9:48.05		199300602		9:55.36		+0,78
	50m: 31.69	31.69	250m: 2:57.55	37.78	450m: 5:29.72	38.15	650m: 8:02.58	38.28		
	100m: 1:06.69	35.00	300m: 3:35.79	38.24	500m: 6:07.90	38.18	700m: 8:40.99	38.41		
	150m: 1:42.72	36.03	350m: 4:13.58	37.79	550m: 6:46.05	38.15	750m: 9:19.10	38.11		
	200m: 2:19.77	37.05	400m: 4:51.57	37.99	600m: 7:24.30	38.25	800m: 9:55.36	36.26		
4.	Fiona Meuffels	RZ		10:00.30		199504366		9:58.72		+0,74
	50m: 32.51	32.51	250m: 3:01.51	38.31	450m: 5:34.88	38.35	650m: 8:07.70	37.94		
	100m: 1:08.28	35.77	300m: 3:39.91	38.40	500m: 6:13.41	38.53	700m: 8:45.27	37.57		
	150m: 1:45.41	37.13	350m: 4:18.33	38.42	550m: 6:51.42	38.01	750m: 9:22.90	37.63		
	200m: 2:23.20	37.79	400m: 4:56.53	38.20	600m: 7:29.76	38.34	800m: 9:58.72	35.82		
5.	Chantal Beijer	DWT		10:16.06		199700884		10:05.41		+0,69
	50m: 32.20	32.20	250m: 3:02.96	38.35	450m: 5:38.70	39.49	650m: 8:13.44	37.48		
	100m: 1:08.48	36.28	300m: 3:41.59	38.63	500m: 6:17.66	38.96	700m: 8:51.72	38.28		
	150m: 1:46.37	37.89	350m: 4:20.55	38.96	550m: 6:57.29	39.63	750m: 9:29.76	38.04		
	200m: 2:24.61	38.24	400m: 4:59.21	38.66	600m: 7:35.96	38.67	800m: 10:05.41	35.65		
6.	Janine de Groot	Nova		10:10.34		199500092		10:06.01		+0,86
	50m: 33.22	33.22	250m: 3:02.91	37.92	450m: 5:37.24	39.15	650m: 8:13.42	38.69		
	100m: 1:09.92	36.70	300m: 3:41.17	38.26	500m: 6:16.05	38.81	700m: 8:51.89	38.47		
	150m: 1:47.35	37.43	350m: 4:19.45	38.28	550m: 6:54.93	38.88	750m: 9:29.49	37.60		
	200m: 2:24.99	37.64	400m: 4:58.09	38.64	600m: 7:34.73	39.80	800m: 10:06.01	36.52		
7.	Carina Spronk	De Vennen		10:52.54		199702382		10:31.72		+0,72
	50m: 34.43	34.43	250m: 3:13.97	40.60	450m: 5:55.85	40.70	650m: 8:34.63	39.01		
	100m: 1:13.16	38.73	300m: 3:54.28	40.31	500m: 6:36.57	40.72	700m: 9:14.50	39.87		
	150m: 1:53.20	40.04	350m: 4:34.68	40.40	550m: 7:16.16	39.59	750m: 9:54.04	39.54		
	200m: 2:33.37	40.17	400m: 5:15.15	40.47	600m: 7:55.62	39.46	800m: 10:31.72	37.68		
8.	Samira Mijnen	WZ&PC Purmerend		10:35.68		199701320		10:38.79		+0,74
	50m: 33.48	33.48	250m: 3:08.75	39.78	450m: 5:52.29	40.90	650m: 8:37.35	41.68		
	100m: 1:10.58	37.10	300m: 3:49.70	40.95	500m: 6:33.22	40.93	700m: 9:18.80	41.45		
	150m: 1:49.26	38.68	350m: 4:30.67	40.97	550m: 7:14.81	41.59	750m: 9:59.73	40.93		
	200m: 2:28.97	39.71	400m: 5:11.39	40.72	600m: 7:55.67	40.86	800m: 10:38.79	39.06		
9.	Lilianne Sweere	ZC Aquadream		11:26.80		199704376		11:10.86		+0,73
	50m: 34.54	34.54	250m: 3:22.47	42.43	450m: 6:14.32	43.05	650m: 9:05.83	43.09		
	100m: 1:15.64	41.10	300m: 4:05.30	42.83	500m: 6:57.01	42.69	700m: 9:48.52	42.69		
	150m: 1:57.79	42.15	350m: 4:47.91	42.61	550m: 7:39.94	42.93	750m: 10:30.79	42.27		
	200m: 2:40.04	42.25	400m: 5:31.27	43.36	600m: 8:22.74	42.80	800m: 11:10.86	40.07		
10.	Sanne de Roo	ZZ&PC De Devel		11:07.03		199501934		11:20.64		+0,76
	50m: 37.53	37.53	250m: 3:25.36	42.97	450m: 6:18.55	43.87	650m: 9:13.08	43.85		
	100m: 1:18.44	40.91	300m: 4:08.21	42.85	500m: 7:02.39	43.84	700m: 9:56.79	43.71		
	150m: 2:00.13	41.69	350m: 4:51.25	43.04	550m: 7:45.92	43.53	750m: 10:39.76	42.97		
	200m: 2:42.39	42.26	400m: 5:34.68	43.43	600m: 8:29.23	43.31	800m: 11:20.64	40.88		

Masters 25+

1.	Maaïke Vooren	DAW	9:38.04	199103324	9:42.02	+0,89		
	50m: 32.96	32.96	250m: 2:57.14	36.41	450m: 5:24.64	36.83	650m: 7:52.35	36.79
	100m: 1:08.48	35.52	300m: 3:33.89	36.75	500m: 6:01.72	37.08	700m: 8:29.49	37.14
	150m: 1:44.40	35.92	350m: 4:10.85	36.96	550m: 6:38.71	36.99	750m: 9:06.30	36.81
	200m: 2:20.73	36.33	400m: 4:47.81	36.96	600m: 7:15.56	36.85	800m: 9:42.02	35.72
2.	Désirée Emmen	De Warande	9:58.15	199204862	10:05.65	+0,68		
	50m: 32.68	32.68	250m: 3:00.93	37.94	450m: 5:35.06	38.89	650m: 8:10.84	38.99
	100m: 1:08.47	35.79	300m: 3:39.02	38.09	500m: 6:14.15	39.09	700m: 8:50.20	39.36
	150m: 1:45.35	36.88	350m: 4:17.47	38.45	550m: 6:52.94	38.79	750m: 9:28.99	38.79
	200m: 2:22.99	37.64	400m: 4:56.17	38.70	600m: 7:31.85	38.91	800m: 10:05.65	36.66

Programmanr. 16, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT
3.	Mandy Verbakel	ZPC Woerden		10:43.53		199003908		10:34.13		+0,79
	50m: 34.54	34.54	250m: 3:09.70	39.95	450m: 5:51.42	40.42	650m: 8:34.21	40.26		
	100m: 1:12.05	37.51	300m: 3:49.85	40.15	500m: 6:32.04	40.62	700m: 9:14.75	40.54		
	150m: 1:50.61	38.56	350m: 4:30.39	40.54	550m: 7:12.98	40.94	750m: 9:55.52	40.77		
	200m: 2:29.75	39.14	400m: 5:11.00	40.61	600m: 7:53.95	40.97	800m: 10:34.13	38.61		
4.	Martje Godschalk	De IJsel		10:30.53		199001186		10:55.87		+0,79
	50m: 35.27	35.27	250m: 3:17.96	41.61	450m: 6:05.17	41.52	650m: 8:52.07	41.72		
	100m: 1:15.00	39.73	300m: 3:59.73	41.77	500m: 6:46.71	41.54	700m: 9:33.87	41.80		
	150m: 1:55.58	40.58	350m: 4:41.81	42.08	550m: 7:28.59	41.88	750m: 10:15.15	41.28		
	200m: 2:36.35	40.77	400m: 5:23.65	41.84	600m: 8:10.35	41.76	800m: 10:55.87	40.72		
5.	Rachelle Hellenbrand	PSV		12:21.44		199101204		13:09.12		+0,87
	50m: 40.75	40.75	250m: 3:57.44	50.05	450m: 7:21.14	50.99	650m: 10:44.61	51.85		
	100m: 1:27.73	46.98	300m: 4:48.29	50.85	500m: 8:11.76	50.62	700m: 11:35.68	51.07		
	150m: 2:17.73	50.00	350m: 5:39.32	51.03	550m: 9:02.48	50.72	750m: 12:24.74	49.06		
	200m: 3:07.39	49.66	400m: 6:30.15	50.83	600m: 9:52.76	50.28	800m: 13:09.12	44.38		
6.	Claudia Creemers	RZ		13:15.14		199202864		14:06.68		+0,77
	50m: 40.64	40.64	250m: 4:00.78	52.42	450m: 7:41.00	54.75	650m: 11:22.36	55.22		
	100m: 1:27.38	46.74	300m: 4:55.13	54.35	500m: 8:35.97	54.97	700m: 12:17.79	55.43		
	150m: 2:16.83	49.45	350m: 5:50.79	55.66	550m: 9:31.58	55.61	750m: 13:14.19	56.40		
	200m: 3:08.36	51.53	400m: 6:46.25	55.46	600m: 10:27.14	55.56	800m: 14:06.68	52.49		
AFGEM	Marlijn Hendriksen	Arethusa		9:32.63		198806828				
Masters 30+										
1.	Sabina Martinez Leon	CN Aquamasters		10:09.40		039737906		9:51.35		+0,83
	50m: 34.32	34.32	250m: 3:02.61	37.45	450m: 5:32.21	37.25	650m: 8:00.76	37.07		
	100m: 1:10.55	36.23	300m: 3:40.15	37.54	500m: 6:09.53	37.32	700m: 8:37.83	37.07		
	150m: 1:47.64	37.09	350m: 4:17.79	37.64	550m: 6:46.72	37.19	750m: 9:14.93	37.10		
	200m: 2:25.16	37.52	400m: 4:54.96	37.17	600m: 7:23.69	36.97	800m: 9:51.35	36.42		
2.	Ann Van Beylen	RSCM		9:59.36		20264/84		9:56.47		+0,90
	50m: 32.57	32.57	250m: 2:58.58	37.06	450m: 5:28.88	37.54	650m: 8:02.96	39.11		
	100m: 1:08.14	35.57	300m: 3:35.76	37.18	500m: 6:06.75	37.87	700m: 8:40.90	37.94		
	150m: 1:44.71	36.57	350m: 4:13.31	37.55	550m: 6:45.58	38.83	750m: 9:19.37	38.47		
	200m: 2:21.52	36.81	400m: 4:51.34	38.03	600m: 7:23.85	38.27	800m: 9:56.47	37.10		
3.	Denise de Riet	ZZ&PC De Devel		10:32.05		198402040		10:11.01		+0,94
	50m: 33.73	33.73	250m: 3:04.09	38.53	450m: 5:38.57	39.01	650m: 8:15.05	39.17		
	100m: 1:10.41	36.68	300m: 3:42.50	38.41	500m: 6:17.60	39.03	700m: 8:54.26	39.21		
	150m: 1:47.90	37.49	350m: 4:20.82	38.32	550m: 6:56.82	39.22	750m: 9:33.43	39.17		
	200m: 2:25.56	37.66	400m: 4:59.56	38.74	600m: 7:35.88	39.06	800m: 10:11.01	37.58		
4.	Ramona Linting	AZC		10:25.97		198301274		10:30.74		+0,83
	50m: 34.01	34.01	250m: 3:09.10	39.10	450m: 5:47.85	40.02	650m: 8:29.61	40.46		
	100m: 1:12.39	38.38	300m: 3:48.41	39.31	500m: 6:28.38	40.53	700m: 9:10.04	40.43		
	150m: 1:51.10	38.71	350m: 4:28.29	39.88	550m: 7:08.65	40.27	750m: 9:50.68	40.64		
	200m: 2:30.00	38.90	400m: 5:07.83	39.54	600m: 7:49.15	40.50	800m: 10:30.74	40.06		
5.	Pauline Tieleman	AquAmigos		10:31.43		198403348		10:58.82		+0,60
	50m: 35.88	35.88	250m: 3:22.59	42.33	450m: 6:11.06	42.13	650m: 8:57.53	40.96		
	100m: 1:16.19	40.31	300m: 4:04.63	42.04	500m: 6:52.96	41.90	700m: 9:38.73	41.20		
	150m: 1:58.15	41.96	350m: 4:46.98	42.35	550m: 7:34.81	41.85	750m: 10:19.58	40.85		
	200m: 2:40.26	42.11	400m: 5:28.93	41.95	600m: 8:16.57	41.76	800m: 10:58.82	39.24		
6.	Linda Hoogendam	WVZ		10:49.69		198300892		11:11.37		+0,71
	50m: 36.01	36.01	250m: 3:23.35	42.29	450m: 6:13.47	42.15	650m: 9:07.07	42.90		
	100m: 1:16.33	40.32	300m: 4:06.09	42.74	500m: 6:56.93	43.46	700m: 9:50.56	43.49		
	150m: 1:58.16	41.83	350m: 4:48.53	42.44	550m: 7:40.12	43.19	750m: 10:31.71	41.15		
	200m: 2:41.06	42.90	400m: 5:31.32	42.79	600m: 8:24.17	44.05	800m: 11:11.37	39.66		
7.	Sandra Koenig	CNSW		11:13.77		002644/86		11:47.18		+0,81
	50m: 40.10	40.10	250m: 3:35.33	44.43	450m: 6:34.27	44.79	650m: 9:33.41	44.80		
	100m: 1:23.08	42.98	300m: 4:20.19	44.86	500m: 7:19.33	45.06	700m: 10:18.31	44.90		
	150m: 2:06.75	43.67	350m: 5:04.85	44.66	550m: 8:03.92	44.59	750m: 11:03.49	45.18		
	200m: 2:50.90	44.15	400m: 5:49.48	44.63	600m: 8:48.61	44.69	800m: 11:47.18	43.69		
8.	Lisette van den Bos	De Geul		12:07.12		198700468		12:07.15		+0,86
	50m: 39.67	39.67	250m: 3:39.91	44.66	450m: 6:42.23	45.97	650m: 9:48.86	46.60		
	100m: 1:23.91	44.24	300m: 4:25.09	45.18	500m: 7:28.61	46.38	700m: 10:36.06	47.20		
	150m: 2:09.66	45.75	350m: 5:10.57	45.48	550m: 8:15.40	46.79	750m: 11:22.64	46.58		
	200m: 2:55.25	45.59	400m: 5:56.26	45.69	600m: 9:02.26	46.86	800m: 12:07.15	44.51		
AFGEM	Liset de Veer	Aqua-Novio'94		11:34.41		198704190				
AFGEM	Diana Molenaar	DWT		11:36.54		198504202				

Programmanr. 16, Dames, 800m vrije slag

Masters 35+

1.	Yvonne Gerritsen	WVZ	10:53.18	198000342	10:43.22	+0,80		
	50m: 34.93	34.93	250m: 3:15.22	40.82	450m: 5:58.72	41.02	650m: 8:42.05	41.03
	100m: 1:13.85	38.92	300m: 3:55.98	40.76	500m: 6:39.18	40.46	700m: 9:23.12	41.07
	150m: 1:53.66	39.81	350m: 4:36.90	40.92	550m: 7:20.20	41.02	750m: 10:04.18	41.06
	200m: 2:34.40	40.74	400m: 5:17.70	40.80	600m: 8:01.02	40.82	800m: 10:43.22	39.04
2.	Agnes van Brug	DAW	11:00.29	198001726	11:04.28	+0,90		
	50m: 37.17	37.17	250m: 3:23.36	41.85	450m: 6:12.37	42.44	650m: 9:01.61	42.17
	100m: 1:17.48	40.31	300m: 4:05.71	42.35	500m: 6:55.06	42.69	700m: 9:43.68	42.07
	150m: 1:59.18	41.70	350m: 4:47.76	42.05	550m: 7:37.11	42.05	750m: 10:24.77	41.09
	200m: 2:41.51	42.33	400m: 5:29.93	42.17	600m: 8:19.44	42.33	800m: 11:04.28	39.51
3.	Martine de Haart	Patrick-De Roersoppers (SG)	11:56.31	197901492	11:29.60	+0,83		
	50m: 38.53	38.53	250m: 3:31.01	43.29	450m: 6:27.03	43.66	650m: 9:21.80	43.73
	100m: 1:20.99	42.46	300m: 4:15.59	44.58	500m: 7:10.91	43.88	700m: 10:05.88	44.08
	150m: 2:04.42	43.43	350m: 4:59.65	44.06	550m: 7:54.46	43.55	750m: 10:49.15	43.27
	200m: 2:47.72	43.30	400m: 5:43.37	43.72	600m: 8:38.07	43.61	800m: 11:29.60	40.45
4.	Rianne van Vegchelen	ZV 44	13:50.01	198101530	14:16.94	+1,07		
	50m: 46.24	46.24	250m: 4:21.01	58.75	450m: 8:00.32	52.92	650m: 11:37.28	53.16
	100m: 1:37.09	50.85	300m: 5:18.91	57.90	500m: 8:53.44	53.12	700m: 12:33.76	56.48
	150m: 2:29.44	52.35	350m: 6:15.64	56.73	550m: 9:51.26	57.82	750m: 13:26.43	52.67
	200m: 3:22.26	52.82	400m: 7:07.40	51.76	600m: 10:44.12	52.86	800m: 14:16.94	50.51

Masters 40+

1.	Jannie Vennik	HZ&PC Heerenveen				11:34.92		197601006		11:14.24		+0,92
	50m:	37.82	37.82	250m:	3:27.97	43.19	450m:	6:19.67	42.60	650m:	9:09.15	42.22
	100m:	1:19.20	41.38	300m:	4:11.05	43.08	500m:	7:02.36	42.69	700m:	9:51.52	42.37
	150m:	2:02.01	42.81	350m:	4:54.10	43.05	550m:	7:44.78	42.42	750m:	10:33.25	41.73
	200m:	2:44.78	42.77	400m:	5:37.07	42.97	600m:	8:26.93	42.15	800m:	11:14.24	40.99
2.	Clementine van Bruxvoort	ZPB H&L Productions				14:11.39		197700138		14:14.00		+0,89
	50m:	45.32	45.32	250m:	4:16.12	52.99	450m:	7:51.45	54.06	650m:	11:32.06	55.93
	100m:	1:37.00	51.68	300m:	5:09.95	53.83	500m:	8:45.43	53.98	700m:	12:27.14	55.08
	150m:	2:29.80	52.80	350m:	6:03.62	53.67	550m:	9:41.12	55.69	750m:	13:22.08	54.94
	200m:	3:23.13	53.33	400m:	6:57.39	53.77	600m:	10:36.13	55.01	800m:	14:14.00	51.92

Masters 45+

1.	Grith Sigsgaard	DWK	9:44.91	197200772	9:51.44	+0,92						
	Nederlands Masters Record, tt 400m NMR											
	50m:	32.82	32.82	250m:	3:00.96	36.81	450m:	5:29.65	37.46	650m:	8:00.46	37.69
	100m:	1:09.70	36.88	300m:	3:38.24	37.28	500m:	6:07.36	37.71	700m:	8:37.84	37.38
	150m:	1:47.09	37.39	350m:	4:15.13	36.89	550m:	6:44.92	37.56	750m:	9:15.23	37.39
	200m:	2:24.15	37.06	400m:	4:52.19	37.06	600m:	7:22.77	37.85	800m:	9:51.44	36.21
2.	Heidi den Boer	LINK	10:37.53	196900864	10:30.08	+0,79						
	50m:	34.01	34.01	250m:	3:07.80	38.92	450m:	5:46.65	40.02	650m:	8:28.72	40.71
	100m:	1:11.32	37.31	300m:	3:46.79	38.99	500m:	6:26.93	40.28	700m:	9:09.49	40.77
	150m:	1:49.97	38.65	350m:	4:26.31	39.52	550m:	7:07.46	40.53	750m:	9:50.14	40.65
	200m:	2:28.88	38.91	400m:	5:06.63	40.32	600m:	7:48.01	40.55	800m:	10:30.08	39.94
3.	Annette de Visser	Oceanus	10:33.37	197100602	10:39.48	+0,84						
	50m:	34.50	34.50	250m:	3:12.07	40.49	450m:	5:56.10	41.31	650m:	8:40.41	40.75
	100m:	1:12.38	37.88	300m:	3:52.95	40.88	500m:	6:37.65	41.55	700m:	9:20.79	40.38
	150m:	1:51.82	39.44	350m:	4:33.82	40.87	550m:	7:18.58	40.93	750m:	10:00.73	39.94
	200m:	2:31.58	39.76	400m:	5:14.79	40.97	600m:	7:59.66	41.08	800m:	10:39.48	38.75
4.	Lisenka Kornet-van den Akker	Zwemlust-den Hommel	11:26.01	196901052	10:46.99	+0,94						
	50m:	34.77	34.77	250m:	3:15.78	40.66	450m:	5:59.98	40.62	650m:	8:44.81	41.03
	100m:	1:14.33	39.56	300m:	3:56.96	41.18	500m:	6:40.94	40.96	700m:	9:26.40	41.59
	150m:	1:54.56	40.23	350m:	4:38.00	41.04	550m:	7:22.57	41.63	750m:	10:08.07	41.67
	200m:	2:35.12	40.56	400m:	5:19.36	41.36	600m:	8:03.78	41.21	800m:	10:46.99	38.92
5.	Marion Broekhuis	WS Twente	11:49.58	196800060	11:50.37	+0,71						
	50m:	39.10	39.10	250m:	3:37.02	45.13	450m:	6:38.32	45.36	650m:	9:38.93	45.06
	100m:	1:22.47	43.37	300m:	4:22.27	45.25	500m:	7:23.46	45.14	700m:	10:23.87	44.94
	150m:	2:07.11	44.64	350m:	5:07.69	45.42	550m:	8:08.77	45.31	750m:	11:08.41	44.54
	200m:	2:51.89	44.78	400m:	5:52.96	45.27	600m:	8:53.87	45.10	800m:	11:50.37	41.96
6.	Inken Wemheuer	DWT	12:03.77	197101016	11:52.67	+0,76						
	50m:	39.50	39.50	250m:	3:38.94	45.48	450m:	6:40.84	45.23	650m:	9:42.07	45.11
	100m:	1:23.00	43.50	300m:	4:24.08	45.14	500m:	7:25.93	45.09	700m:	10:27.26	45.19
	150m:	2:07.77	44.77	350m:	5:10.06	45.98	550m:	8:11.10	45.17	750m:	11:11.75	44.49
	200m:	2:53.46	45.69	400m:	5:55.61	45.55	600m:	8:56.96	45.86	800m:	11:52.67	40.92

Programmanr. 16, Dames, 800m vrije slag, Masters 45+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT
7.	Iris van Aurich	DWK		11:46.85		196900866		11:54.15		+0,74
	50m: 37.28	37.28	250m: 3:37.41	47.16	450m: 6:40.91	45.45	650m: 9:44.59	45.36		
	100m: 1:19.46	42.18	300m: 4:23.34	45.93	500m: 7:27.08	46.17	700m: 10:29.65	45.06		
	150m: 2:04.18	44.72	350m: 5:10.03	46.69	550m: 8:13.22	46.14	750m: 11:15.06	45.41		
	200m: 2:50.25	46.07	400m: 5:55.46	45.43	600m: 8:59.23	46.01	800m: 11:54.15	39.09		
8.	Renata Gadliauskiene	Kauno Takas		12:59.23				12:03.33		+0,89
	50m: 39.66	39.66	250m: 3:41.47	46.76	450m: 6:46.25	46.39	650m: 9:50.88	45.36		
	100m: 1:23.73	44.07	300m: 4:26.91	45.44	500m: 7:32.20	45.95	700m: 10:36.49	45.61		
	150m: 2:09.02	45.29	350m: 5:13.42	46.51	550m: 8:18.42	46.22	750m: 11:22.08	45.59		
	200m: 2:54.71	45.69	400m: 5:59.86	46.44	600m: 9:05.52	47.10	800m: 12:03.33	41.25		
9.	Annet Kootstra	Swol 1894		11:59.93		197100344		12:21.84		+0,91
	50m: 41.22	41.22	250m: 3:46.81	47.21	450m: 6:55.22	47.07	650m: 10:03.91	46.60		
	100m: 1:26.43	45.21	300m: 4:33.77	46.96	500m: 7:42.87	47.65	700m: 10:51.01	47.10		
	150m: 2:12.89	46.46	350m: 5:20.99	47.22	550m: 8:30.21	47.34	750m: 11:37.59	46.58		
	200m: 2:59.60	46.71	400m: 6:08.15	47.16	600m: 9:17.31	47.10	800m: 12:21.84	44.25		
10.	Peggi Hurenkamp	HZ&PC Heerenveen		12:21.31		196900922		12:24.28		+0,91
	50m: 40.00	40.00	250m: 3:43.47	46.55	450m: 6:53.40	47.38	650m: 10:03.67	47.58		
	100m: 1:24.47	44.47	300m: 4:31.07	47.60	500m: 7:40.74	47.34	700m: 10:51.70	48.03		
	150m: 2:10.24	45.77	350m: 5:18.56	47.49	550m: 8:28.21	47.47	750m: 11:39.21	47.51		
	200m: 2:56.92	46.68	400m: 6:06.02	47.46	600m: 9:16.09	47.88	800m: 12:24.28	45.07		
11.	Nathasja Konijn	WIDEX GZC DONK		13:04.51		197100992		12:54.75		+0,90
	50m: 41.48	41.48	250m: 3:52.56	49.07	450m: 7:09.78	48.77	650m: 10:27.69	50.08		
	100m: 1:27.27	45.79	300m: 4:41.90	49.34	500m: 7:58.93	49.15	700m: 11:17.29	49.60		
	150m: 2:15.03	47.76	350m: 5:31.71	49.81	550m: 8:48.43	49.50	750m: 12:06.73	49.44		
	200m: 3:03.49	48.46	400m: 6:21.01	49.30	600m: 9:37.61	49.18	800m: 12:54.75	48.02		
12.	Irna van der Molen	WS Twente		13:44.10		196900938		13:17.69		+0,85
	50m: 42.80	42.80	250m: 4:04.76	51.86	450m: 7:28.84	50.80	650m: 10:50.73	50.21		
	100m: 1:31.56	48.76	300m: 4:56.34	51.58	500m: 8:19.33	50.49	700m: 11:40.89	50.16		
	150m: 2:21.91	50.35	350m: 5:47.37	51.03	550m: 9:10.30	50.97	750m: 12:31.02	50.13		
	200m: 3:12.90	50.99	400m: 6:38.04	50.67	600m: 10:00.52	50.22	800m: 13:17.69	46.67		
13.	Greta Wyma-Teitsma	DWK		13:33.94		197100696		13:42.09		+0,82
	50m: 44.48	44.48	250m: 4:11.17	52.02	450m: 7:40.82	51.99	650m: 11:08.73	50.53		
	100m: 1:35.03	50.55	300m: 5:03.94	52.77	500m: 8:32.88	52.06	700m: 12:00.92	52.19		
	150m: 2:26.87	51.84	350m: 5:55.99	52.05	550m: 9:25.68	52.80	750m: 12:52.82	51.90		
	200m: 3:19.15	52.28	400m: 6:48.83	52.84	600m: 10:18.20	52.52	800m: 13:42.09	49.27		
DIS	Esther Mijnen	WZ&PC Purmerend		12:11.38		196900846				+0,82
AF - De aangegeven afstand niet uitgezwommen.										
AFGEM	Karin Sagonas-Koolen	VZV Njord		12:25.62		197000964				

Masters 50+

1.	Katrien Delaender	BZK	10:02.65	20525/66	9:55.00	+0,72						
Kampioenschaps Record, Belgisch MR												
	50m:	33.38	33.38	250m:	3:02.16	38.05	450m:	5:32.89	37.67	650m:	8:03.57	37.74
	100m:	1:09.47	36.09	300m:	3:39.96	37.80	500m:	6:10.39	37.50	700m:	8:41.39	37.82
	150m:	1:46.42	36.95	350m:	4:17.82	37.86	550m:	6:48.19	37.80	750m:	9:19.25	37.86
	200m:	2:24.11	37.69	400m:	4:55.22	37.40	600m:	7:25.83	37.64	800m:	9:55.00	35.75
2.	Wilna Heijman	Steenwijk 1934	11:15.64	196400506	11:01.77	+0,90						
	50m:	37.71	37.71	250m:	3:23.66	42.10	450m:	6:11.52	41.80	650m:	8:58.30	41.85
	100m:	1:18.37	40.66	300m:	4:05.41	41.75	500m:	6:53.39	41.87	700m:	9:39.40	41.10
	150m:	1:59.75	41.38	350m:	4:47.45	42.04	550m:	7:34.97	41.58	750m:	10:21.04	41.64
	200m:	2:41.56	41.81	400m:	5:29.72	42.27	600m:	8:16.45	41.48	800m:	11:01.77	40.73
3.	Laura Staal	Oceanus	11:09.83	196700358	11:18.98	+0,80						
	50m:	38.19	38.19	250m:	3:28.47	43.21	450m:	6:21.63	43.18	650m:	9:13.87	42.87
	100m:	1:20.28	42.09	300m:	4:11.62	43.15	500m:	7:04.78	43.15	700m:	9:56.64	42.77
	150m:	2:02.68	42.40	350m:	4:54.94	43.32	550m:	7:47.69	42.91	750m:	10:39.01	42.37
	200m:	2:45.26	42.58	400m:	5:38.45	43.51	600m:	8:31.00	43.31	800m:	11:18.98	39.97
4.	Teodora König	TSV Vorhalle	11:14.44	075148	11:27.04	+0,88						
	50m:	37.84	37.84	250m:	3:27.73	43.15	450m:	6:22.60	43.94	650m:	9:18.27	43.87
	100m:	1:19.65	41.81	300m:	4:11.05	43.32	500m:	7:06.41	43.81	700m:	10:01.67	43.40
	150m:	2:01.89	42.24	350m:	4:54.68	43.63	550m:	7:50.17	43.76	750m:	10:44.93	43.26
	200m:	2:44.58	42.69	400m:	5:38.66	43.98	600m:	8:34.40	44.23	800m:	11:27.04	42.11
5.	Jacqueline Rolloos-Bakkers	De Lansingh	11:36.61	196300222	11:29.19	+1,03						
	50m:	37.61	37.61	250m:	3:31.80	43.62	450m:	6:27.04	43.65	650m:	9:21.74	43.64
	100m:	1:20.37	42.76	300m:	4:15.77	43.97	500m:	7:10.83	43.79	700m:	10:05.56	43.82
	150m:	2:04.18	43.81	350m:	4:59.16	43.39	550m:	7:54.22	43.39	750m:	10:48.87	43.31
	200m:	2:48.18	44.00	400m:	5:43.39	44.23	600m:	8:38.10	43.88	800m:	11:29.19	40.32

Programmanr. 16, Dames, 800m vrije slag, Masters 50+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
6.	Jeannette Ruesink	WS Twente		11:18.28		196300212		12:26.96		+0,85		
	50m:	41.76	41.76	250m:	3:46.78	47.00	450m:	6:55.82	47.45	650m:	10:07.04	47.46
	100m:	1:26.86	45.10	300m:	4:33.55	46.77	500m:	7:44.18	48.36	700m:	10:54.17	47.13
	150m:	2:12.80	45.94	350m:	5:21.02	47.47	550m:	8:31.98	47.80	750m:	11:41.48	47.31
	200m:	2:59.78	46.98	400m:	6:08.37	47.35	600m:	9:19.58	47.60	800m:	12:26.96	45.48
7.	Hetty Smalheer	SCOM		12:56.57		196700352		13:23.15		+1,01		
	50m:	43.65	43.65	250m:	4:04.13	51.01	450m:	7:28.52	52.09	650m:	10:53.34	50.75
	100m:	1:31.56	47.91	300m:	4:55.97	51.84	500m:	8:19.49	50.97	700m:	11:43.29	49.95
	150m:	2:22.36	50.80	350m:	5:46.40	50.43	550m:	9:11.47	51.98	750m:	12:34.39	51.10
	200m:	3:13.12	50.76	400m:	6:36.43	50.03	600m:	10:02.59	51.12	800m:	13:23.15	48.76
8.	Annemarie Straetemans	De Geul		13:55.21		196300508		13:52.76		+1,10		
	50m:	48.52	48.52	250m:	4:21.75	53.42	450m:	7:52.93	52.42	650m:	11:20.45	51.61
	100m:	1:41.07	52.55	300m:	5:14.47	52.72	500m:	8:44.78	51.85	700m:	12:12.22	51.77
	150m:	2:34.86	53.79	350m:	6:07.96	53.49	550m:	9:36.94	52.16	750m:	13:04.30	52.08
	200m:	3:28.33	53.47	400m:	7:00.51	52.55	600m:	10:28.84	51.90	800m:	13:52.76	48.46

Masters 55+

1.	Patty Verhagen	PSV	11:10.17	195900146	11:19.14	+0,93		
	50m: 39.36	39.36	250m: 3:30.69	43.52	450m: 6:23.34	42.82	650m: 9:13.69	42.39
	100m: 1:21.46	42.10	300m: 4:14.11	43.42	500m: 7:05.93	42.59	700m: 9:56.38	42.69
	150m: 2:04.10	42.64	350m: 4:57.39	43.28	550m: 7:48.70	42.77	750m: 10:38.41	42.03
	200m: 2:47.17	43.07	400m: 5:40.52	43.13	600m: 8:31.30	42.60	800m: 11:19.14	40.73
2.	Petra Tossings	DAW	11:45.49	196100376	11:46.88	+0,88		
	50m: 39.56	39.56	250m: 3:35.96	43.98	450m: 6:34.84	44.96	650m: 9:34.38	44.60
	100m: 1:23.50	43.94	300m: 4:20.95	44.99	500m: 7:19.75	44.91	700m: 10:19.08	44.70
	150m: 2:07.88	44.38	350m: 5:05.42	44.47	550m: 8:04.97	45.22	750m: 11:04.47	45.39
	200m: 2:51.98	44.10	400m: 5:49.88	44.46	600m: 8:49.78	44.81	800m: 11:46.88	42.41
3.	Marjan Spoelstra	Swol 1894	13:14.30	196000236	13:31.27	+0,89		
	50m: 46.75	46.75	250m: 4:11.04	51.48	450m: 7:35.51	50.46	650m: 11:00.08	51.53
	100m: 1:36.95	50.20	300m: 5:02.59	51.55	500m: 8:26.65	51.14	700m: 11:51.84	51.76
	150m: 2:28.06	51.11	350m: 5:54.04	51.45	550m: 9:17.18	50.53	750m: 12:43.04	51.20
	200m: 3:19.56	51.50	400m: 6:45.05	51.01	600m: 10:08.55	51.37	800m: 13:31.27	48.23
4.	Jennie Resink-lindeboom	DWK	13:32.86	196000142	13:44.67	+0,93		
	50m: 45.24	45.24	250m: 4:12.77	52.54	450m: 7:43.24	51.87	650m: 11:11.78	52.17
	100m: 1:36.02	50.78	300m: 5:05.57	52.80	500m: 8:35.05	51.81	700m: 12:04.19	52.41
	150m: 2:27.86	51.84	350m: 5:58.65	53.08	550m: 9:27.56	52.51	750m: 12:56.42	52.23
	200m: 3:20.23	52.37	400m: 6:51.37	52.72	600m: 10:19.61	52.05	800m: 13:44.67	48.25

AFGEM Riny Zeijpveld-Meuleman De Berkelduikers 13:23.75 196000204

Masters 60+

1.	Carla Hensen	PSV	13:59.10	195300062	13:49.53	+1,00		
	50m: 44.39	44.39	250m: 4:14.72	52.89	450m: 7:44.90	52.50	650m: 11:15.08	52.07
	100m: 1:35.40	51.01	300m: 5:07.30	52.58	500m: 8:37.33	52.43	700m: 12:07.05	51.97
	150m: 2:28.87	53.47	350m: 5:59.85	52.55	550m: 9:30.24	52.91	750m: 12:59.24	52.19
	200m: 3:21.83	52.96	400m: 6:52.40	52.55	600m: 10:23.01	52.77	800m: 13:49.53	50.29
2.	Maria Rosa Llivina Carbonell	CN Aquamasters	14:53.75	039027291	14:46.13	+1,00		
	50m: 51.51	51.51	250m: 4:35.53	56.30	450m: 8:18.39	55.24	650m: 12:00.44	55.42
	100m: 1:46.45	54.94	300m: 5:31.56	56.03	500m: 9:13.60	55.21	700m: 12:56.48	56.04
	150m: 2:43.09	56.64	350m: 6:27.38	55.82	550m: 10:09.43	55.83	750m: 13:51.88	55.40
	200m: 3:39.23	56.14	400m: 7:23.15	55.77	600m: 11:05.02	55.59	800m: 14:46.13	54.25

Masters 65+

1.	Conny Boer-Buys			ZVVS		11:52.80		195000006		11:50.33		
	<i>Europees Masters Record</i>											
	50m:	39.41	39.41	250m:	3:40.53	45.96	450m:	6:39.64	44.62	650m:	9:41.96	45.78
	100m:	1:22.39	42.98	300m:	4:25.11	44.58	500m:	7:25.19	45.55	700m:	10:26.97	45.01
	150m:	2:08.25	45.86	350m:	5:10.10	44.99	550m:	8:10.38	45.19	750m:	11:11.25	44.28
	200m:	2:54.57	46.32	400m:	5:55.02	44.92	600m:	8:56.18	45.80	800m:	11:50.33	39.08
2.	Gonnie Bak			PSV		15:12.71		195100064		15:04.13		+0,97
	50m:	50.18	50.18	250m:	4:38.88	57.89	450m:	8:27.91	56.94	650m:	12:17.15	56.81
	100m:	1:47.32	57.14	300m:	5:36.15	57.27	500m:	9:25.14	57.23	700m:	13:14.18	57.03
	150m:	2:43.92	56.60	350m:	6:33.60	57.45	550m:	10:22.65	57.51	750m:	14:10.45	56.27
	200m:	3:40.99	57.07	400m:	7:30.97	57.37	600m:	11:20.34	57.69	800m:	15:04.13	53.68

Programmanr. 16, Dames, 800m vrije slag, Masters 65+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
3.	Ineke Meijer	HZ&PC Heerenveen	14:34.50	195200034	15:36.84	+0,79
	50m: 49.99	49.99	250m: 4:43.31	58.74	450m: 8:41.21	59.34
	100m: 1:47.07	57.08	300m: 5:42.23	58.92	500m: 9:40.88	59.67
	150m: 2:45.74	58.67	350m: 6:42.13	59.90	550m: 10:40.11	59.23
	200m: 3:44.57	58.83	400m: 7:41.87	59.74	600m: 11:40.02	59.91
					650m: 12:39.36	59.34
					700m: 13:39.47	1:00.11
					750m: 14:39.49	1:00.02
					800m: 15:36.84	57.35

Masters 70+

1.	Annie Smits	PSV	16:07.22	194600016	16:51.32	+1,39
	50m: 57.74	57.74	250m: 5:16.99	1:05.55	450m: 9:33.34	1:03.01
	100m: 2:01.48	1:03.74	300m: 6:20.89	1:03.90	500m: 10:38.52	1:05.18
	150m: 3:06.32	1:04.84	350m: 7:25.10	1:04.21	550m: 11:42.37	1:03.85
	200m: 4:11.44	1:05.12	400m: 8:30.33	1:05.23	600m: 12:44.45	1:02.08
					650m: 13:47.63	1:03.18
					700m: 14:50.45	1:02.82
					750m: 15:52.42	1:01.97
					800m: 16:51.32	58.90

AFGEM Mieke Strijbis-van der Kroft DAW 15:33.64 194500004

Masters 75+

1.	Marie Smits	Old Dutch	17:26.16	193800004	17:09.99	+1,20
	50m: 54.60	54.60	250m: 5:13.88	1:04.65	450m: 9:36.10	1:05.40
	100m: 1:58.73	1:04.13	300m: 6:19.20	1:05.32	500m: 10:41.34	1:05.24
	150m: 3:04.75	1:06.02	350m: 7:24.78	1:05.58	550m: 11:46.79	1:05.45
	200m: 4:09.23	1:04.48	400m: 8:30.70	1:05.92	600m: 12:52.36	1:05.57
					650m: 13:57.44	1:05.08
					700m: 15:03.86	1:06.42
					750m: 16:09.08	1:05.22
					800m: 17:09.99	1:00.91

Masters 80+

1.	Bep van Riessen	Aquapoldro	19:23.40	193700006	20:15.20	+1,21
	50m: 1:03.13	1:03.13	250m: 6:04.45	1:16.84	450m: 11:14.21	1:17.97
	100m: 2:14.99	1:11.86	300m: 7:22.44	1:17.99	500m: 12:32.70	1:18.49
	150m: 3:30.05	1:15.06	350m: 8:39.31	1:16.87	550m: 13:51.08	1:18.38
	200m: 4:47.61	1:17.56	400m: 9:56.24	1:16.93	600m: 15:09.41	1:18.33
					650m: 16:26.03	1:16.62
					700m: 17:44.99	1:18.96
					750m: 19:03.14	1:18.15
					800m: 20:15.20	1:12.06

AFGEM Annie de Vos Old Dutch 19:16.35 193400004

Programmanr. 17
21-01-2017 - 10:47
Heren, 400m wisselslag
Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Michel van Nieuwkerk	AZ&PC De Futen	4:44.01	199702413	4:48.02	+0,67
	50m: 30.05	30.05	150m: 1:43.05	36.58	250m: 3:00.40	40.16
	100m: 1:06.47	36.42	200m: 2:20.24	37.19	300m: 3:41.75	41.35
					350m: 4:15.37	33.62
					400m: 4:48.02	32.65
2.	Emiel van Beusekom	Van Vliet-Barracuda	4:49.69	199403951	4:52.46	+0,76
	50m: 29.78	29.78	150m: 1:43.75	38.42	250m: 3:03.63	42.71
	100m: 1:05.33	35.55	200m: 2:20.92	37.17	300m: 3:47.15	43.52
					350m: 4:19.87	32.72
					400m: 4:52.46	32.59
3.	Pieter Pijnenburg	Nuenen	4:54.31	199305227	4:56.62	+0,71
	50m: 31.19	31.19	150m: 1:48.99	40.84	250m: 3:08.55	38.87
	100m: 1:08.15	36.96	200m: 2:29.68	40.69	300m: 3:48.17	39.62
					350m: 4:23.19	35.02
					400m: 4:56.62	33.43
4.	Nordin Termoshuizen	WVZ	4:53.51	199605401	4:57.67	+0,74
	50m: 30.77	30.77	150m: 1:44.48	38.30	250m: 3:05.96	44.45
	100m: 1:06.18	35.41	200m: 2:21.51	37.03	300m: 3:51.18	45.22
					350m: 4:25.55	34.37
					400m: 4:57.67	32.12
5.	Vincent Dermaux	ZC Aquadream	5:06.90	199600599	5:08.06	+0,71
	50m: 30.48	30.48	150m: 1:48.11	39.20	250m: 3:10.46	44.22
	100m: 1:08.91	38.43	200m: 2:26.24	38.13	300m: 3:55.27	44.81
					350m: 4:31.66	36.39
					400m: 5:08.06	36.40
6.	Richard van der Horst	De Meer	5:10.71	199700179	5:08.25	+0,78
	50m: 32.57	32.57	150m: 1:51.80	41.70	250m: 3:14.48	40.88
	100m: 1:10.10	37.53	200m: 2:33.60	41.80	300m: 3:56.74	42.26
					350m: 4:33.12	36.38
					400m: 5:08.25	35.13
7.	Jordy Jongenelen	ZC Aquadream	5:17.18	199504995	5:24.56	+0,62
	50m: 32.20	32.20	150m: 1:53.72	43.44	250m: 3:23.07	46.55
	100m: 1:10.28	38.08	200m: 2:36.52	42.80	300m: 4:10.92	47.85
					350m: 4:48.91	37.99
					400m: 5:24.56	35.65
8.	Jeffrey Camphens	DWT	4:56.85	199503113	5:30.21	+0,68
	50m: 33.79	33.79	150m: 2:01.52	46.27	250m: 3:32.52	45.35
	100m: 1:15.25	41.46	200m: 2:47.17	45.65	300m: 4:16.72	44.20
					350m: 4:54.07	37.35
					400m: 5:30.21	36.14

Programmanr. 17, Heren, 400m wisselslag, Masters 20+

rang	naam	vereniging			inschrijftijd		startnr.		tijd		RT	
9.	Maarten Steekelenburg	Aquamania			6:38.59		199300479		6:32.34		+0,77	
	50m:	39.30	39.30	150m:	2:19.05	49.43	250m:	4:03.57	57.14	350m:	5:49.56	47.89
	100m:	1:29.62	50.32	200m:	3:06.43	47.38	300m:	5:01.67	58.10	400m:	6:32.34	42.78
AFGEM	Nick van der Krogt	LZ 1886			5:15.76		199501313					

Masters 25+

1.	Kevin Eltink	DWK	4:29.59	199100589	4:31.46	+0,73		
	50m: 27.62	27.62	150m: 1:34.83	34.77	250m: 2:48.54	39.29	350m: 4:01.02	32.05
	100m: 1:00.06	32.44	200m: 2:09.25	34.42	300m: 3:28.97	40.43	400m: 4:31.46	30.44
2.	Dennis Wijbenga	Stadskanaal	5:01.39	199003283	5:00.33	+0,78		
	50m: 31.40	31.40	150m: 1:48.02	39.07	250m: 3:05.93	39.85	350m: 4:24.68	37.12
	100m: 1:08.95	37.55	200m: 2:26.08	38.06	300m: 3:47.56	41.63	400m: 5:00.33	35.65
3.	Tim Bunnik	Triton	4:56.46	199000505	5:01.43	+0,80		
	50m: 30.36	30.36	150m: 1:45.00	37.79	250m: 3:07.22	44.08	350m: 4:27.42	35.08
	100m: 1:07.21	36.85	200m: 2:23.14	38.14	300m: 3:52.34	45.12	400m: 5:01.43	34.01
4.	Maik Steenkamp	Montferland	5:03.15	199103847	5:10.80	+0,77		
	50m: 32.81	32.81	150m: 1:53.20	42.48	250m: 3:17.41	41.93	350m: 4:37.07	37.22
	100m: 1:10.72	37.91	200m: 2:35.48	42.28	300m: 3:59.85	42.44	400m: 5:10.80	33.73
5.	Wessel Everloo	De Veene	5:09.19	198906597	SM14	5:14.47	+0,72	
	50m: 31.63	31.63	150m: 1:49.84	40.32	250m: 3:15.97	47.75	350m: 4:40.13	36.38
	100m: 1:09.52	37.89	200m: 2:28.22	38.38	300m: 4:03.75	47.78	400m: 5:14.47	34.34
6.	Patrick Creemers	RZ	5:19.37	199000579	5:24.44	+0,71		
	50m: 33.65	33.65	150m: 2:02.60	44.56	250m: 3:27.68	43.53	350m: 4:50.87	38.19
	100m: 1:18.04	44.39	200m: 2:44.15	41.55	300m: 4:12.68	45.00	400m: 5:24.44	33.57
7.	Niels Albrechts	SGGO (SG)	5:31.39	198800039	5:39.08	+0,77		
	50m: 35.04	35.04	150m: 2:00.21	42.42	250m: 3:34.65	53.68	350m: 5:04.42	35.92
	100m: 1:17.79	42.75	200m: 2:40.97	40.76	300m: 4:28.50	53.85	400m: 5:39.08	34.66

Masters 30+

1.	Kristiaan Lenos	LZ 1886			4:55.80	198301331		5:06.52		+0,78			
		50m:	30.62	30.62	150m:	1:45.11	38.77	250m:	3:08.72	44.06	350m:	4:30.78	37.27
		100m:	1:06.34	35.72	200m:	2:24.66	39.55	300m:	3:53.51	44.79	400m:	5:06.52	35.74
2.	Thommy Nickel	ZPC Woerden			5:07.37	198401627		5:09.42		+0,79			
		50m:	34.16	34.16	150m:	1:52.03	39.08	250m:	3:14.84	44.28	350m:	4:35.36	35.67
		100m:	1:12.95	38.79	200m:	2:30.56	38.53	300m:	3:59.69	44.85	400m:	5:09.42	34.06
3.	Frank van der Voordt	SGGO (SG)			5:18.01	198302259		5:16.09		+0,74			
		50m:	32.59	32.59	150m:	1:52.79	41.65	250m:	3:19.47	45.75	350m:	4:41.72	36.11
		100m:	1:11.14	38.55	200m:	2:33.72	40.93	300m:	4:05.61	46.14	400m:	5:16.09	34.37
4.	Roel van der Kruijs	De Gelenberg			5:18.82	198501491		5:21.61		+0,67			
		50m:	32.61	32.61	150m:	1:53.93	43.25	250m:	3:22.48	45.94	350m:	4:45.97	36.97
		100m:	1:10.68	38.07	200m:	2:36.54	42.61	300m:	4:09.00	46.52	400m:	5:21.61	35.64
5.	Martijn Giezen	Montferland			5:22.48	198500813		5:21.89		+0,72			
		50m:	31.87	31.87	150m:	1:53.51	42.15	250m:	3:22.90	48.89	350m:	4:47.86	36.91
		100m:	1:11.36	39.49	200m:	2:34.01	40.50	300m:	4:10.95	48.05	400m:	5:21.89	34.03

Masters 35+

1.	Dennis Brouwers		HZPC			5:01.30		197800167		5:15.82		+0,89	
	50m:	35.38	35.38	150m:	1:53.87	36.52	250m:	3:16.37	45.70	350m:	4:39.40		36.82
	100m:	1:17.35	41.97	200m:	2:30.67	36.80	300m:	4:02.58	46.21	400m:	5:15.82		36.42
2.	Freddie Geerlings		NIMO			5:18.86		197900379		5:24.25		+0,79	
	50m:	35.43	35.43	150m:	2:00.60	43.35	250m:	3:27.33	43.57	350m:	4:48.60		37.19
	100m:	1:17.25	41.82	200m:	2:43.76	43.16	300m:	4:11.41	44.08	400m:	5:24.25		35.65
3.	Michel Wigbers		DWT			5:57.62		198001743		5:47.72		+0,83	
	50m:	36.32	36.32	150m:	2:04.30	45.18	250m:	3:37.88	48.46	350m:	5:07.36		40.54
	100m:	1:19.12	42.80	200m:	2:49.42	45.12	300m:	4:26.82	48.94	400m:	5:47.72		40.36
4.	Dyon de Greef		Budel			6:06.13		198202385		5:54.12		+0,78	
	50m:	37.27	37.27	150m:	2:06.69	44.47	250m:	3:42.01	50.30	350m:	5:14.34		43.56
	100m:	1:22.22	44.95	200m:	2:51.71	45.02	300m:	4:30.78	48.77	400m:	5:54.12		39.78
5.	Rob van Wanrooy		Gay Swim Amsterdam			5:54.57		198202627		6:00.05		+0,81	
	50m:	38.83	38.83	150m:	2:10.20	45.70	250m:	3:47.73	52.38	350m:	5:20.98		41.60
	100m:	1:24.50	45.67	200m:	2:55.35	45.15	300m:	4:39.38	51.65	400m:	6:00.05		39.07

Programmanr. 17, Heren, 400m wisselslag

Masters 40+

1.	Egbert Stolk	Albion d'ELFT (SG)				4:47.22	197600889				4:56.89	+0,79				
		50m:	30.74	30.74	150m:		1:45.71	39.20	250m:	3:06.15			41.83	350m:	4:23.90	35.05
		100m:	1:06.51	35.77	200m:		2:24.32	38.61	300m:	3:48.85			42.70	400m:	4:56.89	32.99
2.	Vincent Versteeg	Zwemlust-den Hommel				5:21.05	197701003				5:09.76	+0,76				
		50m:	32.86	32.86	150m:		1:52.70	40.34	250m:	3:15.64			42.50	350m:	4:35.10	36.04
		100m:	1:12.36	39.50	200m:		2:33.14	40.44	300m:	3:59.06			43.42	400m:	5:09.76	34.66
3.	Kees Bakker	Gay Swim Amsterdam				5:34.65	197501055				5:36.59	+0,49				
		50m:	36.64	36.64	150m:		2:03.91	43.98	250m:	3:34.42			47.60	350m:	5:00.00	38.14
		100m:	1:19.93	43.29	200m:		2:46.82	42.91	300m:	4:21.86			47.44	400m:	5:36.59	36.59
4.	Kasper van den Berghe	Swol 1894				5:53.47	197301125				5:52.69	+0,73				
		50m:	37.41	37.41	150m:		2:05.56	44.44	250m:	3:42.04			52.33	350m:	5:13.62	40.42
		100m:	1:21.12	43.71	200m:		2:49.71	44.15	300m:	4:33.20			51.16	400m:	5:52.69	39.07
AFGEM	Raymond Oosterbaan	WIDEX GZC DONK				5:44.39	197700711									

Masters 45+

1.	Richard Ricksen	NIMO	5:28.35	197000841	5:18.41	+0,85		
	50m: 33.24	33.24	150m: 1:54.64	42.30	250m: 3:21.84	45.60	350m: 4:44.24	36.28
	100m: 1:12.34	39.10	200m: 2:36.24	41.60	300m: 4:07.96	46.12	400m: 5:18.41	34.17
2.	René Beetsma	HZ&PC Heerenveen	5:16.35	196900069	5:20.84	+0,81		
	50m: 33.40	33.40	150m: 1:54.56	41.59	250m: 3:22.19	46.78	350m: 4:45.61	37.38
	100m: 1:12.97	39.57	200m: 2:35.41	40.85	300m: 4:08.23	46.04	400m: 5:20.84	35.23
3.	Antwan van Engen	De Ward	5:24.15	197101577	5:21.44	+0,78		
	50m: 32.73	32.73	150m: 1:52.66	42.98	250m: 3:20.34	46.26	350m: 4:45.21	36.88
	100m: 1:09.68	36.95	200m: 2:34.08	41.42	300m: 4:08.33	47.99	400m: 5:21.44	36.23
4.	Jan-Willem van den Berg	WVZ	5:22.44	196801575	5:31.29	+0,77		
	50m: 32.69	32.69	150m: 1:51.86	40.36	250m: 3:19.10	46.58	350m: 4:48.57	40.83
	100m: 1:11.50	38.81	200m: 2:32.52	40.66	300m: 4:07.74	48.64	400m: 5:31.29	42.72
5.	Marcel Brittijn	De Duinkikkers	6:29.56	196900159	6:49.83	+0,66		
	50m: 45.02	45.02	150m: 2:36.37	54.70	250m: 4:24.01	56.51	350m: 6:08.31	45.92
	100m: 1:41.67	56.65	200m: 3:27.50	51.13	300m: 5:22.39	58.38	400m: 6:49.83	41.52
NG	Christian Dackus	MZ&PC	6:00.00	197201577				

Masters 50+

1.	Erlend Alstad Norwegian MR	IL Varg	4:59.63								5:04.45	+0,77
50m:	32.93	32.93	150m:	1:51.26	40.84	250m:	3:11.74	42.06	350m:	4:30.27	36.10	
100m:	1:10.42	37.49	200m:	2:29.68	38.42	300m:	3:54.17	42.43	400m:	5:04.45	34.18	
2.	Stefan Holmstrom	DAW	5:55.97		196701671						5:47.34	+0,84
50m:	37.61	37.61	150m:	2:07.60	44.71	250m:	3:40.14	48.70	350m:	5:09.83	39.87	
100m:	1:22.89	45.28	200m:	2:51.44	43.84	300m:	4:29.96	49.82	400m:	5:47.34	37.51	
3.	Andy Feyen	Zwemclub Iloka Kapellen	6:01.09		11002/67						6:00.40	+0,88
50m:	38.86	38.86	150m:	2:13.18	48.02	250m:	3:50.12	52.08	350m:	5:23.18	40.63	
100m:	1:25.16	46.30	200m:	2:58.04	44.86	300m:	4:42.55	52.43	400m:	6:00.40	37.22	
4.	Jan Smalheer	SCOM	6:25.02		196400701						6:31.78	+0,99
50m:	41.90	41.90	150m:	2:24.19	52.88	250m:	4:11.50	56.55	350m:	5:51.62	43.27	
100m:	1:31.31	49.41	200m:	3:14.95	50.76	300m:	5:08.35	56.85	400m:	6:31.78	40.16	

Masters 55+

1.	Hugo Bregman	Albion d'ELFT (SG)			5:22.27	195800069			5:17.83	+0,81		
	50m:	31.64	31.64	150m:	1:49.62	41.25	250m:	3:18.17	47.21	350m:	4:43.21	37.73
	100m:	1:08.37	36.73	200m:	2:30.96	41.34	300m:	4:05.48	47.31	400m:	5:17.83	34.62
2.	Marten de Groot	HZ&PC Heerenveen			5:35.40	195800149			5:36.08	+0,73		
	50m:	33.99	33.99	150m:	1:58.99	45.50	250m:	3:34.49	51.08	350m:	5:00.23	36.53
	100m:	1:13.49	39.50	200m:	2:43.41	44.42	300m:	4:23.70	49.21	400m:	5:36.08	35.85
3.	Ronald Grove	Oceanus			5:41.70	196100161			5:49.35	+0,86		
	50m:	36.82	36.82	150m:	2:09.12	47.33	250m:	3:43.42	47.93	350m:	5:11.34	38.39
	100m:	1:21.79	44.97	200m:	2:55.49	46.37	300m:	4:32.95	49.53	400m:	5:49.35	38.01
4.	Marius Ros	ZCNF'34			6:22.57	195900779			6:21.26	+0,81		
	50m:	44.09	44.09	150m:	2:30.45	52.40	250m:	4:11.71	51.86	350m:	5:43.98	39.99
	100m:	1:38.05	53.96	200m:	3:19.85	49.40	300m:	5:03.99	52.28	400m:	6:21.26	37.28



MZ&PC
Maastricht



Open Nederlandse Masters
Kampioenschappen 2017 korte baan
Maastricht, 19-22 januari 2017



Programmanr. 17, Heren, 400m wisselslag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Jan Willem Heuten	WS Twente	6:44.23	196000883		

Masters 60+

1.	Paul Bunnik	Triton			6:11.21	195600413	6:26.34	+0,88				
	50m:	38.20	38.20	150m:	2:17.80	53.53	250m:	4:02.90	54.66	350m:	5:41.70	43.59
	100m:	1:24.27	46.07	200m:	3:08.24	50.44	300m:	4:58.11	55.21	400m:	6:26.34	44.64

Masters 65+

1.	Jos Kamps	Zwemvereniging Hoogland	7:59.31	195100085	8:11.61	+0,99		
	50m: 49.96	49.96	150m: 2:55.29	1:06.54	250m: 5:15.31	1:13.99	350m: 7:21.26	48.86
	100m: 1:48.75	58.79	200m: 4:01.32	1:06.03	300m: 6:32.40	1:17.09	400m: 8:11.61	50.35

Masters 70+

1.	Rob Hanou	PSV	7:03.56	194300109	7:05.41	+1,08		
	50m: 47.53	47.53	150m: 2:42.65	57.69	250m: 4:36.50	56.63	350m: 6:20.19	46.44
	100m: 1:44.96	57.43	200m: 3:39.87	57.22	300m: 5:33.75	57.25	400m: 7:05.41	45.22
2.	Viktoras Snieska	Kauno Takas	8:01.35		7:39.37	+1,18		
	Lithuanian MR							
	50m: 54.31	54.31	150m: 2:54.08	55.41	250m: 4:56.37	1:06.79	350m: 6:49.70	49.07
	100m: 1:58.67	1:04.36	200m: 3:49.58	55.50	300m: 6:00.63	1:04.26	400m: 7:39.37	49.67

Programmanr. 18
21-01-2017 - 11:31

4 x 100m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
80+, Dames						
1.	Steenwijk 1934 3	Steenwijk 1934	4:34.72		4:36.07	+0,69
	Lonneke Oenema	+0,69 32.99	1:09.94	Ilse Blankvoort	+0,25 33.17	1:10.18
	Charine de Ruiter	+0,71 34.02	1:11.46	Leandra Vedder	+0,66 30.25	1:04.49
2.	Merlet 2	Merlet	4:45.47		4:53.06	+0,73
	Elodie Siroen	+0,73 35.16	1:14.32	Elske Eikholt	+0,55 37.28	1:19.27
	Hildy Siroen	+0,61 36.26	1:17.86	Kim Loeffen	+0,21 29.50	1:01.61

80+, Heren

1.	Merlet 1	Merlet	3:43.78		3:42.58	+0,68
	Dieder Schuurmans	+0,68 26.17	55.31	Jelte Schuurmans	+0,33 26.77	56.31
	Joppe Schuurmans	+0,29 27.18	56.46	Teun Strijbosch	+0,28 25.82	54.50
2.	De Kempvis 1	De Kempvis	3:46.96		3:43.55	+0,72
	Erik Wegman	+0,72 26.72	56.17	Dennis Doove	+0,36 26.02	55.84
	Floyd van Duyvenbode	+0,21 26.49	56.46	Jordi van der Weel	+0,50 26.06	55.08
3.	De Duinkikkers 1	De Duinkikkers	4:15.98		4:17.39	+0,74
	Sven van Zanten	+0,74 29.77	1:08.00	Ruben de Boer	+0,48 31.11	1:05.96
	Tim de Zoete	+0,21 29.93	1:04.49	Jeffrey Roest	+0,40 28.58	58.94

80+, Gemengd

1.	Van Vliet-Barracuda 1 <i>Nederlands Masters Record</i>	Van Vliet-Barracuda	3:55.12		3:54.18	+0,81
	Melissa van der Heijden	+0,81 30.02	1:02.78	Pascal van Haren	+0,27 26.28	55.40
	Denise Boereboom	+0,39 28.56	1:01.16	Emiel van Beusekom	+0,46 26.56	54.84
2.	WVZ 1	WVZ	3:54.17		3:55.68	+0,61
	Nicole Bennis	+0,61 28.23	59.90	Rens Post	+0,30 27.22	57.82
	Isabelle Massar	+0,46 29.06	1:02.00	Nordin Termoshuizen	+0,34 27.23	55.96



Programmanr. 18, 4 x 100m vrije slag

100+, Dames

1. DIO 1	DIO			4:32.20		4:28.47	+0,73
Whitney van Hoeckel	+0,73	31.96	1:06.10	Siska Post	+0,62	31.98	1:06.23
Joëlle Vaes	+0,27	36.18	1:16.10	Jolanda Post	+0,35	28.63	1:00.04
2. De Meer 1	De Meer			4:25.70		4:35.19	+0,84
Chantal van der Horst	+0,84	31.80	1:05.53	Lindsey Hol	+0,69	33.95	1:10.81
Nadège van Meeteren	+0,72	33.39	1:11.01	Josine van Ballegooijen	+0,47	31.38	1:07.84
3. TRB-RES 1	TRB-RES			4:58.10		5:01.87	+0,93
Daphne Meijer	+0,93	35.30	1:14.38	Wendy Hendriks-Verhagen	+0,30	35.54	1:15.93
Simone van Iersel	+0,86	43.14	1:28.74	Manon van Esch	+0,20	30.57	1:02.82
AFGEM CNSW 1	CNSW			4:39.52			
AFGEM LINK 1	LINK			4:16.37			

100+, Heren

1. SGGO (SG) 1	SGGO (SG)			4:01.65		4:01.61	+0,70
Bastian Zoon	+0,70	28.01	58.42	Frank van der Voordt	+0,58	29.51	1:02.88
Ramon van Huizen	+0,38	28.83	1:00.29	Niels Albrechts	+0,44	28.87	1:00.02
2. ZPC Woerden 1	ZPC Woerden			4:00.82		4:03.55	+0,84
Patrick de Jonge	+0,84	29.21	1:02.96	Thijs van den End	+0,44	27.85	58.67
Michiel van Vliet	+0,77	29.93	1:04.22	Thommy Nickel	+0,58	27.87	57.70

100+, Gemengd

1. WZK Zwemmen 1	WZK Zwemmen			4:06.47		4:00.75	+0,81
Karin Simons	+0,81	30.34	1:04.06	Michelle Bellekom	+0,18	29.88	1:03.70
Alex Vermeulen	+0,48	27.54	57.58	Bart Drechsel	+0,37	26.22	55.41
2. De IJssel 1	De IJssel			4:04.92		4:07.95	+0,82
Lieke Godschalk	+0,82	32.36	1:08.49	Nikki Hoogbeem	+0,42	30.43	1:03.90
Frank Beijering	+0,59	27.01	57.90	Robert-Kay Meenhorst	+0,54	27.56	57.66
3. De Veene 1	De Veene			4:04.14		4:07.96	+0,77
Diederick Schothans	+0,77	28.27	59.30	Diana Lammers	+0,57	32.10	1:07.82
Yvon Versteeg	+0,21	28.89	1:00.86	Wessel Everloo	+0,40	28.66	59.98
4. RZ 1	RZ			4:04.30		4:10.46	+0,69
Kelvin Isselt	+0,69	28.36	1:00.40	Patrick Creemers	+0,29	26.92	56.66
Sarina Paulussen	+0,17	31.63	1:08.57	Fiona Meuffels	+0,35	30.04	1:04.83

120+, Dames

1. ZPC Woerden 2	ZPC Woerden			4:11.61		4:15.73	+0,76
Marjan Remmits	+0,76	32.08	1:06.52	Mandy Verbakel	+0,40	30.84	1:04.73
Ilse van den Wijngaard	+0,34	30.47	1:04.54	Jamilla van Veen	+0,54	28.65	59.94
2. Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)			4:53.72		4:42.39	+0,89
Pascalie Janssen	+0,89	33.80	1:12.97	Martine de Haart	+0,67	33.95	1:11.30
Ilse Clevers	+0,43	30.31	1:05.67	Emmy Slabbers	+0,60	32.81	1:12.45
3. Budel 2	Budel			5:04.47		5:10.27	+0,82
Carola Hompes	+0,82	34.51	1:14.70	Bregje Kauffmann	+0,60	35.73	1:14.94
Elly Scheepers	+0,52	37.19	1:18.97	Miriam Stevens		39.01	1:21.66

120+, Heren

1. LZ 1886 1	LZ 1886			3:52.62		3:59.95	+0,66
Robin van Beek	+0,66	26.66	55.43	Kristiaan Lenos	+0,42	26.08	55.08
Otto Jansen	+0,29	28.97	1:02.01	Ingmar Kooman	+0,52	31.80	1:07.43
2. DWK 1	DWK			3:58.84		4:00.40	+0,89
Martin Kaptein	+0,89	27.84	59.93	Martijn de Jong	+0,53	31.32	1:10.60
Ruben Koek	+0,64	27.52	58.51	Kevin Eltink	+0,33	24.57	51.36
3. MZ&PC 1	MZ&PC			4:05.50		4:11.42	+0,87
Hugo Mota Prego	+0,87	30.62	1:03.32	Hugo de Wit	+0,41	29.69	1:02.95
Bas Broekhuis	-0,01	28.96	1:01.01	Bart Siczynski	+0,48	29.55	1:04.14
4. ZOB'66 2	ZOB'66			4:38.64		4:39.23	+0,71
Joey van der Valk	+0,71	28.81	1:01.02	Dré Klaassen	+0,71	39.73	1:25.00
Harmen Reemst	+0,09	31.63	1:08.06	Ian van Mullem	+0,61	30.53	1:05.15

Programmanr. 18, 4 x 100m vrije slag

120+, Gemengd

1.	Zwemlust-den Hommel 1	Zwemlust-den Hommel	4:15.15		4:08.60	+0,69
	Danielle Vermeulen	+0,69 31.06 1:04.69	Mark Zwart	+0,54 27.72	57.54	
	Lisenka Komet-van den Akker	+0,55 32.54 1:08.49	Martijn Kornet	+0,58 27.38	57.88	
2.	TRB-RES 2	TRB-RES	4:10.87		4:10.46	+0,86
	Walter Stielstra	+0,86 29.24 1:01.75	Maike Korthout	+0,36 30.13	1:03.91	
	Edith Janssen-Koolen	+0,33 29.80 1:03.30	Rob Verheul	+0,28 28.71	1:01.50	
3.	DAW 5	DAW	4:29.76		4:20.61	+0,76
	Ilona Hogerheyde	+0,76 31.41 1:06.30	Agnes van Brug	+0,47 32.97	1:09.59	
	Dennis Kraakman	+0,25 29.74 1:03.43	Wouter Zijlstra	+0,17 28.66	1:01.29	
4.	Montferland 1	Montferland	4:37.28		4:35.43	+1,01
	Ferdinand Teltink	+1,01 34.27 1:11.94	Kelly Bockting	+0,58 34.37	1:12.42	
	Angela Giezen	+0,66 33.71 1:10.51	Maik Steenkamp	+0,40 28.98	1:00.56	
	WVZ 3	WVZ	4:50.01		4:35.43	+0,79
	Harald Mulder	+0,79 35.26 1:11.30	Yvonne Gerritsen	+0,68 31.98	1:09.20	
	Vivian de Gier	+0,28 33.55 1:11.58	Roger Flinterman	+0,41 29.43	1:03.35	
6.	ZPC Woerden 3	ZPC Woerden	4:34.35		4:37.61	+0,82
	Danielle van Veen	+0,82 35.12 1:15.52	Rens Klok	+0,50 32.82	1:10.19	
	Vivian Brak	+0,47 33.49 1:10.44	Niels van Beurden	+0,50 29.09	1:01.46	
NG.ZA	ZOB'66 1	ZOB'66	4:15.32			

160+, Dames

1.	ZPC AMERSFOORT 3 <i>Kampioenschappen Record</i>	ZPC AMERSFOORT	4:20.37		4:26.44	+0,78
	Iris Pijtak	+0,78 29.85	1:03.42	Atie Pijtak-Radersma	+0,05 32.13	1:07.82
	Petra Casteleijn	+0,45 32.29	1:08.09	Lidia v. Bon-Rosenbrand	+0,33 30.88	1:07.11
2.	De Rog 2	De Rog	5:01.99		4:53.95	+0,72
	Sandra Peeters-Wiermans	+0,72 33.64	1:12.22	Catarina Matos	+0,71 36.26	1:17.77
	Esther Vergeest	+0,53 32.99	1:09.88	Arianne Hamakers	33.63	1:14.08
3.	Old Dutch 1	Old Dutch	4:55.42		4:58.24	+0,90
	Chantal Verhoeff	+0,90 31.65	1:07.40	Chantal Gerritsen-Driesen	+0,68 36.42	1:16.28
	Karin van Nassau van den Heuvel	+0,43 39.07	1:22.30	Claudia van der Straate de Jong	+0,66 35.53	1:12.26
4.	De Geul 1	De Geul	5:08.63		5:01.19	+0,76
	Denise van Dongen	+0,76 36.16	1:18.69	Susanne Prins-Molenwijk	+0,19 20.85	1:15.83
	Lisette van Sintruije	+0,44 35.32	1:14.14	Marijke Campfens	+0,43 34.19	1:12.53
5.	DWK 2	DWK	5:08.62		5:13.08	+0,95
	Jennie Resink-lindeboom	+0,95 39.53	1:23.61	Ellen van Wingerden-Dijkhuizen	+0,61 34.01	1:12.14
	Greta Wyma-Teitsma	+0,60 40.76	1:27.21	Iris van Aurich	+0,32 33.04	1:10.12
6.	De Duinkikkers 3	De Duinkikkers	5:55.97		5:24.51	+0,73
	Manouk Ticheler	+0,73 35.02	1:15.56	Saskia op den Velde	+0,64 38.51	1:23.35
	Inge Roskam	+0,24 37.67	1:22.74	Christine Buist	+0,74 39.44	1:22.86
7.	MZ&PC 2	MZ&PC	5:20.00		5:37.82	+0,98
	Theresa Walsh	+0,98 36.58	1:17.13	Hoy Lin Moo	+0,29 34.54	1:12.89
	Lisa Berlang	+0,98 45.48	1:36.01	Jacqueline Weijers-Horree	+0,50 43.87	1:31.79

160+, Heren

1.	Albion d'ELFT (SG) 1 <i>Nederlands Masters Record</i>	Albion d'ELFT (SG)	3:46.31		3:39.90	+0,74		
	Erik Simons	+0,74	25.57	53.05	Egbert Stolk	+0,52	26.49	55.67
	Hugo Bregman	+0,41	28.86	59.31	Nol van Thull	+0,44	24.86	51.87
2.	DAW 3	DAW	3:54.01		3:51.65	+0,75		
	Pieter van Gemeren	+0,75	27.87	58.31	Alex Damen	+0,40	27.67	57.67
	Kars Luttk	+0,40	28.16	59.85	Joost Hoetjes	+0,27	26.22	55.82
3.	De Gelsenberg 1	De Gelsenberg	3:51.20		3:52.82	+0,73		
	Geert Wijn	+0,73	28.38	59.37	Erik Lamers	+0,41	27.82	58.62
	John Cobussen	+0,30	26.86	57.08	Marcel van Winssen	+0,28	26.71	57.75
4.	De Gelsenberg 2	De Gelsenberg	4:20.99		4:16.28	+0,90		
	Ferrie van Ingen	+0,90	29.52	1:02.43	Ron van der Meer	+0,26	32.09	1:09.00
	Harold Brouwer	+0,48	30.51	1:03.88	Roel van der Kruijs	+0,42	28.94	1:00.97
5.	Steenwijk 1934 2	Steenwijk 1934	4:32.83		4:37.46	+0,83		
	Hans van Scheepen	+0,83	37.28	1:32.48	Rick Driezen	+0,65	27.49	57.54
	Korstaan de Boer	+0,71	34.02	1:12.50	Lauren Vis	+0,33	25.78	54.94

Programmanr. 18, Heren, 4 x 100m vrije slag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
6.	Budel 1	4:37.92		4:44.79	+0,77
	Ruud Kennis	+0,77 32.63 1:08.12	Edward van Nijmweegen	+0,53 34.52 1:15.34	
	Jos Zentjens	+0,51 35.35 1:15.06	Dyon de Greef	+0,43 31.57 1:06.27	
7.	De Duinkikkers 2	4:47.93		4:48.32	+0,71
	Marcel Brittijn	+0,71 33.25 1:10.94	Robin Eggenkamp	+0,41 32.69 1:09.79	
	Robin Roskam	+0,42 35.81 1:18.20	Robert de Brauwier	+0,56 31.82 1:09.39	

160+, Gemengd

1.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	4:04.47	4:04.93	+0,74
	René Beetsma	+0,74 28.84 1:00.08	Fraukje Puts	+0,41 29.49 1:01.03	
	Evelien van Klarbergen	+0,46 31.30 1:05.02	Marten de Groot	+0,37 28.01 58.80	
2.	PSV 3	PSV	4:04.70	4:05.71	+1,02
	Gijsbert van der Leden	+1,02 28.66 59.44	Liselotte Joling	+0,58 31.05 1:05.15	
	Gudule van der Meer	+0,37 30.79 1:04.85	Ronald Smits	+0,25 27.00 56.27	
3.	De Ward 1	De Ward	4:20.50	4:22.27	+0,80
	Maarten Poos	+0,80 32.34 1:07.86	Eva Kattouw	+0,45 32.03 1:07.51	
	Yvette Ratering	+0,75 31.45 1:05.90	Antwan van Engen	+0,60 28.96 1:01.00	
4.	WVZ 2	WVZ	4:26.13	4:25.39	+0,89
	Manon van Strien	+0,89 29.62 1:03.28	Simon van Ravesteijn	+0,58 28.30 1:00.33	
	Anita Steijger	+0,56 38.63 1:20.15	Arthur van Strien	+0,38 29.36 1:01.63	
5.	Triton 1	Triton	4:25.20	4:34.16	+0,77
	Tim Bunnik	+0,77 26.92 57.12	Caroline Schreuder	+0,45 33.83 1:11.83	
	Paul Bunnik	+0,32 31.96 1:08.92	Francine Sommer	+0,45 35.96 1:16.29	
6.	Zwemvereniging Westland 1	Zwemvereniging Westland	4:37.88	4:34.86	+0,73
	Fred Dijkshoorn	+0,73 31.34 1:06.04	Philip van der Gaag	+0,23 30.74 1:07.78	
	Mirjan den Drijver-Aarse	+0,60 34.26 1:11.13	Jacoline van den Beukel	+0,43 32.72 1:09.91	
7.	AZC 1	AZC	4:48.45	4:50.52	+0,90
	Stefan Oostendorp	+0,90 30.91 1:04.93	Inge van Gasteren	+0,57 36.09 1:15.34	
	Sandra Daamen-Posma	-0,01 36.88 1:20.56	Wim de Lange	+0,30 32.61 1:09.69	
8.	WIDEX GZC DONK 1	WIDEX GZC DONK	4:44.48	4:52.24	+0,80
	Nathasja Konijn	+0,80 37.30 1:20.47	Jacqueline de Ruiter-Wijnolst	+0,21 33.99 1:11.48	
	Pierre de Groot	+0,53 34.11 1:12.76	Adrian Ortiz Buitrago	+0,52 31.78 1:07.53	
9.	Nautilus 2	Nautilus	5:00.92	5:03.51	+0,83
	Evelien Breman-Alers	+0,83 37.46 1:19.84	Karin Verbeek	+0,30 31.68 1:07.44	
	Jos van Sleuwen	+0,28 36.27 1:25.39	Wilbert Barten	+0,22 33.91 1:10.84	
DIS	ZPC AMERSFOORT 1 <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>	ZPC AMERSFOORT	4:07.18		
	Marije van Manen, Ron Korzelius, Larissa Brak, Edwin v. Norden				
DIS	ZPC AMERSFOORT 2 <i>EA - Te vroeg overgenomen. **, vierde zwemmer</i>	ZPC AMERSFOORT	4:46.40		+0,75
	Erwin Buist	+0,75 27.16 57.97	Wouter van 't Klooster	+0,25 32.16 1:08.58	
	Talje Dijkhuis	+0,64 33.75 1:14.20	Machteld Stilting	-0,08	

200+, Dames

1.	Kauno Takas 2 <i>Lithuanian MR</i>	Kauno Takas	5:12.00	5:09.40	+0,93
	Loreta Kabasinskiene	+0,93 40.69 1:26.79	Ramune Ivanauskaitė	+0,78 38.80 1:20.99	
	Renata Gadliauskiene	+0,69 35.79 1:11.91	Jolanta Duleviciene	33.21 1:09.71	
2.	Swol 1894 6	Swol 1894	5:22.56	5:15.93	+0,84
	Annet Kootstra	+0,84 38.16 1:18.69	Annemarie Vuist	+0,44 37.93 1:17.18	
	Marjan Spoelstra	+0,50 40.12 1:24.72	Christien Nieuwenhuis	+0,50 34.97 1:15.34	
3.	PSV 5	PSV	6:24.56	6:44.04	+0,98
	Natascha Hartman	+0,98 39.64 1:26.98	Carla Hensen	+0,88 45.41 1:35.42	
	Lies Hartman	+0,74 57.26 2:02.89	Gonnie Bak	+0,72 46.69 1:38.75	

Programmanr. 18, 4 x 100m vrije slag
200+, Heren

1.	De Rog 1	De Rog	4:01.53	3:58.46	+0,70
	Rob Spetter	+0,70 30.02 1:02.52	Peter Bensen	+0,23 26.14	56.16
	Erik Kamphuis	+0,43 30.43 1:03.03	Glen le Clercq	+0,54 26.78	56.75
2.	DAW 4	DAW	4:08.14	4:12.78	+0,74
	Jeroen Kort	+0,74 29.21 1:02.35	Stefan Holmstrom	+0,49 29.42	1:01.91
	Fred Heemstra	+0,55 31.55 1:06.19	Rene de Boer	+0,71 30.14	1:02.33
3.	Kauno Takas 1 <i>Lithuanian MR</i>	Kauno Takas	4:15.00	4:15.14	+0,86
	Linus Kersevicius	+0,86 29.11 1:01.06	Arlandas Juodeska	+0,52 31.74	1:07.12
	Nerimantas Steponavicius	+0,86 30.37 1:02.92	Arvydas Burinskas	+0,44 31.05	1:04.04
4.	De Rog 3	De Rog	4:59.64	4:41.36	+0,77
	Wijnand Vergeest	+0,77 31.37 1:06.46	Cees Kersten	+0,32 33.70	1:12.81
	Frank van Engelen	+0,50 33.60 1:11.73	Roy le Clercq	+0,46 32.16	1:10.36

200+, Gemengd

1.	Steenwijk 1934 1	Steenwijk 1934	4:47.91	4:53.86	+0,77
	Casper Dollekamp	+0,77 33.57 1:10.96	Inge Lolkema-Soeters	+0,52 38.28	1:20.94
	Wilma Heijman	+0,51 35.62 1:14.43	Huib Stegeman	+0,59 31.86	1:07.53
2.	CNSW 2	CNSW	5:23.55	5:29.76	+0,87
	Ramon Alsina Munoz	+0,87 35.54 1:16.42	Claire Anthony	+0,22 37.72	1:17.80
	Paule Walravens	+0,14 42.59 1:26.26	Tanguy Wymeersch	44.23	1:29.28

AFGEM PSV 4 PSV 4:35.62

240+, Heren

1.	PSV 1	PSV	4:16.10	4:18.32	+0,95
	<i>Nederlands Masters Record</i>				
	Rob Hermesath	+0,95 33.21 1:10.51	Hans Wijsman	+0,26 29.62	1:02.64
	Brend Brevé	+0,50 31.57 1:06.00	Fred Ketting	+0,43 28.01	59.17
2.	WWV 1	WWV	4:38.93	4:44.35	+0,81
	Kees-Jan van Overbeeke	+0,81 29.57 1:02.11	Laurens Klein Breteler	+0,39 34.86	1:13.57
	Theo Schouten	+0,47 37.24 1:17.89	Ruud Ruiter	+0,32 34.61	1:10.78
3.	Charleroi Hélios Aqua Team 1	Charleroi Hélios Aqua Team	5:04.97	4:54.55	+1,06
	<i>Belgisch MR</i>				
	Daniel Van De Velde	+1,06 37.88 1:25.06	Thierry Schurmans	+0,27 33.74	1:12.78
	Luc Laloi	+0,26 35.36 1:14.62	Philippe Morelle	+0,11 29.55	1:02.09

240+, Gemengd

1.	Old Dutch 2	Old Dutch	6:05.99	6:05.93	+0,97
	Hans Vloedgraven	+0,97 34.02 1:09.98	Nico Baay	+0,83 46.13	1:44.83
	Karin Frederix	+0,65 39.53 1:21.98	Marie Smits	+0,83 50.00	1:49.14

320+, Gemengd

1.	Antwerpse Zwemclub Scaldis	Antwerpse Zwemclub Scaldis	6:44.34	6:36.68	+1,04
	<i>Europees Masters Record</i>				
	Joseph Meyten	+1,04 35.69 1:13.63	Jozef Van Roy	+0,69 46.44	1:41.90
	Agnes Van Obberghen-Pieters	+0,82 55.56 1:59.08	Eliane Pellis	+0,63 47.41	1:42.07

AFGEM PSV 2 PSV 6:58.57

BM	MZ&PC 2	MZ&PC	NT	4:34.50	+1,04
	Rene Weijers	+1,04 32.05 1:07.14	Christian Dackus	+0,34 30.64	1:04.71
	Henk van Hezel	+0,28 34.19 1:12.19	Michaël Gouweloos	+0,55 32.86	1:10.46

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21-01-2017 - 13:00

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21-01-2017 - 13:00

Dames, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Chantal van der Horst	De Meer	199400616	2:39.22	+0,79		36.79	1:17.66	1:58.32	2:39.22
<i>Nederlands Masters Record</i>									
2. Eline van Gemert	De Meer	199505458	2:51.13	+0,63		39.16	1:22.50	2:07.22	2:51.13
3. Moniek Heemskerk	LZ 1886	199601964	2:51.82	+0,75		38.67	1:22.08	2:07.10	2:51.82
4. Aylin van Uffelen	ZPB H&L Productions	199600352	2:54.03	+0,74		39.33	1:23.38	2:08.21	2:54.03
5. Beau Rijpers	Swol 1894	199402638	2:56.81	+0,74		40.41	1:25.38	2:10.92	2:56.81
6. Karin de Kok	AquaAmigos	199301010	3:00.86	+0,83		41.54	1:27.63	2:14.66	3:00.86
7. Sanne de Roo	ZZ&PC De Devel	199501934	3:07.95	+0,79		41.37	1:28.70	2:17.71	3:07.95
8. Samira Mijnen	WZ&PC Purmerend	199701320	3:16.35	+0,77		43.14	1:33.05	2:25.28	3:16.35
DIS Nicole Bennis	WVZ	199600470							
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>									

Masters 25+

1. Maaike Vooren	DAW	199103324	2:46.81	+0,82		38.06	1:20.59	2:03.56	2:46.81
2. Susanne van der Linden	DIO	198802736	2:48.69	+0,69		38.21	1:20.95	2:04.45	2:48.69
3. Chantal Meyerink	De Grunte	199105212	2:50.67	+0,77		38.83	1:21.84	2:05.98	2:50.67
4. Maaike de Boer	De Duinkikkers	199000362	2:55.40	+0,83		39.86	1:24.66	2:09.94	2:55.40
5. Linda Janssen	ZPB H&L Productions	198802088	3:01.25	+0,68		40.61	1:26.09	2:13.10	3:01.25
6. Karin Verbeek	Nautilus	199201848	3:01.62	+0,67		41.22	1:27.87	2:14.65	3:01.62
7. Ilse van den Wijngaard	ZPC Woerden	198904736	3:05.70	+0,76		41.32	1:27.19	2:15.62	3:05.70
8. Kelly Bocking	Montferland	199104050	3:19.40	+0,84		44.86	1:35.42	2:27.68	3:19.40
9. Rolijn van Vught	PSV	199004110	3:26.87	+0,80		45.83	1:38.24	2:33.33	3:26.87
10. Janneke Wynia	WS Twente	199005500	3:32.85	+0,89		48.13	1:43.25	2:39.35	3:32.85
11. Simone van Iersel	TRB-RES	199207954	3:33.00	+1,10		48.89	1:41.93	2:37.29	3:33.00
AFGEM Larissa Brak	ZPC AMERSFOORT	198800572							
NG Rebecca Evers	ZOB'66	199207916							

Masters 30+

1. Ann Van Beylen	RSCM	20264/84	2:56.50	+0,92		39.78	1:24.19	2:10.25	2:56.50
2. Nadya Putter	ZVVS	198301630	2:58.82	+0,73		40.19	1:24.52	2:10.46	2:58.82
3. Caroline van Tiggelen	Scheldestroom	198301970	2:59.43	+0,80		39.09	1:24.09	2:10.93	2:59.43
4. Liesbeth van Mill	DWK	198702786	3:08.44	+0,88		43.15	1:30.74	2:19.01	3:08.44
5. Angela Giezen	Montferland	198302796	3:11.06	+0,83		43.34	1:32.44	2:21.56	3:11.06
6. Karin van Dijk	HZ&PC Heerenveen	198600850	3:12.77	+0,77		41.17	1:28.69	2:19.90	3:12.77
7. Renee de Kok	PSV	198403350	3:16.48	+0,72		42.10	1:32.40	2:24.70	3:16.48
8. Aafke Groot	De Geul	198302748	3:17.03	+0,88		44.14	1:34.56	2:26.37	3:17.03

Masters 35+

1. Laura Badoux	DAW	198200038	2:49.21	+0,81		37.55	1:20.41	2:04.52	2:49.21
<i>Nederlands Masters Record</i>									
2. Yvonne Gerritsen	WVZ	198000342	3:05.35	+0,85		40.82	1:28.07	2:17.09	3:05.35
3. Ilja Janssen	ESCA Zwemmen	198102234	3:09.33	+0,94		41.72	1:30.02	2:19.35	3:09.33
4. Mia Gobert	ROSC	21033/80	3:19.14	+0,91		44.11	1:34.91	2:27.87	3:19.14
5. Rianne van Vegchelen	ZV 44	198101530	4:15.15	+1,12		1:01.03	2:07.04	3:13.58	4:15.15

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Masters 40+

1. M. Gonfaus Brunet	CN Aquamasters	046062735	2:53.07	+0,71	39.16	1:22.36	2:07.55	2:53.07
<i>Kampioenschaps Record, Spanish MR</i>								
2. Nadège van Meeteren	De Meer	197400736	3:01.91		40.00	1:25.56	2:13.10	3:01.91
3. Muriel Xhervelle	Embourg Natation	152/73	3:03.48	+0,74	40.92	1:27.78	2:15.73	3:03.48
4. Pascale Janssen	Patrick-De Roersoppers (SG)	197300852	3:17.20	+0,95	44.64	1:34.73	2:26.22	3:17.20
5. Karin Smolders	Budel	197601078	3:23.52	+0,95	46.67	1:37.79	2:31.19	3:23.52

Masters 45+

1. Trudy Ketting	PSV	197000268	2:54.99	+0,80	39.58	1:24.30	2:09.24	2:54.99
2. W. Derckx-Weusten	ZEPS	197200624	3:08.03	+0,70	41.71	1:29.54	2:18.94	3:08.03
3. Trudie van Niejenhuis	TZC-Vahalis	197100444	3:11.37	+0,79	42.94	1:30.80	2:20.84	3:11.37
4. Iris van Aurich	DWK	196900866	3:13.73	+0,79	44.52	1:33.34	2:23.35	3:13.73
5. Simone van Lent	VZV Njord	196900950	3:21.02	+0,94	44.93	1:36.43	2:29.98	3:21.02
6. Greta Wyma-Teitsma	DWK	197100696	3:46.53	+0,87	51.48	1:49.29	2:48.51	3:46.53
DIS Danielle van Veen	ZPC Woerden	196901048						

AF - De aangegeven afstand niet uitgezwommen.

Masters 50+

1. Annette Wijnja-Visser	De Biesboschzwemmers	196700528	2:57.26	+0,78	39.26	1:24.00	2:10.23	2:57.26
<i>Nederlands Masters Record</i>								
2. A. Korving-Leijenaar	Aqualero	196700662	3:15.98	+0,83	44.32	1:34.08	2:24.82	3:15.98
3. Annemarie Vuist	Swol 1894	196300282	3:16.74	+0,92	45.77	1:35.18	2:25.83	3:16.74
4. Jacqueline Tuin	DAW	196600690	3:19.47	+0,75	44.85	1:35.55	2:27.89	3:19.47
5. Gail Keech	Swimming Luxembourg	10828	3:19.79	+0,87	43.80	1:33.98	2:26.70	3:19.79
<i>Luxembourg MR</i>								
6. Ramune Ivanauskaite	Kauno Takas		3:26.13	+0,81	46.93	1:38.35	2:31.87	3:26.13
7. K. van Nassau van den	Old Dutch	196600188	3:35.70	+0,80	48.36	1:42.77	2:38.80	3:35.70
8. Machteld Stiling	ZPC AMERSFOORT	196600716	3:39.11	+0,63	49.07	1:43.82	2:41.57	3:39.11
9. Annemarie Straetmans	De Geul	196300508	3:44.41	+1,00	51.66	1:49.45	2:47.07	3:44.41

Masters 55+

1. Petra Tossings	DAW	196100376	3:17.01	+0,73	46.18	1:36.78	2:27.13	3:17.01
<i>Kampioenschaps Record</i>								
2. Marijke van Hoek	ZPC De Zeeuwse Kust	195800050	3:26.29	+0,81	46.69	1:39.38	2:33.50	3:26.29
3. Francine Sommer	Triton	196200384	3:26.40	+0,81	46.16	1:38.10	2:31.55	3:26.40
4. Inge Wolfs	PLONS	196000304	3:28.06	+0,87	48.17	1:40.86	2:34.12	3:28.06
5. Yoka de Vegt-van Dijk	ESCA Zwemmen	196200420	3:32.25	+0,79	45.85	1:37.71	2:34.55	3:32.25
6. Petra v.d. Steeg	ZCNF'34	196100398	4:00.04	+0,98	56.23	1:55.98	2:57.89	4:00.04
7. Marjan Spoelstra	Swol 1894	196000236	4:01.82	+0,86	55.30	1:56.58	2:59.32	4:01.82
8. Mies Kuipers	Old Dutch	195800202	4:37.17	+0,90	1:03.35	2:13.40	3:25.69	4:37.17

Masters 65+

1. Gonne Bak	PSV	195100064	4:01.87	+0,88	58.05	2:00.51	3:02.82	4:01.87
2. Tineke van Diggelen	ZPCH	195200048	4:14.07	+0,99	58.31	2:03.02	3:09.40	4:14.07
3. Geerdien Meerwaldt	De Geul	195200058	4:32.29	+1,04	1:02.00	2:11.95	3:22.14	4:32.29
4. N. van Dongen-de Paep	ZZ&PC De Devel	195100044	4:47.51	+1,07	1:05.19	2:18.97	3:34.30	4:47.51

Masters 70+

1. Loekie v. Huissteden	ZPC AMERSFOORT	194500002	4:23.11	+1,05	1:01.18	2:07.63	3:16.19	4:23.11
AFGEM M. Strijbis-van der Kroft	DAW	194500004						

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Masters 80+

1. Alice Lindhout	PSV	193500010	5:38.70	+1,11	1:10.85	2:38.16	4:09.71	5:38.70
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Programmanr. 21
21-01-2017 - 13:37

Heren, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
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Masters 20+

1. Jordan Kraaijenhof	ZPC AMERSFOORT	199301111	2:19.77	+0,73		31.10	1:06.25	1:42.89	2:19.77
<i>Nederlands Masters Record</i>									
2. Romero Hennep	Albion d'ELFT (SG)	199304929	2:23.72	+0,61		31.72	1:08.32	1:46.24	2:23.72
3. Pieter Pijnenburg	Nuenen	199305227	2:26.12	+0,71		33.19	1:10.88	1:48.66	2:26.12
4. Richard van der Horst	De Meer	199700179	2:32.64	+0,80		34.43	1:13.14	1:52.74	2:32.64
5. Martino Valentijn	DIO	199403913	2:40.15	+0,72		35.96	1:18.33	1:59.66	2:40.15
6. Jordy Jongenelen	ZC Aquadream	199504995	2:48.71	+0,61		37.52	1:21.13	2:05.41	2:48.71
7. Nils Hullegien	ZPC Woerden	199705371	2:56.53	+0,76		39.00	1:24.86	2:12.21	2:56.53
8. Rens Klok	ZPC Woerden	199602045	3:13.33	+0,86		41.25	1:30.16	2:21.49	3:13.33
9. Maarten Steekelenburg	Aquamania	199300479	3:22.16	+0,79		44.12	1:36.80	2:29.54	3:22.16

Masters 25+

1. Erik Simons	Albion d'ELFT (SG)	198902845	2:24.18	+0,75		31.60	1:07.83	1:45.32	2:24.18
2. Dennis Wijbenga	Stadskanaal	199003283	2:30.85	+0,81		33.49	1:11.62	1:51.10	2:30.85
3. Maik Steenkamp	Montferland	199103847	2:37.68	+0,75		34.80	1:15.50	1:57.03	2:37.68
4. Patrick Creemers	RZ	199000579	2:42.82	+0,76		36.01	1:17.53	1:59.75	2:42.82
5. Daan van Erp	PSV	198903833	2:44.03	+0,78		35.75	1:16.45	1:59.48	2:44.03
6. Niels van Beurden	ZPC Woerden	198805669	2:44.90	+0,79		35.60	1:18.25	2:01.76	2:44.90
7. Robert-Kay Meenhorst	De IJssel	199200889	2:52.80	+0,81		37.51	1:20.89	2:06.37	2:52.80
8. Nicky Valentijn	AquAmigos	198806175	3:09.23	+0,80		43.63	1:32.01	2:20.75	3:09.23

Masters 30+

1. Tim van den Berg	MNC Dordrecht	198500157	2:30.51	+0,74		33.87	1:11.77	1:50.94	2:30.51
2. Kristiaan Lenos	LZ 1886	198301331	2:38.61	+0,88		34.60	1:14.24	1:55.97	2:38.61
3. Rob van Vliet	ZPC AMERSFOORT	198402459	2:40.73	+0,84		36.18	1:17.53	1:59.93	2:40.73
4. Bastian Zoon	SGGO (SG)	198703929	2:48.13	+0,67		36.94	1:20.18	2:05.26	2:48.13
5. Ferry Blangé	ZOB'66	198300185	2:48.63	+0,75		37.47	1:20.04	2:04.09	2:48.63
6. Dennis Kraakman	DAW	198705325	2:54.45	+0,69		36.71	1:20.54	2:08.24	2:54.45
7. Jasper Peters	PSV	198602379	2:55.08	+0,96		39.01	1:23.09	2:08.58	2:55.08
DIS Harmen Reemst	ZOB'66	198702715							

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Masters 35+

1. Richard Claus	Mosa-Regio	198000265	2:22.53	+0,65		31.32	1:07.13	1:44.53	2:22.53
<i>Nederlands Masters Record</i>									
2. Freddie Geerlings	NIMO	197900379	2:40.70	+0,86		36.40	1:16.85	1:58.88	2:40.70
3. Victor Barnar	GoSwim	197801805	2:40.76	+0,87		37.20	1:18.55	1:59.46	2:40.76
4. Dennis Brouwers	HZPC	197800167	2:42.08	+0,80		38.02	1:19.67	2:00.95	2:42.08
5. Wouter Zijlstra	DAW	198202077	2:47.98	+0,87		36.45	1:18.23	2:02.39	2:47.98
6. Albert Garcia i Tormo	PSV	198202583	2:50.78	+0,66		38.96	1:21.73	2:06.48	2:50.78
7. Rob van Wanrooy	Gay Swim Amsterdam	198202627	3:06.08	+0,75		42.60	1:30.97	2:19.92	3:06.08

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Masters 40+

1. Egbert Stolk	Albion d'ELFT (SG)	197600889	2:29.60	+0,75	33.07	1:10.67	1:49.78	2:29.60
2. Vincent Versteeg	Zwemlust-den Hommel	197701003	2:34.35	+0,75	34.62	1:14.52	1:54.68	2:34.35
3. Walter Stielstra	TRB-RES	197701651	2:45.58	+0,75	36.89	1:18.73	2:02.82	2:45.58
4. Jiri Geers	AZK	10011/74	2:48.69	+0,82	37.34	1:19.74	2:03.67	2:48.69
5. Kees Bakker	Gay Swim Amsterdam	197501055	2:49.69	+0,67	38.81	1:22.51	2:06.63	2:49.69
6. Kasper van den Berghe	Swol 1894	197301125	3:07.70	+0,77	43.32	1:30.70	2:19.36	3:07.70

Masters 45+

1. Harold Matla	PSV	196800591	2:39.86	+0,92	35.83	1:17.11	1:58.96	2:39.86
2. J. van den Berg	WVZ	196801575	2:45.89	+0,58	37.62	1:19.68	2:02.37	2:45.89
3. Michael van Bekkum	Swol 1894	197200051	2:50.99	+0,88	36.87	1:19.44	2:04.18	2:50.99
4. Hans Schoenmakers	DAW	196900863	2:54.45	+0,78	38.46	1:22.92	2:08.88	2:54.45
5. Rob Janssen	De Gelenberg	197001467	2:58.22	+0,91	39.58	1:23.96	2:10.65	2:58.22
6. Joop Weenink	WS Twente	196801535	3:00.50	+0,99	41.08	1:26.80	2:14.20	3:00.50
7. Korstiaan de Boer	Steenwijk 1934	197101629	3:12.39	+0,87	44.23	1:33.11	2:23.53	3:12.39
8. Martijn de Jong	DWK	197101659	3:26.09	+0,72	45.59	1:39.34	2:34.79	3:26.09
9. Gertjan van der Vaart	ZVVS	196801529	3:31.47	+0,84	46.08	1:40.83	2:36.80	3:31.47
10. Tanguy Wymeersch	CNSW	002684/69	3:52.82	+1,06	54.19	1:53.96	2:54.53	3:52.82

Masters 50+

1. Erlend Alstad	IL Varg		2:33.23	+0,74	35.11	1:14.45	1:53.48	2:33.23
<i>Kampioenschaps Record, Norwegian MR</i>								
2. Edwin v. Norden	ZPC AMERSFOORT	196300563	2:33.55	+0,73	34.41	1:12.85	1:52.59	2:33.55
<i>Nederlands Masters Record</i>								
3. Igor Penchukov	Sprut	102154	2:42.76	+0,84	37.53	1:18.90	2:00.72	2:42.76
4. Patrick Juncker	Swimming Luxembourg	136	2:45.97	+0,86	38.90	1:21.64	2:03.18	2:45.97
<i>Luxembourg MR</i>								
5. Bertjan Schelhaas	DWT	196501577	2:51.35	+0,83	39.32	1:23.32	2:07.35	2:51.35
6. Arno Schrauwen	Patrick-De Roersoppers (SG)	196501355	2:51.55	+0,84	38.78	1:22.95	2:08.00	2:51.55
7. Gert Sikkema	ZIGNEA	196300687	2:53.43	+0,85	37.32	1:20.19	2:05.45	2:53.43
8. Theo Bakker	TriVia	196401231	3:00.42	+0,82	40.02	1:26.91	2:14.93	3:00.42
9. Erik Wetsteijn	Swol 1894	196501019	3:14.65	+0,68	44.26	1:33.97	2:25.11	3:14.65
10. Wilbert Barten	Nautilus	196401373	3:26.73	+0,69	45.75	1:38.24	2:31.79	3:26.73

Masters 55+

1. Sergei Pakhomov	All Stars Moscow	101469	2:45.53	+0,82	36.63	1:18.15	2:01.29	2:45.53
2. Jerzy Mroziński	RMKS Rybnik		2:55.16	+0,75	38.65	1:22.85	2:08.97	2:55.16
3. Ralph Caster	RZ	196100069	2:57.47	+0,87	38.70	1:23.38	2:10.60	2:57.47
4. Ronald Grove	Oceanus	196100161	2:59.52	+0,70	39.64	1:25.42	2:12.76	2:59.52
5. Sergey Ilyayev	Sprut	149269	3:05.95	+0,78	44.21	1:32.30	2:20.21	3:05.95
6. Peter ten Dam	WS Twente	196201253	3:08.83	+0,96	43.58	1:31.99	2:21.24	3:08.83
7. Rob Hemesath	PSV	196100189	3:09.48	+0,96	41.85	1:30.24	2:20.75	3:09.48
8. Wim de Lange	AZC	195800533	3:12.09	+0,80	42.08	1:30.24	2:21.65	3:12.09
9. Adrian Ortiz Buitrago	WIDEX GZC DONK	196000931	3:15.28	+0,77	42.21	1:31.16	2:23.25	3:15.28
10. Marius Ros	ZCNF'34	195900779	3:19.10	+0,78	46.22	1:37.66	2:28.71	3:19.10
11. Jack Barends	WS Twente	196201011	3:19.70	+0,81	44.04	1:35.28	2:28.04	3:19.70
12. Bart van Calker	WS Twente	196100067	3:19.72	+1,04	46.16	1:37.00	2:29.80	3:19.72
13. Hans van Scheepen	Steenwijk 1934	196201245	3:39.55	+0,91	48.16	1:44.28	2:42.18	3:39.55
AFGEM Pier van der Sluis	Orca	195900757						
AFGEM Jan Willem Heuten	WS Twente	196000883						
AFGEM Ron Phaff	PSV	196200495						

Masters 60+

1. Hans Wijsman	PSV	195500427	3:04.54	+0,80	41.27	1:27.85	2:16.15	3:04.54
2. Laurens Klein Breteler	WWV	195400109	3:18.24	+0,97	43.42	1:35.23	2:27.40	3:18.24
3. Dré Klaassen	ZOB'66	195600141	3:27.04	+1,00	47.32	1:39.68	2:33.19	3:27.04

Programmanr. 21, Heren, 200m schoolslag

Masters 65+

1. Péter Gulyás	Budapesti Delfinek		3:12.43	+0,59	42.72	1:32.33	2:23.40	3:12.43
2. Nikolay Dronov	Troika	003037	3:57.21	+1,12	52.51	1:52.91	2:56.16	3:57.21
AFGEM Piet Schop	De Bevelanders	195000109						

Masters 70+

1. Rob Hanou	PSV	194300109	3:28.60	+0,99	46.16	1:39.64	2:33.92	3:28.60
AFGEM Tom Meijnen	UZSC	194400087						

Masters 75+

1. F. De Bruijn	CN Aquamasters	0X0345415	3:45.78	+1,02	51.24	1:48.81	2:48.05	3:45.78
<i>Kampioenschaps Record</i>								
2. Nico Baay	Old Dutch	194200053	3:56.97	+0,81	50.92	1:50.23	2:53.32	3:56.97

Masters 80+

1. Jan Eichhorn	ZV Haerlem	193700015	4:41.89	+1,25	1:00.53	2:11.32	3:26.11	4:41.89
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Programmanr. 22
21-01-2017 - 14:13

Dames, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Jamilla van Veen	ZPC Woerden	29.65	199603192	30.59	+0,67
2.	Kimberly Mijnen	WZ&PC Purmerend	31.56	199503644	31.95	+0,71
3.	Suzanne Mosch	MSV-Zeemacht	32.27	199400548	32.59	+0,66
4.	Manon van Strien	WVZ	32.52	199400770	32.63	+0,80
5.	Liesa Vrielinck	BZK	34.17	21068/93	33.34	+0,71
6.	Michelle Bellekom	WZK Zwemmen	33.23	199606484	33.77	+0,79
7.	Valerie Jongenelen	ZC Aquadream	33.78	199705304	34.17	+0,66
8.	Carmen Muilwijk	De Geul	32.87	199502700	34.43	+0,66
9.	Kimberley de Brouwer	NIMO	35.06	199505392	34.85	+0,66
10.	Eva Kattouw	De Ward	33.18	199407168	34.97	+0,72
11.	Susan de Vries	De Veene	34.55	199700390	35.45	+0,69
12.	Naomi van Gool	LINK	35.17	199505166	36.38	+0,78
13.	Ramona Noordermeer	ZVVS	37.45	199401746	37.78	+0,74
14.	Mariëtte Bulman	ZC Aquadream	37.45	199506846	38.32	+0,60
AFGEM	Zineb Ouazani Chahdi	CNSW	37.98	006617/93		
AFGEM	Melissa Weber	LINK	33.61	199705316		

Masters 25+

1.	Denise Boereboom	Van Vliet-Barracuda	31.41	199202144	31.23	+0,68
2.	Stéphanie Bergsma	Dedemsvaart-AC	31.02	199203374	31.71	+0,62
3.	Alexandra Bezkravnaya	Sprut	31.89	018061	31.78	+0,75
4.	Désirée Emmen	De Warande	32.07	199204862	32.34	+0,65
5.	Sabine Lina	The Hague Swimming (SG)	32.54	198902680	33.34	+0,80
6.	Fanny Koenig	CNSW	35.10	003083/89	33.43	+0,72
7.	Tessa Mosch	MSV-Zeemacht	33.33	199102172	33.52	+0,62
8.	Evelien Terpstra	EZC	32.89	199005654	33.56	+0,69
9.	Natalie van der Hoeven	ZVVS	36.81	198901786	34.13	+0,75
10.	Tamara Caspers	LZ 1886	33.71	199007272	35.82	+0,80
11.	Eline Schoenmaker	Zwemlust-den Hommel	36.68	199003322	35.86	+0,71
12.	Diana Lammers	De Veene	35.03	198902572	36.16	+0,88
13.	Christa Stam	RSW (SG)	37.47	198806790	36.28	+0,82
14.	Jacoline van den Beukel	Zwemvereniging Westland	35.90	199100238	36.51	+0,77
15.	Anne Aarts	Albion d'ELFT (SG)	38.61	199207942	36.73	+0,72
16.	Merel Siroen	Merlet	36.16	198804006	37.05	+0,84
17.	Joëlle Vaes	DIO	38.93	199007576	37.13	+0,84

Programmanr. 22, Dames, 50m rugslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
18.	Kiona Peters	ESCA Zwemmen	36.48	198903272	37.56	+0,75
19.	Lonneke Oenema	Steenwijk 1934	36.86	199102314	37.73	+0,66
20.	Lindsey Hol	De Meer	36.26	199008088	38.24	+0,68
	Elly Scheepers	Budel	38.09	199102728	38.24	+0,73
22.	Lisette van Sinttruije	De Geul	40.06	199108554	38.70	+0,77
23.	Elodie Siroen	Merlet	41.15	199003414	40.12	+0,63
24.	Kirsten de Vries	EZC	40.88	199004090	40.43	+0,74
25.	Claudia de Win	De Geul	48.08	199103554	43.13	+0,71
26.	Lisa Berlang	MZ&PC	42.00	199108360	48.27	+0,74
AFGEM	Femke Hendrikx	Nuenen	30.74	198801698		

Masters 30+

1.	Marije van Manen	ZPC AMERSFOORT	33.87	198602386	34.35	+0,72
2.	Angela Giezen	Montferland	35.75	198302796	36.15	+0,70
3.	Elles van Leeuwen	PSV	38.87	198602240	36.19	+0,69
4.	Tessa Lukassen	GoSwim	36.35	198702620	36.28	+0,81
5.	Fabienne Jeukens	Zwemvereniging Hoogland	41.36	198401156	40.34	+0,76
6.	Reynate van der Mark	Katwijk	43.33	198301328	43.05	+0,97
7.	Kim de Groot	ZEPS	44.26	198601318	44.41	+0,77

Masters 35+

1.	Roos van Esch	Albion d'ELFT (SG)	33.25	198200468	32.90	+0,74
2.	Jepke van der Werf	ESCA Zwemmen	36.12	198201832	35.08	+0,76
3.	Jessica Venema	WIDEX GZC DONK	38.21	197901526	37.25	+0,78
4.	Saskia op den Velde	De Duinkikkers	53.07	197901530	49.34	+0,41

Masters 40+

1.	Edith Janssen-Koolen	TRB-RES	33.65	197300898	33.63	+0,84
2.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	36.12	197500884	35.85	+0,72
3.	Jacqueline de Ruiter-Wijnolst	WIDEX GZC DONK	37.07	197400446	37.84	+0,77
4.	Christa Verploeg	De Meer	38.65	197400896	38.37	+0,70
5.	Petra Verstegen	WVZ	36.25	197700906	38.58	+0,83
6.	Marian Nederlof	De Geul	40.59	197600950	40.62	+0,82
7.	Clementine van Bruxvoort	ZPB H&L Productions	46.13	197700138	45.90	+0,80
8.	Linda Kerkmeester	GoSwim	48.93	197400980	46.97	+0,95

Masters 45+

1.	Monique Tuijp <i>Nederlands Masters Record</i>	WZ&PC Purmerend	33.93	196900800	33.87	+0,83
2.	Evelien van Klaarbergen	HZ&PC Heerenveen	34.39	197200964	34.11	+0,78
3.	Trudie van Niejenhuis	TZC-Vahalis	37.44	197100444	36.65	+0,76
4.	Stéphanie Schaeffer <i>Luxembourg MR</i>	Swimming Luxembourg	38.59	7054	38.09	+0,72
5.	Henriëtte Manting	GZVW	38.29	197100246	38.21	+0,66
6.	Danielle van Veen	ZPC Woerden	37.76	196901048	38.31	+0,76
7.	E. van Wingerden-Dijkhuizen	DWK	38.02	196900970	38.73	+0,77
8.	Simone van Lent	VZV Njord	40.08	196900950	39.49	+0,92
9.	Wendy Hendriks-Verhagen	TRB-RES	43.11	197101038	43.43	+0,79
	Miriam Stevens	Budel	43.43	196900988	43.43	+0,73
11.	Judith van der Heijden	Budel	50.10	197001012	47.48	+0,60
12.	Thea Lejeune	ESCA Zwemmen	52.34	197101020	52.88	+0,81

Programmanr. 22, Dames, 50m rugslag

Masters 50+

1.	Allie Price	Cardiff Masters	34.79	547582	35.10	+0,73
2.	Caroline Schreuder	Triton	36.97	196700550	36.94	+1,01
3.	Talje Dijkhuis	ZPC AMERSFOORT	38.30	196600072	38.46	+0,71
4.	Ramune Ivanauskaitė	Kauno Takas	44.01		41.05	+0,97
5.	Marika Pock	Swimming Luxembourg	42.61	10920	41.45	+0,71
	<i>Luxembourg MR</i>					
6.	Jolanda Knippenberg	Budel	42.12	196600688	42.74	+0,60
7.	Marleen Malais	ESCA Zwemmen	42.92	196300542	43.04	+0,77
8.	Yvette Kilian	WVZ	43.46	196600534	43.15	+0,84
9.	Paule Walravens	CNSW	45.69	004339/67	46.95	+0,84
10.	Erica Muller	De Geul	48.15	196400412	47.42	+0,75
11.	Cora Smulders	ESCA Zwemmen	48.45	196600668	48.07	+0,70
12.	Riekie Schra	Steenwijk 1934	1:09.61	196400404	1:10.67	+0,67

Masters 55+

1.	Marijke Kraak-Beckers	WS Twente	39.44	196000240	40.34	+0,68
2.	Karin van der Star-Verhoeven	ESCA Zwemmen	42.51	196100382	42.09	+0,80
3.	Lia Bijkerk	WIDEX GZC DONK	46.90	196000014	48.62	
4.	Jenny Westervarder	H2Oldambt	47.56	196200424	49.16	+1,14
5.	Karien Musters	Old Dutch	1:02.84	195800236	1:01.09	+0,60

Masters 60+

1.	Patty Krupiarz	PLONS	41.34	195400074	42.08	+0,71
2.	Lies Hartman	PSV	57.03	195600116	1:00.39	+0,79

Masters 65+

1.	Conny Boer-Buys	ZVVS	43.44	195000006	42.20	+0,87
	<i>Nederlands Masters Record</i>					
2.	Antoinette Gilding-Tussaud	WS Twente	48.49	195000038	48.80	+0,80
3.	Tineke van Diggelen	ZPCH	49.97	195200048	49.97	+0,74
4.	Nini van Dongen-de Paepe	ZZ&PC De Devel	1:04.56	195100044	1:07.75	+0,65
DIS	Aleksandra Yliene	Kauno Takas	52.53			
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>					

Masters 70+

1.	Leny Kamp	Aquapoldro	56.89	194400008	56.46	+0,69
2.	Annet Verhoeven	De Duinkickers	58.63	194600024	58.09	+0,79

Masters 75+

1.	Krystyna Nicpoń	RMKS Rybnik	56.27		54.46	+0,97
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Masters 80+

1.	Alice Lindhout	PSV	55.86	193500010	57.02	+0,90
AFGEM	Annie de Vos	Old Dutch	1:05.19	193400004		
AFGEM	Lottie Geurts	PSV	55.58	193500006		

Programmanr. 23
21-01-2017 - 14:29

Heren, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	IPC
Masters 20+							
1.	Dieder Schuurmans	Merlet	28.96	199500447	29.15	+0,65	
2.	Vincent Dermaux	ZC Aquadream	29.35	199600599	29.83	+0,68	
3.	Marcel Groen	Nova	29.01	199700239	29.94	+0,53	
4.	Thijs van den End <i>NR Gehandicapten</i>	ZPC Woerden	30.99	199306803	31.18	+0,78	873
	Hiras Ferrandino	DWT	31.48	199306527	31.18	+0,63	
6.	Teun Stribosch	Merlet	30.21	199603041	31.40 *	+0,69	
7.	Ramon van Huizen	SGGO (SG)	31.81	199400945	32.31	+0,76	
8.	Michiel van Vliet	ZPC Woerden	32.86	199503875	35.37	+0,70	
Masters 25+							
1.	Mathijs van der Logt	DIO	28.47	199105561	27.89	+0,67	
2.	Jelte Schuurmans	Merlet	29.97	199104841	29.55	+0,78	
3.	Alex Vermeulen	WZK Zwemmen	29.75	198905811	29.59	+0,73	
4.	Joppe Schuurmans	Merlet	29.17	198905447	29.77	+0,73	
5.	Hans van Wijk	BZ&PC	33.06	198903605	29.79	+0,70	
6.	Klaas van Beek	ZV Haerlem	30.21	198805941	30.33	+0,74	
7.	Bart van der Zwaan	BZ&PC	30.86	199005149	30.80	+0,62	
8.	Jeffrey van 't Schip	De Amstel	30.16	199102035	31.21	+0,73	
9.	Ruben Stolk	ZPB H&L Productions	32.03	199005665	31.31	+0,73	
10.	Joël Dam	EZC	31.65	198800699	31.72	+0,58	
11.	Martin Teley	PSV	33.47	198906059	32.37	+0,85	
12.	Sander Heijnen	ZEPS	32.32	199001199	32.38	+0,80	
Masters 30+							
1.	Martijn Giezen	Montferland	28.44	198500813	29.58	+0,69	
2.	Robert Dekker	Dedemsvaart-AC	30.39	198400443	30.20	+0,80	
3.	Pascal van Haren	Van Vliet-Barracuda	30.71	198704101	30.89	+0,78	
4.	Jim Geestman	RSW (SG)	30.90	198300699	30.97	+0,77	
5.	Harmen Reemst	ZOB'66	34.55	198702715	34.23	+0,65	
6.	Peter van de Bor	DWT	33.03	198402897	35.25	+1,96	
7.	Rudi Butselaar	GoSwim	35.37	198700577	35.55	+0,75	
8.	Robin Eggenkamp	De Duinkikkers	35.07	198700847	36.06	+0,75	
Masters 35+							
1.	Nol van Thull <i>Nederlands Masters Record</i>	Albion d'ELFT (SG)	28.19	198001513	28.02	+0,72	
2.	Ivan van Omme	De Geul	28.84	198201263	28.85	+0,61	
3.	Richard Claus	Mosa-Regio	29.14	198000265	29.19	+0,78	
4.	Andrew Kurnosov	Troika	28.53		30.06	+0,68	
5.	Ronald Smits	PSV	30.18	197800981	30.07	+0,76	
6.	Mark van der Schrier	BZ&PC	33.12	197800951	31.81	+0,72	
7.	Jeroen Meuleners	Patrick-De Roersoppers (SG)	34.22	197800703	33.19	+0,60	
8.	Erik Drost	PSV	38.06	197901491	34.56	+0,91	
9.	Gino Martijn	RZ	34.17	197901865	34.77	+0,61	
10.	Peter Lommert	Swol 1894	34.72	197900787	35.11	+0,90	
AFGEM	Marcel Reefhuis	WS Twente	31.26	198101381			

Programmanr. 23, Heren, 50m rugslag

Masters 40+

1.	Ivo Roozeboom	WVZ	29.28	197700801	29.67	+0,71
2.	John Cobussen	De Gelenberg	30.62	197501323	31.13	+0,71
3.	Roger Flinterman	WVZ	31.88	197601261	31.79	+0,72
4.	Raymond Oosterbaan	WIDEX GZC DONK	32.95	197700711	32.21	+0,73
5.	Pieter Broek	Zwemvereniging Westland	33.64	197701637	32.47	+0,63
6.	Paul Hardeman	ZPC AMERSFOORT	33.24	197300327	32.69	+0,89
AFGEM	Arjan Aalbers	Swol 1894	34.18	197500001		

Masters 45+

1.	Jan Goossens	GZVN	29.35	11003/68	29.88	+0,66
2.	Guido Keutgen	AZC	30.30	196801551	30.11	+0,76
3.	Linas Kersevicus	Kauno Takas	30.92		30.91	+0,79
4.	Arjon de Bok	De Biesboschzwemmers	33.15	196900125	32.59	+0,85
5.	Gerco Schakel	DWK	35.28	196900849	35.87	+0,73
6.	Nico Swart	Den Doorn	33.46	196801475	36.37	+0,73
7.	Ferdinand Teitink	Montferland	36.93	197001583	38.12	+0,67
8.	Dennis van Markesteijn	TZC-Vahalis	40.08	197201333	39.18	+0,84
9.	Ramon Alsina Munoz	CNSW	42.69	002552/69	42.12	+0,76

Masters 50+

1.	Peter Bernsen	De Rog	29.46	196301119	29.87	+0,63
2.	Martin Kaptein	DWK	31.47	196701677	32.42	+0,67
3.	Fred Heemstra	DAW	34.32	196500357	34.64	+0,75
4.	Fred Dijkshoorn	Zwemvereniging Westland	30.64	196501539	35.45	+0,77
5.	Rob Verheul	TRB-RES	37.73	196601571	36.26	+0,70
6.	Henri Michels	De Amstel	35.84	196501587	36.36	+1,92
7.	Robert de Brauwier	De Duinkickers	36.42	196401383	36.70	+0,83
8.	Meindert Tuinstra	H2Oldambt	38.63	196600853	36.88	+0,85
9.	Casper Dollekamp	Steenwijk 1934	35.34	196301341	37.15	+0,63
10.	Vadim Ezhkov	Pregel	41.42		38.95	+0,80

Masters 55+

1.	Hugo Bregman	Albion d'ELFT (SG)	29.93	195800069	30.94	+0,83
2.	Arlandas Juodeska	Kauno Takas	32.63		32.93	+0,85
3.	Jack Barends	WS Twente	37.84	196201011	38.88	+0,91
4.	André Schutte	ZPC De Zeeuwse Kust	39.19	196000521	40.08	+0,72
5.	Richard Muller	De Geul	43.95	196200963	42.67	+0,71

Masters 60+

1.	Albert Boonstra <i>Nederlands Masters Record</i>	Aqua-Novio'94	31.17	195700425	31.54	+0,63
2.	Nartano Glijn	UZSC	34.53	195500449	35.03	+0,68
3.	Evertjan Masurel	PLONS	36.46	195600495	36.76	+0,82
4.	Ruud Ruiter	WWV	36.44	195300169	39.88	+0,79
5.	Jos Zentjens	Budel	42.23	195700569	44.45	+0,79
6.	Peter Coffeng	WIDEX GZC DONK	46.33	195700063	45.33	
7.	Jos van Sleuwen	Nautilus	46.24	195700323	45.60	+0,66
8.	Sjoerd van de Berg	De Rog	45.76	195400355	46.01	+0,95
9.	Achille Sinner <i>Luxembourg MR</i>	Swimming Luxembourg	48.12	94	46.59	+0,77

Programmanr. 23, Heren, 50m rugslag

Masters 65+

1.	Brend Brevé	PSV	34.50	195200265	34.21	+0,72
	<i>Nederlands Masters Record</i>					
2.	Jos Kamps	Zwemvereniging Hoogland	43.52	195100085	42.52	+0,74
3.	Ronald Blankenstein	Aqua-Novio'94	43.18	195000013	43.10	+0,85
4.	Paul Corti	Swimming Luxembourg	50.60	10225	49.38	+0,75
	<i>Luxembourg MR</i>					
5.	Nico van Dongen	ZZ&PC De Devel	53.71	194800159	59.89	+0,94

Masters 70+

1.	Pieter Schillemans	WZ&PC Purmerend	40.23	194600141	41.26	+0,65
2.	Viktoras Snieska	Kauno Takas	43.31		41.90	+1,04
	<i>Lithuanian MR</i>					
3.	Theo Schouten	WWV	44.41	194600161	52.74	+0,74

Masters 80+

1.	Jan Eichhorn	ZV Haerlem	49.50	193700015	50.47	+0,81
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Masters 85+

1.	Klaas Prins	Steenwijk 1934	1:04.99	192800001	1:10.15	+0,74
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Programmanr. 24
21-01-2017 - 14:41

Dames, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
Masters 20+							
1. Nicole Bennis	WVZ	1:05.86	199600470	1:06.19	+0,60	30.67	1:06.19
2. Zoë van der Aart	ZPCH	1:09.84	199503152	1:06.86	+0,77	30.19	1:06.86
3. Tamara Grove	De Dolfijn	1:07.91	199601266	1:07.57	+0,70	30.98	1:07.57
4. Maud Hoofs	The Hague Swimming (SG)	1:07.04	199501206	1:07.82	+0,68	31.49	1:07.82
5. Manon van Esch	TRB-RES	1:08.33	199702090	1:10.15	+0,60	32.00	1:10.15
6. Fenna de Groot	De Kempvis	1:12.55	199701796	1:10.97	+0,67	32.71	1:10.97
7. Melissa van der Heijden	Van Vliet-Barracuda	1:11.89	199605226	1:11.25	+0,74	33.47	1:11.25
8. Janine de Groot	Nova	1:11.34	199500092	1:11.49	+0,82	33.26	1:11.49
9. Kim Loeffen	Merlet	1:08.76	199403432	1:11.69	+0,85	32.85	1:11.69
10. Leandra Vedder	Steenwijk 1934	1:09.26	199600866	1:11.86	+0,81	33.39	1:11.86
11. Chantal Beijer	DWT	1:11.41	199700884	1:12.20	+0,68	33.04	1:12.20
12. Karin de Kok	AquaAmigos	1:12.06	199301010	1:12.85	+0,76	33.55	1:12.85
13. Lianne Molkenboer	EZC	1:12.91	199602034	1:13.24	+0,73	32.31	1:13.24
14. Eline van Gemert	De Meer	1:13.40	199505458	1:13.40	+0,63	35.92	1:13.40
15. Fiona Meuffels	RZ	1:09.69	199504366	1:13.52	+0,69	34.46	1:13.52
16. Whitney van Hoeckel	DIO	1:10.38	199402390	1:13.71	+0,75	34.11	1:13.71
17. Nikki Hoogeboom	De IJssel	1:14.73	199301196	1:14.25	+0,76	33.85	1:14.25
18. Michelle Bellekom	WZK Zwemmen	1:13.02	199606484	1:14.57	+0,75	33.99	1:14.57
19. Susan de Vries	De Veene	1:16.22	199700390	1:15.68	+0,75	33.87	1:15.68
20. Valerie Jongenelen	ZC Aquadream	1:17.73	199705304	1:17.92	+0,75	35.09	1:17.92
21. Josine van Ballegooijen	De Meer	1:16.39	199703310	1:18.17	+0,71	34.76	1:18.17
22. Lilianne Sweere	ZC Aquadream	1:24.07	199704376	1:18.54	+0,75	34.90	1:18.54
23. Ramona Noordermeer	ZVVS	1:18.46	199401746	1:19.58	+0,76	38.26	1:19.58
24. Eva Kattouw	De Ward	1:16.42	199407168	1:19.97	+0,72	36.90	1:19.97
25. Hilde Grondhout	Merlet	1:20.13	199602300	1:20.42	+0,75	34.81	1:20.42
26. Sanne de Roo	ZZ&PC De Devel	1:22.36	199501934	1:22.09	+0,82	38.88	1:22.09
27. Sarina Paulussen	RZ	1:19.43	199307426	1:22.95	+0,72	36.50	1:22.95
28. Mariëtte Bulman	ZC Aquadream	1:19.90	199506846	1:23.07	+0,65	37.29	1:23.07
29. Daphne Meijer	TRB-RES	1:21.54	199303850	1:23.81	+0,88	38.76	1:23.81
30. Hildy Siroen	Merlet	1:27.05	199502154	1:25.43	+0,84	37.75	1:25.43

Programmanr. 24, Dames, 100m wisselslag, Masters 20+

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
31. Elsie Eikholt	Merlet	1:25.85	199305032	1:27.24	+0,94	40.01	1:27.24
AFGEM Melissa Weber	LINK	1:15.91	199705316				

Masters 25+

1. Yvon Versteeg	De Veene	1:06.03	199201864	1:08.03	+0,79	31.67	1:08.03
2. Jolanda Post	DIO	1:07.57	199004848	1:08.80	+0,69	32.27	1:08.80
3. Denise Boereboom	Van Vliet-Barracuda	1:09.70	199202144	1:09.02	+0,75	31.16	1:09.02
4. Merel van der Kieft	EZC	1:10.86	199200920	1:09.95	+0,65	30.80	1:09.95
5. Maaïke Vooren	DAW	1:09.87	199103324	1:10.16	+0,80	33.43	1:10.16
6. Isabelle Massar	WVZ	1:11.05	199102034	1:11.80	+0,77	33.45	1:11.80
7. Nanda de Vries	Steenwijk 1934	1:14.89	199204328	1:12.60	+0,73	32.61	1:12.60
Sabine Lina	The Hague Swimming (SG)	1:09.77	198902680	1:12.60	+0,70	32.54	1:12.60
9. Chantal Meyerink	De Grunte	1:10.57	199105212	1:12.78	+0,74	33.25	1:12.78
10. Evelien Terpstra	EZC	1:13.85	199005654	1:13.75	+0,77	33.83	1:13.75
11. Siska Post	DIO	1:18.36	198805562	1:16.11	+0,76	36.16	1:16.11
12. Gina Lopez Quinto	CN Aquamasters	1:17.01	047735692	1:16.81	+0,73	37.00	1:16.81
13. Joëlle Vaes	DIO	1:22.69	199007576	1:21.93	+0,66	37.62	1:21.93
14. Senna van Dongen	De Geul	1:21.25	199100760	1:22.00	+0,80	38.17	1:22.00
15. Vivian Brak	ZPC Woerden	1:23.93	199000520	1:23.23	+0,82 637	39.66	1:23.23
16. Jose Janssen	Mosa-Regio	1:17.00	198907324	1:23.57	+0,71	38.11	1:23.57
17. Elodie Siroen	Merlet	1:27.41	199003414	1:24.95	+0,73	39.14	1:24.95
18. Rolijn van Vught	PSV	1:26.70	199004110	1:27.64	+0,81	43.15	1:27.64
19. Rachelle Hellenbrand	PSV	1:27.01	199101204	1:31.38	+0,84	42.35	1:31.38
20. Claudia Creemers	RZ	1:30.00	199202864	1:34.44	+0,76	41.76	1:34.44
DIS Eline Schoenmaker	Zwemlust-den Hommel	1:20.97	199003322				
AA - Gestart voor het startsignaal (en wel gezwommen).							
AFGEM Larissa Brak	ZPC AMERSFOORT	1:09.26	198800572				
AFGEM Femke Hendriks	Nuenen	1:08.31	198801698				

Masters 30+

1. Charlotte Groeneveld	UZSC	1:10.00	198701404	1:09.06	+0,79	31.18	1:09.06
2. Nadya Putter	ZVVS	1:10.71	198301630	1:11.84	+0,70	32.82	1:11.84
3. Inga Tarkova	Sprut	1:11.84	018060	1:12.13	+0,79	32.53	1:12.13
4. Olga Volman-Maiorova	NDD	1:14.41	198504188	1:13.51	+0,63	33.67	1:13.51
5. Nienke van Stipriaan	PSV	1:13.94	198703970	1:14.15	+0,91	34.14	1:14.15
6. Maaïke van Diggele	ZPB H&L Productions	1:14.68	198700868	1:14.16	+0,76	34.70	1:14.16
7. Ilse Clevers	Patrick-De Roersoppers (SG)	1:12.48	198503908	1:14.34	+0,69	33.86	1:14.34
8. Marieke van Dodeweerd	RZC	1:18.45	198600896	1:17.69	+0,84	35.04	1:17.69
9. Renee de Kok	PSV	1:18.54	198403350	1:18.29	+0,75	37.14	1:18.29
10. Manouk Ticheler	De Duinkickers	1:26.28	198705416	1:25.89	+0,82	38.10	1:25.89
11. Lisette van den Bos	De Geul	1:28.97	198700468	1:30.61	+0,83	42.04	1:30.61
12. Marloes Rebel	WS Twente	1:39.05	198403474	1:44.15	+1,09	48.31	1:44.15
AFGEM Tessa Lukassen	GoSwim	1:17.94	198702620				

Masters 35+

1. Delia Badoux	WVZ	1:11.10	198000042	1:08.29	+0,71	31.45	1:08.29
Nederlands Masters Record							
2. Laura Badoux	DAW	1:17.78	198200038	1:13.20	+0,77	34.08	1:13.20
3. Sylvia Reijers	De Gelenberg	1:19.16	198201360	1:18.02	+0,90	34.95	1:18.02
AFGEM Kirsten Savelberg	AZC	1:21.65	197901192				
AFGEM Natascha Hartman	PSV	1:26.29	198101780				

Programmanr. 24, Dames, 100m wisselslag

Masters 40+

1. Elena Babikova	Sprut	1:10.19	018010	1:12.00	+0,82	32.85	1:12.00
2. Ilona Hogerheyde	DAW	1:30.35	197400224	1:16.54	+0,75	34.67	1:16.54
3. Nadège van Meeteren	De Meer	1:17.34	197400736	1:17.49		37.35	1:17.49
4. Muriel Xhervelle	Embourg Natation	1:16.99	152/73	1:17.70	+0,70	37.01	1:17.70
5. Petra Verstegen	WVZ	1:19.90	197700906	1:22.47	+0,84	36.70	1:22.47
6. Vivian van Kerkwijk	RZ	1:22.78	197500892	1:23.27	+0,78	37.44	1:23.27
7. Esther Vergeest	De Rog	1:24.62	197700012	1:23.61	+0,80	39.03	1:23.61
AFGEM Chantal Gerritsen-Driesen	Old Dutch	1:25.77	197601074				

Masters 45+

1. Gudule van der Meer	PSV	1:10.93	197200396	1:11.80	+0,77	32.45	1:11.80
<i>Nederlands Masters Record</i>							
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	1:15.81	197000054	1:12.83	+0,87	34.68	1:12.83
3. Monique Tuijp	WZ&PC Purmerend	1:14.17	196900800	1:14.20	+0,81	34.36	1:14.20
4. Marjo Goelema-Koek	De Biesboschzwemmers	1:14.74	196900192	1:15.47	+0,76	36.30	1:15.47
5. Jeanne Petit	De Dinkel	1:16.99	197001020	1:16.95	+0,72	36.16	1:16.95
6. Annette de Visser	Oceanus	1:17.30	197100602	1:17.92	+0,81	38.00	1:17.92
7. Eline Overeem	Zwemlust-den Hommel	1:21.54	197101048	1:20.38	+0,85	37.59	1:20.38
8. Henriëtte Manting	GZVW	1:20.33	197100246	1:21.96	+0,88	37.57	1:21.96
9. Rina Kuiper	H2Oldambt	1:24.38	197001040	1:23.79	+0,62	38.37	1:23.79
10. Renata Gadliauskiene	Kauno Takas	1:34.52		1:24.47	+0,84	39.39	1:24.47
11. Barbara Xhervelle	Embourg Natation	1:28.55	128/71	1:28.48	+0,84	41.68	1:28.48
12. Karin Leverink	WS Twente	1:30.10	197200972	1:29.59	+0,88	41.69	1:29.59
13. Wendy Hendriks-Verhagen	TRB-RES	1:35.42	197101038	1:31.19	+0,87	42.77	1:31.19
14. Miriam Stevens	Budel	1:32.04	196900988	1:32.20	+1,05	42.52	1:32.20
15. Marianne Delmee	CNSW	1:34.78	005587/72	1:32.87	+0,78	43.08	1:32.87
16. Evelien Naatje	WS Twente	1:33.07	197200838	1:34.46	+1,06	44.56	1:34.46
17. Greta Wyma-Teitsma	DWK	1:34.87	197100696	1:41.57	+0,94	47.61	1:41.57
18. Thea Lejeune	ESCA Zwemmen	1:55.12	197101020	1:47.81	+0,93	51.07	1:47.81
NG Esther Mijnen	WZ&PC Purmerend	1:25.53	196900846				

Masters 50+

1. Marjan Remmits	ZPC Woerden	1:15.48	196300518	1:15.19	+0,77	35.44	1:15.19
2. Annette Wijnja-Visser	De Biesboschzwemmers	1:16.80	196700528	1:17.60	+0,77	36.41	1:17.60
3. Teodora König	TSV Vorhalle	1:20.77	075148	1:21.21	+0,88	37.32	1:21.21
4. Arianne Hamakers	De Rog	1:24.32	196700714	1:21.87	+0,86	37.67	1:21.87
5. Jacqueline Rolloos-Bakkers	De Lansingh	1:21.90	196300222	1:25.56	+0,88	38.78	1:25.56
6. Sandra Hoofs-Buil	The Hague Swimming (SG)	1:27.74	196600678	1:31.72	+0,86	42.81	1:31.72
7. Anita Steijger	WVZ	1:33.20	196500628	1:32.04	+1,01	43.36	1:32.04
8. Hetty Smalheer	SCOM	1:32.22	196700352	1:33.65	+1,02	44.94	1:33.65
9. Marleen Malais	ESCA Zwemmen	1:41.81	196300542	1:38.22	+1,12	44.65	1:38.22
10. Sylvia Avitabile	Budel	1:41.89	196700728	1:42.27	+1,30	46.00	1:42.27

Masters 55+

1. Karlyn Pipes	Palm Beach Masters	1:10.89	507M02BPY	1:09.08	+0,78	31.36	1:09.08
<i>Wereld Masters Record</i>							
2. Marijke Kraak-Beckers	WS Twente	1:23.46	196000240	1:24.87	+0,84	40.72	1:24.87
3. Yoka de Vegt-van Dijk	ESCA Zwemmen	1:38.80	196200420	1:32.79	+0,77	43.06	1:32.79
4. Ellen Parma	Triton	1:35.92	196200366	1:37.78	+0,98	45.11	1:37.78
5. Jennie Resink-lindeboom	DWK	1:37.00	196000142	1:40.60	+1,03	47.15	1:40.60
6. Jenny Westervaarder	H2Oldambt	1:42.52	196200424	1:43.51	+0,85	50.24	1:43.51
7. Mies Kuipers	Old Dutch	2:00.97	195800202	2:06.76	+0,91	1:02.74	2:06.76
DIS Marion Kolkman-Pluim	ESCA Zwemmen	1:42.36	196000330				

AB - Gestart voor het startsignaal en de start is afgefloten (uitsluiten voor dat progr.nr.).

AFGEM Ria Peters-Veurman	ESCA Zwemmen	1:57.14	195800242				
AFGEM K. van der Star-Verhoeven	ESCA Zwemmen	1:27.12	196100382				

Programmanr. 24, Dames, 100m wisselslag

Masters 60+

1. Claire Anthony <i>Belgisch MR</i>	CNSW	1:32.19	001353/57	1:29.87	+0,74	41.57	1:29.87
2. Carla Hensen	PSV	1:38.52	195300062	1:47.72	+0,96	47.74	1:47.72

Masters 65+

1. Christien Nieuwenhuis <i>Nederlands Masters Record</i>	Swol 1894	1:26.25	195100022	1:26.28	+0,72	40.03	1:26.28
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Masters 70+

1. Corrie Verhoeven <i>Nederlands Masters Record</i>	PSV	1:32.13	194600026	1:34.05	+0,74	43.76	1:34.05
2. Annet Verhoeven	De Duinkickers	1:58.08	194600024	1:57.19	+1,15	59.10	1:57.19

Programmanr. 25
21-01-2017 - 15:10

Heren, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
Masters 20+							
1. Jordan Kraaijenhof <i>Kampioenschaps Record</i>	ZPC AMERSFOORT	56.64	199301111	58.34	+0,68	28.31	58.34
2. Ruben Koek	DWK	1:05.18	199701187	1:03.86	+0,73	29.90	1:03.86
3. Teun Strijbosch	Merlet	1:01.11	199603041	1:04.20	+0,61	30.05	1:04.20
4. Dieder Schuurmans	Merlet	1:06.35	199500447	1:05.10	+0,72	31.26	1:05.10
5. Jorden Theijink	ZPC De Hof	1:03.02	199400323	1:05.19	+0,75	29.91	1:05.19
6. Nordin Termoshuizen	WVZ	1:04.47	199605401	1:06.24	+0,79	30.90	1:06.24
7. Frank Beijering	De IJsel	1:08.19	199304311	1:09.18	+0,75	31.02	1:09.18
8. Lex Wortman	AZC	1:08.88	199503563	1:09.46	+0,83	32.11	1:09.46
9. Lukas Schouten	AZC	1:09.28	199602515	1:09.60	+0,87	32.33	1:09.60
10. Joey van der Valk	ZOB'66	1:08.87	199602191	1:09.61	+0,71	32.42	1:09.61
11. Hans Stoffers	Triton Putten	1:10.50	199604027	1:10.38	+0,66	32.06	1:10.38
12. Jeffrey Camphens	DWT	1:03.25	199503113	1:10.99	+0,66	33.77	1:10.99
13. Jesper Honken	Nova	1:10.64	199600085	1:11.87	+0,79	32.37	1:11.87
14. Nils Hullegien	ZPC Woerden	1:12.94	199705371	1:12.98	+0,74	35.16	1:12.98
15. Ian van Mullem	ZOB'66	1:13.18	199602545	1:13.68	+0,77	34.36	1:13.68
16. Rens Klok	ZPC Woerden	1:16.99	199602045	1:19.08	+0,90	36.78	1:19.08
AFGEM Nick van der Krogt	LZ 1886	1:09.16	199501313				

Masters 25+

1. Erik Simons	Albion d'ELFT (SG)	59.51	198902845	59.82	+0,71	28.86	59.82
2. Jesper Oranje	De Duck	1:02.87	199200997	1:00.95	+0,79	26.93	1:00.95
3. Thomas Kersten	WVZ	1:03.64	199001515	1:02.40	+0,69	28.83	1:02.40
4. Tim Bunnik	Triton	1:02.20	199000505	1:03.22	+0,79	28.94	1:03.22
5. Erik Wegman	De Kempvis	1:05.48	199201465	1:04.48	+0,67	29.95	1:04.48
6. Jan-Willem van der Graaff	PSV	1:06.32	198901023	1:05.35	+0,68	29.11	1:05.35
7. Alex Vermeulen	WZK Zwemmen	1:06.53	198905811	1:05.62	+0,78	30.41	1:05.62
8. Martin Teley	PSV	1:07.58	198906059	1:05.74	+0,73	30.43	1:05.74
9. Patrick Creemers	RZ	1:04.31	199000579	1:06.23	+0,73	31.11	1:06.23
10. Jelte Schuurmans	Merlet	1:05.44	199104841	1:06.36	+0,82	29.47	1:06.36
11. Bart van der Zwaan	BZ&PC	1:08.75	199005149	1:07.08	+0,76	30.44	1:07.08
12. Rens Post	WVZ	1:09.29	199101827	1:08.42	+0,68	31.46	1:08.42
13. Vincent Lapouge	WVZ	1:10.15	198806237	1:09.11	+0,79	32.61	1:09.11
14. Niels van Beurden	ZPC Woerden	1:08.87	198805669	1:09.32	+0,73	32.64	1:09.32
15. Joppe Schuurmans	Merlet	1:06.49	198905447	1:10.10	+0,68	31.15	1:10.10
16. Patrick de Jonge	ZPC Woerden	1:11.10	198906635	1:13.66	+0,84	32.13	1:13.66

Programmanr. 25, Heren, 100m wisselslag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
17. Patrick Holthuizen	Albion d'ELFT (SG)	1:14.70	199107681	1:14.88	+0,71	35.07	1:14.88
18. Stefan Oostendorp	AZC	1:16.38	199005615	1:15.70	+0,91	35.29	1:15.70
19. Daniel van den Wildenberg	Eurode KZC	1:15.50	199206491	1:16.17	+0,75	34.73	1:16.17
20. Peter Schelvis	LINK	1:17.82	198906671	1:16.96	+0,92	33.41	1:16.96
21. Tjeerd Woudstra	EZC	1:17.70	198805967	1:17.23	+0,89	37.06	1:17.23
22. Nicky Valentijn	AquaAmigos	1:16.11	198806175	1:18.54	+0,76	37.80	1:18.54
23. Rens Mahler	Merlet	1:22.36	199206411	1:19.99	+0,74	37.17	1:19.99
DIS Joël Dam	EZC	1:06.64	198800699				

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 30+

1. Rick de Greef	Budel	1:00.71	198400749	1:02.07	+0,64	28.49	1:02.07
2. Bart Drechsel	WZK Zwemmen	1:03.68	198604135	1:03.50	+0,69	29.56	1:03.50
3. Robert Dekker	Dedemsvaart-AC	1:04.19	198400443	1:03.55	+0,78	29.03	1:03.55
4. Pieter Pickhardt	ZPC De Hof	1:05.16	198301657	1:06.08	+0,79	31.11	1:06.08
5. Tim van den Berg	MNC Dordrecht	1:11.19	198500157	1:06.20	+0,74	31.52	1:06.20
6. Rob van Vliet	ZPC AMERSFOORT	1:04.05	198402459	1:06.24	+0,81	30.63	1:06.24
7. Rick Driezen	Steenwijk 1934	1:06.34	198600713	1:06.64	+0,79	30.06	1:06.64
8. Roel van der Kruijs	De Gelenberg	1:09.16	198501491	1:09.83	+0,81	33.26	1:09.83
9. Frank van der Voordt	SGGO (SG)	1:10.02	198302259	1:10.76	+0,75	32.61	1:10.76
10. Sebastiaan Baars	WS Twente	1:14.62	198300053	1:16.81	+0,96	35.41	1:16.81
11. Robin Eggenkamp	De Duinkickers	1:15.78	198700847	1:17.72	+0,74	34.59	1:17.72
AFGEM Roderik Meijers	Albion d'ELFT (SG)	1:02.71	198602063				

Masters 35+

1. Nol van Thull	Albion d'ELFT (SG)	1:00.79	198001513	1:00.35	+0,76	28.35	1:00.35
2. Andrew Kurnosov	Troika	1:00.88		1:02.33	+0,68	28.88	1:02.33
3. Lauren Vis	Steenwijk 1934	1:01.62	198201883	1:02.35	+0,59	28.40	1:02.35
4. Joost Hoetjes	DAW	1:05.30	197800425	1:03.11	+0,71	29.22	1:03.11
5. Ronald Smits	PSV	1:04.55	197800981	1:04.90	+0,68	29.57	1:04.90
6. Simon van Ravesteijn	WVZ	1:08.23	198002263	1:06.64	+0,76	32.52	1:06.64
7. Wouter Zijlstra	DAW	1:10.42	198202077	1:09.08	+0,86	31.55	1:09.08
8. Kars Luttk	DAW	1:09.25	197800675	1:09.09	+0,71	31.49	1:09.09
9. Michel Wigbers	DWT	1:11.92	198001743	1:13.76	+0,83	34.26	1:13.76
10. Mark Zwart	Zwemlust-den Hommel	1:07.00	197901461	1:14.13	+0,80	32.99	1:14.13
11. Peter Lommert	Swol 1894	1:16.12	197900787	1:15.22	+0,93	34.13	1:15.22
12. Dyon de Greef	Budel	1:17.96	198202385	1:16.05	+0,73	35.58	1:16.05
13. Albert Garcia i Tormo	PSV	1:15.88	198202583	1:16.18	+0,65	37.65	1:16.18
14. Martin van Vaardegem	GoSwim	1:15.49	198201767	1:17.09	+0,77	35.70	1:17.09
15. Gino Martijn	RZ	1:18.54	197901865	1:18.47	+0,69	36.37	1:18.47
16. Robin Roskam	De Duinkickers	1:26.04	197801831	1:27.11	+0,88	41.61	1:27.11

Masters 40+

1. Egbert Stolk	Albion d'ELFT (SG)	1:02.68	197600889	1:02.50	+0,77	28.60	1:02.50
2. Vincent Versteeg	Zwemlust-den Hommel	1:04.84	197701003	1:05.67	+0,78	31.14	1:05.67
3. Alex Damen	DAW	1:07.65	197501371	1:07.02	+0,75	31.17	1:07.02
4. Patrick Roozeboom	WS Twente	1:08.60	197701643	1:07.24	+0,82	31.43	1:07.24
5. Maarten van der Zwan	Scheldeestroom	1:08.18	197501017	1:08.24	+0,87	31.71	1:08.24
6. Kelvin Isselt	RZ	1:09.69	197601119	1:08.86	+0,73	31.52	1:08.86
7. Machiel Stolk	Swol 1894	1:10.82	197400779	1:12.04	+0,87	32.82	1:12.04
8. Johan Wezenberg	Swol 1894	1:15.68	197601023	1:17.69	+1,05	36.27	1:17.69

Masters 45+

1. Vladislav Bragin	Swimmpower Prague	1:01.22	15009	1:01.38	+0,64	28.95	1:01.38
<i>Kampioenschaps Record, Czech MR</i>							
2. Marcel van Winssen	De Gelenberg	1:05.04	197101477	1:05.17	+0,78	30.20	1:05.17
3. Richard Rickson	NIMO	1:06.21	197000841	1:06.84	+0,75	31.66	1:06.84
4. Pieter van Gemenen	DAW	1:09.40	196901779	1:06.89	+0,74	30.89	1:06.89

Programmanr. 25, Heren, 100m wisselslag, Masters 45+

rang naam	vereniging	inschrijftijd	tijd	RT IPC	50m	100m
5. René Beetsma	HZ&PC Heerenveen	1:07.47 196900069	1:07.77	+0,80	30.74	1:07.77
6. Antwan van Engen	De Ward	1:09.02 197101577	1:08.90	+0,78	31.91	1:08.90
7. Harold Matla	PSV	1:07.84 196800591	1:08.99	+0,86	33.26	1:08.99
8. Arjon de Bok	De Biesboschzwemmers	1:09.41 196900125	1:09.51	+0,81	32.70	1:09.51
9. Guido Keutgen	AZC	1:10.85 196801551	1:09.98	+0,79	31.11	1:09.98
10. Michael van Bekkum	Swol 1894	1:10.11 197200051	1:11.06	+0,80	33.40	1:11.06
11. Jeroen Kort	DAW	1:13.09 196801543	1:13.10	+0,78	33.99	1:13.10
12. Jos Wensink	WS Twente	1:10.95 196901719	1:14.22	+0,71	33.96	1:14.22
13. Christian Dackus	MZ&PC	1:15.30 197201577	1:14.68	+0,80	35.04	1:14.68
14. Nico Swart	Den Doorn	1:13.85 196801475	1:15.33	+0,77	34.70	1:15.33
15. Maarten Poos	De Ward	1:21.02 196801579	1:16.62	+0,84	36.45	1:16.62
16. Rob Janssen	De Gelsenberg	1:15.67 197001467	1:16.99	+0,89	37.36	1:16.99
17. Ingmar de Gelder	ZOB'66	1:17.52 197000333	1:17.15	+0,84	36.48	1:17.15
18. Gerco Schakel	DWK	1:17.45 196900849	1:17.32	+0,92	35.71	1:17.32
19. Joop Weenink	WS Twente	1:20.95 196801535	1:19.42	+0,95	38.36	1:19.42
20. Korstiaan de Boer	Steenwijk 1934	1:20.03 197101629	1:20.31	+0,87	37.58	1:20.31
21. Ferdinand Teitink	Montferland	1:18.89 197001583	1:20.36	+1,07	36.89	1:20.36
22. Martijn de Jong	DWK	1:24.11 197101659	1:21.21	+0,74	38.88	1:21.21
23. Marcel Brittijn	De Duinkickers	1:17.49 196900159	1:21.24	+0,67	37.64	1:21.24
24. Philip van der Gaag	Zwemvereniging Westland	1:21.96 196801627	1:23.80	+0,89	37.04	1:23.80

Masters 50+

1. Edwin v. Norden	ZPC AMERSFOORT	1:03.96 196300563	1:03.41	+0,77	28.88	1:03.41
2. Igor Penchukov	Sprut	1:07.94 102154	1:07.91	+0,75	32.92	1:07.91
3. Geert Wijn	De Gelsenberg	1:07.45 196701101	1:10.16	+0,73	31.46	1:10.16
4. Martin Kaptein	DWK	1:09.41 196701677	1:10.29	+0,88	32.32	1:10.29
5. Wiljam Nijenhuis	De IJssel	1:10.40 196400547	1:11.41	+0,81	32.96	1:11.41
6. Otto Jansen	LZ 1886	1:14.73 196501403	1:12.64	+0,79	33.92	1:12.64
7. Rob Verheul	TRB-RES	1:14.55 196601571	1:14.47	+0,85	34.84	1:14.47
8. Patrick Juncker	Swimming Luxembourg	1:15.55 136	1:15.30	+0,89	37.36	1:15.30
9. Rene de Boer	DAW	1:14.19 196400087	1:15.47	+0,80	35.83	1:15.47
Erik Wetsteijn	Swol 1894	1:15.97 196501019	1:15.47	+0,66	33.79	1:15.47
11. Theo Bakker	TriVia	1:13.55 196401231	1:15.66	+0,77	36.55	1:15.66
12. Freddy v.d. Veen	ZVVS	1:19.12 196601161	1:15.78	+1,03	34.87	1:15.78
13. Hans Vloedgraven	Old Dutch	1:18.48 196400917	1:15.88	+0,91	35.16	1:15.88
14. Vadim Ezhkov	Pregel	1:16.70	1:16.20	+0,66	36.23	1:16.20
15. Paul Wijnja	De Biesboschzwemmers	1:15.70 196301403	1:16.77	+0,75	34.51	1:16.77
16. Robert de Brauwier	De Duinkickers	1:17.36 196401383	1:20.23	+0,88	36.28	1:20.23
17. Roy le Clercq	De Rog	1:18.45 196401041	1:20.62	+0,93	37.51	1:20.62
18. Jan Smalheer	SCOM	1:21.26 196400701	1:20.70	+0,95	37.78	1:20.70
19. Fred Heemstra	DAW	1:12.96 196500357	1:20.82	+0,84	37.17	1:20.82
20. Cees Kersten	De Rog	1:19.91 196401435	1:23.04	+0,67	38.36	1:23.04
21. Nerimantas Steponavicius	Kauno Takas	1:12.42	1:23.64	+0,82	37.43	1:23.64
22. Pierre de Groot	WIDEX GZC DONK	1:27.99 196401431	1:24.67	+0,83	40.02	1:24.67
23. Willem Jan Ribberink	WIDEX GZC DONK	1:27.54 196501327	1:27.54	+0,90	44.96	1:27.54
24. Richard Rozema	Albion d'ELFT (SG)	1:28.57 196701583	1:33.08	+0,85	43.39	1:33.08
AFGEM Hein Ardenoy	BZK	1:15.19 11031/65				

Masters 55+

1. Kees-Jan van Overbeeke	WWV	1:08.76 196200489	1:09.83	+0,79	31.80	1:09.83
2. Fred Ketting	PSV	1:10.26 196000289	1:10.41	+0,87	32.97	1:10.41
3. Arlandas Juodeska	Kauno Takas	1:13.84	1:13.36	+0,76	33.66	1:13.36
4. Ronald Grove	Oceanus	1:12.23 196100161	1:13.92	+0,80	35.52	1:13.92
5. Ralph Caster	RZ	1:16.51 196100069	1:16.45	+0,78	36.67	1:16.45
6. Adrian Ortiz Buitrago	WIDEX GZC DONK	1:17.39 196000931	1:18.01	+0,77	37.41	1:18.01
7. Wim de Lange	AZC	1:18.75 195800533	1:18.18	+0,77	36.65	1:18.18
8. Rob Hemesath	PSV	1:17.17 196100189	1:18.73	+0,97	38.33	1:18.73
9. Hans van Scheepen	Steenwijk 1934	1:39.54 196201245	1:41.25	+0,81	47.93	1:41.25
AFGEM Marius Ros	ZCNF'34	1:23.46 195900779				
AFGEM Ron Phaff	PSV	1:14.11 196200495				

Programmanr. 25, Heren, 100m wisselslag

Masters 60+

1. Albert Boonstra	Aqua-Novio'94	1:08.18	195700425	1:09.20	+0,81	32.13	1:09.20
2. Hans Wijsman	PSV	1:16.48	195500427	1:16.92	+0,81	37.28	1:16.92
3. Paul Bunnik	Triton	1:14.79	195600413	1:17.38	+0,95	36.83	1:17.38
4. Nartano Glijn	UZSC	1:22.92	195500449	1:18.47	+0,84	36.40	1:18.47
5. Evertjan Masurel	PLONS	1:18.43	195600495	1:19.08	+0,92	36.18	1:19.08
6. Henk Slomp	De Inktvis	1:19.45	195500359	1:21.82	+0,90	37.59	1:21.82
7. Luc Laloi	Charleroi Hélios Aqua Team	1:23.68	005538/53	1:23.21	+0,91	39.55	1:23.21
8. Dré Klaassen	ZOB'66	1:33.00	195600141	1:39.59	+1,01	46.88	1:39.59
DIS Peter Coffeng	WIDEX GZC DONK	1:35.02	195700063				

RH - Het eindpunt niet in rugligging aangeraakt.

DIS Wim Scherpenisse UZSC 1:33.80 195500447
AB - Gestart voor het startsignaal en de start is afgefloten (uitsluiten voor dat progr.nr.).

DIS Michaël Gouweloos MZ&PC 1:20.00 195400377
RH - Het eindpunt niet in rugligging aangeraakt.

Masters 65+

1. Nikolay Dronov	Troika	1:39.18	003037	1:44.33	+1,11	51.48	1:44.33
2. Nico van Dongen	ZZ&PC De Devel	2:05.56	194800159	2:14.28	+1,05	1:02.00	2:14.28
AFGEM Piet Schop	De Bevelanders	1:21.15	195000109				

Masters 70+

1. Theo Schouten	WWV	1:29.46	194600161	1:29.96	+0,93	41.83	1:29.96
2. Rob Hanou	PSV	1:28.59	194300109	1:30.16	+1,07	44.09	1:30.16
3. Willem Putter	ZVVS	1:32.87	194500135	1:34.96	+1,06	46.40	1:34.96

Masters 75+

1. Nico Baay	Old Dutch	1:56.81	194200053	2:02.68	+0,83	57.97	2:02.68
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Programmanr. 26
21-01-2017 - 15:44

Dames, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Tamara Grove	De Dolfijn	199601266	2:07.21	+0,69		28.99	1:01.01	1:33.62	2:07.21
2. Jamilla van Veen	ZPC Woerden	199603192	2:09.62	+0,78		29.56	1:02.09	1:35.93	2:09.62
3. Dominique Duesman	LINK	199603560	2:14.30	+0,58		31.14	1:04.83	1:40.07	2:14.30
4. Kimberly Mijnen	WZ&PC Purmerend	199503644	2:14.75	+0,70		30.41	1:04.45	1:40.02	2:14.75
5. Liesa Vrielinck	BZK	21068/93	2:15.07	+0,71		31.70	1:06.16	1:41.47	2:15.07
6. Fiona Meuffels	RZ	199504366	2:16.51	+0,72		32.17	1:06.91	1:42.27	2:16.51
7. Iris Pijtak	ZPC AMERSFOORT	199300602	2:16.63	+0,75		30.70	1:04.38	1:40.11	2:16.63
8. Janine de Groot	Nova	199500092	2:16.65	+0,77		31.54	1:06.46	1:42.02	2:16.65
9. Chantal Beijer	DWT	199700884	2:17.64	+0,71		31.53	1:05.78	1:41.85	2:17.64
10. Lotte Coenen	Hydrofiel	199301518	2:18.61	+0,83		30.50	1:04.92	1:41.20	2:18.61
11. Maike Korthout	TRB-RES	199406034	2:19.67	+0,68		32.34	1:08.32	1:44.15	2:19.67
12. Moniek Heemskerk	LZ 1886	199601964	2:19.74	+0,75		33.01	1:08.82	1:44.79	2:19.74
13. Suzanne Mosch	MSV-Zeemacht	199400548	2:19.88	+0,70		32.51	1:08.52	1:44.27	2:19.88
14. Aylin van Uffelen	ZPB H&L Productions	199600352	2:22.85	+0,74		32.79	1:08.64	1:45.81	2:22.85
15. Carmen Muilwijk	De Geul	199502700	2:31.14	+0,74		32.45	1:09.37	1:49.68	2:31.14
16. Sarina Paulussen	RZ	199307426	2:32.94	+0,75		34.99	1:12.88	1:52.65	2:32.94
17. Charine de Ruiter	Steenwijk 1934	199403668	2:35.95	+0,89		34.68	1:13.88	1:55.49	2:35.95
18. Naomi van Gool	LINK	199505166	2:38.28	+0,59		34.74	1:14.63	1:56.74	2:38.28
19. Daphne Meijer	TRB-RES	199303850	2:44.14	+0,90		36.34	1:17.45	2:00.51	2:44.14
20. Rebecca van Eeren	SCOM	199306910	2:47.02	+0,81		37.46	1:18.90	2:02.12	2:47.02
21. Chadassa Mannee	De Geul	199501044	3:00.39	+0,83		39.71	1:25.48	2:12.30	3:00.39
AFGEM Zineb Ouazani Chahdi	CNSW	006617/93							

Programmanr. 26, Dames, 200m vrije slag

Masters 25+

1. Cora van Dorst	De Krabben	199106218	2:09.45	+0,66	29.13	1:01.07	1:34.49	2:09.45
2. Wendan Poelstra	TriVia	199102496	2:12.10	+0,68	30.06	1:02.73	1:37.00	2:12.10
3. Fraukje Puts	HZ&PC Heerenveen	199206470	2:12.29	+0,76	30.92	1:04.56	1:38.46	2:12.29
4. Monique Lindenberg	De Bevelanders	199002360	2:16.56	+0,75	32.21	1:07.34	1:42.55	2:16.56
5. Wendy de Bruin	ZOB'66	199206320	2:18.93	+0,64	30.71	1:04.65	1:40.83	2:18.93
6. Isabelle Massar	WVZ	199102034	2:19.10	+0,75	31.34	1:05.90	1:42.18	2:19.10
7. Nanda de Vries	Steenwijk 1934	199204328	2:19.23	+0,66	31.91	1:07.88	1:44.00	2:19.23
8. Mandy Verbakel	ZPC Woerden	199003908	2:19.34	+0,78	31.24	1:06.08	1:42.80	2:19.34
9. Tessa Mosch	MSV-Zeemacht	199102172	2:20.66	+0,67	31.83	1:07.64	1:44.59	2:20.66
10. Danielle Vermeulen	Zwemlust-den Hommel	199108534	2:22.13	+0,69	32.91	1:09.63	1:46.16	2:22.13
11. Linda Janssen	ZPB H&L Productions	198802088	2:22.99	+0,76	32.89	1:09.04	1:45.92	2:22.99
12. D. van den Hoogenband	Nuene	199001558	2:23.92	+0,89	32.68	1:09.67	1:47.40	2:23.92
13. Susanne van der Linden	DIO	198802736	2:24.90	+0,70	33.58	1:09.80	1:47.07	2:24.90
14. Karin Simons	WZK Zwemmen	198903804	2:24.95	+0,80	32.17	1:08.94	1:46.82	2:24.95
15. Martje Godschalk	De IJsel	199001186	2:25.32	+0,78	32.76	1:09.04	1:46.64	2:25.32
16. Siska Post	DIO	198805562	2:25.92	+0,71	34.66	1:12.13	1:49.69	2:25.92
17. Diana Lammers	De Veene	198902572	2:31.15	+0,73	32.42	1:10.32	1:49.98	2:31.15
18. Jacqueline van den Beukel	Zwemvereniging Westland	199100238	2:35.03	+0,76	35.09	1:14.48	1:55.60	2:35.03
19. Ilse Blankvoort	Steenwijk 1934	199204458	2:35.28	+0,89	34.80	1:12.88	1:53.67	2:35.28
20. Vivian Brak	ZPC Woerden	199000520	2:38.72	+0,83	35.29	1:15.42	1:57.28	2:38.72
21. Lisette van Sinttruije	De Geul	199108554	2:45.34	+0,78	37.38	1:19.55	2:03.09	2:45.34
22. Elly Scheepers	Budel	199102728	2:47.73	+0,88	37.01	1:18.73	2:03.61	2:47.73
23. Lisa Berlang	MZ&PC	199108360	3:13.74	+0,94	43.18	1:32.80	2:24.54	3:13.74
24. Simone van Iersel	TRB-RES	199207954	3:14.04	+0,83	45.29	1:34.24	2:25.41	3:14.04

Masters 30+

1. Sabina Martinez Leon	CN Aquamasters	039737906	2:15.54	+0,80	31.81	1:06.23	1:41.10	2:15.54
2. Ann Van Beylen	RSCM	20264/84	2:17.54	+0,88	31.49	1:06.42	1:42.36	2:17.54
3. Denise de Riet	ZZ&PC De Devel	198402040	2:21.88	+0,92	32.97	1:08.64	1:45.46	2:21.88
4. Ramona Linting	AZC	198301274	2:28.16	+0,79	33.37	1:10.88	1:49.14	2:28.16
5. Hoy Lin Moo	MZ&PC	198302898	2:39.29	+0,84	37.61	1:18.40	1:59.82	2:39.29
6. Linda Hoogendam	WVZ	198300892	2:39.94	+0,76	35.28	1:17.03	1:59.52	2:39.94
7. Aafke Groot	De Geul	198302748	2:45.45	+0,94	37.21	1:18.77	2:02.18	2:45.45
8. Fabienne Jeukens	Zwemvereniging Hoogland	198401156	2:52.98	+0,96	38.43	1:22.45	2:08.04	2:52.98
9. Dorien Vasseur	Scheldestroom	198704164	3:00.78	+0,87	41.53	1:26.90	2:14.21	3:00.78
10. Kim de Groot	ZEPS	198601318	3:03.44	+0,80	41.36	1:27.62	2:16.39	3:03.44
DIS Isaline Manchel	CNSW	001284/85						

AA - Gestart voor het startsignaal (en wel gezwommen).

AFGEM Liset de Veer Aqua-Novio'94 198704190

Masters 35+

1. Chantal Verhoeff	Old Dutch	197900912	2:26.04	+0,96	33.45	1:09.88	1:47.55	2:26.04
2. Jepke van der Werf	ESCA Zwemmen	198201832	2:30.30	+0,90	32.98	1:09.87	1:49.68	2:30.30
3. Agnes van Brug	DAW	198001726	2:31.94	+0,83	34.83	1:12.85	1:52.63	2:31.94
4. Jessica Venema	WIDEX GZC DONK	197901526	2:32.79	+0,83	33.58	1:11.29	1:51.61	2:32.79
5. Sylvia Reijers	De Gelenberg	198201360	2:35.87	+0,89	34.83	1:13.21	1:53.92	2:35.87
6. C. van der Straate de Jor	Old Dutch	198001750	2:38.12	+0,92	36.79	1:16.68	1:58.11	2:38.12
7. Sandra van der Helm	De Rog	197801340	3:02.84	+0,92	41.65	1:28.06	2:15.93	3:02.84
8. Rianne van Vegchelen	ZV 44	198101530	3:16.47	+1,12	44.69	1:35.17	2:26.76	3:16.47
DIS Inge Hornis	Zwemlust-den Hommel	197900364						

AA - Gestart voor het startsignaal (en wel gezwommen).

AFGEM Natascha Hartman PSV 198101780

Programmanr. 26, Dames, 200m vrije slag

Masters 40+

1. Liselotte Joling	PSV	197500268	2:19.50	+0,88	32.07	1:08.15	1:44.92	2:19.50
2. Edith Janssen-Koolen	TRB-RES	197300898	2:19.97	+0,65	31.72	1:08.08	1:44.66	2:19.97
3. Petra Guijt	Aqua-Novio'94	197600978	2:28.66	+0,95	35.12	1:12.60	1:51.10	2:28.66
4. Marian Nederlof	De Geul	197600950	2:42.69	+0,79	36.09	1:16.46	1:59.38	2:42.69
5. Vivian van Kerkwijk	RZ	197500892	2:42.77	+0,77	36.25	1:16.60	1:59.04	2:42.77
6. Natalie van den Broek	Nautilus	197300810	2:44.93	+0,96	37.07	1:17.48	2:00.65	2:44.93
7. Inge Lolkema-Soeters	Steenwijk 1934	197300934	2:57.74	+0,88	40.73	1:25.75	2:12.30	2:57.74
8. C. van Bruxvoort	ZPB H&L Productions	197700138	3:15.38	+0,84	42.48	1:32.13	2:24.74	3:15.38

Masters 45+

1. Heidi den Boer	LINK	196900864	2:21.32	+0,83	32.24	1:07.93	1:44.50	2:21.32
2. Evelien van Klaarbergen	HZ&PC Heerenveen	197200964	2:24.05	+0,76	33.10	1:09.51	1:46.92	2:24.05
3. Annette de Visser	Oceanus	197100602	2:24.31	+0,79	32.87	1:08.51	1:46.09	2:24.31
4. Stéphanie Schaeffer	Swimming Luxembourg	7054	2:37.68	+0,84	36.18	1:16.74	1:57.81	2:37.68
5. Marion Broekhuis	WS Twente	196800060	2:38.14	+0,74	35.75	1:14.72	1:56.33	2:38.14
6. Marijke Campfens	De Geul	196900960	2:39.61	+0,71	35.91	1:15.74	1:58.23	2:39.61
7. Inken Wemheuer	DWT	197101016	2:40.25	+0,74	37.34	1:18.28	2:00.69	2:40.25
8. E. van Wingerden-Dijkhui	DWK	196900970	2:42.93	+0,95	35.59	1:16.05	1:58.87	2:42.93
9. Barbara Xhervelle	Embourg Natation	128/71	2:45.10	+0,78	36.95	1:18.26	2:02.00	2:45.10
10. Annet Kootstra	Swol 1894	197100344	2:50.41	+0,83	38.79	1:22.15	2:06.85	2:50.41
11. Catarina Matos	De Rog	197200976	2:56.20	+0,79	40.26	1:25.16	2:11.44	2:56.20
12. Karin Frederix	Old Dutch	196901044	2:56.48	+0,95	41.08	1:25.92	2:12.97	2:56.48
13. Sandra Daamen-Posma	AZC	196800854	2:59.44	+0,85	39.28	1:24.55	2:12.51	2:59.44
14. Irna van der Molen	WS Twente	196900938	3:03.10	+0,74	39.64	1:27.22	2:16.34	3:03.10
15. Evelien Berman-Alers	Nautilus	197200878	3:06.40	+0,80	38.86	1:24.18	2:15.42	3:06.40
AFGEM Rina Kuiper	H2Oldambt	197001040						
AFGEM Karin Sagonas-Koolen	VZV Njord	197000964						
NG Yvette Ratering	De Ward	197200990						

Masters 50+

1. Petra Casteleijn	ZPC AMERSFOORT	196600098	2:30.04	+0,87	34.95	1:13.02	1:52.32	2:30.04
2. Jolanta Duleviciene	Kauno Takas		2:31.17	+0,86	35.02	1:12.90	1:52.58	2:31.17
<i>Lithuanian MR</i>								
3. Jacqueline Tuin	DAW	196600690	2:31.49	+0,74	35.00	1:13.59	1:52.94	2:31.49
4. Wilna Heijman	Steenwijk 1934	196400506	2:35.97	+0,81	36.14	1:15.61	1:55.71	2:35.97
5. Jeannette Ruesink	WS Twente	196300212	2:37.62	+0,85	36.84	1:16.80	1:57.82	2:37.62
6. Hetty Smalheer	SCOM	196700352	3:04.84	+1,06	41.34	1:27.71	2:16.22	3:04.84
7. Erica Muller	De Geul	196400412	3:07.97	+0,58	42.79	1:30.43	2:19.43	3:07.97
8. Christine Buist	De Duinkikkers	196400608	3:09.43	+0,98	40.36	1:27.21	2:18.51	3:09.43
9. Riekke Schra	Steenwijk 1934	196400404	4:42.41	+1,41	1:01.66	2:13.49	3:29.63	4:42.41

Masters 55+

1. Petra Tossings	DAW	196100376	2:38.88	+0,86	36.79	1:17.63	1:58.96	2:38.88
2. Francine Sommer	Triton	196200384	2:43.97	+0,79	36.22	1:17.09	2:00.40	2:43.97
3. Marijke van Hoek	ZPC De Zeeuwse Kust	195800050	2:46.38	+0,82	37.39	1:19.69	2:03.71	2:46.38
4. Marlien Wijnhof	Nat Utrecht	196100300	2:47.88	+0,78	37.35	1:18.51	2:02.07	2:47.88
5. Hannie Poletiek	TriVia	195900278	3:05.89	+0,94	42.11	1:28.67	2:17.97	3:05.89
6. Ellen Parma	Triton	196200366	3:17.93	+0,96	40.94	1:30.30	2:24.63	3:17.93
7. Karien Musters	Old Dutch	195800236	3:47.01	+0,88	49.78	1:46.33	2:45.70	3:47.01

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	195600048	2:32.39	+0,78	34.98	1:13.58	1:53.32	2:32.39
2. Margriet Pasma	De Inktvis	195500088	2:51.73	+0,89	40.52	1:25.23	2:09.59	2:51.73
3. Lies Hartman	PSV	195600116	4:28.18	+1,11	57.86	2:04.09	3:15.42	4:28.18

Programmanr. 26, Dames, 200m vrije slag

Masters 65+

1. Conny Boer-Buys	ZVVS	195000006	2:39.78	+0,99	37.17	1:18.06	2:00.24	2:39.78
2. Ineke Meijer	HZ&PC Heerenveen	195200034	3:37.75	+0,90	49.42	1:45.38	2:43.73	3:37.75
3. Geerdien Meerwaldt	De Geul	195200058	4:08.67	+0,97	54.06	1:56.86	3:02.34	4:08.67

Masters 70+

AFGEM M. Stribis-van der Kroft	DAW	194500004
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Masters 75+

1. Marie Smits	Old Dutch	193800004	3:56.61	+1,04	53.37	1:56.33	2:57.11	3:56.61
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Masters 80+

AFGEM Lottie Geurts	PSV	193500006
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Programmanr. 27
21-01-2017 - 16:34

Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging	tijd	RT	IPC	50m	100m	150m	200m
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Masters 20+

1. Emiel van Beusekom	Van Vliet-Barracuda	199403951	2:00.52	+0,81	27.53	58.04	1:29.56	2:00.52
2. Robin van Beek	LZ 1886	199704023	2:01.32	+0,67	27.94	58.33	1:29.96	2:01.32
3. Nick Sijmons	De Amstel	199500491	2:02.84	+0,68	28.16	1:00.10	1:32.28	2:02.84
4. Pieter Pijnenburg	Nuenen	199305227	2:05.81	+0,67	28.89	1:01.45	1:33.78	2:05.81
5. Vincent Dermaux	ZC Aquadream	199600599	2:07.10	+0,75	28.53	1:00.94	1:34.55	2:07.10
6. Martijn Kornet	Zwemlust-den Hommel	199700231	2:07.25	+0,74	28.87	1:01.20	1:34.96	2:07.25
7. Richard van der Horst	De Meer	199700179	2:10.05	+0,77	30.04	1:02.82	1:36.43	2:10.05
8. Jeffrey Roest	De Duinkikkers	199703401	2:10.13	+0,75	29.74	1:02.68	1:36.32	2:10.13
9. Martino Valentijn	DIO	199403913	2:11.67	+0,74	29.34	1:02.79	1:38.11	2:11.67
10. Hiras Ferrandino	DWT	199306527	2:14.25	+0,61	29.34	1:02.78	1:38.47	2:14.25
11. Jeffrey Camphens	DWT	199503113	2:16.78	+0,66	30.58	1:06.39	1:42.47	2:16.78
12. Ruben de Boer	De Duinkikkers	199301419	2:26.25	+0,73	32.12	1:08.66	1:47.42	2:26.25
13. Michiel van Vliet	ZPC Woerden	199503875	2:28.80	+0,86	32.03	1:08.84	1:48.03	2:28.80
14. Maarten Steekelenburg	Aquaman	199300479	2:43.64	+0,79	34.57	1:15.56	2:00.68	2:43.64

Masters 25+

1. Kevin Eltink	DWK	199100589	1:53.26	+0,77	25.80	54.50	1:24.36	1:53.26
2. Klaas van Beek	ZV Haerlem	198805941	2:02.43	+0,69	27.71	58.71	1:31.06	2:02.43
3. Tim Bunnik	Triton	199000505	2:03.80	+0,76	28.04	59.40	1:31.55	2:03.80
4. J. van der Graaff	PSV	198901023	2:05.01	+0,69	28.59	59.81	1:32.23	2:05.01
5. Stefan Kwant	Nova	199200781	2:08.98	+0,65	28.71	1:00.76	1:34.35	2:08.98
6. Niels Albrechts	SGGO (SG)	198800039	2:13.40	+0,79	31.01	1:04.48	1:38.89	2:13.40
7. Vincent Lapouge	WVZ	198806237	2:14.94	+0,80	31.23	1:05.39	1:40.01	2:14.94
8. Sander Heijnen	ZEPS	199001199	2:15.87	+0,78	30.61	1:05.59	1:41.59	2:15.87
9. Ferrie van Ingen	De Gelenberg	199001335	2:16.69	+0,89	30.76	1:05.24	1:41.26	2:16.69
10. Patrick de Jonge	ZPC Woerden	198906635	2:25.86	+0,83	31.98	1:08.67	1:48.35	2:25.86
11. Peter Schelvis	LINK	198906671	2:28.51	+0,98	33.88	1:11.03	1:49.87	2:28.51
12. Stefan Oostendorp	AZC	199005615	2:29.24	+0,88	33.56	1:10.83	1:50.66	2:29.24
AFGEM Florian Edelenbosch	De Krabben	199206673						

Programmanr. 27, Heren, 200m vrije slag

Masters 30+

1. Alex Schelvis	LINK	198702927	1:56.77	+0,77	26.77	56.14	1:26.35	1:56.77
<i>Kampioenschaps Record</i>								
2. Erik Schröder	TriVia	198402025	1:59.70	+0,77	27.52	57.83	1:28.91	1:59.70
3. Federico Cappello	Swimming Luxembourg	9598	2:04.45	+0,74	28.37	59.98	1:32.43	2:04.45
<i>Luxembourg MR</i>								
4. Jim Geestman	RSW (SG)	198300699	2:06.32	+0,68	28.60	59.95	1:32.93	2:06.32
5. Kristiaan Lenos	LZ 1886	198301331	2:07.13	+0,73	27.62	58.76	1:31.97	2:07.13
6. Rick de Greef	Budel	198400749	2:08.44	+0,67	28.82	1:02.01	1:35.74	2:08.44
7. Roel van der Kruijs	De Gelsenberg	198501491	2:13.70	+0,67	30.93	1:05.07	1:40.18	2:13.70
8. Pascal van Haren	Van Vliet-Barracuda	198704101	2:13.78	+0,67	29.40	1:02.91	1:38.23	2:13.78
9. Ferry Blangé	ZOB'66	198300185	2:15.91	+0,75	29.12	1:02.08	1:38.12	2:15.91
10. Renan Bernard	Liège Atlas SC		2:16.40	+0,75	30.97	1:04.51	1:39.95	2:16.40
11. Hugo de Wit	MZ&PC	198302915	2:20.84	+0,88	32.46	1:07.18	1:43.73	2:20.84
12. Dennis Kraakman	DAW	198705325	2:23.43	+0,71	32.08	1:08.63	1:46.93	2:23.43
13. Sebastiaan Baars	WS Twente	198300053	2:30.81	+0,97	33.94	1:11.90	1:51.28	2:30.81
14. Rudi Butselaar	GoSwim	198700577	2:33.20	+0,73	34.81	1:12.77	1:52.51	2:33.20

Masters 35+

1. Dennis Brouwers	HZPC	197800167	2:06.66	+0,79	29.47	1:01.81	1:34.25	2:06.66
2. Mark Zwart	Zwemlust-den Hommel	197901461	2:08.53	+0,83	29.40	1:01.92	1:35.36	2:08.53
3. Freddie Geerlings	NIMO	197900379	2:11.68	+0,81	30.69	1:03.99	1:38.48	2:11.68
4. Victor Barnar	GoSwim	197801805	2:11.74	+0,75	29.98	1:02.96	1:37.01	2:11.74
5. Erik Drost	PSV	197901491	2:22.92	+0,87	31.37	1:07.36	1:45.20	2:22.92
AFGEM Stefan Hoess	Swimming Luxembourg	8717						
AFGEM Marcel Reefhuis	WS Twente	198101381						

Masters 40+

1. Ivo Roozeboom	WVZ	197700801	2:04.54	+0,76	28.05	59.77	1:32.12	2:04.54
2. John Cobussen	De Gelsenberg	197501323	2:08.02	+0,73	28.75	1:00.75	1:34.34	2:08.02
3. Bas Broekhuis	MZ&PC	197601561	2:15.98	+0,88	30.72	1:04.38	1:39.65	2:15.98
4. Raymond Oosterbaan	WIDEX GZC DONK	197700711	2:16.04	+0,83	30.82	1:05.05	1:40.59	2:16.04
5. John Mills	PSV	197601319	2:36.91	+0,97	35.56	1:14.69	1:55.32	2:36.91
6. Mohamed Abou Gebba	CNSW	005045/75	2:45.14	+0,80	36.75	1:18.82	2:02.32	2:45.14
AFGEM Arjan Aalbers	Swol 1894	197500001						

Masters 45+

1. Glen le Clercq	De Rog	196800177	2:06.70	+0,71	29.69	1:03.02	1:34.34	2:06.70
2. Pieter van Gemen	DAW	196901779	2:07.03	+0,72	29.71	1:01.30	1:34.33	2:07.03
3. J. van den Berg	WVZ	196801575	2:13.30	+0,57	29.97	1:03.75	1:38.56	2:13.30
4. Frank v Nobelen	Sassenheim	196900753	2:18.43	+0,84	31.59	1:06.33	1:42.18	2:18.43
5. Jeroen Kort	DAW	196801543	2:22.20	+0,84	32.88	1:08.80	1:46.54	2:22.20
6. Harold Brouwer	De Gelsenberg	197201569	2:24.18	+0,93	32.17	1:08.31	1:45.99	2:24.18
7. Chris Kouwenhoven	De Spatters	197101669	2:29.60	+0,91	33.21	1:11.68	1:51.15	2:29.60
8. Ingmar de Gelder	ZOB'66	197000333	2:30.96	+0,83	33.68	1:11.23	1:51.55	2:30.96
9. Ramon Alsina Munoz	CNSW	002552/69	2:42.13	+0,93	37.07	1:17.26	1:59.14	2:42.13
10. E. van Nijmweegen	Budel	197001635	2:54.01	+0,87	37.22	1:19.48	2:05.90	2:54.01
11. Bas van Gool	De Geul	197201435	2:54.21	+0,82	37.71	1:21.68	2:07.73	2:54.21

Masters 50+

1. Erlend Alstad	IL Varg		2:05.47	+0,77	29.37	1:00.73	1:33.43	2:05.47
2. Geert Wijn	De Gelsenberg	196701101	2:12.22	+0,64	30.46	1:05.02	1:39.43	2:12.22
3. Aleksei Trusov	Sprut	018029	2:13.66	+0,73	30.57	1:03.87	1:38.49	2:13.66
4. Rene de Boer	DAW	196400087	2:17.05	+0,79	31.48	1:06.17	1:41.96	2:17.05
5. Phil Trethewie	Den Doorn	196501315	2:18.17	+0,76	32.78	1:08.12	1:44.22	2:18.17
6. Arthur van Strien	WVZ	196301401	2:19.14	+0,92	30.68	1:05.14	1:41.97	2:19.14
7. Gert Sikkema	ZIGNEA	196300687	2:19.20	+0,78	32.14	1:07.62	1:44.23	2:19.20
8. Andy Feyen	Zwemclub Iloka Kapellen	11002/67	2:22.23	+0,89	32.14	1:08.18	1:45.67	2:22.23
9. Henri Michels	De Amstel	196501587	2:22.32	+0,86	32.85	1:08.88	1:45.89	2:22.32

Programmanr. 27, Heren, 200m vrije slag, Masters 50+

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
10. Otto Jansen	LZ 1886	196501403	2:23.54	+0,83		32.37	1:07.79	1:45.64	2:23.54
11. John Hardeman	De Fuut	196601615	2:26.52	+1,01		33.66	1:10.23	1:48.39	2:26.52
12. Freddy v.d. Veen	ZVVS	196601161	2:28.01	+1,05		33.16	1:10.15	1:49.38	2:28.01
13. Fred Dijkshoorn	Zwemvereniging Westland	196501539	2:29.67	+0,73		33.55	1:11.21	1:50.44	2:29.67
14. Erik Saan	De Duck	196500769	2:35.40	+0,97		33.02	1:12.96	1:55.41	2:35.40
15. Roy le Clercq	De Rog	196401041	2:35.71	+0,92		35.75	1:15.67	1:54.98	2:35.71
16. Casper Dollekamp	Steenwijk 1934	196301341	2:38.95	+0,77		36.19	1:16.50	1:58.79	2:38.95
17. Jan Smalheer	SCOM	196400701	2:43.71	+0,97		37.52	1:18.64	2:01.76	2:43.71
AFGEM Hein Ardenoy	BZK	11031/65							
AFGEM Meindert Tuinstra	H2Oldambt	196600853							

Masters 55+

1. Johan Remmits	ZPC Woerden	196201159	2:07.73	+0,82		29.89	1:02.49	1:35.40	2:07.73
2. Marten de Groot	HZ&PC Heerenveen	195800149	2:09.30	+0,79		29.42	1:02.30	1:35.87	2:09.30
3. Lionel Godeaux	CNSW	000217/60	2:18.90	+0,68		29.61	1:04.46	1:41.62	2:18.90
4. Rob Spetter	De Rog	196201239	2:18.97	+0,50		31.87	1:06.76	1:42.57	2:18.97
5. Robin Prins	De Geul	196200515	2:28.51	+0,82		33.48	1:11.50	1:50.66	2:28.51
6. Bart van Calker	WS Twente	196100067	2:40.39	+0,91		36.59	1:17.29	1:59.38	2:40.39

Masters 60+

1. Henk Slomp	De Inktvis	195500359	2:35.08	+0,84		34.37	1:13.70	1:55.17	2:35.08
2. Jos Zentjens	Budel	195700569	2:45.07	+1,00		36.94	1:17.79	2:02.03	2:45.07
3. Laurens Klein Breteler	WWV	195400109	2:47.23	+0,96		37.10	1:20.30	2:04.98	2:47.23
4. Wim Scherpenisse	UZSC	195500447	2:50.24	+1,14		37.29	1:20.38	2:05.45	2:50.24
5. Achille Sinner	Swimming Luxembourg	94	3:32.17	+0,85		46.19	1:40.29	2:36.00	3:32.17

Luxembourg MR

Masters 65+

1. Wout Hemmes	De Plons	194800059	2:45.39	+0,89		37.07	1:18.80	2:02.88	2:45.39
2. Jos Kamps	Zwemvereniging Hoogland	195100085	2:53.77	+0,92		39.42	1:22.26	2:09.66	2:53.77
3. Ludwig Lorenz	SG Gladbeck/Recklinghauser	127866	3:04.62	+1,04		44.52	1:31.52	2:19.84	3:04.62
4. Paul Corti	Swimming Luxembourg	10225	3:05.54	+0,96		38.92	1:26.10	2:16.35	3:05.54

Luxembourg MR

AFGEM Hilbert Prins OEZA 195100223

Masters 70+

1. Willem Putter	ZVVS	194500135	3:02.36	+1,16		40.43	1:26.70	2:16.39	3:02.36
2. Viktoras Snieska	Kauno Takas		3:03.73	+1,01		42.02	1:28.45	2:16.80	3:03.73
	Lithuanian MR								
3. Pieter Schillemans	WZ&PC Purmerend	194600141	3:05.61	+0,92		39.99	1:25.13	2:14.33	3:05.61

Masters 75+

1. F. De Bruijn	CN Aquamasters	0X0345415	3:03.21	+1,01		42.40	1:28.60	2:16.22	3:03.21
2. Geza Kaltenecker	AZC	194200065	3:14.69	+0,85		40.96	1:31.18	2:23.07	3:14.69

Masters 80+

1. Gregor Pompen	Aqua-Novio'94	193700021	3:36.38	+1,01		48.37	1:41.60	2:37.45	3:36.38
	Nederlands Masters Record								
2. Bob Berg	PSV	193300011	3:58.56	+1,25		52.13	1:51.93	2:57.48	3:58.56

Programmanr. 27, Heren, 200m vrije slag

Masters 85+

1. Klaas Prins	Steenwijk 1934	192800001	6:01.26	+1,04	1:17.40	2:50.27	4:28.19	6:01.26
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Programmanr. 28
21-01-2017 - 17:16

Dames, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT IPC	50m	100m
Masters 20+						
1. Zoë van der Aart	ZPCH	1:05.64 199503152	1:04.79	+0,76	29.97	1:04.79
2. Fenna de Groot	De Kempvis	1:06.17 199701796	1:06.52	+0,64	30.74	1:06.52
3. Maud Hoofs	The Hague Swimming (SG)	1:05.77 199501206	1:06.86	+0,69	31.30	1:06.86
4. Lianne Molkenboer	EZC	1:08.60 199602034	1:09.15	+0,78	31.33	1:09.15
5. Evy Ulijn	Arethusa	1:06.93 199604100	1:09.18	+0,77	31.63	1:09.18
6. Dominique Duesman	LINK	1:09.58 199603560	1:11.36	+0,73	31.77	1:11.36
7. Melissa van der Heijden	Van Vliet-Barracuda	1:10.13 199605226	1:11.41	+0,77	33.59	1:11.41
8. Maïke Korthout	TRB-RES	1:09.70 199406034	1:13.63	+0,64	33.74	1:13.63
9. Giulia Rolloos	Van Vliet-Barracuda	1:12.67 199500946	1:14.07	+0,85	34.23	1:14.07
10. Chantal van der Horst	De Meer	1:15.19 199400616	1:15.61	+0,81	35.84	1:15.61
11. Josine van Ballegooijen	De Meer	1:18.08 199703310	1:19.84	+0,75	35.34	1:19.84
12. Rebecca van Eeren	SCOM	1:22.37 199306910	1:29.71	+0,84	39.54	1:29.71

Masters 25+

1. Cora van Dorst	De Krabben	1:06.65 199106218	1:04.97	+0,52	30.09	1:04.97
2. Stéphanie Bergsma	Dedemsvaart-AC	1:06.48 199203374	1:06.48	+0,67	30.94	1:06.48
3. Jolanda Post	DIO	1:07.59 199004848	1:07.59	+0,69	31.00	1:07.59
4. Merel van der Kieft	EZC	1:08.95 199200920	1:09.74	+0,66	31.41	1:09.74
5. Fanny Koenig	CNSW	1:11.28 003083/89	1:09.78	+0,71	32.75	1:09.78
6. Monique Lindenberg	De Bevelanders	1:07.99 199002360	1:09.98	+0,78	32.32	1:09.98
7. Fraukje Puts	HZ&PC Heerenveen	1:10.24 199206470	1:11.38	+0,81	33.16	1:11.38
8. Karin Verbeek	Nautilus	1:12.08 199201848	1:12.44	+0,68	33.58	1:12.44
9. D. van den Hoogenband	Nuenen	1:15.17 199001558	1:13.57	+0,86	34.03	1:13.57
10. Wendy de Bruin	ZOB'66	1:11.71 199206320	1:14.08	+0,66	33.57	1:14.08
11. Ilse van den Wijngaard	ZPC Woerden	1:14.76 198904736	1:15.22	+0,76	34.71	1:15.22
12. Karin Simons	WZK Zwemmen	1:10.73 198903804	1:16.76	+0,81	34.26	1:16.76
13. Christa Stam	RSW (SG)	1:21.18 198806790	1:17.75	+0,80	34.60	1:17.75
14. Tamara Caspers	LZ 1886	1:12.69 199007272	1:18.18	+0,84	34.54	1:18.18
15. Kelly Bockting	Montferland	1:22.39 199104050	1:26.15	+0,79	39.16	1:26.15
16. Anne Aarts	Albion d'ELFT (SG)	1:24.56 199207942	1:26.47	+0,77	37.73	1:26.47
AFGEM Marlijn Hendriksen	Arethusa	1:04.30 198806828				
NG Rebecca Evers	ZOB'66	1:17.84 199207916				
NG Lindsey Hol	De Meer	1:20.02 199008088				
NG Jose Janssen	Mosa-Regio	1:16.45 198907324				

Masters 30+

1. Charlotte Groeneveld	UZSC	1:08.29 198701404	1:06.89	+0,82	31.11	1:06.89
2. Maaïke van Diggele	ZPB H&L Productions	1:11.87 198700868	1:11.01	+0,87	32.46	1:11.01
3. Nienke van Stipriaan	PSV	1:14.29 198703970	1:13.61	+0,91	34.83	1:13.61
4. Ramona Linting	AZC	1:14.09 198301274	1:15.74	+0,86	35.80	1:15.74
5. Liesbeth van Mill	DWK	1:17.77 198702786	1:17.28	+0,87	35.70	1:17.28
6. Elles van Leeuwen	PSV	1:17.88 198602240	1:17.65	+0,87	34.94	1:17.65
7. Denise de Riet	ZZ&PC De Devel	1:26.58 198402040	1:21.96	+0,97	37.53	1:21.96
8. Marloes Rebel	WS Twente	1:44.04 198403474	1:48.21	+1,06	49.51	1:48.21
AFGEM Liset de Veer	Aqua-Novio'94	1:17.84 198704190				

Programmanr. 28, Dames, 100m vlinderslag

Masters 35+

1. Delia Badoux	WVZ	1:07.23	198000042	1:06.47	+0,69	30.77	1:06.47
<i>Nederlands Masters Record</i>							
2. Roos van Esch	Albion d'ELFT (SG)	1:08.59	198200468	1:09.58	+0,80	32.78	1:09.58
3. Anna Duda	RMKS Rybnik	1:12.67		1:09.81	+0,74	32.77	1:09.81
4. Chantal Verhoeff	Old Dutch	1:13.70	197900912	1:16.66	+0,92	35.33	1:16.66

Masters 40+

1. Meritxell Gonfaus Brunet	CN Aquamasters	1:11.52	046062735	1:10.80	+0,72	33.04	1:10.80
2. Olivia Lorton	Swimming Luxembourg	1:14.65	9981	1:12.59	+0,68	33.89	1:12.59
<i>Luxembourg MR</i>							
3. Ilona Hogerheyde	DAW	1:17.17	197400224	1:16.98	+0,79	34.89	1:16.98
4. Mirjan den Drijver-Aarse	Zwemvereniging Westland	1:18.33	197500884	1:17.42	+0,92	35.29	1:17.42
5. Sandra Peeters-Wiermans	De Rog	1:21.50	197401032	1:20.94	+0,67	36.88	1:20.94
6. Esther Vergeest	De Rog	1:24.12	197700012	1:23.49	+0,81	39.81	1:23.49

Masters 45+

1. Jeanne Petit	De Dinkel	1:10.69	197001020	1:10.01	+0,72	32.33	1:10.01
<i>Nederlands Masters Record</i>							
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	1:16.55	197000054	1:15.25	+0,94	34.90	1:15.25
3. Marjo Goelema-Koek	De Biesboschzimmers	1:18.15	196900192	1:16.68	+0,74	35.12	1:16.68
4. Wanda Derckx-Weusten	ZEPS	1:17.18	197200624	1:18.52	+0,69	35.30	1:18.52
5. Eline Overeem	Zwemlust-den Hommel	1:20.47	197101048	1:19.08	+0,90	37.01	1:19.08
6. Nathasja Konijn	WIDEX GZC DONK	1:33.25	197100992	1:30.43	+0,82	40.60	1:30.43
7. Marianne Delmee	CNSW	1:35.26	005587/72	1:32.78	+0,91	43.28	1:32.78
NG Yvette Ratering	De Ward	1:21.84	197200990				

Masters 50+

1. Katrien Delaender	BZK	1:11.46	20525/66	1:10.68	+0,75	33.12	1:10.68
<i>Kampioenschaps Record, Belgisch MR</i>							
2. Allie Price	Cardiff Masters	1:12.77	547582	1:14.79	+0,76	35.00	1:14.79
3. Marjan Remmits	ZPC Woerden	1:14.86	196300518	1:16.41	+0,63	35.09	1:16.41
4. Teodora König	TSV Vorhalle	1:20.76	075148	1:20.89	+0,69	37.63	1:20.89
5. Caroline Schreuder	Triton	1:23.17	196700550	1:27.07	+0,82	38.74	1:27.07
6. Susanne Prins-Molenwijk	De Geul	1:26.73	196600284	1:29.62	+0,84	39.88	1:29.62
7. Sandra Hoofs-Buil	The Hague Swimming (SG)	1:29.27	196600678	1:31.90	+0,89	43.59	1:31.90
8. Anita Steijger	WVZ	1:42.69	196500628	1:36.80	+1,09	44.95	1:36.80
9. K. van Nassau van den Heu	Old Dutch	1:31.11	196600188	1:37.54	+0,88	43.21	1:37.54
10. Loreta Kabasinskiene	Kauno Takas	1:33.60		1:51.63	+1,06	53.19	1:51.63

Masters 55+

1. Karlyn Pipes	Palm Beach Masters	1:10.95	507M02BPY	1:08.15	+0,78	31.84	1:08.15
<i>Wereld Masters Record</i>							
2. Inge Wolfs	PLONS	1:22.57	196000304	1:23.84	+0,88	38.10	1:23.84
3. Hannie Poletiek	TriVia	1:47.76	195900278	1:45.55	+1,01	46.25	1:45.55
4. Lia Bijkerk	WIDEX GZC DONK	1:50.80	196000014	1:51.50	+0,85	49.87	1:51.50
AFGEM Margriet Grove-Lingeman	Oceanus	1:20.62	196200080				

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	1:24.81	195600048	1:23.74	+0,79	38.27	1:23.74
<i>Nederlands Masters Record</i>							
2. Claire Anthony	CNSW	1:25.37	001353/57	1:27.79	+0,79	38.93	1:27.79
<i>Belgisch MR</i>							
NG.ZA Carla Hensen	PSV	1:38.24	195300062				

Programmanr. 28, Dames, 100m vlinderslag

Masters 65+

1. Christien Nieuwenhuis	Swol 1894	1:32.27	195100022	1:27.42	+0,73	39.24	1:27.42
<i>Nederlands Masters Record</i>							
2. Antoinette Gilding-Tussaud	WS Twente	2:06.49	195000038	2:07.23	+1,15	58.04	2:07.23

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Heren, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
Masters 20+							
1. Marcel Groen	Nova	58.86	199700239	58.56	+0,68	26.73	58.56
2. Maurice Soudant	MZ&PC	58.90	199302125	59.32	+0,68	27.17	59.32
3. Romero Hennep	Albion d'ELFT (SG)	1:00.30	199304929	59.41	+0,61	26.76	59.41
4. Nick Sijmons	De Amstel	1:01.23	199500491	1:00.06	+0,55	27.99	1:00.06
5. Lars Schoffelman	ZPB H&L Productions	59.75	199501907	1:00.32	+0,76	27.40	1:00.32
6. Floyd van Duyvenbode	De Kempvis	1:01.16	199600357	1:01.20	+0,72	28.48	1:01.20
7. Robin van Beek	LZ 1886	1:00.89	199704023	1:02.78	+0,66	29.10	1:02.78
8. Nordin Termoshuizen	WVZ	1:02.54	199605401	1:03.85	+0,76	29.75	1:03.85
9. Jorden Theijink	ZPC De Hof	1:01.53	199400323	1:04.06	+0,76	29.16	1:04.06
10. Diederick Schothans	De Veene	1:05.98	199703185	1:05.03	+0,77	29.72	1:05.03
11. Ruben Koek	DWK	1:04.87	199701187	1:05.42	+0,74	29.63	1:05.42
12. Jesper Honken	Nova	1:07.45	199600085	1:06.48	+0,81	30.71	1:06.48
13. Thijs van den End	ZPC Woerden	1:05.88	199306803	1:06.74	+0,90 688	30.84	1:06.74
14. Emiel van Beusekom	Van Vliet-Barracuda	59.48	199403951	1:06.85	+0,78	30.71	1:06.85
15. Jordy Jongenelen	ZC Aquadream	1:05.57	199504995	1:07.39	+0,61	31.03	1:07.39
16. Hans Stoffers	Triton Putten	1:07.65	199604027	1:07.88	+0,67	31.00	1:07.88
17. Lex Wortman	AZC	1:08.82	199503563	1:09.62	+0,91	32.51	1:09.62
18. Lukas Schouten	AZC	1:16.75	199602515	1:10.73	+0,88	31.41	1:10.73
19. Menno Weustenraad	Mosaqua Gulpen	1:11.89	199505057	1:10.84	+0,87	32.45	1:10.84
20. Joey van der Valk	ZOB'66	1:14.51	199602191	1:12.16	+0,73	32.58	1:12.16
21. Ian van Mullem	ZOB'66	1:16.09	199602545	1:15.44	+0,76	33.94	1:15.44
AFGEM Nick van der Krogt	LZ 1886	1:07.75	199501313				

Masters 25+

1. Kevin Eltink	DWK	56.18	199100589	57.36	+0,77	26.99	57.36
2. Jesper Oranje	De Duck	58.85	199200997	59.04	+0,74	26.82	59.04
3. Mathijs van der Logt	DIO	1:05.22	199105561	1:01.74	+0,78	27.93	1:01.74
4. Ruben Stolk	ZPB H&L Productions	1:04.93	199005665	1:03.93	+0,79	29.44	1:03.93
5. Maik Steenkamp	Montferland	1:04.08	199103847	1:06.46	+0,75	30.67	1:06.46
6. Stefan Kwant	Nova	1:06.81	199200781	1:06.56	+0,68	30.34	1:06.56
7. Rens Post	WVZ	1:06.86	199101827	1:06.77	+0,72	30.20	1:06.77
8. Daan van Erp	PSV	1:09.26	198903833	1:10.85	+0,80	32.16	1:10.85
9. Jeffrey van 't Schip	De Amstel	1:09.59	199102035	1:12.31	+0,82	32.81	1:12.31
10. Patrick Holthuisen	Albion d'ELFT (SG)	1:16.65	199107681	1:17.08	+0,73	34.14	1:17.08

Masters 30+

1. Alex Schelvis	LINK	57.69	198702927	58.04	+0,77	27.03	58.04
<i>Kampioenschappen Record</i>							
2. Rick Driezen	Steenwijk 1934	1:00.43	198600713	1:00.87	+0,90	28.40	1:00.87
3. Bart Drechsel	WZK Zwemmen	1:02.67	198604135	1:03.46	+0,77	29.15	1:03.46
4. Pieter Pickhardt	ZPC De Hof	1:03.28	198301657	1:03.74	+0,80	29.72	1:03.74
5. Bastian Zoon	SGGO (SG)	1:03.20	198703929	1:04.26	+0,68	29.50	1:04.26
6. Thommy Nickel	ZPC Woerden	1:05.13	198401627	1:05.65	+0,76	30.65	1:05.65
7. Frank van der Voordt	SGGO (SG)	1:06.11	198302259	1:08.96	+0,71	31.71	1:08.96
8. Peter van de Bor	DWT	1:13.59	198402897	1:10.61	+0,77	31.61	1:10.61

Programmanr. 29, Heren, 100m vlinderslag

Masters 35+

1. Erwin Buist	ZPC AMERSFOORT	1:11.15	197800183	1:02.20	+0,77	28.52	1:02.20
2. Lauren Vis	Steenwijk 1934	1:00.96	198201883	1:02.49	+0,65	27.70	1:02.49
3. Mark van der Schrier	BZ&PC	1:08.76	197800951	1:08.43	+0,89	31.71	1:08.43
4. Kars Luttk	DAW	1:07.79	197800675	1:10.59	+0,75	32.32	1:10.59
5. Michel Wigbers	DWT	1:12.62	198001743	1:13.43	+0,89	34.32	1:13.43
6. Ingmar Kooman	LZ 1886	1:16.70	197901517	1:15.08	+0,81	34.75	1:15.08
7. Rob van Wanrooy	Gay Swim Amsterdam	1:13.85	198202627	1:15.13	+0,67	34.46	1:15.13

Masters 40+

1. Frédéric Tonus <i>Belgisch MR</i>	Liège Natation	59.43	003911/73	59.42	+0,73	28.13	59.42
2. Kelvin Isselt	RZ	1:03.72	197601119	1:03.29	+0,80	29.80	1:03.29
3. Patrick Roozeboom	WS Twente	1:05.84	197701643	1:05.35	+0,86	30.00	1:05.35
4. Markus van Rest	WVZ	1:04.53	197701197	1:06.08	+0,79	30.47	1:06.08
5. Alex Damen	DAW	1:07.08	197501371	1:08.17	+0,81	31.06	1:08.17
6. Kees Bakker	Gay Swim Amsterdam	1:11.91	197501055	1:09.16	+0,57	32.29	1:09.16
7. Machiel Stolk	Swol 1894	1:08.37	197400779	1:10.71	+0,92	33.32	1:10.71
8. Roger Flinterman	WVZ	1:14.16	197601261	1:13.61	+0,95	33.64	1:13.61
NG.ZA Mohamed Abou Gebba	CNSW	1:27.41	005045/75				
AFGEM Jeroen Zelsmann	Upstream Amsterdam	1:04.87	197701551				

Masters 45+

1. Vladislav Bragin <i>Kampioenschappen Record, Czech MR</i>	Swimmpower Prague	1:01.92	15009	59.82	+0,73	27.40	59.82
2. Antwan van Engen	De Ward	1:04.89	197101577	1:05.10	+0,78	30.34	1:05.10
3. Richard Rickson	NIMO	1:07.95	197000841	1:08.70	+0,83	31.83	1:08.70
4. René Beetsma	HZ&PC Heerenveen	1:07.10	196900069	1:09.06	+0,81	31.28	1:09.06
5. Frank v Nobelen	Sassenheim	1:09.35	196900753	1:11.84	+0,80	33.54	1:11.84
6. Arvydas Burinskas	Kauno Takas	1:11.99		1:12.87	+0,78	34.52	1:12.87
7. Christian Dackus	MZ&PC	1:14.10	197201577	1:15.93	+0,72	33.95	1:15.93
8. Hans Schoenmakers	DAW	1:16.08	196900863	1:16.74	+0,89	35.47	1:16.74
9. Marcel Brittijn	De Duinkickers	1:25.52	196900159	1:34.28	+0,64	43.80	1:34.28
10. Bas van Gool	De Geul	1:38.61	197201435	1:43.29	+0,85	45.12	1:43.29

Masters 50+

1. Gijsbert van der Leden	PSV	1:04.67	196700597	1:05.96	+0,89	31.05	1:05.96
2. John Hardeman	De Fuut	1:16.66	196601615	1:08.66	+0,90	32.29	1:08.66
3. Stefan Holmstrom	DAW	1:12.68	196701671	1:11.19	+0,77	33.32	1:11.19
4. Hans Vloedgraven	Old Dutch	1:12.68	196400917	1:12.20	+0,89	34.15	1:12.20
5. Paul Wijnja	De Biesboschzwemmers	1:15.90	196301403	1:12.98	+0,74	32.61	1:12.98
6. Harald Mulder	WVZ	1:15.91	196701459	1:17.82	+0,85	36.97	1:17.82
7. Wilbert Barten	Nautilus	1:21.35	196401373	1:21.84	+0,86	36.93	1:21.84
8. Erik Saan	De Duck	1:25.45	196500769	1:22.61	+1,05	34.66	1:22.61
9. Andy Feyen	Zwemclub Iloka Kapellen	1:23.06	11002/67	1:26.32	+0,85	37.89	1:26.32

Masters 55+

1. Hugo Bregman	Albion d'ELFT (SG)	1:01.26	195800069	1:01.93	+0,70	29.25	1:01.93
2. Johan Remmits	ZPC Woerden	1:06.08	196201159	1:06.02	+0,81	31.09	1:06.02
3. Marten de Groot	HZ&PC Heerenveen	1:07.70	195800149	1:08.36	+0,80	32.08	1:08.36
4. Fred Ketting	PSV	1:09.40	196000289	1:09.73	+0,87	32.05	1:09.73
5. Henk Kuipers	UZSC	1:24.30	196201207	1:19.93	+0,65	38.06	1:19.93

Masters 60+

1. Paul Bunnik	Triton	1:18.61	195600413	1:19.73	+0,97	36.52	1:19.73
2. Michaël Gouweloos	MZ&PC	1:21.34	195400377	1:23.52	+1,05	37.27	1:23.52

Programmanr. 29, Heren, 100m vlinderslag
Masters 65+

1. Brend Brevé	PSV	1:13.11	195200265	1:15.28	+0,85	33.82	1:15.28
<i>Nederlands Masters Record</i>							
2. Péter Gulyás	Budapesti Delfinek	1:19.32		1:22.18	+0,82	36.59	1:22.18

**Programmanr. 30
21-01-2017 - 17:58**
4 x 50m wisselslag
**Masters Open
Resultaten**

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+, Dames					
1. Merlet 3	Merlet	2:16.11		2:21.27	+0,75
Hilde Grondhout	96 +0,75	36.21	Hildy Siroen	95 +0,50	36.50
Kim Loeffen	94 +0,26	36.68	Merel Siroen	88 +0,50	31.88
2. De Geul 1	De Geul	2:27.18		2:30.60	+0,72
Carmen Muilwijk	95 +0,72	36.15	Senna van Dongen	91 +0,26	36.53
Chadassa Mannee	95 +0,78	44.14	Claudia de Win	91 +0,52	33.78
80+, Heren					
1. De Kempvis 1	De Kempvis	1:59.06		1:54.45	+0,72
Dennis Doove	92 +0,72	29.99	Floyd van Duyvenbode	96 +0,41	27.05
Erik Wegman	92 +0,14	32.79	Jordi van der Weel	96 +0,34	24.62
2. Merlet 1	Merlet	1:54.52		1:55.65	+0,65
Dieder Schuurmans	95 +0,65	29.25	Bas Berndes	89 +0,48	28.83
Teun Strijbosch	96 +0,34	32.29	Jelte Schuurmans	91 +0,24	25.28
3. De Duinkickers 1	De Duinkickers	2:12.80		2:12.94	+0,72
Jeffrey Roest	97 +0,72	31.75	Sven van Zanten	90 +0,28	31.16
Tim de Zoete	97 +0,52	39.28	Ruben de Boer	93 +0,33	30.75
80+, Gemengd					
1. DIO 1	DIO	1:59.02		1:59.32	+0,64
Mathijs van der Logt	91 +0,64	27.69	Whitney van Hoeckel	94 +0,51	33.06
Martino Valentijn	94 +0,41	31.38	Jolanda Post	90 +0,50	27.19
2. Nova 1	Nova	2:01.13		2:00.34	+0,65
Janine de Groot	95 +0,65	33.10	Marcel Groen	97 +0,51	25.84
Karin Groen	95 +0,34	34.98	Jesper Honken	96 +0,43	26.42
3. ZPC Woerden 2	ZPC Woerden	2:04.42		2:04.13	+0,75
Ilse van den Wijngaard	89 +0,75	33.94	Thijs van den End	93 +0,67	29.12
Nils Hullegien	97 +0,43	31.95	Mandy Verbakel	90 +0,37	29.12
4. Van Vliet-Barracuda 1	Van Vliet-Barracuda	2:04.71		2:05.80	+0,65
Giulia Rolloos	95 +0,65	35.56	Emiel van Beusekom	94 +0,48	27.60
Melissa van der Heijden	96 +0,38	37.74	Pascal van Haren	87 +0,19	24.90
5. ZC Aquadream 1	ZC Aquadream	2:04.79		2:07.24	+0,69
Valerie Jongenelen	97 +0,69	33.79	Mariëtte Bulman	95 +0,26	34.07
Jordy Jongenelen	95 +0,22	34.18	Vincent Dermaux	96 +0,20	25.20
6. ZPB H&L Productions 1	ZPB H&L Productions	2:09.56		2:10.10	+0,65
Linda Janssen	88 +0,65	36.73	Lars Schoffmeier	95 +0,25	27.18
Aylin van Uffelen	96 +0,67	39.03	Ruben Stolk	90 +0,55	27.16
7. De Veene 1	De Veene	2:10.01		2:11.95	+0,66
Susan de Vries	97 +0,66	35.42	Wessel Everloo	89 +0,33	30.93
Diederick Schothans	97 +0,40	34.95	Diana Lammers	89 +0,34	30.65
AFGEM LINK 1	LINK	2:07.30			

Programmanr. 30, 4 x 50m wisselslag

100+, Dames

AFGEM	1.	De Meer 1	De Meer	2:19.07		2:19.49	+0,72		
		Christa Verploeg	74	+0,72	38.58	Josine van Ballegooijen	97	+0,41	34.45
		Chantal van der Horst	94	+0,81	37.11	Eline van Gemert	95	+0,38	29.35
	2.	Budel 1	Budel	2:36.23		2:34.99	+0,76		
		Elly Scheepers	91	+0,76	40.06	Carola Hompes	88	+0,28	36.69
		Ingrid Noten	85	+0,56	44.52	Bregje Kauffmann	86	+0,62	33.72
	CNSW 1	CNSW	2:21.72						

100+, Heren

1.	SGGO (SG) 1	SGGO (SG)	2:02.93			2:03.94	+0,79	
	Ramon van Huizen	94	+0,79	32.16	Frank van der Voordt	83	+0,65	30.73
	Bastian Zoon	87	+0,29	33.87	Niels Albrechts	88	+0,50	27.18
2.	Merlet 2	Merlet	2:09.30			2:08.88	+0,71	
	Joppe Schuurmans	89	+0,71	30.79	Mark Effing	86	+0,44	30.28
	Rens Mahler	92	+0,39	41.01	Ronald Vullings	87	+0,17	26.80

100+, Gemengd

1.	Steenwijk 1934 1	Steenwijk 1934	2:00.81	2:00.98	+0,76	
	Lauren Vis	82 +0,76	29.55	Rick Driezen	86 +0,66	27.92
	Leandra Vedder	96 +0,53	34.97	Nanda de Vries	92 +0,31	28.54
2.	Albion d'ELFT (SG) 2	Albion d'ELFT (SG)	2:01.89	2:02.43	+0,75	
	Roos van Esch	82 +0,75	32.91	Anne Aarts	92 +0,49	36.00
	Romero Hennep	93 +0,29	28.95	Roderik Meijers	86 +0,23	24.57
3.	WZK Zwemmen 1	WZK Zwemmen	2:03.73	2:04.00	+0,79	
	Michelle Bellekom	96 +0,79	33.62	Karin Simons	89 +0,65	32.59
	Bart Drechsel	86 +0,32	32.09	Alex Vermeulen	89 +0,35	25.70
4.	WVZ 3	WVZ	2:06.99	2:04.71	+0,64	
	Vivian de Gier	92 +0,64	37.39	Rens Post	91 +0,35	28.94
	Thomas Kersten	90 +0,27	30.33	Isabelle Massar	91 +0,38	28.05
5.	EZC 1	EZC	2:04.70	2:07.55	+0,57	
	Joël Dam	88 +0,57	31.35	Lianne Molkenboer	96 +0,48	30.41
	Tjeerd Woudstra	88 +0,30	37.85	Merel van der Kieft	92 +0,57	27.94
6.	Montferland 1	Montferland	2:07.06	2:09.43	+0,63	
	Martijn Giezen	85 +0,63	29.27	Kelly Bockting	91 +0,50	36.21
	Maik Steenkamp	91 +0,46	32.48	Angela Giezen	83 +0,48	31.47
7.	ZPC Woerden 3	ZPC Woerden	2:19.35	2:22.52	+0,78	
	Michiel van Vliet	95 +0,78	34.13	Rens Klok	96 +0,54	33.90
	Danielle van Veen	69 +0,55	42.39	Vivian Brak	90 +0,43	32.10
NG	ZOB'66 1	ZOB'66	2:09.56			

120+, Dames

1.	DAW 6	DAW		2:14.68		2:12.35	+0,76	
	Maaike Vooren	91	+0,76	34.00	Ilona Hogerheyde	74	+0,53	33.24
	Laura Badoux	82	+0,46	34.54	Jacqueline Tuin	66	+0,47	30.57
2.	PSV 5	PSV		2:21.87		2:19.70	+0,76	
	Elles van Leeuwen	86	+0,76	36.71	Nienke van Stipriaan	87	+0,37	32.28
	Renee de Kok	84	+0,47	37.82	Rolijn van Vught	90	+0,44	32.89
3.	Zwemlust-den Hommel 1	Zwemlust-den Hommel		2:25.80		2:20.31	+0,67	
	Eline Schoenmaker	90	+0,67	36.11	Eline Overeem	71	+0,43	35.47
	Danielle Vermeulen	91	+0,07	36.92	Inge Hornis	79	+0,37	31.81
4.	ESCA Zwemmen 1	ESCA Zwemmen		2:24.38		2:21.70	+0,80	
	Kiona Peters	89	+0,80	36.47	Jepke van der Werf	82	+0,54	33.22
	Ijla Janssen	81	+0,43	38.96	Karin van der Star-Verhoeven	61	+0,11	33.05
5.	RZ 2	RZ		2:20.88		2:25.77	+0,76	
	Sarina Paulussen	93	+0,76	36.78	Vivian van Kerkwijk	75	+0,68	36.47
	Fiona Meuffels	95	+0,31	37.25	Dianne Nien	71	+0,51	35.27
6.	TRB-RES 1	TRB-RES		2:40.62		2:43.07	+0,74	
	Wendy Hendriks-Verhagen	71	+0,74	43.89	Maïke Korthout	94		49.81
	Ew van Kempen	86	+0,63	28.40	Simone van Iersel	92		40.97

Programmanr. 30, Dames, 4 x 50m wisselslag, 120+

rang		vereniging	inschrijftijd	startnr.	tijd	RT
7.	MZ&PC 2	MZ&PC	2:52.17		2:57.62	+0,94
	Lisa Berlang	91 +0,94	47.66	Hoy Lin Moo	83 +0,38	39.95
	Jacqueline Weijers-Horree	61 +0,71	48.84	Berber Jaquemijns	90 +0,71	41.17
AFGEM	De Geul 3	De Geul	2:33.88			
NG	WZ&PC Purmerend 1	WZ&PC Purmerend	2:12.49			

120+, Heren

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	2:06.40		2:00.00	+0,75
	Rob van Vliet	84 +0,75	31.95	Erwin Buist	78 +0,29	26.79
	Wouter van 't Klooster	88 +0,44	34.25	Paul Hardeman	73 +0,43	27.01
2.	MZ&PC 1	MZ&PC	2:08.37		2:07.44	+0,78
	Bas Broekhuis	76 +0,78	36.14	Maurice Soudant	93 +0,43	25.91
	Christian Dackus	72 +0,42	37.45	Hugo de Wit	83 +0,17	27.94
3.	AZC 3	AZC	2:15.55		2:19.00	+0,75
	Stefan Oostendorp	90 +0,75	36.99	Lex Wortman	95 +0,64	30.82
	Lukas Schouten	96 +0,49	33.95	Geza Kaltenecker	42 +0,59	37.24

120+, Gemengd

1.	WVZ 1	WVZ	2:00.81		2:00.20	+0,77
	Manon van Strien	94 +0,77	33.14	Markus van Rest	77 +0,11	29.05
	Simon van Ravesteijn	80 +0,47	31.38	Nicole Bennis	96 +0,03	26.63
2.	TRB-RES 2	TRB-RES	2:03.75		2:03.79	+0,82
	Edith Janssen-Koolen	73 +0,82	33.66	Manon van Esch	97 +0,48	30.23
	Walter Stielstra	77 +0,54	32.56	Rob Verheul	66 +0,41	27.34
3.	ZVVS 1	ZVVS	2:12.22		2:09.45	+0,85
	Freddy v.d. Veen	66 +0,85	35.14	Nadya Putter	83 +0,49	31.70
	Natalie van der Hoeven	89 +0,38	37.11	Bas v.d. Nouwelant	80 +0,34	25.50
4.	LZ 1886 1	LZ 1886	2:10.35		2:11.25	+0,79
	Tamara Caspers	90 +0,79	35.61	Otto Jansen	65 +0,41	32.67
	Moniek Heemskerck	96 +0,24	37.55	Kristiaan Lenos	83 +0,43	25.42
5.	De IJssel 1	De IJssel	2:13.07		2:13.11	+0,85
	Lieke Godschalk	86 +0,85	37.10	Wijljam Nijenhuis	64 +0,37	30.51
	Arne van Steenberghe	83 +0,45	35.49	Martje Godschalk	90 +0,48	30.01
6.	WVZ 4	WVZ	2:15.18		2:14.53	+0,73
	Roger Flinterman	76 +0,73	32.27	Vincent Lapouge	88 +0,45	29.14
	Petra Verstegen	77 +0,57	41.86	Linda Hoogendam	83 +0,44	31.26
7.	WS Twente 2	WS Twente	2:13.59		2:18.67	+0,76
	Sebastiaan Baars	83 +0,76	36.04	Patrick Roozeboom	77 +0,49	29.32
	Janneke Wynia	90 +0,69	42.98	Annette Reefhuis-de Vries	86 +0,35	30.33
8.	Budel 2	Budel	2:28.05		2:22.34	+0,69
	Rick de Greef	84 +0,69	30.13	Dyon de Greef	82 +0,45	34.45
	Karin Smolders	76 +0,58	42.13	Judith van der Heijden	70 +0,51	35.63
9.	GoSwim 1	GoSwim	2:21.84		2:31.12	+0,79
	Linda Kerkmeester	74 +0,79	49.71	Rudi Butselaar	87 +0,32	32.04
	Tessa Lukassen	87	40.13	Martin van Vaardegem	82 +0,49	29.24
AFGEM	PSV 7	PSV	2:24.59			

160+, Dames

1.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	2:09.16		2:10.63	+0,72
	<i>Nederlands Masters Record</i>					
	Lidia v. Bon-Rosenbrand	70 +0,72	34.95	Iris Pijtak	93 +0,60	31.72
	Larissa Brak	88 +0,42	33.65	Atie Pijtak-Radersma	56 +0,29	30.31
2.	Swimming Luxembourg 2	Swimming Luxembourg	2:23.00		2:24.83	+0,69
	<i>Luxembourg MR</i>					
	Stéphanie Schaeffer	70 +0,69	37.95	Olivia Lorton	74 +0,43	31.50
	Gail Keech	66 +0,29	41.94	Marika Pock	66	33.44
3.	AZC 1	AZC	2:31.45		2:28.13	+0,81
	Monique Munnik	62 +0,81	41.34	Ramona Linting	83 +0,26	31.61
	Mariska Zaal	88 +0,37	40.31	Sandra Daamen-Posma	68 +0,43	34.87

Programmanr. 30, Dames, 4 x 50m wisselslag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
4.	De Rog 3	2:25.44		2:30.77	+0,77
	Esther Vergeest	77 +0,77 41.10	Sandra Peeters-Wiermans	74 +0,48 34.40	
	Arianne Hamakers	67 +0,29 41.23	Catarina Matos	72 +0,73 34.04	
5.	De Geul 2	2:29.80		2:30.94	+0,70
	Susanne Prins-Molenwijk	66 +0,70 39.41	Marjke Campfens	69 +0,45 38.48	
	Aafke Groot	83 +0,48 39.25	Denise van Dongen	71 +0,55 33.80	
6.	Old Dutch 1	2:31.61		2:33.15	+1,24
	Chantal Gerritsen-Driesen	76 +1,24 41.88	Chantal Verhoeff	79 +0,32 32.18	
	Claudia van der Straate de Jong	80 +0,75 42.65	Karin Frederix	69 +0,80 36.44	
7.	De Duinkickers 2	2:47.11		2:37.22	+0,72
	Christine Buist	64 +0,72 41.91	Manouk Ticheler	87 +0,59 37.92	
	Inge Roskam	78 +0,45 39.80	Saskia op den Velde	79 +0,66 37.59	
8.	DWK 2	2:35.66		2:37.27	+0,74
	Ellen van Wingerden-Dijkhuizen	69 +0,74 38.78	Iris van Aurich	69 +0,46 38.20	
	Liesbeth van Mill	87 +0,61 41.78	Greta Wyma-Teitsma	71 +0,71 38.51	
9.	De Rog 4	3:04.00		3:00.49	+0,81
	Patricia Koole-Weijgerse	69 +0,81 46.12	Sandra van der Helm	78 +0,38 44.47	
	Ageeth Westenbrink	67 +0,69 49.60	Monique Scheerman-van Rijn	66 +0,38 40.30	

160+, Heren

1.	Albion d'ELFT (SG) 1	Albion d'ELFT (SG)	1:49.75		1:50.35	+0,76
	<i>Nederlands Masters Record</i>					
	Egbert Stolk	76 +0,76 29.08	Hugo Bregman	58 +0,52 27.74		
	Erik Simons	89 +0,46 29.28	Nol van Thull	80 +0,52 24.25		
2.	PSV 4	PSV	1:56.68		1:56.58	+0,74
	Ronald Smits	78 +0,74 30.95	Gijsbert van der Leden	67 +0,29 29.06		
	Harold Matla	68 +0,39 31.18	Martin Teley	89 +0,29 25.39		
3.	DAW 8	DAW	1:59.98		1:59.56	+0,75
	Alex Damen	75 +0,75 32.11	Pieter van Gemeren	69 +0,27 29.01		
	Joost Hoetjes	78 +0,31 31.55	Kars Luttik	78 +0,25 26.89		
4.	De Gelenberg 1	De Gelenberg	2:00.75		2:00.75	+0,66
	John Cobussen	75 +0,66 31.41	Geert Wijn	67 +0,32 29.92		
	Marcel van Winssen	71 +0,38 32.91	Erik Lamers	75 +0,33 26.51		
5.	RZ 1	RZ	2:05.16		2:04.26	+0,74
	Patrick Creemers	90 +0,74 30.98	Kelvin Isselt	76 +0,28 28.75		
	Ralph Caster	61 +0,30 36.39	Gino Martijn	79 +0,23 28.14		
6.	DWK 1	DWK	2:05.84		2:05.73	+0,73
	Gerco Schakel	69 +0,73 35.27	Martin Kaptein	67 +0,33 30.23		
	Ruben Koek	97 +0,53 30.57	Martijn de Jong	71 +0,38 29.66		
7.	De Gelenberg 2	De Gelenberg	2:12.07		2:11.39	+0,66
	Ferrie van Ingen	90 +0,66 32.95	Harold Brouwer	72 +0,40 33.01		
	Rob Janssen	70 +0,54 35.51	Ron van der Meer	60 +0,53 29.92		
8.	ZOB'66 2	ZOB'66	2:18.71		2:17.93	+0,63
	Ian van Mullem	96 +0,63 35.30	Ferry Blangé	83 +0,40 29.78		
	Dré Klaassen	56 +0,54 43.16	Ingmar de Gelder	70 +0,55 29.69		
9.	MZ&PC 4	MZ&PC	2:30.04		2:21.43	+0,52
	Hugo Mota Prego	80 +0,52 35.11	Michaël Gouweloos	54 +0,59 35.89		
	Rene Weijers	59 +0,70 41.19	Bart Sieczyński	79 +0,46 29.24		

160+, Gemengd

1.	WVZ 2	WVZ	2:03.64		2:02.50	+0,69
	Ivo Roozeboom	77 +0,69 29.67	Delia Badoux	80 +0,28 29.40		
	Jan-Willem van den Berg	68 +0,27 33.23	Yvonne Gerritsen	80 +0,63 30.20		
2.	ZPC Woerden 1	ZPC Woerden	2:02.56		2:03.48	+0,67
	Jamilla van Veen	96 +0,67 30.80	Johan Remmits	62 +0,18 29.08		
	Thommy Nickel	84 +0,47 33.49	Marjan Remmits	63 +0,44 30.11		
3.	Sprut 2	Sprut	1:59.00		2:03.53	+0,78
	Alexandra Bezkravaya	89 +0,78 31.49	Evgeny Ryzhov	78 +0,48 30.99		
	Igor Penchikov	67 +0,63 33.47	Elena Babikova	73 +0,64 27.58		
4.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	2:06.80		2:04.72	+0,74
	Talje Dijkhuis	66 +0,74 38.38	Edwin v. Norden	63 +0,22 27.34		
	Jordan Kraaijenhof	93 +0,25 27.97	Petra Casteleijn	66 +0,60 31.03		

Programmanr. 30, Gemengd, 4 x 50m wisselslag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
5.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	2:06.90	2:07.05	+0,83
	Evelien van Klaarbergen	72 +0,83 34.46	Fraukje Puts	92 +0,57 31.89	
	René Beetsma	69 +0,36 34.05	Marten de Groot	58 +0,22 26.65	
6.	Patrick-De Roersoppers (SG) 2	Patrick-De Roersoppers (SG)	2:14.65	2:13.61	+0,63
	Jeroen Meuleners	78 +0,63 33.29	Ilse Clevers	85 +0,50 32.66	
	Arno Schrauwen	65 +0,46 35.67	Martine de Haart	79 +0,35 31.99	
7.	De Ward 1	De Ward	2:20.60	2:16.61	+0,74
	Maarten Poos	68 +0,74 37.08	Yvette Ratering	72 +0,62 34.26	
	Antwan van Engen	71 +0,46 35.64	Eva Kattouw	94 +0,56 29.63	
8.	Triton 1	Triton	2:14.22	2:17.17	+0,82
	Caroline Schreuder	67 +0,82 37.51	Tim Bunnik	90 +0,18 27.83	
	Paul Bunnik	56 +0,39 37.98	Francine Sommer	62 +0,56 33.85	
9.	Zwemvereniging Westland 1	Zwemvereniging Westland	2:16.12	2:18.20	+0,77
	Jacoline van den Beukel	91 +0,77 37.88	Pieter Broek	77 +0,45 29.85	
	Mirjan den Drijver-Aarse	75 +0,63 40.87	Fred Dijkshoorn	65 +0,40 29.60	
10.	DAW 7	DAW	2:46.07	2:19.59	+0,73
	Agnes van Brug	80 +0,73 38.41	Fred Heemstra	65 +0,46 33.05	
	Dennis Kraakman	87 +0,38 34.45	Petra Tossings	61 +0,63 33.68	
11.	AZC 2	AZC	2:26.53	2:20.29	+0,78
	Guido Keutgen	68 +0,78 30.41	Inge van Gasteren	72 +0,42 37.19	
	Wim de Lange	58 +0,47 39.35	Samantha Go	84 +0,31 33.34	
12.	WIDEX GZC DONK 1	WIDEX GZC DONK	2:23.46	2:21.36	+0,75
	Jacqueline de Ruiter-Wijnolst	74 +0,75 37.10	Raymond Oosterbaan	77 +0,63 32.24	
	Willem Jan Ribberink	65 +0,65 40.32	Jessica Venema	79 +0,41 31.70	
13.	Nautilus 3	Nautilus	2:28.46	2:29.28	+0,67
	Karin Verbeek	92 +0,67 35.74	Wilbert Barten	64 +0,12 33.32	
	Jos van Sleuwen	57 +0,24 46.29	Natalie van den Broek	73 +0,68 33.93	
14.	Steenwijk 1934 2	Steenwijk 1934	2:31.31	2:32.64	+0,68
	Casper Dollekamp	63 +0,68 36.97	Lonneke Oenema	91 +0,57 37.44	
	Hans van Scheepen	62 +0,74 43.23	Inge Lolkema-Soeters	73 +0,39 35.00	
DIS	Swol 1894 2	Swol 1894	2:20.74		+0,82
	<i>EA - Te vroeg overgenomen.**, tweede zwemmer</i>				
	Annemarie Vuist	63 +0,82 43.58	Erik Wetsteijn	65 +0,43	
	Beau Rijpers	94 -0,24	Johan Wezenberg	76 +0,45	
AFGEM	Swimming Luxembourg 3	Swimming Luxembourg	2:15.00		
AFGEM	Aqua-Novio'94 1	Aqua-Novio'94	2:23.52		

200+, Dames

1.	PSV 3	PSV	2:18.31	2:18.87	+0,76
	<i>Nederlands Masters Record</i>				
	Liselotte Joling	75 +0,76 35.34	Gudule van der Meer	72 +0,44 31.49	
	Trudy Ketting	70 +0,25 36.57	Corrie Verhoeven	46 +0,41 35.47	
2.	WS Twente 1	WS Twente	2:32.64	2:32.94	+0,79
	Jeannette Ruesink	63 +0,79 39.47	Marijke Kraak-Beckers	60 +0,41 36.72	
	Karin Leverink	72 +0,65 44.31	Marion Broekhuis	68 +0,44 32.44	
3.	Kauno Takas 2	Kauno Takas	2:44.00	2:40.75	+0,83
	<i>Lithuanian MR</i>				
	Jolanta Duleviciene	67 +0,83 38.67	Loreta Kabasinskiene	63 +0,69 42.87	
	Ramune Ivanauskaitė	64 +0,72 46.58	Renata Gadliauskienė	72 +0,68 32.63	
4.	ESCA Zwemmen 2	ESCA Zwemmen	3:12.52	3:17.87	+0,71
	Cora Smulders	66 +0,71 48.12	Thea Lejeune	71 +0,46 52.51	
	Marleen Robbers	66 +0,56 56.66	Marion Kolkman-Pluim	60 +0,65 40.58	

Programmanr. 30, 4 x 50m wisselslag
200+, Heren

1. De Rog 1	De Rog	2:03.20	2:02.44	+0,70
Peter Bernsen	63 +0,70 30.62	Erik Kamphuis	60 +0,49 31.22	
Glen le Clercq	68 +0,40 32.95	Rob Spetter	62 +0,19 27.65	
2. Kauno Takas 1	Kauno Takas	2:06.00	2:04.16	+0,74
<i>Lithuanian MR</i>				
Linus Kersevicus	71 +0,74 30.75	Arvydas Burinskas	69 +0,40 30.45	
Arlandas Juodeska	61 +0,76 33.97	Nerimantas Steponavicius	67 +0,41 28.99	
3. HPC 1	HPC	2:08.04	2:06.20	+0,74
Dico Engel	66 +0,74 32.28	Simon Franken	66 +0,27 30.52	
Vili Adam	69 +0,58 36.58	Hans Kroes	65 +0,38 26.82	
4. DAW 9	DAW	2:07.01	2:09.90	+0,77
Stefan Holmstrom	67 +0,77 33.70	Rene de Boer	64 +0,51 32.06	
Hans Schoenmakers	69 +0,45 35.77	Jeroen Kort	68 +0,40 28.37	
5. WS Twente 4	WS Twente	2:14.45	2:21.34	+0,83
Jack Barends	62 +0,83 37.76	Jos Wensink	69 +0,43 31.47	
Peter ten Dam	62 +0,51 39.38	Bart van Calker	61 +0,18 32.73	
6. Swimming Luxembourg 1	Swimming Luxembourg	2:27.00	2:28.23	+0,73
<i>Luxembourg MR</i>				
Achille Sinner	57 +0,73 48.01	Federico Cappello	84 +0,54 30.45	
Patrick Juncker	67 +0,59 34.09	Paul Corti	50 +0,52 35.68	
7. De Rog 2	De Rog	2:42.00	2:45.08	+0,74
Sjoerd van de Berg	54 +0,74 45.05	Roy le Clercq	64 +0,27 26.70	
Tomasz Zurawski	74 +0,88 52.80	Cees Kersten	64 40.53	

200+, Gemengd

1. De Biesboschzwemmers 1	De Biesboschzwemmers	2:11.21	2:08.76	+0,75
<i>Nederlands Masters Record</i>				
Annette Wijnja-Visser	67 +0,75 36.13	Arjon de Bok	69 +0,47 29.26	
Marjo Goelema-Koek	69 +0,21 35.02	Paul Wijnja	63 +0,37 28.35	
2. Swol 1894 3	Swol 1894	2:18.85	2:21.48	+0,85
Machiel Stolk	74 +0,85 33.66	Christien Nieuwenhuis	51 +0,56 36.46	
Michael van Bekkum	72 +0,43 34.51	Annet Kootstra	71 +0,56 36.85	
3. WS Twente 3	WS Twente	2:35.06	2:32.59	+0,86
Antoinette Gilding-Tussaud	50 +0,86 49.51	Hans Westerhof	62 +0,76 31.39	
Joop Weenink	68 +0,27 36.66	Ima van der Molen	69 +0,50 35.03	
4. Budel 3	Budel	2:39.15	2:39.97	+0,70
Jolanda Knippenberg	66 +0,70 43.75	Edward van Nijmweegen	70 +0,50 37.24	
Sylvia Avitabile	67 +0,26 46.87	Jos Zentjens	57 +0,70 32.11	
5. CNSW 2	CNSW	2:42.73	2:46.68	+0,78
Claire Anthony	57 +0,78 44.38	Marianne Delmee	72 +0,30 40.19	
Kevork Boyrazian	44 +0,67 56.50	Lionel Godeaux	60 +0,44 25.61	
6. WIDEX GZC DONK 2	WIDEX GZC DONK	2:45.57	2:47.02	+0,46
Lia Bijkerk	60 +0,46 50.24	Nathasja Konijn	71 +0,56 40.31	
Pierre de Groot	64 +0,37 41.03	Peter Coffeng	57 35.44	
DIS MZ&PC 3	MZ&PC	2:43.83		+0,82
<i>EA - Te vroeg overgenomen.**, derde zwemmer</i>				
Tane Elstak	84 +0,82 42.12	Henk van Hezel	51 -0,08	
Theresa Walsh	67 +0,69 43.58	Ruud Tames	65 +0,68	

240+, Dames

1. PSV 6	PSV	3:20.53	3:26.93	+0,86
Lies Hartman	56 +0,86 1:00.42	Carla Hensen	53 +0,62 46.58	
Gonnie Bak	51 +0,46 52.99	Annie Smits	46 +0,63 46.94	

Programmanr. 30, 4 x 50m wisselslag

240+, Heren

1.	PSV 1	PSV			2:09.29			2:10.57	+0,74
	<i>Nederlands Masters Record</i>								
	Brend Brevé	52	+0,74	35.03	Fred Ketting	60	+0,53	30.53	
	Rob Hemesath	61	+0,42	36.54	Hans Wijsman	55	+0,34	28.47	
2.	WWV 1	WWV			2:17.90			2:22.33	+0,77
	Ruud Ruiter	53	+0,77	37.81	Kees-Jan van Overbeeke	62	+0,40	30.70	
	Laurens Klein Breteler	54	+0,43	39.98	Theo Schouten	46	+0,66	33.84	
3.	Charleroi Hélios Aqua Team 1	Charleroi Hélios Aqua Team			2:34.56			2:26.86	+0,73
	<i>Belgisch MR</i>								
AFGEM	Philippe Morelle	56	+0,73	35.77	Luc Laloi	53	+0,41	35.73	
	Thierry Schurmans	58	+0,55	40.23	Daniel Van De Velde	51	+0,23	35.13	
UZSC 1	UZSC			2:25.79					

240+, Gemengd

1.	Old Dutch 2	Old Dutch	2:46.28					2:52.46	+0,94
	Karin van Nassau van den Heuvel	66	+0,94	44.77	Hans Vloedgraven	64	+0,61	31.90	
	Nico Baay	42	+0,61	48.42	Marie Smits	38	+0,64	47.37	
2.	Steenwijk 1934 3	Steenwijk 1934	3:15.06					3:24.98	+0,71
	Klaas Prins	28	+0,71	1:11.39	Huib Stegeman	67	+0,83	35.36	
	Riekje Schra	64		1:02.97	Wilma Heijman	64	+0,52	35.26	

320+, Gemengd

AFGEM	PSV 2	PSV	3:32.94					
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6 - ONMK 2017 kb sessie 6

22-01-2017 - 9:00

Programmanr. 31
22-01-2017 - 9:00

Heren, 800m vrije slag

Masters Open Resultaten

rang	naam	vereniging				inschrijftijd		startnr.		tijd				RT
Masters 20+														
1.	Emiel van Beusekom	Van Vliet-Barracuda				8:51.48		199403951		8:59.52				+0,75
	50m: 29.61	29.61	250m: 2:44.56	34.23	450m: 5:02.95	34.45	650m: 7:19.44	34.19						
	100m: 1:02.41	32.80	300m: 3:19.19	34.63	500m: 5:37.00	34.05	700m: 7:53.10	33.66						
	150m: 1:36.20	33.79	350m: 3:53.80	34.61	550m: 6:11.12	34.12	750m: 8:27.12	34.02						
	200m: 2:10.33	34.13	400m: 4:28.50	34.70	600m: 6:45.25	34.13	800m: 8:59.52	32.40						
2.	Robin van Beek	LZ 1886				8:54.69		199704023		9:00.55				+0,66
	50m: 30.31	30.31	250m: 2:47.32	34.80	450m: 5:04.98	33.53	650m: 7:20.29	33.92						
	100m: 1:03.70	33.39	300m: 3:22.35	35.03	500m: 5:38.41	33.43	700m: 7:54.44	34.15						
	150m: 1:37.99	34.29	350m: 3:56.98	34.63	550m: 6:12.16	33.75	750m: 8:28.65	34.21						
	200m: 2:12.52	34.53	400m: 4:31.45	34.47	600m: 6:46.37	34.21	800m: 9:00.55	31.90						
3.	Nordin Termoshuizen	WVZ				9:12.70		199605401		9:17.07				+0,76
	50m: 30.61	30.61	250m: 2:49.34	34.71	450m: 5:10.66	35.57	650m: 7:32.78	35.77						
	100m: 1:05.25	34.64	300m: 3:24.72	35.38	500m: 5:45.88	35.22	700m: 8:08.24	35.46						
	150m: 1:39.89	34.64	350m: 3:59.87	35.15	550m: 6:21.26	35.38	750m: 8:44.06	35.82						
	200m: 2:14.63	34.74	400m: 4:35.09	35.22	600m: 6:57.01	35.75	800m: 9:17.07	33.01						
4.	Pieter Pijnenburg	Nuenen				9:34.83		199305227		9:30.37				+0,70
	50m: 29.88	29.88	250m: 2:51.32	36.37	450m: 5:16.20	36.29	650m: 7:43.16	36.82						
	100m: 1:04.06	34.18	300m: 3:26.97	35.65	500m: 5:52.73	36.53	700m: 8:20.43	37.27						
	150m: 1:39.45	35.39	350m: 4:03.58	36.61	550m: 6:29.20	36.47	750m: 8:57.06	36.63						
	200m: 2:14.95	35.50	400m: 4:39.91	36.33	600m: 7:06.34	37.14	800m: 9:30.37	33.31						
5.	Jeffrey Camphens	DWT				9:05.77		199503113		9:36.89				+0,67
	50m: 32.66	32.66	250m: 2:58.04	36.49	450m: 5:22.61	36.08	650m: 7:48.23	36.70						
	100m: 1:08.84	36.18	300m: 3:34.25	36.21	500m: 5:58.79	36.18	700m: 8:24.79	36.56						
	150m: 1:44.92	36.08	350m: 4:10.60	36.35	550m: 6:35.13	36.34	750m: 9:01.61	36.82						
	200m: 2:21.55	36.63	400m: 4:46.53	35.93	600m: 7:11.53	36.40	800m: 9:36.89	35.28						

Programmanr. 31, Heren, 800m vrije slag
Masters 25+

1.	Erik Simons	Albion d'ELFT (SG)			8:48.49	198902845			8:49.10	+0,75		
	50m:	28.64	28.64	250m:	2:42.01	33.74	450m:	4:55.86	32.87	650m:	7:10.36	34.09
	100m:	1:01.53	32.89	300m:	3:15.67	33.66	500m:	5:29.19	33.33	700m:	7:43.99	33.63
	150m:	1:34.85	33.32	350m:	3:49.30	33.63	550m:	6:02.65	33.46	750m:	8:17.90	33.91
	200m:	2:08.27	33.42	400m:	4:22.99	33.69	600m:	6:36.27	33.62	800m:	8:49.10	31.20
2.	Tim Bunnik	Triton			9:19.13	199000505			9:18.63	+0,77		
	50m:	30.61	30.61	250m:	2:49.83	35.08	450m:	5:11.11	35.23	650m:	7:33.20	35.56
	100m:	1:04.90	34.29	300m:	3:25.38	35.55	500m:	5:46.96	35.85	700m:	8:09.06	35.86
	150m:	1:40.10	35.20	350m:	4:00.68	35.30	550m:	6:22.19	35.23	750m:	8:44.19	35.13
	200m:	2:14.75	34.65	400m:	4:35.88	35.20	600m:	6:57.64	35.45	800m:	9:18.63	34.44
3.	Dennis Wijbenga	Stadskanaal			9:28.08	199003283			9:22.05	+0,80		
	50m:	30.95	30.95	250m:	2:51.37	35.83	450m:	5:14.16	35.63	650m:	7:38.01	36.04
	100m:	1:05.23	34.28	300m:	3:27.23	35.86	500m:	5:49.71	35.55	700m:	8:14.03	36.02
	150m:	1:40.32	35.09	350m:	4:03.27	36.04	550m:	6:25.66	35.95	750m:	8:48.83	34.80
	200m:	2:15.54	35.22	400m:	4:38.53	35.26	600m:	7:01.97	36.31	800m:	9:22.05	33.22
4.	Maik Steenkamp	Montferland			9:24.54	199103847			9:30.52	+0,75		
	50m:	31.25	31.25	250m:	2:52.64	35.46	450m:	5:17.45	35.99	650m:	7:43.44	36.65
	100m:	1:05.94	34.69	300m:	3:28.76	36.12	500m:	5:53.80	36.35	700m:	8:20.29	36.85
	150m:	1:41.28	35.34	350m:	4:05.04	36.28	550m:	6:30.15	36.35	750m:	8:56.45	36.16
	200m:	2:17.18	35.90	400m:	4:41.46	36.42	600m:	7:06.79	36.64	800m:	9:30.52	34.07
5.	Wessel Everloo	De Veene			9:10.36	198906597		S14	9:31.07	+0,84		
	50m:	30.71	30.71	250m:	2:54.72	36.81	450m:	5:20.49	36.51	650m:	7:44.74	35.57
	100m:	1:05.86	35.15	300m:	3:30.80	36.08	500m:	5:56.62	36.13	700m:	8:20.95	36.21
	150m:	1:41.82	35.96	350m:	4:07.95	37.15	550m:	6:33.13	36.51	750m:	8:57.91	36.96
	200m:	2:17.91	36.09	400m:	4:43.98	36.03	600m:	7:09.17	36.04	800m:	9:31.07	33.16
6.	Niels Albrechts	SGGO (SG)			9:32.13	198800039			9:46.80	+0,69		
	50m:	33.16	33.16	250m:	2:58.82	37.15	450m:	5:26.65	36.85	650m:	7:57.15	37.51
	100m:	1:08.55	35.39	300m:	3:35.89	37.07	500m:	6:04.05	37.40	700m:	8:34.72	37.57
	150m:	1:44.90	36.35	350m:	4:13.03	37.14	550m:	6:41.71	37.66	750m:	9:11.30	36.58
	200m:	2:21.67	36.77	400m:	4:49.80	36.77	600m:	7:19.64	37.93	800m:	9:46.80	35.50

Masters 30+

1.	Erik Schröder	TriVia	8:41.70	198402025	8:41.47	+0,81						
	Nederlands Masters Record											
	50m:	28.48	28.48	250m:	2:39.92	33.07	450m:	4:52.91	33.56	650m:	7:05.35	32.76
	100m:	1:00.80	32.32	300m:	3:12.98	33.06	500m:	5:26.17	33.26	700m:	7:38.16	32.81
	150m:	1:33.67	32.87	350m:	3:46.19	33.21	550m:	5:59.45	33.28	750m:	8:10.23	32.07
	200m:	2:06.85	33.18	400m:	4:19.35	33.16	600m:	6:32.59	33.14	800m:	8:41.47	31.24
2.	Alex Schelvis	LINK	8:43.95	198702927	8:49.26	+0,80						
	50m:	29.05	29.05	250m:	2:37.83	32.80	450m:	4:51.87	33.81	650m:	7:07.51	34.02
	100m:	1:00.33	31.28	300m:	3:10.91	33.08	500m:	5:25.76	33.89	700m:	7:41.81	34.30
	150m:	1:32.57	32.24	350m:	3:44.29	33.38	550m:	5:59.54	33.78	750m:	8:16.59	34.78
	200m:	2:05.03	32.46	400m:	4:18.06	33.77	600m:	6:33.49	33.95	800m:	8:49.26	32.67
3.	Frank van der Voordt	SGGO (SG)	10:00.10	198302259	9:50.39	+0,72						
	50m:	32.81	32.81	250m:	3:01.07	37.45	450m:	5:31.17	37.40	650m:	8:01.05	37.04
	100m:	1:09.12	36.31	300m:	3:38.59	37.52	500m:	6:09.05	37.88	700m:	8:38.06	37.01
	150m:	1:46.32	37.20	350m:	4:15.98	37.39	550m:	6:46.57	37.52	750m:	9:15.23	37.17
	200m:	2:23.62	37.30	400m:	4:53.77	37.79	600m:	7:24.01	37.44	800m:	9:50.39	35.16
4.	Mark Godwaldt	PSV	10:37.25	198701039	10:00.00	+0,83						
	50m:	33.59	33.59	250m:	3:04.81	38.28	450m:	5:36.28	36.20	650m:	8:07.47	38.09
	100m:	1:10.64	37.05	300m:	3:43.11	38.30	500m:	6:13.64	37.36	700m:	8:45.94	38.47
	150m:	1:48.50	37.86	350m:	4:21.28	38.17	550m:	6:51.14	37.50	750m:	9:24.20	38.26
	200m:	2:26.53	38.03	400m:	5:00.08	38.80	600m:	7:29.38	38.24	800m:	10:00.00	35.80

Masters 35+

1.	Andrew Kurnosov	Troika	9:46.44				9:38.69				+0,77	
	50m:	29.58	29.58	250m:	2:52.72	36.73	450m:	5:19.07	36.66	650m:	7:48.52	37.80
	100m:	1:03.98	34.40	300m:	3:29.13	36.41	500m:	5:55.81	36.74	700m:	8:26.26	37.74
	150m:	1:39.72	35.74	350m:	4:05.92	36.79	550m:	6:32.92	37.11	750m:	9:03.10	36.84
	200m:	2:15.99	36.27	400m:	4:42.41	36.49	600m:	7:10.72	37.80	800m:	9:38.69	35.59
2.	Freddie Geerlings	NIMO	9:55.89				197900379				10:01.23	+0,83
	50m:	32.33	32.33	250m:	3:00.58	37.90	450m:	5:32.49	37.90	650m:	8:06.98	38.52
	100m:	1:08.01	35.68	300m:	3:38.42	37.84	500m:	6:10.43	37.94	700m:	8:45.66	38.68
	150m:	1:44.99	36.98	350m:	4:16.57	38.15	550m:	6:49.30	38.87	750m:	9:24.73	39.07
	200m:	2:22.68	37.69	400m:	4:54.59	38.02	600m:	7:28.46	39.16	800m:	10:01.23	36.50

Programmanr. 31, Heren, 800m vrije slag, Masters 35+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT
3.	Michel Wigbers	DWT		10:40.13		198001743		10:51.76		+0,57
	50m: 34.57	34.57	250m: 3:13.15	41.09	450m: 5:59.19	41.77	650m: 8:47.71	42.26		
	100m: 1:12.53	37.96	300m: 3:54.41	41.26	500m: 6:41.18	41.99	700m: 9:29.69	41.98		
	150m: 1:52.06	39.53	350m: 4:35.84	41.43	550m: 7:23.11	41.93	750m: 10:11.58	41.89		
	200m: 2:32.06	40.00	400m: 5:17.42	41.58	600m: 8:05.45	42.34	800m: 10:51.76	40.18		
4.	Rob van Wanrooy	Gay Swim Amsterdam		11:13.38		198202627		11:14.64		+0,79
	50m: 35.62	35.62	250m: 3:20.29	42.40	450m: 6:12.50	43.25	650m: 9:06.80	43.96		
	100m: 1:15.35	39.73	300m: 4:03.00	42.71	500m: 6:55.69	43.19	700m: 9:50.06	43.26		
	150m: 1:56.39	41.04	350m: 4:46.37	43.37	550m: 7:39.13	43.44	750m: 10:33.58	43.52		
	200m: 2:37.89	41.50	400m: 5:29.25	42.88	600m: 8:22.84	43.71	800m: 11:14.64	41.06		
5.	Dyon de Greef	Budel		11:29.97		198202385		11:36.45		+0,71
	50m: 35.60	35.60	250m: 3:27.31	43.82	450m: 6:24.25	45.23	650m: 9:25.56	45.30		
	100m: 1:16.99	41.39	300m: 4:10.52	43.21	500m: 7:09.50	45.25	700m: 10:10.54	44.98		
	150m: 1:59.90	42.91	350m: 4:54.59	44.07	550m: 7:55.11	45.61	750m: 10:55.08	44.54		
	200m: 2:43.49	43.59	400m: 5:39.02	44.43	600m: 8:40.26	45.15	800m: 11:36.45	41.37		

Masters 40+

1.	Egbert Stolk	Albion d'ELFT (SG)	9:09.40	197600889	9:10.62	+0,72						
	Kampioenschaps Record											
	50m:	30.72	30.72	250m:	2:47.57	34.74	450m:	5:07.07	34.75	650m:	7:26.54	34.92
	100m:	1:04.06	33.34	300m:	3:22.42	34.85	500m:	5:41.42	34.35	700m:	8:01.55	35.01
	150m:	1:38.27	34.21	350m:	3:57.47	35.05	550m:	6:16.23	34.81	750m:	8:36.20	34.65
	200m:	2:12.83	34.56	400m:	4:32.32	34.85	600m:	6:51.62	35.39	800m:	9:10.62	34.42
2.	Ben Rutten	OZEKA	9:25.39	1022076	9:23.84	+0,86						
	50m:	31.40	31.40	250m:	2:51.45	35.25	450m:	5:13.17	35.46	650m:	7:36.67	36.00
	100m:	1:05.87	34.47	300m:	3:26.78	35.33	500m:	5:48.90	35.73	700m:	8:12.93	36.26
	150m:	1:40.87	35.00	350m:	4:02.23	35.45	550m:	6:24.87	35.97	750m:	8:48.94	36.01
	200m:	2:16.20	35.33	400m:	4:37.71	35.48	600m:	7:00.67	35.80	800m:	9:23.84	34.90
3.	Bas Broekhuis	MZ&PC	10:51.95	197601561	10:23.27	+0,89						
	50m:	34.77	34.77	250m:	3:11.11	39.26	450m:	5:49.43	39.37	650m:	8:27.72	39.00
	100m:	1:13.06	38.29	300m:	3:50.31	39.20	500m:	6:29.04	39.61	700m:	9:07.17	39.45
	150m:	1:52.11	39.05	350m:	4:29.96	39.65	550m:	7:08.91	39.87	750m:	9:46.35	39.18
	200m:	2:31.85	39.74	400m:	5:10.06	40.10	600m:	7:48.72	39.81	800m:	10:23.27	36.92
4.	Kasper van den Berghe	Swol 1894	10:47.24	197301125	10:57.68	+0,78						
	50m:	35.77	35.77	250m:	3:16.24	40.60	450m:	6:01.48	41.99	650m:	8:51.61	42.56
	100m:	1:14.77	39.00	300m:	3:57.22	40.98	500m:	6:44.11	42.63	700m:	9:34.34	42.73
	150m:	1:54.95	40.18	350m:	4:38.03	40.81	550m:	7:26.62	42.51	750m:	10:17.12	42.78
	200m:	2:35.64	40.69	400m:	5:19.49	41.46	600m:	8:09.05	42.43	800m:	10:57.68	40.56

Masters 45+

1.	Antwan van Engen	De Ward	10:24.72	197101577	9:57.27	+0,93		
	50m: 33.74	33.74	250m: 3:02.66	37.87	450m: 5:33.30	37.60	650m: 8:04.43	37.54
	100m: 1:09.71	35.97	300m: 3:40.00	37.34	500m: 6:10.96	37.66	700m: 8:42.42	37.99
	150m: 1:47.22	37.51	350m: 4:18.26	38.26	550m: 6:48.81	37.85	750m: 9:20.41	37.99
	200m: 2:24.79	37.57	400m: 4:55.70	37.44	600m: 7:26.89	38.08	800m: 9:57.27	36.86
2.	Chris Kouwenhoven	De Spatters	11:41.39	197101669	11:07.38	+0,93		
	50m: 36.21	36.21	250m: 3:26.10	42.94	450m: 6:14.02	41.97	650m: 9:03.37	42.55
	100m: 1:17.17	40.96	300m: 4:09.03	42.93	500m: 6:55.71	41.69	700m: 9:45.57	42.20
	150m: 1:59.97	42.80	350m: 4:50.50	41.47	550m: 7:38.35	42.64	750m: 10:27.56	41.99
	200m: 2:43.16	43.19	400m: 5:32.05	41.55	600m: 8:20.82	42.47	800m: 11:07.38	39.82
3.	Ramon Alsina Munoz	CNSW	11:25.00	002552/69	11:50.43	+0,97		
	50m: 38.53	38.53	250m: 3:32.83	44.62	450m: 6:32.73	44.79	650m: 9:34.45	45.88
	100m: 1:19.94	41.41	300m: 4:17.95	45.12	500m: 7:18.50	45.77	700m: 10:20.00	45.55
	150m: 2:03.71	43.77	350m: 5:02.82	44.87	550m: 8:03.17	44.67	750m: 11:05.84	45.84
	200m: 2:48.21	44.50	400m: 5:47.94	45.12	600m: 8:48.57	45.40	800m: 11:50.43	44.59
4.	Marcel Brittijn	De Duinkickers	12:37.83	196900159	12:29.39	+0,65		
	50m: 37.82	37.82	250m: 3:41.07	47.20	450m: 6:54.60	49.30	650m: 10:11.01	49.44
	100m: 1:20.96	43.14	300m: 4:29.72	48.65	500m: 7:43.41	48.81	700m: 10:59.11	48.10
	150m: 2:06.29	45.33	350m: 5:17.05	47.33	550m: 8:32.75	49.34	750m: 11:46.01	46.90
	200m: 2:53.87	47.58	400m: 6:05.30	48.25	600m: 9:21.57	48.82	800m: 12:29.39	43.38
5.	Bas van Gool	De Geul	13:54.68	197201435	13:29.17	+0,83		
	50m: 42.02	42.02	250m: 4:00.32	51.08	450m: 7:29.25	52.76	650m: 10:57.71	51.90
	100m: 1:28.85	46.83	300m: 4:51.72	51.40	500m: 8:21.44	52.19	700m: 11:48.88	51.17
	150m: 2:18.00	49.15	350m: 5:43.66	51.94	550m: 9:13.98	52.54	750m: 12:40.73	51.85
	200m: 3:09.24	51.24	400m: 6:36.49	52.83	600m: 10:05.81	51.83	800m: 13:29.17	48.44

Programmanr. 31, Heren, 800m vrije slag
Masters 50+

1. Erlend Alstad <i>Norwegian MR</i>	IL Varg	9:17.75	9:11.73	+0,78			
50m: 31.56	31.56	250m: 2:50.30	34.55	450m: 5:10.26	34.92	650m: 7:30.10	35.11
100m: 1:06.01	34.45	300m: 3:25.37	35.07	500m: 5:45.02	34.76	700m: 8:04.62	34.52
150m: 1:40.89	34.88	350m: 4:00.30	34.93	550m: 6:20.11	35.09	750m: 8:38.98	34.36
200m: 2:15.75	34.86	400m: 4:35.34	35.04	600m: 6:54.99	34.88	800m: 9:11.73	32.75
2. Bob de Vries <i>Nederlands Masters Record</i>	Aquapoldro	9:43.98	196601101	9:27.56	+0,68		
50m: 29.77	29.77	250m: 2:52.83	36.44	450m: 5:18.61	36.31	650m: 7:43.16	35.81
100m: 1:04.88	35.11	300m: 3:29.24	36.41	500m: 5:55.31	36.70	700m: 8:18.67	35.51
150m: 1:40.56	35.68	350m: 4:05.71	36.47	550m: 6:31.51	36.20	750m: 8:53.51	34.84
200m: 2:16.39	35.83	400m: 4:42.30	36.59	600m: 7:07.35	35.84	800m: 9:27.56	34.05
3. Jo-an Mudde	Zeester-Meerval	9:54.92	196701457	9:51.32	+0,84		
50m: 33.26	33.26	250m: 3:00.84	37.57	450m: 5:31.86	37.36	650m: 8:01.39	37.05
100m: 1:09.67	36.41	300m: 3:38.54	37.70	500m: 6:09.68	37.82	700m: 8:38.22	36.83
150m: 1:46.33	36.66	350m: 4:16.66	38.12	550m: 6:47.17	37.49	750m: 9:14.98	36.76
200m: 2:23.27	36.94	400m: 4:54.50	37.84	600m: 7:24.34	37.17	800m: 9:51.32	36.34
4. John Hardeman	De Fuut	10:30.78	196601615	9:58.30	+1,04		
50m: 33.87	33.87	250m: 3:04.24	38.04	450m: 5:36.86	37.72	650m: 8:07.61	37.85
100m: 1:10.50	36.63	300m: 3:42.55	38.31	500m: 6:14.30	37.44	700m: 8:45.61	38.00
150m: 1:48.11	37.61	350m: 4:20.70	38.15	550m: 6:51.92	37.62	750m: 9:23.04	37.43
200m: 2:26.20	38.09	400m: 4:59.14	38.44	600m: 7:29.76	37.84	800m: 9:58.30	35.26
5. Arno Schrauwen	Patrick-De Roersoppers (SG)	10:54.23	196501355	10:51.41	+0,83		
50m: 35.36	35.36	250m: 3:22.94	42.16	450m: 6:09.55	41.16	650m: 8:53.01	40.81
100m: 1:16.17	40.81	300m: 4:05.10	42.16	500m: 6:50.73	41.18	700m: 9:33.33	40.32
150m: 1:58.18	42.01	350m: 4:46.85	41.75	550m: 7:31.64	40.91	750m: 10:12.97	39.64
200m: 2:40.78	42.60	400m: 5:28.39	41.54	600m: 8:12.20	40.56	800m: 10:51.41	38.44
6. Joost de Kroon	AquAmigos	11:12.83	196400999	11:21.94	+0,96		
50m: 38.02	38.02	250m: 3:29.28	43.16	450m: 6:23.81	44.25	650m: 9:21.11	44.89
100m: 1:19.58	41.56	300m: 4:12.30	43.02	500m: 7:07.81	44.00	700m: 10:03.58	42.47
150m: 2:02.28	42.70	350m: 4:55.30	43.00	550m: 7:51.99	44.18	750m: 10:43.52	39.94
200m: 2:46.12	43.84	400m: 5:39.56	44.26	600m: 8:36.22	44.23	800m: 11:21.94	38.42
7. Marcel Hoff	Aqua-Novio'94	11:21.63	196400317	11:25.68	+0,80		
50m: 37.03	37.03	250m: 3:31.40	44.41	450m: 6:26.62	43.60	650m: 9:21.36	43.17
100m: 1:18.32	41.29	300m: 4:15.19	43.79	500m: 7:10.28	43.66	700m: 10:03.57	42.21
150m: 2:02.43	44.11	350m: 4:58.97	43.78	550m: 7:54.45	44.17	750m: 10:46.13	42.56
200m: 2:46.99	44.56	400m: 5:43.02	44.05	600m: 8:38.19	43.74	800m: 11:25.68	39.55
8. Fred Dijkshoorn	Zwemvereniging Westland	11:20.41	196501539	11:28.65	+0,86		
50m: 36.70	36.70	250m: 3:31.69	44.62	450m: 6:29.43	44.65	650m: 9:23.23	43.53
100m: 1:18.76	42.06	300m: 4:16.37	44.68	500m: 7:12.95	43.52	700m: 10:06.34	43.11
150m: 2:02.93	44.17	350m: 5:00.86	44.49	550m: 7:55.99	43.04	750m: 10:47.79	41.45
200m: 2:47.07	44.14	400m: 5:44.78	43.92	600m: 8:39.70	43.71	800m: 11:28.65	40.86
9. Jan Smalheer	SCOM	11:33.30	196400701	11:42.15	+1,03		
50m: 37.74	37.74	250m: 3:32.50	44.14	450m: 6:31.09	45.06	650m: 9:31.72	45.52
100m: 1:20.16	42.42	300m: 4:16.66	44.16	500m: 7:15.81	44.72	700m: 10:16.70	44.98
150m: 2:04.29	44.13	350m: 5:01.38	44.72	550m: 8:00.50	44.69	750m: 11:00.34	43.64
200m: 2:48.36	44.07	400m: 5:46.03	44.65	600m: 8:46.20	45.70	800m: 11:42.15	41.81

AFGEM Andy Feyen Zwemclub Iloka Kapellen 10:15.53 11002/67

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen		9:55.10		195800149		9:39.03		+0,82		
	50m:	33.24	33.24	250m:	2:59.27	36.75	450m:	5:25.41	36.56	650m:	7:52.95	36.88
	100m:	1:08.96	35.72	300m:	3:35.38	36.11	500m:	6:02.27	36.86	700m:	8:29.60	36.65
	150m:	1:45.74	36.78	350m:	4:11.95	36.57	550m:	6:39.49	37.22	750m:	9:05.67	36.07
	200m:	2:22.52	36.78	400m:	4:48.85	36.90	600m:	7:16.07	36.58	800m:	9:39.03	33.36
2.	Marius Ros	ZCNF'34		10:36.34		195900779		10:37.48		+0,82		
	50m:	37.15	37.15	250m:	3:16.68	40.23	450m:	5:57.19	40.47	650m:	8:39.59	40.28
	100m:	1:16.89	39.74	300m:	3:56.63	39.95	500m:	6:37.57	40.38	700m:	9:19.86	40.27
	150m:	1:56.47	39.58	350m:	4:36.65	40.02	550m:	7:18.43	40.86	750m:	9:59.57	39.71
	200m:	2:36.45	39.98	400m:	5:16.72	40.07	600m:	7:59.31	40.88	800m:	10:37.48	37.91
3.	Otto Zeijpveld	De Berkelduikers		10:55.46		195800497		10:54.11		+0,86		
	50m:	35.18	35.18	250m:	3:21.47	42.18	450m:	6:09.33	41.39	650m:	8:55.28	41.49
	100m:	1:15.61	40.43	300m:	4:03.77	42.30	500m:	6:50.65	41.32	700m:	9:36.63	41.35
	150m:	1:57.16	41.55	350m:	4:45.80	42.03	550m:	7:32.17	41.52	750m:	10:16.94	40.31
	200m:	2:39.29	42.13	400m:	5:27.94	42.14	600m:	8:13.79	41.62	800m:	10:54.11	37.17

Programmanr. 31, Heren, 800m vrije slag, Masters 55+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT		
4.	Henk Kuipers	UZSC		11:28.66		196201207		10:54.60		+0,66		
	50m:	38.56	38.56	250m:	3:24.60	41.36	450m:	6:09.27	41.29	650m:	8:55.02	41.52
	100m:	1:20.08	41.52	300m:	4:04.96	40.36	500m:	6:50.50	41.23	700m:	9:36.00	40.98
	150m:	2:01.72	41.64	350m:	4:46.17	41.21	550m:	7:31.65	41.15	750m:	10:16.50	40.50
	200m:	2:43.24	41.52	400m:	5:27.98	41.81	600m:	8:13.50	41.85	800m:	10:54.60	38.10
5.	Pier van der Sluis	Orca		12:23.03		195900757		12:42.91		+1,16		
	50m:	38.50	38.50	250m:	3:43.27	48.37	450m:	6:58.65	48.94	650m:	10:13.14	48.40
	100m:	1:21.90	43.40	300m:	4:32.17	48.90	500m:	7:47.45	48.80	700m:	11:00.40	47.26
	150m:	2:07.80	45.90	350m:	5:20.93	48.76	550m:	8:35.70	48.25	750m:	11:42.47	42.07
	200m:	2:54.90	47.10	400m:	6:09.71	48.78	600m:	9:24.74	49.04	800m:	12:42.91	1:00.44

Masters 60+

1.	Henk Slomp	De Inktvis			11:22.02		195500359		11:25.30	+0,84		
	50m:	36.60	36.60	250m:	3:30.39	43.76	450m:	6:25.36	43.67	650m:	9:21.15	43.40
	100m:	1:18.83	42.23	300m:	4:14.17	43.78	500m:	7:08.91	43.55	700m:	10:03.83	42.68
	150m:	2:02.73	43.90	350m:	4:57.50	43.33	550m:	7:53.51	44.60	750m:	10:45.68	41.85
	200m:	2:46.63	43.90	400m:	5:41.69	44.19	600m:	8:37.75	44.24	800m:	11:25.30	39.62
2.	Paul Bunnik	Triton			11:29.29		195600413		11:37.56	+1,00		
	50m:	36.48	36.48	250m:	3:28.95	44.48	450m:	6:27.61	45.71	650m:	9:26.94	44.30
	100m:	1:17.48	41.00	300m:	4:12.70	43.75	500m:	7:12.10	44.49	700m:	10:12.31	45.37
	150m:	2:01.03	43.55	350m:	4:57.09	44.39	550m:	7:57.41	45.31	750m:	10:56.12	43.81
	200m:	2:44.47	43.44	400m:	5:41.90	44.81	600m:	8:42.64	45.23	800m:	11:37.56	41.44
3.	Lex Hoogendam	ZZ&PC De Devel			12:16.75		195700541		12:12.79	+0,72		
	50m:	38.29	38.29	250m:	3:39.38	46.31	450m:	6:46.83	47.06	650m:	9:53.68	46.85
	100m:	1:21.86	43.57	300m:	4:25.99	46.61	500m:	7:33.74	46.91	700m:	10:40.36	46.68
	150m:	2:07.29	45.43	350m:	5:12.82	46.83	550m:	8:20.28	46.54	750m:	11:27.05	46.69
	200m:	2:53.07	45.78	400m:	5:59.77	46.95	600m:	9:06.83	46.55	800m:	12:12.79	45.74
4.	Wim Scherpenisse	UZSC			12:36.24		195500447		12:19.17	+1,39		
	50m:	40.11	40.11	250m:	3:46.01	46.66	450m:	6:51.95	46.11	650m:	10:00.61	46.93
	100m:	1:25.71	45.60	300m:	4:32.70	46.69	500m:	7:38.51	46.56	700m:	10:48.01	47.40
	150m:	2:12.21	46.50	350m:	5:19.02	46.32	550m:	8:25.71	47.20	750m:	11:35.10	47.09
	200m:	2:59.35	47.14	400m:	6:05.84	46.82	600m:	9:13.68	47.97	800m:	12:19.17	44.07

Masters 65+

1.	Wout Hemmes		De Plons		11:56.16		194800059		12:28.19		+0,93	
	50m:	39.85	39.85	250m:	3:46.07	47.17	450m:	6:59.08	48.43	650m:	10:08.01	46.70
	100m:	1:25.32	45.47	300m:	4:34.32	48.25	500m:	7:47.17	48.09	700m:	10:55.34	47.33
	150m:	2:11.82	46.50	350m:	5:22.41	48.09	550m:	8:33.76	46.59	750m:	11:42.78	47.44
	200m:	2:58.90	47.08	400m:	6:10.65	48.24	600m:	9:21.31	47.55	800m:	12:28.19	45.41
2.	Hilbert Prins		OEZA		12:56.64		195100223		13:07.43		+1,04	
	50m:	42.34	42.34	250m:	3:59.44	49.85	450m:	7:19.67	50.06	650m:	10:40.51	50.79
	100m:	1:30.51	48.17	300m:	4:49.27	49.83	500m:	8:09.46	49.79	700m:	11:30.81	50.30
	150m:	2:19.65	49.14	350m:	5:39.46	50.19	550m:	8:59.60	50.14	750m:	12:21.32	50.51
	200m:	3:09.59	49.94	400m:	6:29.61	50.15	600m:	9:49.72	50.12	800m:	13:07.43	46.11
3.	Ludwig Lorenz		SG Gladbeck/Recklinghausen		13:10.80		127866		13:16.68		+1,07	
	200+400m*											
	50m:	46.60	46.60	250m:	4:12.70	51.52	450m:	7:35.50	51.22	650m:	10:54.71	49.56
	100m:	1:37.72	51.12	300m:	5:03.87	51.17	500m:	8:25.54	50.04	700m:	11:44.14	49.43
	150m:	2:30.17	52.45	350m:	5:54.69	50.82	550m:	9:15.81	50.27	750m:	12:31.59	47.45
	200m:	3:21.18	51.01	400m:	6:44.28	49.59	600m:	10:05.15	49.34	800m:	13:16.68	45.09

Masters 70+

1.	Rob Hanou	PSV				13:04.87		194300109		13:05.08		+1,16
	50m:	42.06	42.06	250m:	4:00.65	50.31	450m:	7:20.24	49.83	650m:	10:40.19	49.93
	100m:	1:30.53	48.47	300m:	4:50.56	49.91	500m:	8:10.44	50.20	700m:	11:30.19	50.00
	150m:	2:20.45	49.92	350m:	5:40.69	50.13	550m:	8:59.91	49.47	750m:	12:19.44	49.25
	200m:	3:10.34	49.89	400m:	6:30.41	49.72	600m:	9:50.26	50.35	800m:	13:05.08	45.64
2.	Willem Putter	ZVVS				13:22.24		194500135		13:30.92		+1,01
	50m:	42.33	42.33	250m:	4:05.75	52.15	450m:	7:33.31	51.80	650m:	11:01.15	52.29
	100m:	1:30.74	48.41	300m:	4:57.53	51.78	500m:	8:25.33	52.02	700m:	11:52.83	51.68
	150m:	2:22.24	51.50	350m:	5:49.40	51.87	550m:	9:16.75	51.42	750m:	12:44.26	51.43
	200m:	3:13.60	51.36	400m:	6:41.51	52.11	600m:	10:08.86	52.11	800m:	13:30.92	46.66

Programmanr. 31, Heren, 800m vrije slag

Masters 75+

1.	Frederik Hendrik De Bruijn	CN Aquamasters	13:02.17		OX0345415		13:20.74		+1,14			
	50m:	47.07	47.07	250m:	4:10.21	49.93	450m:	7:30.50	48.25	650m:	10:52.82	50.12
	100m:	1:38.01	50.94	300m:	5:00.44	50.23	500m:	8:20.30	49.80	700m:	11:43.36	50.54
	150m:	2:28.47	50.46	350m:	5:50.45	50.01	550m:	9:11.48	51.18	750m:	12:33.46	50.10
	200m:	3:20.28	51.81	400m:	6:42.25	51.80	600m:	10:02.70	51.22	800m:	13:20.74	47.28
2.	Geza Kaltenecker	AZC	14:10.12		194200065		14:49.29		+0,96			
	50m:	45.97	45.97	250m:	4:26.15	55.91	450m:	8:15.14	57.80	650m:	12:05.02	57.01
	100m:	1:39.20	53.23	300m:	5:23.08	56.93	500m:	9:12.70	57.56	700m:	13:01.42	56.40
	150m:	2:34.38	55.18	350m:	6:20.02	56.94	550m:	10:10.03	57.33	750m:	13:57.54	56.12
	200m:	3:30.24	55.86	400m:	7:17.34	57.32	600m:	11:08.01	57.98	800m:	14:49.29	51.75

Masters 80+

1.	Gregor Pompen		Aqua-Novio'94		16:23.43		193700021		16:27.72		+1,26	
	Kampioenschappen Record											
	50m:	52.90	52.90	250m:	4:59.13	1:02.49	450m:	9:10.66	1:02.84	650m:	13:22.33	1:03.41
	100m:	1:52.04	59.14	300m:	6:02.58	1:03.45	500m:	10:12.89	1:02.23	700m:	14:25.75	1:03.42
	150m:	2:53.94	1:01.90	350m:	7:05.21	1:02.63	550m:	11:15.50	1:02.61	750m:	15:28.07	1:02.32
	200m:	3:56.64	1:02.70	400m:	8:07.82	1:02.61	600m:	12:18.92	1:03.42	800m:	16:27.72	59.65

Programmanr. 32
22-01-2017 - 10:40

Dames, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT	
Masters 20+											
1.	Tamara Grove	De Dolfijn		5:12.12		199601266		5:15.57		+0,70	
	50m: 32.58	32.58	150m: 1:51.18	40.39	250m: 3:17.10	45.68	350m: 4:39.78	36.05			
	100m: 1:10.79	38.21	200m: 2:31.42	40.24	300m: 4:03.73	46.63	400m: 5:15.57	35.79			
2.	Liesa Vrielinck	BZK		5:22.08		21068/93		5:18.39		+0,73	
	50m: 33.69	33.69	150m: 1:55.50	42.21	250m: 3:21.87	43.88	350m: 4:44.14	37.45			
	100m: 1:13.29	39.60	200m: 2:37.99	42.49	300m: 4:06.69	44.82	400m: 5:18.39	34.25			
3.	Kimberly Mijnen	WZ&PC Purmerend		5:25.72		199503644		5:26.18		+0,72	
	50m: 35.82	35.82	150m: 1:59.47	39.85	250m: 3:25.71	46.41	350m: 4:50.10	37.17			
	100m: 1:19.62	43.80	200m: 2:39.30	39.83	300m: 4:12.93	47.22	400m: 5:26.18	36.08			
4.	Moniek Heemskerk	LZ 1886		5:19.75		199601964		5:28.97		+0,72	
	50m: 34.80	34.80	150m: 2:00.12	44.62	250m: 3:28.23	44.84	350m: 4:52.68	38.64			
	100m: 1:15.50	40.70	200m: 2:43.39	43.27	300m: 4:14.04	45.81	400m: 5:28.97	36.29			
5.	Janine de Groot	Nova		5:25.62		199500092		5:32.39		+0,86	
	50m: 35.22	35.22	150m: 2:00.59	41.82	250m: 3:29.45	47.36	350m: 4:56.36	38.15			
	100m: 1:18.77	43.55	200m: 2:42.09	41.50	300m: 4:18.21	48.76	400m: 5:32.39	36.03			
6.	Beau Rijpers	Swol 1894		5:30.18		199402638		5:33.71		+0,75	
	50m: 34.92	34.92	150m: 1:59.42	43.25	250m: 3:29.10	46.86	350m: 4:55.57	39.27			
	100m: 1:16.17	41.25	200m: 2:42.24	42.82	300m: 4:16.30	47.20	400m: 5:33.71	38.14			
7.	Chantal van der Horst	De Meer		5:33.71		199400616		5:35.59		+0,83	
	50m: 38.02	38.02	150m: 2:08.40	45.78	250m: 3:37.33	43.75	350m: 4:59.20	38.25			
	100m: 1:22.62	44.60	200m: 2:53.58	45.18	300m: 4:20.95	43.62	400m: 5:35.59	36.39			
8.	Fiona Meuffels	RZ		5:30.32		199504366		5:36.95		+0,74	
	50m: 34.67	34.67	150m: 2:04.37	44.39	250m: 3:35.69	47.72	350m: 5:00.59	36.18			
	100m: 1:19.98	45.31	200m: 2:47.97	43.60	300m: 4:24.41	48.72	400m: 5:36.95	36.36			
9.	Carina Spronk	De Vennen		5:41.60		199702382		5:50.46		+0,70	
	50m: 36.86	36.86	150m: 2:06.43	45.11	250m: 3:40.64	50.33	350m: 5:12.54	40.74			
	100m: 1:21.32	44.46	200m: 2:50.31	43.88	300m: 4:31.80	51.16	400m: 5:50.46	37.92			
DIS	Chantal Beijer	DWT		5:29.41		199700884					
AF - De aangegeven afstand niet uitgezwommen.											

Programmanr. 32, Dames, 400m wisselslag

Masters 25+

1.	Wendan Poelstra	TriVia	5:04.85	199102496	5:17.71	+0,70		
	50m: 33.33	33.33	150m: 1:54.74	41.23	250m: 3:20.23	45.32	350m: 4:42.63	36.26
	100m: 1:13.51	40.18	200m: 2:34.91	40.17	300m: 4:06.37	46.14	400m: 5:17.71	35.08
2.	Maaïke Vooren	DAW	5:18.43	199103324	5:19.78	+0,83		
	50m: 33.28	33.28	150m: 1:56.98	43.26	250m: 3:24.48	44.30	350m: 4:45.04	36.68
	100m: 1:13.72	40.44	200m: 2:40.18	43.20	300m: 4:09.36	44.88	400m: 5:19.78	34.74
3.	Fraukje Puts	HZ&PC Heerenveen	5:33.39	199206470	5:34.63	+0,83		
	50m: 35.75	35.75	150m: 2:04.32	46.35	250m: 3:35.38	46.30	350m: 4:59.51	37.53
	100m: 1:17.97	42.22	200m: 2:49.08	44.76	300m: 4:21.98	46.60	400m: 5:34.63	35.12
4.	Karin Simons	WZK Zwemmen	5:44.57	198903804	5:37.95	+0,79		
	50m: 33.29	33.29	150m: 1:59.19	44.44	250m: 3:31.91	49.04	350m: 4:59.64	38.11
	100m: 1:14.75	41.46	200m: 2:42.87	43.68	300m: 4:21.53	49.62	400m: 5:37.95	38.31
5.	Nanda de Vries	Steenwijk 1934	5:55.89	199204328	5:38.49	+0,79		
	50m: 35.56	35.56	150m: 2:03.27	44.79	250m: 3:34.93	48.94	350m: 5:02.17	38.68
	100m: 1:18.48	42.92	200m: 2:45.99	42.72	300m: 4:23.49	48.56	400m: 5:38.49	36.32
6.	Désirée Emmen	De Warande	5:37.83	199204862	5:39.41	+0,68		
	50m: 34.77	34.77	150m: 1:58.11	42.65	250m: 3:30.19	51.55	350m: 5:01.66	39.91
	100m: 1:15.46	40.69	200m: 2:38.64	40.53	300m: 4:21.75	51.56	400m: 5:39.41	37.75
7.	Susanne van der Linden	DIO	5:49.98	198802736	5:46.78	+0,81		
	50m: 36.45	36.45	150m: 2:06.43	46.48	250m: 3:39.07	47.18	350m: 5:07.67	41.27
	100m: 1:19.95	43.50	200m: 2:51.89	45.46	300m: 4:26.40	47.33	400m: 5:46.78	39.11
8.	Danila van den Hoogenband	Nuenen	5:54.41	199001558	5:49.43	+0,86		
	50m: 36.02	36.02	150m: 2:06.36	47.19	250m: 3:43.22	51.45	350m: 5:13.12	38.77
	100m: 1:19.17	43.15	200m: 2:51.77	45.41	300m: 4:34.35	51.13	400m: 5:49.43	36.31
9.	Janneke Wynia	WS Twente	6:53.31	199005500	7:01.93	+0,98		
	50m: 48.70	48.70	150m: 2:41.08	55.83	250m: 4:33.67	57.71	350m: 6:18.61	46.62
	100m: 1:45.25	56.55	200m: 3:35.96	54.88	300m: 5:31.99	58.32	400m: 7:01.93	43.32
10.	Claudia Creemers	RZ	7:40.14	199202864	7:11.81	+0,74		
	50m: 42.81	42.81	150m: 2:33.44	55.42	250m: 4:30.92	1:03.22	350m: 6:22.88	48.78
	100m: 1:38.02	55.21	200m: 3:27.70	54.26	300m: 5:34.10	1:03.18	400m: 7:11.81	48.93

Masters 30+

1.	Charlotte Groeneveld	UZSC				5:30.79	198701404		5:36.44		+0,79		
		50m:	32.26	32.26	150m:	1:52.95	41.63	250m:	3:25.41	50.98	350m:	4:57.66	41.06
		100m:	1:11.32	39.06	200m:	2:34.43	41.48	300m:	4:16.60	51.19	400m:	5:36.44	38.78
2.	Nadya Putter	ZVVS				5:33.08	198301630		5:41.98		+0,76		
		50m:	34.79	34.79	150m:	1:57.70	43.11	250m:	3:30.16	49.09	350m:	5:02.59	40.41
		100m:	1:14.59	39.80	200m:	2:41.07	43.37	300m:	4:22.18	52.02	400m:	5:41.98	39.39
3.	Maaïke van Diggele	ZPB H&L Productions				5:52.05	198700868		5:46.66		+0,79		
		50m:	34.75	34.75	150m:	1:58.90	43.85	250m:	3:32.61	50.26	350m:	5:05.75	42.31
		100m:	1:15.05	40.30	200m:	2:42.35	43.45	300m:	4:23.44	50.83	400m:	5:46.66	40.91
4.	Liesbeth van Mill	DWK				6:03.15	198702786		6:01.38		+0,87		
		50m:	38.31	38.31	150m:	2:09.85	46.43	250m:	3:46.25	50.67	350m:	5:19.26	41.69
		100m:	1:23.42	45.11	200m:	2:55.58	45.73	300m:	4:37.57	51.32	400m:	6:01.38	42.12
5.	Linda Hoogendam	WVZ				6:11.36	198300892		6:29.58		+0,74		
		50m:	40.14	40.14	150m:	2:20.95	49.68	250m:	4:07.59	58.28	350m:	5:50.24	43.97
		100m:	1:31.27	51.13	200m:	3:09.31	48.36	300m:	5:06.27	58.68	400m:	6:29.58	39.34

Masters 35+

1.	Roos van Esch			Albion d'ELFT (SG)			5:24.52		198200468		5:28.27		+0,76
	Nederlands Masters Record												
	50m:	34.88	34.88	150m:	1:56.46	42.48	250m:	3:25.74	48.27	350m:	4:52.42	38.30	
	100m:	1:13.98	39.10	200m:	2:37.47	41.01	300m:	4:14.12	48.38	400m:	5:28.27	35.85	
2.	Jolanda van Gendt			PSV			6:12.74		197800266		6:06.37		+0,77
	50m:	40.59	40.59	150m:	2:15.50	46.12	250m:	3:51.89	51.53	350m:	5:25.36	40.97	
	100m:	1:29.38	48.79	200m:	3:00.36	44.86	300m:	4:44.39	52.50	400m:	6:06.37	41.01	
3.	Jessica Venema			WIDEX GZC DONK			6:36.32		197901526		6:23.59		+0,89
	50m:	40.33	40.33	150m:	2:18.74	48.28	250m:	4:02.74	56.15	350m:	5:42.07	43.15	
	100m:	1:30.46	50.13	200m:	3:06.59	47.85	300m:	4:58.92	56.18	400m:	6:23.59	41.52	
4.	Cindy Hillekens			AquAmigos			7:26.46		197801324		7:28.98		+1,03
	50m:	47.25	47.25	150m:	2:44.07	1:01.00	250m:	4:46.97	1:03.37	350m:	6:41.44	49.84	
	100m:	1:43.07	55.82	200m:	3:43.60	59.53	300m:	5:51.60	1:04.63	400m:	7:28.98	47.54	

Programmanr. 32, Dames, 400m wisselslag

Masters 40+

1.	Liselotte Joling	PSV	5:30.28	197500268	5:31.26	+0,88		
	50m: 35.29	35.29	150m: 1:59.32	43.44	250m: 3:28.05	46.47	350m: 4:55.14	38.85
	100m: 1:15.88	40.59	200m: 2:41.58	42.26	300m: 4:16.29	48.24	400m: 5:31.26	36.12
2.	Meritxell Gonfaus Brunet	CN Aquamasters	5:39.37	046062735	5:46.25	+0,67		
	50m: 34.90	34.90	150m: 2:03.35	48.16	250m: 3:38.40	47.67	350m: 5:07.60	40.19
	100m: 1:15.19	40.29	200m: 2:50.73	47.38	300m: 4:27.41	49.01	400m: 5:46.25	38.65
3.	Nadège van Meeteren	De Meer	6:04.60	197400736	6:06.64	+0,85		
	50m: 41.33	41.33	150m: 2:20.40	48.35	250m: 3:55.53	48.17	350m: 5:26.26	42.75
	100m: 1:32.05	50.72	200m: 3:07.36	46.96	300m: 4:43.51	47.98	400m: 6:06.64	40.38
4.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	6:03.51	197500884	6:09.66	+0,86		
	50m: 35.81	35.81	150m: 2:08.80	50.30	250m: 3:51.09	55.00	350m: 5:28.50	42.49
	100m: 1:18.50	42.69	200m: 2:56.09	47.29	300m: 4:46.01	54.92	400m: 6:09.66	41.16
5.	Jannie Vennik	HZ&PC Heerenveen	6:35.13	197601006	6:30.55	+0,92		
	50m: 44.44	44.44	150m: 2:28.80	51.64	250m: 4:13.32	53.97	350m: 5:49.80	41.46
	100m: 1:37.16	52.72	200m: 3:19.35	50.55	300m: 5:08.34	55.02	400m: 6:30.55	40.75

Masters 45+

1.	Evelien van Klaarbergen <i>Kampioenschaps Record</i>			HZ&PC Heerenveen		5:36.57		197200964		5:41.82		+0,80
	50m:	36.37	36.37	150m:	2:01.37	43.52	250m:	3:32.93	49.47	350m:	5:03.50	40.24
	100m:	1:17.85	41.48	200m:	2:43.46	42.09	300m:	4:23.26	50.33	400m:	5:41.82	38.32
2.	Jeanne Petit			De Dinkel		5:48.39		197001020		5:51.46		+0,61
	50m:	35.68	35.68	150m:	2:06.81	49.15	250m:	3:42.27	48.43	350m:	5:12.76	40.06
	100m:	1:17.66	41.98	200m:	2:53.84	47.03	300m:	4:32.70	50.43	400m:	5:51.46	38.70
3.	Heidi den Boer			LINK		5:52.61		196900864		5:55.60		+0,80
	50m:	36.17	36.17	150m:	2:03.90	44.34	250m:	3:40.88	52.50	350m:	5:15.68	40.55
	100m:	1:19.56	43.39	200m:	2:48.38	44.48	300m:	4:35.13	54.25	400m:	5:55.60	39.92
4.	Lidia v. Bon-Rosenbrand			ZPC AMERSFOORT		6:11.19		197000054		5:59.35		+0,92
	50m:	36.71	36.71	150m:	2:06.20	48.16	250m:	3:44.77	49.56	350m:	5:17.59	42.30
	100m:	1:18.04	41.33	200m:	2:55.21	49.01	300m:	4:35.29	50.52	400m:	5:59.35	41.76
5.	Iris van Aurich			DWK		6:25.14		196900866		6:27.95		+0,76
	50m:	44.30	44.30	150m:	2:25.79	49.94	250m:	4:05.74	52.41	350m:	5:45.77	47.18
	100m:	1:35.85	51.55	200m:	3:13.33	47.54	300m:	4:58.59	52.85	400m:	6:27.95	42.18
6.	Peggi Hurenkamp			HZ&PC Heerenveen		6:37.57		196900922		6:40.22		+0,88
	50m:	40.74	40.74	150m:	2:19.69	52.26	250m:	4:09.57	58.40	350m:	5:55.49	46.48
	100m:	1:27.43	46.69	200m:	3:11.17	51.48	300m:	5:09.01	59.44	400m:	6:40.22	44.73

AFGEM Annet Kootstra Swol 1894 6:43.10 197100344

Masters 50+

1.	Marjan Remmits	ZPC Woerden	5:53.86	196300518	6:04.47	+0,86		
	50m: 36.11	36.11	150m: 2:09.36	48.46	250m: 3:47.39	51.50	350m: 5:23.21	43.28
	100m: 1:20.90	44.79	200m: 2:55.89	46.53	300m: 4:39.93	52.54	400m: 6:04.47	41.26
2.	Laura Staal	Oceanus	6:02.21	196700358	6:07.36	+0,81		
	50m: 40.67	40.67	150m: 2:15.31	47.07	250m: 3:53.12	51.14	350m: 5:26.61	41.19
	100m: 1:28.24	47.57	200m: 3:01.98	46.67	300m: 4:45.42	52.30	400m: 6:07.36	40.75
3.	Annemarie Vuist	Swol 1894	6:29.95	196300282	6:21.37	+0,93		
	50m: 41.19	41.19	150m: 2:20.68	50.62	250m: 4:02.16	54.20	350m: 5:39.84	44.66
	100m: 1:30.06	48.87	200m: 3:07.96	47.28	300m: 4:55.18	53.02	400m: 6:21.37	41.53
4.	K. van Nassau van den Heuvel	Old Dutch	6:39.68	196600188	6:55.78	+1,00		
	50m: 47.57	47.57	150m: 2:37.17	55.35	250m: 4:26.22	54.90	350m: 6:08.88	47.41
	100m: 1:41.82	54.25	200m: 3:31.32	54.15	300m: 5:21.47	55.25	400m: 6:55.78	46.90
5.	Hetty Smalheer	SCOM	6:59.07	196700352	7:15.79	+1,03		
	50m: 49.53	49.53	150m: 2:43.47	55.10	250m: 4:37.34	59.47	350m: 6:27.81	48.97
	100m: 1:48.37	58.84	200m: 3:37.87	54.40	300m: 5:38.84	1:01.50	400m: 7:15.79	47.98

Programmanr. 32, Dames, 400m wisselslag
Masters 55+

1.	Pierrette Michel	CNSW				5:41.55	000835/62				5:49.27	+0,90
	Kampioenschaps Record, Belgisch MR											
	50m:	35.95	35.95	150m:	2:02.36	43.19	250m:	3:35.69	50.95	350m:	5:09.17	41.38
	100m:	1:19.17	43.22	200m:	2:44.74	42.38	300m:	4:27.79	52.10	400m:	5:49.27	40.10
2.	Petra Tossings	DAW				6:31.83	196100376				6:26.76	+0,92
	50m:	41.21	41.21	150m:	2:21.62	51.19	250m:	4:05.64	52.72	350m:	5:44.83	45.03
	100m:	1:30.43	49.22	200m:	3:12.92	51.30	300m:	4:59.80	54.16	400m:	6:26.76	41.93
3.	Patty Verhagen	PSV				6:21.51	195900146				6:32.07	+1,01
	50m:	41.53	41.53	150m:	2:26.75	49.66	250m:	4:12.22	57.32	350m:	5:51.45	42.35
	100m:	1:37.09	55.56	200m:	3:14.90	48.15	300m:	5:09.10	56.88	400m:	6:32.07	40.62
4.	Hannie Poletiek	TriVia				7:21.92	195900278				7:14.83	+0,87
	50m:	47.42	47.42	150m:	2:39.79	54.88	250m:	4:35.48	1:01.52	350m:	6:26.16	50.24
	100m:	1:44.91	57.49	200m:	3:33.96	54.17	300m:	5:35.92	1:00.44	400m:	7:14.83	48.67
5.	Marjan Spoelstra	Swol 1894				7:31.44	196000236				7:40.04	+0,84
	50m:	54.86	54.86	150m:	2:59.88	1:00.78	250m:	4:58.75	1:00.59	350m:	6:51.07	51.58
	100m:	1:59.10	1:04.24	200m:	3:58.16	58.28	300m:	5:59.49	1:00.74	400m:	7:40.04	48.97
6.	Lia Bijkerk	WIDEX GZC DONK				8:11.49	196000014				7:56.00	+0,95
	50m:	51.62	51.62	150m:	2:56.41	1:02.77	250m:	5:02.09	1:05.59	350m:	7:04.10	56.19
	100m:	1:53.64	1:02.02	200m:	3:56.50	1:00.09	300m:	6:07.91	1:05.82	400m:	7:56.00	51.90

Masters 60+

1.	Margriet Pasma	De Inktvis	6:51.57	195500088	7:00.69	+0,94		
	50m: 50.63	50.63	150m: 2:41.52	52.02	250m: 4:30.94	58.27	350m: 6:15.65	45.83
	100m: 1:49.50	58.87	200m: 3:32.67	51.15	300m: 5:29.82	58.88	400m: 7:00.69	45.04
2.	Carla Hensen	PSV	7:30.75	195300062	7:32.62	+0,83		
	50m: 47.05	47.05	150m: 2:42.29	58.09	250m: 4:44.21	1:05.98	350m: 6:42.77	51.45
	100m: 1:44.20	57.15	200m: 3:38.23	55.94	300m: 5:51.32	1:07.11	400m: 7:32.62	49.85

Masters 65+

1.	Gonnie Bak	PSV	8:24.27			195100064			8:08.58			+0,93
	Kampioenschaps Record											
	50m:	58.06	58.06	150m:	3:12.86	1:10.92	250m:	5:20.59	1:03.56	350m:	7:16.25	52.77
	100m:	2:01.94	1:03.88	200m:	4:17.03	1:04.17	300m:	6:23.48	1:02.89	400m:	8:08.58	52.33
2.	Antoinette Gilding-Tussaud	WS Twente	8:24.71			195000038			8:32.11			+1,06
	50m:	1:00.45	1:00.45	150m:	3:13.59	1:01.83	250m:	5:26.16	1:11.42	350m:	7:36.27	59.93
	100m:	2:11.76	1:11.31	200m:	4:14.74	1:01.15	300m:	6:36.34	1:10.18	400m:	8:32.11	55.84

**Programmanr. 33
22-01-2017 - 11:35**
4 x 100m wisselslag
**Masters Open
Resultaten**

rang	vereniging		inschrijftijd		startnr.	tijd		RT
80+, Heren								
1.	De Kempvis 1		De Kempvis		4:18.82		4:16.43	+0,71
	Dennis Doove	+0,71	31.76	1:05.47	Floyd van Duyvenbode	+0,29	27.78	1:01.28
	Erik Wegman	+0,35	34.08	1:14.40	Jordi van der Weel	+0,46	26.19	55.28

Programmanr. 33, 4 x 100m wisselslag
80+, Gemengd

1. Nova 1	Nova	4:25.65	4:24.48	+0,63
Janine de Groot	+0,63 34.00 1:10.92	Marcel Groen	+0,23 27.37	1:00.09
Karin Groen	+0,46 36.27 1:18.97	Stefan Kwant	+0,16 25.20	54.50
2. Van Vliet-Barracuda 1	Van Vliet-Barracuda	4:32.84	4:33.26	+0,63
Giulia Rolloos	+0,63 37.08 1:16.11	Emiel van Beusekom	+0,45 28.03	1:00.79
Melissa van der Heijden	+0,26 37.92 1:21.07	Pascal van Haren	+0,40 26.36	55.29
3. ZPB H&L Productions 1	ZPB H&L Productions	4:41.81	4:36.78	+0,73
Lars Schoffeleer	+0,73 31.15 1:04.09	Ruben Stolk	+0,53 29.42	1:04.35
Aylin van Uffelen	+0,55 39.00 1:23.62	Linda Janssen	+0,63 30.57	1:04.72
4. LZ 1886 1	LZ 1886	4:31.71	4:37.40	+0,80
Michael van der Linden	+0,80 32.41 1:08.29	Robin van Beek	+0,60 28.21	1:01.23
Moniek Heemskerk	+0,43 38.85 1:21.75	Tamara Caspers	+0,27 30.78	1:06.13
5. ZC Aquadream 1	ZC Aquadream	4:40.70	4:47.39	+0,72
Valerie Jongenelen	+0,72 35.85 1:15.20	Vincent Dernaux	+0,34 28.05	1:03.91
Jordy Jongenelen	+0,23 36.07 1:18.62	Lilianne Sweere	+0,71 33.13	1:09.66

100+, Dames

1. WVZ 2	WVZ	4:57.98	4:57.18	+0,82
Linda Hoogendam	+0,82 39.46 1:22.01	Nicole Bennis	+0,32 30.36	1:06.89
Yvonne Gerritsen	+0,25 38.97 1:25.37	Isabelle Massar	+0,47 29.33	1:02.91
2. De Meer 1	De Meer	5:07.97	5:07.57	+0,73
Christa Verploeg	+0,73 40.43 1:21.63	Josine van Ballegooijen	+0,45 34.95	1:21.30
Chantal van der Horst	+0,65 36.72 1:17.43	Eline van Gemert	+0,47 32.54	1:07.21
3. Steenwijk 1934 3	Steenwijk 1934	5:49.29	5:48.42	+0,85
Ilse Blankvoort	+0,85 40.30 1:22.55	Lonneke Oenema	+0,52 38.54	1:24.20
Inge Lolkema-Soeters	+0,32 51.13 1:50.37	Charine de Ruiter	+0,76 34.28	1:11.30

100+, Heren

1. ZPC Woerden 1	ZPC Woerden	4:24.80	4:26.90	+0,76
Thijs van den End	+0,76 31.43 1:04.72	Thommy Nickel	+0,65 30.33	1:05.36
Nils Hullegien	+0,45 34.12 1:14.34	Niels van Beurden	+0,34 28.92	1:02.48

100+, Gemengd

1. DIO 1	DIO	4:28.62	4:27.31	+0,69
Mathijs van der Logt	+0,69 29.03 1:00.49	Jolanda Post	+0,33 30.69	1:07.47
Susanne van der Linden	+0,43 38.04 1:21.37	Martino Valentijn	+0,40 27.56	57.98
2. Albion d'ELFT (SG) 2	Albion d'ELFT (SG)	4:34.36	4:31.93	+0,80
Anne Aarts	+0,80 39.40 1:21.30	Roos van Esch	+0,54 32.56	1:10.24
Romero Hennep	+0,51 30.04 1:04.73	Roderik Meijers	+0,13 25.56	55.66
3. RZ 1	RZ	4:35.45	4:35.09	+0,73
Fiona Meuffels	+0,73 36.36 1:14.36	Kelvin Isselt	+0,44 29.80	1:03.50
Patrick Creemers	+0,44 32.91 1:10.96	Sarina Paulussen	+0,12 30.99	1:06.27
4. De Veene 1	De Veene	4:33.09	4:38.06	+0,91
Wessel Everloo	+0,91 33.03 1:07.75	Diederick Schothans	+0,65 29.65	1:04.93
Yvon Versteeg	+0,45 35.67 1:17.14	Diana Lammers	+0,59 32.47	1:08.24
5. LINK 1	LINK	4:42.03	4:45.28	+0,81
Naomi van Gool	+0,81 37.99 1:20.12	Peter Schelvis	+0,60 32.44	1:12.50
Alex Schelvis	+0,27 34.08 1:13.16	Dominique Duesman	28.75	59.50
6. Montferland 1	Montferland	4:47.03	4:52.48	+0,73
Martijn Giezen	+0,73 31.14 1:04.86	Kelly Bockting	+0,34 38.25	1:26.08
Maik Steenkamp	+0,31 33.29 1:11.49	Angela Giezen	+0,55 33.00	1:10.05
7. De Duinkickers 2	De Duinkickers	5:03.24	5:02.79	+0,67
Ruben de Boer	+0,67 37.73 1:17.17	Jeffrey Roest	+0,38 31.82	1:08.70
Maaike de Boer	+0,66 38.82 1:22.32	Manouk Ticheler	+0,55 35.02	1:14.60

NG.ZA ZOB'66 1 ZOB'66 4:50.26

Programmanr. 33, 4 x 100m wisselslag

120+, Dames

1. ZPC Woerden 2	ZPC Woerden	4:53.67	5:00.29	+0,69
Jamilla van Veen	+0,69 31.20 1:04.77	Ilse van den Wijngaard	+0,31 34.19 1:16.48	
Danielle van Veen	+0,61 43.15 1:35.14	Mandy Verbakel	+0,58 30.56 1:03.90	
2. Zwemlust-den Hommel 1	Zwemlust-den Hommel	5:12.23	5:11.58	+0,71
Eline Schoenmaker	+0,71 37.26 1:17.31	Eline Overeem	+0,51 36.65 1:20.46	
Danielle Vermeulen	+0,20 38.10 1:22.29	Inge Hornis	+0,36 33.60 1:11.52	
3. ESCA Zwemmen 1	ESCA Zwemmen	5:22.88	5:25.75	+0,81
Kiona Peters	+0,81 38.24 1:19.88	Jepke van der Werf	+0,24 34.33 1:18.11	
Ilja Janssen	+0,45 41.87 1:30.46	Karin van der Star-Verhoeven	+0,35 35.56 1:17.30	
4. Budel 1	Budel	5:54.25	6:02.85	+0,67
Jolanda Knippenberg	+0,67 48.50 1:37.21	Carola Hompes	+0,62 38.93 1:26.26	
Miriam Stevens	+0,80 50.21 1:45.09	Bregje Kauffmann	+0,68 34.75 1:14.29	

120+, Heren

1. WVZ 1	WVZ	4:26.26	4:19.53	+0,62
Markus van Rest	+0,62 33.85 1:08.69	Nordin Termoshuizen	+0,46 29.41 1:02.97	
Simon van Ravesteijn	+0,58 32.47 1:09.64	Vincent Lapouge	+0,56 27.88 58.23	
2. SGGO (SG) 1	SGGO (SG)	4:31.65	4:39.81	+0,80
Ramon van Huizen	+0,80 34.11 1:10.31	Frank van der Voordt	+0,58 20.00 1:08.73	
Kees Akershoek	+0,31 36.80 1:19.07	Niels Albrechts	+0,44 28.96 1:01.70	
3. De Duinkikkers 1	De Duinkikkers	5:04.01	5:05.03	+0,70
Sven van Zanten	+0,70 34.30 1:12.95	Tim de Zoete	+0,56 33.42 1:16.79	
Robert de Brauwier	+0,26 39.70 1:26.60	Marcel Brittin	+0,44 32.47 1:08.69	

120+, Gemengd

1. ZPC AMERSFOORT 1	ZPC AMERSFOORT	4:37.15	4:25.39	+0,77
Edwin v. Norden	+0,77 30.62 1:02.82	Rob van Vliet	+0,32 29.33 1:05.60	
Larissa Brak	+0,42 34.53 1:14.38	Iris Pijtak	+0,36 29.35 1:02.59	
2. TRB-RES 1	TRB-RES	4:43.75	4:42.61	+0,82
Edith Janssen-Koolen	+0,82 34.17 1:11.62	Maïke Korthout	+0,40 34.16 1:15.05	
Walter Stielstra	+0,70 34.99 1:15.10	Rob Verheul	+0,14 28.55 1:00.84	
3. De IJssel 1	De IJssel	5:02.12	4:59.13	+0,77
Lieke Godschalk	+0,77 38.74 1:21.15	Wijljam Nijenhuis	+0,36 34.38 1:12.88	
Arne van Steenberghe	+0,33 38.17 1:19.94	Martje Godschalk	+0,65 31.43 1:05.16	
4. Leuven Aquatics 1	Leuven Aquatics	5:01.00	5:05.03	+0,69
Liesbeth Lacroix	+0,69 40.15 1:22.80	Jimmy Swiggers	+0,45 35.73 1:19.93	
Karlien Manderveld	+0,54 37.75 1:21.05	Yannick Vanderborght	+0,67 29.35 1:01.25	
5. AZC 2	AZC	5:13.57	5:05.63	+0,77
Guido Keutgen	+0,77 32.02 1:08.07	Lex Wortman	+0,43 32.03 1:09.08	
Mariska Zaal	+0,45 41.38 1:31.15	Samantha Go	+0,31 35.30 1:17.33	
6. De Treffers 1	De Treffers	5:04.74	5:05.73	+0,67
Laura de Haas	+0,67 40.80 1:22.88	Marlijn Mulders	+0,29 34.39 1:14.52	
Eric de Haas	+0,37 39.49 1:23.54	Wilko Heemskerk	+0,54 30.17 1:04.79	
7. Steenwijk 1934 1	Steenwijk 1934	5:03.99	5:11.84	+0,79
Wilna Heijman	+0,79 42.57 1:27.35	Nanda de Vries	+0,38 34.24 1:16.32	
Korstaan de Boer	+0,21 42.41 1:29.46	Mike Koelewijn	+0,42 27.47 58.71	
8. DBD 1	DBD	5:30.51	5:32.21	+0,80
Ingrid Versteegen	+0,80 45.19 1:32.42	Peter Eshuis	+0,30 32.90 1:13.89	
Regine Beckers-Stribos	+0,62 42.39 1:32.67	Marc Bunkers	+0,79 33.07 1:13.23	
9. Budel 2	Budel	5:50.92	5:48.95	+0,79
Elly Scheepers	+0,79 40.92 1:25.36	Dyon de Greef	+0,38 37.49 1:22.18	
Judith van der Heijden	+0,47 49.84 1:48.54	Edward van Nijmweegen	+0,61 34.06 1:12.87	

Programmanr. 33, 4 x 100m wisselslag

160+, Dames

1. DAW 10	DAW			5:29.20		5:22.67	+0,74
Agnes van Brug	+0,74	40.96	1:23.58	Ilona Hogerheyde	+0,53	34.20	1:16.80
Petra Tossings	+0,44	44.79	1:33.43	Jacqueline Tuin	+0,42	32.60	1:08.86
2. De Rog 3	De Rog			5:34.00		5:34.89	+0,79
Sandra Peeters-Wiermans	+0,79	40.08	1:22.76	Catarina Matos	+0,64	41.41	1:31.26
Arianne Hamakers	+0,40	42.74	1:31.75	Esther Vergeest	+0,13	32.47	1:09.12
3. De Geul 1	De Geul			5:40.78		5:39.54	+0,76
Susanne Prins-Molenwijk	+0,76	41.17	1:23.12	Marijke Campfens	+0,58	40.29	1:28.35
Aafke Groot	+0,48	42.35	1:29.38	Denise van Dongen	+0,59	35.28	1:18.69
4. Old Dutch 1	Old Dutch			5:31.88		5:40.54	+0,91
Karin van Nassau van den Heuvel	+0,91	46.41	1:34.22	Chantal Verhoeff	+0,37	34.66	1:18.98
Chantal Gerritsen-Driesen	+0,65	44.81	1:35.17	Claudia van der Straate de Jong	+0,66	35.02	1:12.17

160+, Heren

1. Albion d'ELFT (SG) 1 <i>Nederlands Masters Record</i>	Albion d'ELFT (SG)			3:58.31		4:03.20	+0,76
Egbert Stolk	+0,76	30.24	1:02.43	Hugo Bregman	+0,33	28.79	1:01.85
Erik Simons	+0,46	30.28	1:06.31	Nol van Thull	+0,58	25.11	52.61
2. De Gelenberg 1	De Gelenberg			4:31.77		4:33.43	+0,74
John Cobussen	+0,74	32.06	1:08.24	Marcel van Winssen	+0,49	30.50	1:07.20
Rob Janssen	+0,52	36.71	1:19.05	Erik Lamers	+0,52	28.45	58.94
3. Steenwijk 1934 2	Steenwijk 1934			4:35.48		4:42.28	+0,65
Casper Dollekamp	+0,65	39.87	1:23.54	Rick Driezen	+0,61	27.81	1:00.90
Huib Stegeman	+0,53	37.66	1:22.95	Lauren Vis	+0,52	25.65	54.89
4. Swol 1894 1	Swol 1894			4:43.52		4:51.39	+0,85
Machiel Stolk	+0,85	35.18	1:12.70	Kasper van den Berghe	+0,65	34.27	1:17.44
Michael van Bekkum	+0,49	35.57	1:17.27	Johan Wezenberg	+0,30	29.85	1:03.98
5. DAW 12	DAW			4:47.52		4:53.67	+0,75
Stefan Holmstrom	+0,75	34.34	1:11.21	Hans Schoenmakers	+0,31	35.65	1:19.65
Dennis Kraakman	+0,55	36.09	1:18.86	Jeroen Kort	+0,49	30.61	1:03.95
6. ZOB'66 2	ZOB'66			5:05.78		5:10.12	+0,58
Ian van Mullem	+0,58	36.63	1:15.84	Ferry Blangé	+0,17	31.48	1:09.73
Dré Klaassen	+0,02	45.19	1:37.01	Ingmar de Gelder	+0,26	32.48	1:07.54
7. De Rog 2	De Rog			5:15.00		5:19.65	+0,66
Cees Kersten	+0,66	41.97	1:28.00	Roy le Clercq	+0,53	38.51	1:26.86
Reinier Ellenkamp	+0,35	36.37	1:18.05	Wijnand Vergeest	+0,44	31.62	1:06.74

NG DAW 11 DAW 4:23.94

160+, Gemengd

1. DWK 1	DWK			4:46.24		4:47.03	+0,72
Ellen van Wingerden-Dijkhuizen	+0,72	40.15	1:22.53	Kevin Eltink	+0,29	25.73	55.97
Iris van Aurich	+0,34	41.50	1:29.48	Martin Kaptein	+0,31	27.72	59.05
2. ZPC AMERSFOORT 2	ZPC AMERSFOORT			4:59.01		4:50.32	+0,75
Atie Pijtak-Radersma	+0,75	40.39	1:22.62	Erwin Buist	+0,20	27.62	1:00.41
Ron Korzelius	+0,22	37.02	1:19.57	Lidia v. Bon-Rosenbrand	+0,27	31.30	1:07.72
3. De Ward 1	De Ward			5:00.41		4:57.04	+0,71
Maarten Poos	+0,71	37.99	1:16.92	Antwan van Engen	+0,53	29.66	1:04.73
Eva Kattouw	+0,36	41.95	1:30.67	Yvette Ratering	+0,63	30.76	1:04.72
4. ZVVS 1	ZVVS			5:06.94		5:01.96	+0,80
Freddy v.d. Veen	+0,80	37.41	1:17.16	Nadya Putter	+0,21	32.40	1:10.92
Helena Mels	+0,57	44.42	1:34.84	Bas v.d. Nouwelant	+0,32	27.62	59.04
5. RZC 1	RZC			5:13.48		5:09.45	+0,79
Jule Verschoor-Holland	+0,79	42.03	1:26.85	Geert van Duinhoven	+0,60	33.28	1:12.83
Bert de Weerd	+0,25	38.20	1:21.28	Rita van der Horst	+0,32	31.63	1:08.49
6. Patrick-De Roersoppers (SG) 3	Patrick-De Roersoppers (SG)			5:13.59		5:11.85	+0,75
Emmy Slabbers	+0,75	38.36	1:22.21	Jeroen Meuleners	+0,17	33.69	1:20.06
Arno Schrauwen	+0,35	36.66	1:18.97	Martine de Haart	+0,40	33.61	1:10.61
7. HZ&PC Heerenveen 1	HZ&PC Heerenveen			5:12.29		5:13.16	+0,95
Jannie Vennik	+0,95	44.11	1:31.10	Marten de Groot	+0,46	33.10	1:10.82
René Beetsma	+0,29	34.78	1:16.00	Peggi Hurenkamp	+0,83	36.07	1:15.24

Programmanr. 33, Gemengd, 4 x 100m wisselslag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
8.	WIDEX GZC DONK 1	WIDEX GZC DONK	5:35.24	5:36.99	+0,74
	Jacqueline de Ruiter-Wijnolst	+0,74 39.79 1:22.10	Nathasja Konijn	+0,63 43.03 1:33.08	
	Willem Jan Ribberink	+0,58 41.41 1:29.17	Pierre de Groot	+0,54 34.70 1:12.64	

200+, Dames

1.	PSV 2	PSV	5:03.43	5:05.43	+0,68
	<i>Europees Masters Record, startzwemmer NMR</i>				
	Gudule van der Meer	+0,68 34.61 1:11.78	Liselotte Joling	+0,77 34.79 1:14.77	
	Trudy Ketting	+0,45 37.03 1:19.35	Corrie Verhoeven	+0,57 37.19 1:19.53	

200+, Heren

1.	De Rog 1	De Rog	4:34.62	4:35.06	+0,78
	Erik Kamphuis	+0,78 36.02 1:12.14	Peter Bensen	+0,39 30.61 1:06.76	
	Glen le Clercq	+0,29 33.16 1:13.75	Rob Spetter	+0,33 29.63 1:02.41	

200+, Gemengd

1.	Swol 1894 4	Swol 1894	5:30.44	5:25.90	+0,74
	Peter Lommert	+0,74 37.05 1:17.34	Erik Wetsteijn	+0,64 36.68 1:19.39	
	Annemarie Vuisst	+0,67 44.80 1:33.30	Christien Nieuwenhuis	+0,70 35.55 1:15.87	
2.	CNSW 1	CNSW	5:46.28	5:57.96	+0,80
	Ramon Alsina Munoz	+0,80 44.32 1:31.31	Fernande Gourmet-Blondeel	+0,34 52.28 1:56.76	
	Isaline Manchel	+0,40 41.64 1:28.89	Lionel Godeaux	+0,33 28.65 1:01.00	

240+, Heren

1.	PSV 1	PSV	4:51.06	4:50.13	+0,73
	<i>Europees Masters Record</i>				
	Brend Brevé	+0,73 36.33 1:14.79	Fred Ketting	+0,53 32.17 1:10.30	
	Hans Wijsman	+0,51 37.95 1:21.64	Joop Ariaens	+0,71 30.02 1:03.40	
2.	WWV 1	WWV	5:27.53	5:33.24	+0,77
	Kees-Jan van Overbeeke	+0,77 35.73 1:13.78	Ruud Ruiter	+0,23 38.70 1:26.28	
	Laurens Klein Breteler	+0,53 41.74 1:30.86	Theo Schouten	+0,70 39.35 1:22.32	

240+, Gemengd

1.	AZC 1	AZC	6:10.83	6:20.41	+0,86
	Monique Munnik	+0,86 43.36 1:29.82	Wim de Lange	+0,44 38.39 1:29.94	
	Wil Ponsioen-van Mil	+0,75 53.42 1:54.99	Geza Kaltenecker	+0,76 39.92 1:25.66	

320+, Gemengd

1.	Antwerpse Zwemclub Scaldis Antwerpse Zwemclub Scaldis	Antwerpse Zwemclub Scaldis	7:30.47	7:12.41	+0,92
	<i>Wereld Masters Record</i>				
	Jozef Van Roy	+0,92 54.74 1:56.29	Joseph Meyten	+0,59 46.11 1:39.28	
	Agnes Van Obberghen-Pieters	+0,81 54.77 1:56.56	Eliane Pellis	+0,34 46.49 1:40.28	

DIS	PSV 3	PSV	7:55.52		+1,03
	<i>EC - De estafette niet gezwommen met de opgegeven deelnemers.**, NMR startzwemmer (onjuiste tweede zwemmer)</i>				
	Lottie Geurts	+1,03 1:01.74 2:02.95	Rob Hanou		
	Alice Lindhout		Bob Berg		

7 - ONMK 2017 kb sessie 7

22-01-2017 - 13:30

Programmanr. 35
22-01-2017 - 13:30

Heren, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Marcel Groen	Nova	25.41	199700239	25.75	+0,69
2.	Romero Hennep	Albion d'ELFT (SG)	26.08	199304929	26.50	+0,61
3.	Nick Sijmons	De Amstel	27.45	199500491	26.92	+0,49
4.	Roel Rademaker	SPONS	27.71	199406633	27.41	+0,74
5.	Teun Strijbosch	Merlet	27.36	199603041	27.53	+0,61
6.	Vincent Dermaux	ZC Aquadream	28.72	199600599	28.31	+0,75
7.	Jordi van der Weel	De Kempvis	33.48	199600359	28.32	+0,78
8.	Dieder Schuurmans	Merlet	28.35	199500447	28.33	+0,60
9.	Hiras Ferrandino	DWT	28.74	199306527	28.36	+0,58
10.	Hans Stoffers	Triton Putten	28.42	199604027	29.02	+0,66
11.	Jesper Honken	Nova	29.53	199600085	29.11	+0,82
12.	Jorden Theijink	ZPC De Hof	27.86	199400323	29.13	+0,76
13.	Diederick Schothans	De Veene	29.13	199703185	29.24	+0,76
14.	Joey van der Valk	ZOB'66	29.93	199602191	29.65	+0,71
15.	Thijs de Vos	De Rijn	29.37	199600675	30.04	+0,61
16.	Jordy Jongenelen	ZC Aquadream	30.19	199504995	30.17	+0,63
17.	Mike Koelewijn	Steenwijk 1934	30.58	199303597	30.18	+0,71
18.	Lex Wortman	AZC	29.94	199503563	30.45	+0,83
19.	Jeffrey Camphens	DWT	28.62	199503113	30.47	+0,64
20.	Ian van Mullem	ZOB'66	32.02	199602545	32.30	+0,76
21.	Nils Hullegien	ZPC Woerden	31.73	199705371	33.06	+0,74
22.	Rens Klok	ZPC Woerden	33.21	199602045	34.85	+0,86
23.	Maarten Steekelenburg	Aquamania	35.80	199300479	35.72	+0,76

Masters 25+

1.	Jesper Oranje	De Duck	26.07	199200997	25.38	+0,73
2.	Bas Berndes	Merlet	28.45	198900217	28.62	+0,78
3.	Ruben Stolk	ZPB H&L Productions	29.13	199005665	28.75	+0,74
4.	Joppe Schuurmans	Merlet	28.45	198905447	29.02	+0,66
5.	Jelte Schuurmans	Merlet	28.71	199104841	29.09	+0,74
6.	Stefan Kwant	Nova	29.85	199200781	29.12	+0,66
7.	Rens Post	WVZ	29.62	199101827	29.16	+0,68
8.	Martin Teley	PSV	29.66	198906059	29.26	+0,75
9.	Maik Steenkamp	Montferland	28.26	199103847	29.27	+0,72
10.	Vincent Lapouge	WVZ	30.23	198806237	29.35	+0,80
11.	Sander Heijnen	ZEPS	29.00	199001199	29.38	+0,73
12.	Niels van Beurden	ZPC Woerden	29.38	198805669	29.66	+0,72
13.	Jeffrey van 't Schip	De Amstel	30.04	199102035	30.15	+0,79
14.	Patrick Holthuizen	Albion d'ELFT (SG)	31.00	199107681	31.48	+0,61
15.	Daan van Erp	PSV	30.48	198903833	31.50	+0,81
16.	Patrick de Jonge	ZPC Woerden	30.09	198906635	31.58	+0,79
17.	Peter Schelvis	LINK	32.06	198906671	32.55	+0,93
18.	Florian Edelenbosch	De Krabben	35.56	199206673	32.96	+0,75
19.	Stefan Oostendorp	AZC	35.40	199005615	34.71	+0,84

Masters 30+

1.	Joan Kentrop	Zwemlust-den Hommel	25.44	198503575	25.21	+0,70
<i>Nederlands Masters Record</i>						
2.	Alex Schelvis	LINK	26.49	198702927	26.96	+0,78
3.	Bart Drechsel	WZK Zwemmen	27.23	198604135	27.35	+0,63
4.	Roderik Meijers	Albion d'ELFT (SG)	27.36	198602063	28.08	+0,67
5.	Rick Driezen	Steenwijk 1934	27.65	198600713	28.27	+0,80
6.	Rob van Vliet	ZPC AMERSFOORT	29.22	198402459	29.10	+0,88
7.	Pieter Pickhardt	ZPC De Hof	29.09	198301657	29.47	+0,77
8.	Peter van de Bor	DWT	29.81	198402897	29.55	+0,73

Programmanr. 35, Heren, 50m vlinderslag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
9.	Martijn Giezen	Montferland	28.45	198500813	29.81	+0,71
10.	Ferry Blangé	ZOB'66	30.03	198300185	30.12	+0,74
11.	Frank van der Voordt	SGGO (SG)	30.07	198302259	30.50	+0,74
12.	Tim van den Berg	MNC Dordrecht	30.43	198500157	30.57	+0,71
13.	Mark Effing	Merlet	30.90	198600761	30.88	+0,80
14.	Ronald Vullings	Merlet	31.00	198703655	31.41	+0,83
15.	Huub Mars	EZC	31.12	198702169	31.70	+0,81
16.	Mark Godwaldt	PSV	32.14	198701039	32.08	+0,81
17.	Donovan Lozano	CNSW	35.19	006144/86	32.37	+0,84
18.	Harmen Reemst	ZOB'66	32.91	198702715	34.47	+0,74
19.	Sebastiaan Baars	WS Twente	33.76	198300053	35.47	+0,95

Masters 35+

1.	Andrew Kurnosov <i>Kampioenschaps Record</i>	Troika	26.14		26.11	+0,70
2.	Richard Claus	Mosa-Regio	27.54	198000265	27.01	+0,65
3.	Erwin Buist	ZPC AMERSFOORT	31.78	197800183	27.24	+0,75
4.	Lauren Vis	Steenwijk 1934	26.70	198201883	27.42	+0,64
5.	Evgeny Ryzhov	Sprut	27.22	101628	27.53	+0,84
6.	Joost Hoetjes	DAW	27.53	197800425	28.08	+0,73
7.	Mark Zwart	Zwemlust-den Hommel	30.14	197901461	29.68	+0,79
8.	Erik Drost	PSV	33.43	197901491	31.64	+0,87
9.	Michel Wigbers	DWT	33.68	198001743	32.01	+0,80
10.	Peter Eshuis	DBD	32.00	198000375	32.62	+0,79
11.	Ingmar Kooman	LZ 1886	33.36	197901517	32.86	+0,82
	Bart Sieczynski	MZ&PC	32.45	197901995	32.86	+0,71
13.	Peter Lommert	Swol 1894	36.88	197900787	35.37	+0,94
14.	Dyon de Greef	Budel	35.70	198202385	35.89	+0,78
NG	Kars Luttk	DAW	30.04	197800675		

Masters 40+

1.	Frédéric Tonus <i>Kampioenschaps Record, Belgisch MR</i>	Liège Natation	26.20	003911/73	26.42	+0,74
2.	Kelvin Isselt	RZ	28.74	197601119	28.68	+0,59
3.	Jeroen Zelsmann	Upstream Amsterdam	28.09	197701551	28.77	+0,68
4.	Kees Bakker	Gay Swim Amsterdam	29.45	197501055	28.92	+0,73
5.	Alex Damen	DAW	29.04	197501371	29.00	+0,72
6.	Patrick Roozeboom	WS Twente	29.48	197701643	29.31	+0,81
7.	Pieter Broek	Zwemvereniging Westland	30.30	197701637	29.82	+0,75
8.	Walter Stielstra	TRB-RES	29.72	197701651	29.87	+0,80
9.	Johan Wezenberg	Swol 1894	32.13	197601023	32.81	+0,96
10.	Ivo Verdonshot	Budel	35.39	197500903	33.72	+0,76
11.	Mohamed Abou Gebba	CNSW	36.55	005045/75	34.63	+0,76

Masters 45+

1.	Vladislav Bragin <i>Kampioenschaps Record, Czech MR</i>	Swimmpower Prague	28.16	15009	26.58	+0,69
2.	Marcel van Winssen	De Gelenberg	28.81	197101477	28.61	+0,80
3.	Antwan van Engen	De Ward	29.86	197101577	29.27	+0,73
4.	René Beetsma	HZ&PC Heerenveen	30.33	196900069	30.18	+0,74
5.	Arjon de Bok	De Biesboschzwemmers	30.28	196900125	30.48	+0,78
6.	Richard Ricksen	NIMO	29.99	197000841	30.49	+0,80
7.	Kees Akershoek	SGGO (SG)	30.39	196900009	30.52	+0,69
8.	Arvydas Burinskas	Kauno Takas	29.94		30.56	+0,76
9.	Jeroen Kort	DAW	30.45	196801543	30.96	+0,75
10.	Michael van Bekkum	Swol 1894	31.63	197200051	31.18	+0,77
11.	Jos Wensink	WS Twente	30.30	196901719	31.46	+0,70
12.	Wijlo Mackus	Budel	31.90	197101557	32.46	+0,89
13.	Hans Schoenmakers	DAW	32.49	196900863	33.20	+0,82
14.	Harold Brouwer	De Gelenberg	32.93	197201569	33.36	+0,81

Programmanr. 35, Heren, 50m vlinderslag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
15.	Philip van der Gaag	Zwemvereniging Westland	35.40	196801627	33.84	+0,76
16.	Marcel Brittijn	De Duinkikkers	32.70	196900159	34.28	+0,63
17.	Joop Weenink	WS Twente	35.23	196801535	35.50	+0,98
18.	Nico Smets	Leuven Aquatics	35.84	11232/71	35.67	+0,74
19.	Bas van Gool	De Geul	35.56	197201435	36.04	+0,76
20.	Edward van Nijmweegen	Budel	36.38	197001635	36.76	+0,92
DIS	Pieter van Gemenen	DAW	29.75	196901779		
AA - Gestart voor het startsignaal (en wel gezwommen).						
NG	Vili Adam	HPC	31.52	196901753		

Masters 50+

1.	Peter Bernsen	De Rog	28.47	196301119	28.84	+0,68
2.	Pieter Derckx	ZEPS	30.45	196501241	29.64	+0,73
3.	Martin Kaptein	DWK	29.98	196701677	30.27	+0,85
4.	Wiljam Nijenhuis	De IJssel	30.25	196400547	30.37	+0,79
5.	Erik Wetsteijn	Swo1 1894	31.10	196501019	30.90	+0,69
6.	Phil Trethewie	Den Doorn	30.87	196501315	30.96	+0,69
7.	Rob Verheul	TRB-RES	31.34	196601571	31.96	+0,77
8.	Hans Vloedgraven	Old Dutch	32.30	196400917	32.15	+0,89
9.	Erik Saan	De Duck	31.69	196500769	32.17	+0,91
10.	Geert van Duinhoven	RZC	32.46	196401263	32.57	+0,89
11.	Michel van Wingerden	DWK	32.75	196701629	32.62	+0,87
12.	Paul Wijnja	De Biesboschzwemmers	32.47	196301403	32.98	+0,73
13.	Meindert Tuinstra	H2Oldambt	34.02	196600853	33.97	+1,06
14.	Robert de Brauwier	De Duinkikkers	33.32	196401383	34.64	+0,83
15.	Roy le Clercq	De Rog	36.45	196401041	36.82	+0,89
16.	Richard Rozema	Albion d'ELFT (SG)	37.35	196701583	38.28	+0,84
NG	Fred Heemstra	DAW	30.96	196500357		
NG	Simon Franken	HPC	32.31	196601581		

Masters 55+

1.	Hugo Bregman	Albion d'ELFT (SG)	27.54	195800069	27.65	+0,75
2.	Lionel Godeaux	CNSW	28.59	000217/60	28.80	+0,64
3.	Marten de Groot	HZ&PC Heerenveen	31.30	195800149	30.26	+0,79
4.	Fred Ketting	PSV	29.80	196000289	30.57	+0,91
5.	Kees-Jan van Overbeeke	WWV	29.96	196200489	30.68	+0,84
6.	Joop Ariaens	PSV	30.91	195900747	30.88	+0,83
7.	Hans Westerhof	WS Twente	30.66	196200743	31.34	+0,86
8.	Ronald Grove	Oceanus	34.34	196100161	32.76	+0,67
9.	Adrian Ortiz Buitrago	WIDEX GZC DONK	33.09	196000931	33.72	+0,75
10.	Henk Kuipers	UZSC	35.26	196201207	34.45	+0,77
11.	Jaap de Boer	De Duinkikkers	36.22	195800691	36.69	+0,79
12.	Wim de Lange	AZC	36.35	195800533	37.79	+0,79

Masters 60+

1.	Nartano Glijn	UZSC	32.06	195500449	32.58	+0,85
2.	Paul Bunnik	Triton	35.21	195600413	34.51	+0,90
3.	Ruud Ruiter	WWV	35.22	195300169	34.98	+0,86
4.	Wim Scherpenisse	UZSC	35.60	195500447	35.59	+1,22

Masters 65+

1.	Brend Brevé	PSV	32.39	195200265	32.08	+0,86
2.	Péter Gulyás	Budapesti Delfinek	32.48		32.94	+0,78
3.	Henk van Hezel	MZ&PC	35.83	195100239	36.61	+0,72
4.	Jos Kamps	Zwemvereniging Hoogland	41.94	195100085	44.25	+0,91

Programmanr. 35, Heren, 50m vlinderslag

Masters 70+

1.	Theo Schouten	WWV	41.13	194600161	41.62	+1,02
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Masters 75+

1.	Nico Baay	Old Dutch	57.40	194200053	1:00.87	+0,81
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Programmanr. 36
22-01-2017 - 13:50

Dames, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Zoë van der Aart <i>Nederlands Masters Record</i>	ZPCH	28.98	199503152	28.36	+0,76
2.	Evy Ulijn	Arethusa	28.92	199604100	29.17	+0,70
3.	Rosanne Ligtoet	Hydrofiel	30.26	199501212	29.84	+0,71
4.	Karin Groen	Nova	30.05	199502440	29.92	+0,64
5.	Dominique Duesman	LINK	30.24	199603560	29.94	+0,67
6.	Lianne Molkenboer	EZC	29.56	199602034	29.97	+0,76
7.	Liesa Vrielinck	BZK	30.45	21068/93	30.56	+0,74
8.	Fenna de Groot	De Kempvis	29.95	199701796	30.82	+0,67
9.	Melissa van der Heijden	Van Vliet-Barracuda	31.44	199605226	30.99	+0,68
10.	Chantal Beijer	DWT	32.85	199700884	31.43	+0,67
11.	Kim Loeffen	Merlet	30.72	199403432	31.75	+0,81
12.	Tessa Mol	De Rijn	32.24	199501396	31.96	+0,72
13.	Suzanne Mosch	MSV-Zeemacht	29.59	199400548	32.00	+0,67
14.	Nikki Hoogeboom	De IJssel	32.03	199301196	32.16	+0,79
15.	Maike Korthout	TRB-RES	31.26	199406034	32.17	+0,67
16.	Giulia Rolloos	Van Vliet-Barracuda	32.27	199500946	32.37	+0,77
17.	Michelle Bellekom	WZK Zwemmen	32.54	199606484	32.66	+0,74
18.	Whitney van Hoeckel	DIO	31.85	199402390	32.74	+0,75
19.	Carina Spronk	De Vennen	31.66	199702382	33.30	+0,73
20.	Hilde Grondhout	Merlet	33.72	199602300	33.37	+0,71
21.	Janine de Groot	Nova	33.64	199500092	33.40	+0,83
22.	Sarina Paulussen	RZ	33.01	199307426	33.44	+0,71
23.	Valerie Jongenelen	ZC Aquadream	34.12	199705304	33.84	+0,74
24.	Josine van Ballegooijen	De Meer	34.31	199703310	34.01	+0,71
25.	Eline van Gemert	De Meer	34.07	199505458	34.12	+0,65
26.	Lilianne Sweere	ZC Aquadream	36.60	199704376	35.01	+0,72
27.	Eva Kattouw	De Ward	33.03	199407168	35.25	+0,70
28.	Mariëtte Bulman	ZC Aquadream	33.02	199506846	35.76	+0,57
29.	Naomi van Gool	LINK	33.82	199505166	35.78	+0,72
30.	Nouska van Leur	De Gelenberg	37.89	199503230	37.14	+0,83
31.	Elske Eikholt	Merlet	38.85	199305032	37.46	+0,82
32.	Chadassa Mannee	De Geul	38.49	199501044	39.48	+0,83
DIS	Henriëtte Dijkdrent	Katwijk	52.94	199307886		

VI - Met één hand keer- en/of eindpunt aangetikt.

Masters 25+

1.	Cora van Dorst	De Krabben	29.72	199106218	28.72	+0,64
2.	Jolanda Post	DIO	29.06	199004848	29.59	+0,71
3.	Stéphanie Bergsma	Dedemsvaart-AC	29.46	199203374	29.66	+0,66
4.	Merel van der Kieft	EZC	30.17	199200920	29.83	+0,67
5.	Monique Lindenberg	De Bevelanders	30.83	199002360	30.41	+0,73
6.	Fanny Koenig	CNSW	31.25	003083/89	31.12	+0,69
7.	Nanda de Vries	Steenwijk 1934	32.91	199204328	31.64	+0,73
8.	Evelien Terpstra	EZC	31.56	199005654	31.76	+0,74
9.	Fraukje Puts	HZ&PC Heerenveen	31.34	199206470	32.05	+0,71
10.	Karin Simons	WZK Zwemmen	32.14	198903804	32.08	+0,75

Programmanr. 36, Dames, 50m vlinderslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
11.	Sabine Lina	The Hague Swimming (SG)	31.59	198902680	32.37	+0,75
12.	Christa Stam	RSW (SG)	31.62	198806790	32.42	+0,79
13.	Natalie van der Hoeven	ZVVS	32.90	198901786	32.43	+0,78
14.	Danila van den Hoogenband	Nuenen	32.68	199001558	32.86	+0,85
15.	Tamara Caspers	LZ 1886	31.81	199007272	32.88	+0,78
16.	Danielle Vermeulen	Zwemlust-den Hommel	33.63	199108534	33.03	+0,71
17.	Karliën Manderveld	Leuven Aquatics	32.49	21217/88	33.25	+0,84
18.	Lindsey Hol	De Meer	33.79	199008088	33.85	+0,75
19.	Romée Marchand	RZC	35.39	199108600	34.36	+0,81
20.	Kiona Peters	ESCA Zwemmen	34.97	198903272	34.66	+0,85
21.	Kelly Bockting	Montferland	34.80	199104050	35.32	+0,80
22.	Jose Janssen	Mosa-Regio	33.02	198907324	35.77	+0,67
23.	Anne Aarts	Albion d'ELFT (SG)	34.32	199207942	36.43	+0,72
24.	Vivian Brak	ZPC Woerden	35.34	199000520	36.66	+0,82
25.	Senna van Dongen	De Geul	35.84	199100760	36.76	+0,85
26.	Joëlle Vaes	DIO	36.80	199007576	37.22	+0,58
27.	Kirsten de Vries	EZC	40.31	199004090	37.99	+0,97
28.	Claudia de Win	De Geul	45.06	199103554	40.18	+0,84
AFGEM	Rebecca Evers	ZOB'66	32.00	199207916		

Masters 30+

1.	Pauline Gouwens	DWK	27.95	198400790	28.42	+0,69
2.	Charlotte Groeneveld	UZSC	30.14	198701404	30.27	+0,76
3.	Olga Volman-Maiorova	NDD	31.82	198504188	31.41	+0,68
4.	Elles van Leeuwen	PSV	32.87	198602240	32.18	+0,87
5.	Miranda Pijnenburg	De Treffers	32.34	198301216	32.62	+0,85
6.	Nienke van Stipriaan	PSV	32.45	198703970	32.87	+0,96
7.	Marije Jansen	Aquarijn	32.68	198504088	33.56	+0,78
8.	Lieke Godschalk	De IJssel	34.16	198601244	33.91	+0,88
9.	Marieke van Dodeweerd	RZC	35.04	198600896	34.04	+0,86
10.	Caroline van Tiggelen	Scheldestroom	33.65	198301970	34.83	+0,63
11.	Jacqueline Wissink	PSV	38.12	198503286	35.93	+0,76
12.	Manouk Ticheler	De Duinkickers	38.12	198705416	37.52	+0,79
13.	Lisette van den Bos	De Geul	37.93	198700468	39.01	+0,82
14.	Samantha Go	AZC	41.11	198403552	41.59	+0,78
15.	Kim de Groot	ZEPS	42.14	198601318	41.70	+0,76
16.	Fabienne Jeukens	Zwemvereniging Hoogland	42.70	198401156	42.44	+0,87
NG.ZA	Denise de Riet	ZZ&PC De Devel	39.51	198402040		

Masters 35+

1.	Anna Duda	RMKS Rybnik	29.86		29.71	+0,67
	<i>Kampioenschaps Record</i>					
2.	Chantal Verhoeff	Old Dutch	32.36	197900912	32.49	+0,89
3.	Liesbeth Lacroix	Leuven Aquatics	32.32	21227/78	33.27	+0,68
4.	Annette Wolbrink	De IJssel	36.92	198202488	37.71	+0,73
5.	Sandra van der Helm	De Rog	42.60	197801340	43.57	+0,87

Masters 40+

1.	Olivia Lorton	Swimming Luxembourg	31.13	9981	31.35	+0,70
	<i>Luxembourg MR</i>					
2.	Edith Janssen-Koolen	TRB-RES	32.48	197300898	31.80	+0,75
3.	Ilona Hogerheyde	DAW	33.12	197400224	33.20	+0,74
4.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	33.06	197500884	33.22	+0,86
5.	Sandra Peeters-Wiermans	De Rog	34.54	197401032	33.59	+0,68
6.	Petra Versteegen	WVZ	37.20	197700906	34.76	+0,86
7.	Esther Vergeest	De Rog	38.08	197700012	36.24	+0,80
8.	Chantal Gerritsen-Driesen	Old Dutch	36.67	197601074	36.99	+0,85

Programmanr. 36, Dames, 50m vlinderslag

Masters 45+

1.	Jeanne Petit	De Dinkel	31.28	197001020	30.98	+0,71
2.	Monique Tuijp	WZ&PC Purmerend	32.86	196900800	33.15	+0,74
3.	Marjo Goelema-Koek	De Biesboschzwemmers	33.33	196900192	33.39	+0,70
4.	Wanda Derckx-Weusten	ZEPS	34.11	197200624	33.56	+0,70
5.	Yvette Ratering	De Ward	34.51	197200990	33.73	+0,86
6.	Katja de Beer	PSV	34.44	196800888	34.18	+0,75
7.	Rita van der Horst	RZC	35.22	196900260	35.68	+0,77
8.	Henriëtte Manting	GZVW	34.64	197100246	35.70	+0,87
9.	Eline Overeem	Zwemlust-den Hommel	37.21	197101048	36.51	+0,83
10.	Renata Gadliauskiene	Kauno Takas	38.21		36.66	+0,81
11.	Marijke Campfens	De Geul	38.84	196900960	36.92	+0,75
12.	Danielle van Veen	ZPC Woerden	36.17	196901048	37.44	+0,89
13.	Inge van Gasteren	AZC	38.93	197201014	37.77	+0,81
14.	Catarina Matos	De Rog	37.92	197200976	37.82	+0,82
15.	Nathasja Konijn	WIDEX GZC DONK	41.64	197100992	39.82	+0,71
16.	Wendy Hendriks-Verhagen	TRB-RES	40.99	197101038	40.83	+0,88
17.	Evelien Naatje	WS Twente	40.73	197200838	41.06	+1,03
18.	Dianne Nien	RZ	40.17	197100452	41.61	+0,61
19.	Miriam Stevens	Budel	43.33	196900988	43.05	+0,99

Masters 50+

1.	Katrien Delaender	BZK	31.73	20525/66	31.81	+0,72
	<i>Kampioenschaps Record, Belgisch MR</i>					
2.	Marjan Remmits	ZPC Woerden	32.53	196300518	32.50	+0,74
3.	Allie Price	Cardiff Masters	32.99	547582	33.26	+0,69
4.	Jolanta Duleviciene	Kauno Takas	35.40		35.17	+0,82
	<i>Lithuanian MR</i>					
5.	Monique Dijkstra	Gay Swim Amsterdam	35.49	196400066	35.48	+0,81
6.	Teodora König	TSV Vorhalle	35.05	075148	35.77	+0,89
7.	Marika Pock	Swimming Luxembourg	37.77	10920	38.08	+0,88
	<i>Luxembourg MR</i>					
8.	Theresa Walsh	MZ&PC	41.15	196700726	39.74	+0,97
9.	Loreta Kabasinskiene	Kauno Takas	40.76		42.29	+0,83
10.	Jolanda Knippenberg	Budel	45.44	196600688	44.57	+0,88

Masters 55+

1.	Karlyn Pipes	Palm Beach Masters	33.90	507M02BPY	30.73	+0,78
	<i>Kampioenschaps Record</i>					
2.	Marijke Kraak-Beckers	WS Twente	37.02	196000240	36.83	+0,74
3.	Hannie Poletiek	TriVia	44.05	195900278	43.65	+1,00
4.	Caroline van Rooij	MZ&PC	45.51	196200428	45.25	+0,84
5.	Lia Bijkerk	WIDEX GZC DONK	47.56	196000014	47.63	+0,93
6.	Mies Kuipers	Old Dutch	1:03.04	195800202	1:01.74	+0,95

Masters 60+

1.	Claire Anthony	CNSW	35.43	001353/57	35.65	+0,76
	<i>Belgisch MR</i>					
2.	Carla Hensen	PSV	44.51	195300062	45.16	+0,93

Masters 65+

1.	Christien Nieuwenhuis	Swol 1894	36.12	195100022	35.97	+0,70
	<i>Europees Masters Record</i>					
2.	Fernande Gourmet-Blondeel	CNSW	51.77	004901/52	52.50	+0,82
3.	Antoinette Gilding-Tussaud	WS Twente	54.15	195000038	52.54	+1,00

Programmanr. 36, Dames, 50m vlinderslag

Masters 70+

1. Annet Verhoeven	De Duinkikkers	1:03.64	194600024	1:08.34	+0,97
2. Leny Kamp	Aquapoldro	1:14.91	194400008	1:21.39	+1,13

Masters 75+

1. Marie Smits	Old Dutch	1:09.20	193800004	1:11.42	+1,18
<i>Kampioenschappen Record</i>					

Programmanr. 37
22-01-2017 - 14:09

Heren, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
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Masters 20+

1. Thijs van den End	ZPC Woerden	199306803	S9	2:15.38	+0,73	1008	32.43	1:06.50	1:41.06	2:15.38
<i>WR Gehandicapt</i>										
2. Emiel van Beusekom	Van Vliet-Barracuda	199403951		2:15.55	+0,74		32.34	1:07.17	1:42.16	2:15.55
3. Lars Schoffemeer	ZPB H&L Productions	199501907		2:16.11	+0,73		32.12	1:06.64	1:41.44	2:16.11
4. Robin van Beek	LZ 1886	199704023		2:20.73	+0,69		33.30	1:09.50	1:45.39	2:20.73
5. Nordin Termoshuizen	WVZ	199605401		2:21.45	+0,66		33.36	1:09.56	1:45.89	2:21.45
6. Jeffrey Roest	De Duinkikkers	199703401		2:26.11	+0,73		34.37	1:11.65	1:49.69	2:26.11
7. Pieter Pijnenburg	Nuenen	199305227		2:28.70	+0,77		34.83	1:12.37	1:51.45	2:28.70
8. Ramon van Huizen	SGGO (SG)	199400945		2:30.63	+0,77		35.43	1:12.79	1:51.27	2:30.63
9. Michiel van Vliet	ZPC Woerden	199503875		2:38.48	+0,83		36.77	1:16.28	1:57.11	2:38.48
10. Ruben de Boer	De Duinkikkers	199301419		2:44.68	+0,61		38.58	1:19.40	2:02.02	2:44.68

Masters 25+

1. Kevin Eltink	DWK	199100589		2:08.35	+0,75		30.51	1:03.14	1:35.80	2:08.35
2. Mathijs van der Logt	DIO	199105561		2:13.61	+0,72		30.72	1:04.18	1:38.99	2:13.61
3. Tim Bunnik	Triton	199000505		2:22.93	+0,78		32.66	1:08.15	1:45.15	2:22.93
4. Ferrie van Ingen	De Gelenberg	199001335		2:35.42	+0,68		35.24	1:13.79	1:54.74	2:35.42
5. Niels Albrechts	SGGO (SG)	198800039		2:36.73	+0,73		36.86	1:16.94	1:57.58	2:36.73

Masters 30+

1. Robert Dekker	Dedemsvaart-AC	198400443		2:19.07	+0,75		32.21	1:06.55	1:42.41	2:19.07
2. Thommy Nickel	ZPC Woerden	198401627		2:19.67	+0,82		33.18	1:08.10	1:43.55	2:19.67
3. Martijn Giezen	Montferland	198500813		2:23.47	+0,70		33.41	1:09.65	1:47.32	2:23.47
4. Jim Geestman	RSW (SG)	198300699		2:25.69	+0,80		34.18	1:10.76	1:48.33	2:25.69
5. Rick Driezen	Steenwijk 1934	198600713		2:27.07	+0,86		35.15	1:10.61	1:48.48	2:27.07
6. Mark Godwaldt	PSV	198701039		2:36.09	+0,84		37.51	1:17.95	1:58.53	2:36.09

Masters 35+

1. Dennis Brouwers	HZPC	197800167		2:12.15	+0,69		32.78	1:06.02	1:39.08	2:12.15
2. Nol van Thull	Albion d'ELFT (SG)	198001513		2:12.20	+0,80		31.34	1:04.90	1:38.39	2:12.20
3. Jeroen Meuleners	Patrick-De Roersoppers (SG)	197800703		2:36.64	+0,66		36.05	1:15.45	1:56.23	2:36.64
4. Rob van Wanrooy	Gay Swim Amsterdam	198202627		2:37.96	+0,65		37.35	1:17.07	1:57.72	2:37.96

Masters 40+

1. Egbert Stolk	Albion d'ELFT (SG)	197600889		2:15.10	+0,82		32.65	1:06.61	1:41.27	2:15.10
2. Ivo Roozeboom	WVZ	197700801		2:18.85	+0,73		32.54	1:08.51	1:44.45	2:18.85
3. John Cobussen	De Gelenberg	197501323		2:28.89	+0,65		34.09	1:11.73	1:50.78	2:28.89
4. Markus van Rest	WVZ	197701197		2:29.72	+0,82		36.15	1:14.57	1:52.82	2:29.72
5. Machiel Stolk	Swol 1894	197400779		2:39.86	+0,82		37.64	1:17.80	1:59.14	2:39.86

Programmanr. 37, Heren, 200m rugslag

Masters 45+

1. Jan Goossens	GZVN	11003/68	2:15.77	+0,66	31.77	1:05.92	1:41.10	2:15.77
2. Linas Kersevicius	Kauno Takas		2:26.47	+0,77	33.68	1:10.63	1:48.45	2:26.47
	<i>Lithuanian MR</i>							
3. Guido Keutgen	AZC	196801551	2:27.32	+0,79	32.75	1:09.87	1:49.04	2:27.32
4. René Beetsma	HZ&PC Heerenveen	196900069	2:31.10	+0,86	35.41	1:13.24	1:52.54	2:31.10
5. Nico Swart	Den Doorn	196801475	2:48.24	+0,78	37.88	1:20.40	2:04.40	2:48.24
6. Korstiaan de Boer	Steenwijk 1934	197101629	2:53.38	+0,76	40.61	1:24.41	2:09.76	2:53.38

Masters 50+

1. Edwin v. Norden	ZPC AMERSFOORT	196300563	2:18.20	+0,77	32.92	1:07.68	1:43.24	2:18.20
2. Erlend Alstad	IL Varg		2:23.68	+0,80	35.01	1:11.23	1:47.86	2:23.68
	<i>Norwegian MR</i>							
3. Ron Korzelijs	ZPC AMERSFOORT	196500513	2:35.40	+0,77	36.77	1:16.54	1:56.91	2:35.40
4. Arthur van Strien	WVZ	196301401	2:39.79	+0,79	36.55	1:16.70	1:58.54	2:39.79
5. Otto Jansen	LZ 1886	196501403	2:40.23	+1,02	36.76	1:16.46	1:58.53	2:40.23
6. Hans Vloedgraven	Old Dutch	196400917	2:44.98	+0,75	39.72	1:21.90	2:04.15	2:44.98
7. Fred Dijkshoorn	Zwemvereniging Westland	196501539	2:58.42	+0,80	40.09	1:24.93	2:12.57	2:58.42
8. Erik Saan	De Duck	196500769	3:00.15	+0,80	40.85	1:26.53	2:14.75	3:00.15
9. Casper Dollekamp	Steenwijk 1934	196301341	3:00.31	+0,65	40.77	1:25.08	2:12.87	3:00.31
	<i>100m*</i>							

NG Fred Heemstra DAW 196500357

Masters 55+

1. Johan Remmits	ZPC Woerden	196201159	2:24.69	+0,74	33.63	1:09.32	1:46.73	2:24.69
2. Hugo Bregman	Albion d'ELFT (SG)	195800069	2:30.75	+0,85	34.73	1:13.25	1:52.80	2:30.75
3. Erik Kamphuis	De Rog	196001035	2:46.49	+0,82	40.36	1:23.53	2:06.16	2:46.49
4. Jack Barends	WS Twente	196201011	3:00.92	+0,78	41.81	1:27.14	2:13.73	3:00.92
5. Robin Prins	De Geul	196200515	3:01.98	+0,67	43.19	1:29.98	2:16.73	3:01.98
6. Bart van Calker	WS Twente	196100067	3:03.54	+0,85	46.06	1:30.74	2:17.68	3:03.54
7. André Schutte	ZPC De Zeeuwse Kust	196000521	3:08.25	+0,75	42.79	1:29.20	2:18.22	3:08.25

Masters 60+

1. Evertjan Masurel	PLONS	195600495	2:50.30	+0,82	40.13	1:24.08	2:07.68	2:50.30
2. Dré Klaassen	ZOB'66	195600141	3:29.99	+0,97	50.52	1:44.10	2:38.05	3:29.99

Masters 65+

1. Robert Weyhenke	Upstream Amsterdam	195200203	2:35.36	+0,72	37.21	1:16.52	1:56.18	2:35.36
	<i>Europees Masters Record</i>							
2. Brend Brevé	PSV	195200265	2:47.07	+0,73	39.43	1:21.63	2:05.29	2:47.07
3. Ludwig Lorenz	SG Gladbeck/Recklinghauser	127866	3:25.89	+0,73	49.56	1:42.72	2:36.43	3:25.89

Masters 70+

1. Pieter Schillemans	WZ&PC Purmerend	194600141	3:24.78	+0,74	46.99	1:37.60	2:30.64	3:24.78
2. Viktoras Snieska	Kauno Takas		3:35.35	+1,11	51.22	1:44.46	2:40.73	3:35.35
	<i>Lithuanian</i>							
3. Rob Hanou	PSV	194300109	3:36.68	+0,90	49.26	1:44.38	2:40.69	3:36.68

Masters 80+

1. Jan Eichhorn	ZV Haerlem	193700015	4:14.72	+0,83	54.61	1:57.79	3:05.62	4:14.72
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Programmanr. 38
22-01-2017 - 14:36

Dames, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	RT	IPC	50m	100m	150m	200m
Masters 20+									
1. Jamilla van Veen	ZPC Woerden	199603192	2:21.33	+0,65		31.85	1:07.41	1:44.79	2:21.33
2. Kimberly Mijnen	WZ&PC Purmerend	199503644	2:27.62	+0,66		33.43	1:10.17	1:48.84	2:27.62
3. Iris Pijtak	ZPC AMERSFOORT	199300602	2:32.58	+0,68		35.61	1:14.19	1:53.97	2:32.58
4. Beau Rijpers	Swol 1894	199402638	2:34.63	+0,67		36.33	1:15.08	1:54.63	2:34.63
5. Manon van Strien	WVZ	199400770	2:34.97	+0,82		35.67	1:15.48	1:56.59	2:34.97
6. Fiona Meuffels	RZ	199504366	2:36.67	+0,74		38.64	1:18.45	1:58.76	2:36.67
7. Samira Mijnen	WZ&PC Purmerend	199701320	2:37.08	+0,72		36.62	1:16.04	1:57.28	2:37.08
8. Maike Korthout	TRB-RES	199406034	2:38.16	+0,61		37.30	1:17.50	1:58.31	2:38.16
9. Marte Stoorvogel	De Rijn	199501408	2:39.77	+0,84		37.95	1:18.30	1:59.36	2:39.77
10. Naomi van Gool	LINK	199505166	2:53.71	+0,84		40.11	1:23.93	2:08.94	2:53.71

Masters 25+

1. Désirée Emmen	De Warande	199204862	2:26.03	+0,72		33.39	1:09.14	1:47.51	2:26.03
<i>Kampioenschaps Record</i>									
2. Stéphanie Bergsma	Dedemsvaart-AC	199203374	2:31.38	+0,67		35.64	1:14.14	1:52.76	2:31.38
3. Ilse van den Wijngaard	ZPC Woerden	198904736	2:34.98	+0,83		36.62	1:15.60	1:55.56	2:34.98
4. Maaike de Boer	De Duinkikers	199000362	2:37.16	+0,79		36.97	1:16.89	1:57.54	2:37.16
5. Tessa Mosch	MSV-Zeemacht	199102172	2:37.31	+0,63		36.78	1:16.98	1:57.75	2:37.31
6. Yvon Versteeg	De Veene	199201864	2:40.07	+1,27		37.18	1:16.95	1:58.73	2:40.07
7. Wendy de Bruin	ZOB'66	199206320	2:44.54	+0,64		38.79	1:19.91	2:02.14	2:44.54
8. Eline Schoenmaker	Zwemlust-den Hommel	199003322	2:50.71	+0,66		40.00	1:23.99	2:07.89	2:50.71
9. Elly Scheepers	Budel	199102728	3:00.47	+0,83		41.46	1:26.39	2:13.87	3:00.47
10. Lonke Oenema	Steenwijk 1934	199102314	3:01.60	+0,68		41.98	1:27.37	2:15.15	3:01.60
DIS Anne Aarts	Albion d'ELFT (SG)	199207942							

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 30+

1. Charlotte Groeneveld	UZSC	198701404	2:33.06	+0,80		34.64	1:13.27	1:53.03	2:33.06
2. Marije van Manen	ZPC AMERSFOORT	198602386	2:40.35	+0,66		36.00	1:15.79	1:57.24	2:40.35
3. Ramona Linting	AZC	198301274	2:44.40	+0,82		37.55	1:19.35	2:02.22	2:44.40
4. Maaike van Diggele	ZPB H&L Productions	198700868	2:45.93	+0,76		39.36	1:21.05	2:03.09	2:45.93
5. Angela Giezen	Montferland	198302796	2:46.58	+0,66		39.81	1:22.15	2:04.70	2:46.58
6. Marieke van Dodeweerd	RZC	198600896	2:46.70	+0,78		39.41	1:22.36	2:04.81	2:46.70
7. Liesbeth van Mill	DWK	198702786	2:48.98	+0,73		39.79	1:22.54	2:05.46	2:48.98
8. Linda Hoogendam	WVZ	198300892	2:58.12	+0,84		41.71	1:27.72	2:14.20	2:58.12
9. Dorien Vasseur	Scheldestroom	198704164	3:13.55	+0,96		46.19	1:35.29	2:25.07	3:13.55

Masters 35+

1. Roos van Esch	Albion d'ELFT (SG)	198200468	2:33.76	+0,79		36.90	1:16.57	1:56.44	2:33.76
<i>Nederlands Masters Record</i>									
2. Sylvia Reijers	De Gelenberg	198201360	2:42.01	+0,78		37.85	1:18.68	2:00.57	2:42.01
3. Jepke van der Werf	ESCA Zwemmen	198201832	2:45.42	+0,73		37.53	1:19.25	2:02.89	2:45.42
4. Jolanda van Gendt	PSV	197800266	2:49.62	+0,55		39.91	1:22.96	2:06.89	2:49.62
5. Agnes van Brug	DAW	198001726	2:59.87	+0,72		42.45	1:27.73	2:14.34	2:59.87
6. Jessica Venema	WIDEX GZC DONK	197901526	3:00.03	+0,84		40.25	1:24.70	2:11.86	3:00.03

Masters 40+

1. Liselotte Joling	PSV	197500268	2:40.01	+0,73		37.53	1:18.74	1:59.65	2:40.01
2. M. den Drijver-Aarse	Zwemvereniging Westland	197500884	2:50.29	+0,69		39.45	1:22.27	2:06.86	2:50.29
3. Christa Verploeg	De Meer	197400896	2:55.37	+0,74		41.64	1:26.25	2:11.77	2:55.37
4. Ingrid Versteegen	DBD	197300770	3:14.39	+0,80		46.56	1:35.53	2:26.21	3:14.39
5. C. van Bruxvoort	ZPB H&L Productions	197700138	3:33.95	+0,82		49.52	1:42.63	2:38.45	3:33.95

Programmanr. 38, Dames, 200m rugslag

Masters 45+

1. Evelien van Klaarbergen HZ&PC Heerenveen	197200964	2:35.36	+0,91	36.34	1:15.46	1:55.83	2:35.36
<i>Nederlands Masters Record</i>							
2. Gudule van der Meer PSV	197200396	2:35.51	+0,69	35.85	1:15.90	1:56.25	2:35.51
3. Heidi den Boer LINK	196900864	2:43.70	+0,77	37.70	1:18.04	2:00.44	2:43.70
4. Stéphanie Schaeffer Swimming Luxembourg	7054	2:57.56	+0,71	41.21	1:26.52	2:12.52	2:57.56
<i>Luxembourg MR</i>							
5. E. van Wingerden-DijkhuiDWK	196900970	3:04.69	+0,76	40.72	1:26.17	2:14.46	3:04.69
6. Nathasja Konijn WIDEX GZC DONK	197100992	3:22.68	+0,83	48.20	1:38.87	2:31.52	3:22.68
7. Greta Wyma-Teitsma DWK	197100696	3:31.49	+0,68	47.67	1:40.97	2:37.18	3:31.49
DIS Françoise Duran ZPC AMERSFOORT	196900222						
<i>AQ - Niet goedgekeurde zwemkleding gebruikt of meer dan 1 zwempak gedragen.</i>							

AFGEM Henriëtte Manting GZVW 197100246

Masters 50+

1. Annette Wijnja-Visser De Biesboschzweimmers	196700528	2:50.55	+0,76	38.94	1:22.06	2:06.45	2:50.55
2. Laura Staal Oceanus	196700358	2:52.88	+0,72	41.30	1:25.30	2:09.26	2:52.88
3. Teodora König TSV Vorhalle	075148	2:56.78	+0,91	41.06	1:25.35	2:11.42	2:56.78
4. S. Prins-Molenwijk De Geul	196600284	2:58.26	+0,75	42.71	1:28.26	2:14.11	2:58.26
5. Jeannette Ruesink WS Twente	196300212	2:59.27	+0,89	42.77	1:28.73	2:14.35	2:59.27
6. Annemarie Vuist Swol 1894	196300282	3:05.70	+0,82	44.47	1:31.99	2:19.51	3:05.70
7. Wilna Heijman Steenwijk 1934	196400506	3:05.80	+0,74	44.38	1:32.32	2:20.77	3:05.80
8. Ramune Ivanauskaite Kauno Takas		3:07.07	+1,22	44.36	1:31.31	2:19.44	3:07.07
9. K. van Nassau van den Old Dutch	196600188	3:17.95	+0,89	47.14	1:37.54	2:28.21	3:17.95
10. Anita Steijger WVZ	196500628	3:23.63	+1,01	47.96	1:39.45	2:31.95	3:23.63

Masters 55+

1. Karlyn Pipes Palm Beach Masters	507M02BPY	2:29.22	+0,69	35.11	1:13.01	1:51.22	2:29.22
<i>Wereld Masters Record</i>							
2. Pierrette Michel CNSW	000835/62	2:44.04	+0,84	38.50	1:19.85	2:02.13	2:44.04
<i>Belgisch MR</i>							
3. Patty Verhagen PSV	195900146	3:09.84	+1,02	46.62	1:34.65	2:22.91	3:09.84

Masters 60+

1. Atie Pijtak-Radersma ZPC AMERSFOORT	195600048	2:57.24	+0,79	42.21	1:26.38	2:12.24	2:57.24
<i>Nederlands Masters Record</i>							
2. Carla Hensen PSV	195300062	3:28.80	+0,85	48.68	1:41.46	2:36.08	3:28.80

Masters 65+

1. A. Gilding-Tussaud WS Twente	195000038	3:50.51	+0,77	53.17	1:52.37	2:52.33	3:50.51
2. Tineke van Diggelen ZPCH	195200048	3:56.89	+0,75	55.24	1:53.96	2:55.27	3:56.89
3. Ineke Meijer HZ&PC Heerenveen	195200034	4:01.36	+0,72	57.22	1:58.66	3:01.54	4:01.36
4. Aleksandra Yliene Kauno Takas		4:26.75	+0,92	59.37	2:05.85	3:17.35	4:26.75

Masters 70+

1. Loekie v. Huissteden ZPC AMERSFOORT	194500002	4:43.71	+0,82	1:03.21	2:14.79	3:29.46	4:43.71
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Masters 75+

1. Krystyna Nicpoń RMKS Rybnik		4:08.55	+0,89	56.56	1:59.21	3:05.07	4:08.55
<i>Kampioenschaps Record</i>							



**MZ&PC
Maastricht**



Open Nederlandse Masters
Kampioenschappen 2017 korte baan
Maastricht, 19-22 januari 2017



Programmanr. 38, Dames, 200m rugslag

Masters 80+

NG.ZA Alice Lindhout

PSV

193500010

Programmanr. 39
22-01-2017 - 15:23

Heren, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Jordan Kraaijenhof	ZPC AMERSFOORT	23.41	199301111	24.06	+0,68
2.	Marcel Groen	Nova	24.12	199700239	24.43	+0,68
3.	Jordi van der Weel	De Kempvis	26.56	199600359	24.96	+0,84
4.	Roel Rademaker	SPONS	25.36	199406633	25.01	+0,71
5.	Mike Koelewijn	Steenwijk 1934	24.98	199303597	25.34	+0,65
6.	Bas Dries	Zwemvereniging Hoogland	24.92	199505177	25.43	+0,71
7.	Nick Sijmons	De Amstel	25.67	199500491	25.55	+0,70
8.	Teun Strijbosch	Merlet	25.46	199603041	25.73	+0,63
9.	Dieder Schuurmans	Merlet	25.50	199500447	25.76	+0,66
10.	Frank Beijering	De IJssel	25.20	199304311	25.79	+0,71
11.	Diederick Schothans	De Veene	26.14	199703185	25.94	+0,77
12.	Thijs de Vos	De Rijn	26.07	199600675	26.48	+0,54
13.	Jesper Honken	Nova	27.04	199600085	26.49	+0,77
14.	Jorden Theijink	ZPC De Hof	25.61	199400323	26.51	+0,71
	Martijn Kornet	Zwemlust-den Hommel	26.13	199700231	26.51	+0,76
16.	Hans Stoffers	Triton Putten	26.47	199604027	27.05	+0,65
	Martino Valentijn	DIO	26.62	199403913	27.05	+0,70
18.	Joey van der Valk	ZOB'66	27.35	199602191	27.11	+0,66
19.	Lukas Schouten	AZC	27.11	199602515	27.81	+0,87
20.	Lex Wortman	AZC	27.32	199503563	27.99	+0,89
21.	Wilko Heemskerk	De Treffers	28.76	199505045	29.15	+0,71
22.	Michiel van Vliet	ZPC Woerden	27.92	199503875	29.51	+0,86
AFGEM	Hiras Ferrandino	DWT	25.04	199306527		

Masters 25+

1.	Jesper Oranje	De Duck	24.97	199200997	24.01	+0,71
2.	Erik Simons	Albion d'ELFT (SG)	23.99	198902845	24.28	+0,70
3.	Mathijs van der Logt	DIO	25.26	199105561	25.00	+0,82
4.	Erik Wegman	De Kempvis	25.38	199201465	25.37	+0,71
5.	Stefan Kwant	Nova	25.63	199200781	25.55	+0,68
6.	Tim Bunnik	Triton	25.05	199000505	25.77	+0,77
7.	Jelte Schuurmans	Merlet	25.75	199104841	26.06	+0,80
8.	Martin Teley	PSV	25.45	198906059	26.18	+0,71
9.	Sander Heijnen	ZEPS	26.07	199001199	26.43	+0,75
10.	Bas Berndes	Merlet	26.34	198900217	26.58	+0,80
11.	Jeffrey van 't Schip	De Amstel	26.02	199102035	26.60	+0,74
12.	Joppe Schuurmans	Merlet	26.55	198905447	26.75	+0,68
13.	Joël Dam	EZC	26.56	198800699	26.83	+0,54
	Rens Post	WVZ	26.61	199101827	26.83	+0,68
15.	Ruben Stolk	ZPB H&L Productions	27.23	199005665	26.84	+0,71
16.	Patrick de Jonge	ZPC Woerden	27.20	198906635	27.42	+0,79
17.	Tjeerd Woudstra	EZC	28.36	198805967	28.60	+0,80
18.	Stefan Oostendorp	AZC	30.03	199005615	29.60	+0,88
19.	Daniel van den Wildenberg	Eurode KZC	29.65	199206491	30.32	+0,73
20.	Rens Mahler	Merlet	30.40	199206411	30.36	+0,72
21.	Wouter van 't Klooster	ZPC AMERSFOORT	29.72	198806159	30.62	+0,83
22.	Marc Bunkers	DBD	30.99	199207129	31.09	+0,83



Programmanr. 39, Heren, 50m vrije slag

Masters 30+

1.	Joan Kentrop	Zwemlust-den Hommel	22.73	198503575	22.82	+0,66
	<i>Nederlands Masters Record</i>					
2.	Rick de Greef	Budel	24.44	198400749	24.34	+0,63
3.	Roderik Meijers	Albion d'ELFT (SG)	24.82	198602063	24.94	+0,67
4.	Bart Drechsel	WZK Zwemmen	25.04	198604135	24.95	+0,68
5.	Pascal van Haren	Van Vliet-Barracuda	25.06	198704101	25.16	+0,66
6.	Federico Cappello	Swimming Luxembourg	27.51	9598	25.65	+0,61
7.	Robert Dekker	Dedemsvaart-AC	25.59	198400443	25.66	+0,76
8.	Matthijs Vergaaij	Normerven	25.77	198302605	25.92	+0,85
9.	Jim Geestman	RSW (SG)	25.91	198300699	26.12	+0,83
10.	Huub Mars	EZC	27.09	198702169	26.65	+0,74
11.	Pieter Pickhardt	ZPC De Hof	27.43	198301657	26.77	+0,78
12.	Ronald Vullings	Merlet	26.68	198703655	27.24	+0,85
13.	Peter van de Bor	DWT	27.66	198402897	27.58	+0,75
14.	Mark Effing	Merlet	27.48	198600761	27.73	+0,86
15.	Jasper Peters	PSV	29.43	198602379	29.12	+0,90
16.	Sebastiaan Baars	WS Twente	29.86	198300053	30.47	+0,98
17.	Donovan Lozano	CNSW	32.10	006144/86	30.57	+0,77
18.	Constant van Ewijk	De Gelenberg	33.54	198303025	33.96	+0,71
19.	Vincent Hendrikx	De Rog	41.15	198403325	41.53	+1,03

Masters 35+

1.	Andrew Kurnosov	Troika	24.37		23.87	+0,70
	<i>Kampioenschaps Record</i>					
2.	Nol van Thull	Albion d'ELFT (SG)	23.96	198001513	23.96	+0,73
	<i>Nederlands Masters Record</i>					
3.	Lauren Vis	Steenwijk 1934	24.55	198201883	25.05	+0,63
4.	Bas v.d. Nouwelant	ZVVS	26.95	198001103	25.80	+0,82
5.	Erwin Buist	ZPC AMERSFOORT	29.45	197800183	25.83	+0,74
6.	Evgeny Ryzhov	Sprut	25.15	101628	25.87	+0,83
7.	David Wendt	Zwemvereniging Hoogland	26.33	198202599	26.36	+0,89
8.	Rutger Stam	Zwemvereniging Hoogland	26.76	198102463	26.80	+0,75
9.	Albert Garcia i Tormo	PSV	29.16	198202583	28.44	+0,60
10.	Erik Drost	PSV	29.26	197901491	28.48	+0,82
11.	Michel Wigbers	DWT	29.61	198001743	28.50	+0,78
12.	Gino Martijn	RZ	28.18	197901865	28.56	+0,64
13.	Hugo Mota Prego	MZ&PC	27.25	198002419	28.63	+0,81
14.	Bart Sieczynski	MZ&PC	28.70	197901995	29.35	+0,67
15.	Peter Lommert	Swol 1894	29.38	197900787	29.46	+0,86
16.	Dyon de Greef	Budel	30.12	198202385	30.12	+0,73
17.	Joost Kasper	De Rog	35.33	197902003	35.77	+1,03

Masters 40+

1.	Frédéric Tonus	Liège Natation	24.87	003911/73	24.38	+0,71
	<i>Kampioenschaps Record, Belgisch MR</i>					
2.	Jeroen Zelsmann	Upstream Amsterdam	24.66	197701551	24.75	+0,65
	<i>Nederlands Masters Record</i>					
3.	Ivo Roozeboom	WVZ	25.69	197700801	25.71	+0,74
4.	Patrick Roozeboom	WS Twente	26.83	197701643	26.63	+0,80
5.	Pieter Broek	Zwemvereniging Westland	27.27	197701637	26.64	+0,75
6.	Alex Damen	DAW	26.97	197501371	26.72	+0,73
7.	John Cobussen	De Gelenberg	26.36	197501323	26.76	+0,67
8.	Kelvin Isselt	RZ	26.68	197601119	26.86	+0,53
9.	Erik Lamers	De Gelenberg	26.87	197500507	27.08	+0,58
10.	Rogier Stam	Zwemvereniging Hoogland	26.24	197701491	27.58	+0,73
11.	Yannick Vanderborght	Leuven Aquatics	28.03	11100/75	27.59	+0,76
12.	Machiel Stolk	Swol 1894	27.01	197400779	27.65	
13.	Markus van Rest	WVZ	27.71	197701197	28.13	+0,76
14.	Johan Wezenberg	Swol 1894	28.73	197601023	28.76	+0,93

Programmanr. 39, Heren, 50m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
15.	Mohamed Abou Gebba	CNSW	33.24	005045/75	31.85	+0,83

Masters 45+

1.	Glen le Clercq	De Rog	25.47	196800177	25.98	+0,71
2.	Marcel van Winssen	De Gelenberg	26.04	197101477	26.16	+0,78
3.	Pieter van Gemenen	DAW	26.91	196901779	26.48	+0,74
4.	Arjan Verheij	De Rog	26.95	197101617	26.95	+0,77
5.	Kees Akershoek	SGGO (SG)	27.36	196900009	27.32	+0,74
6.	Guido Keutgen	AZC	28.31	196801551	27.78	+0,76
7.	Arjon de Bok	De Biesboschzwemmers	28.02	196900125	27.79	+0,71
8.	Jos Wensink	WS Twente	28.33	196901719	28.74	+0,65
9.	Wiljo Mackus	Budel	29.05	197101557	29.03	+0,83
10.	Bas Kremers	TRB-RES	30.49	197201611	29.19	+0,81
11.	Wijnand Vergeest	De Rog	30.06	196800949	29.31	+0,72
	Mario Cuelenaere	ZPC De Zeeuwse Kust	30.16	196901569	29.31	+0,96
13.	Philip van der Gaag	Zwemvereniging Westland	29.53	196801627	29.56	+0,72
14.	Ingmar de Gelder	ZOB'66	30.26	197000333	29.90	+0,83
15.	Chris Kouwenhoven	De Spatters	30.39	197101669	29.95	+0,90
16.	Marcel Brittijn	De Duinkickers	29.91	196900159	29.97	+0,70
17.	Nico Swart	Den Doorn	28.97	196801475	30.21	+0,71
18.	Nico Smets	Leuven Aquatics	31.08	11232/71	30.51	+0,79
19.	Bas van Gool	De Geul	32.26	197201435	32.07	+0,70
20.	Edward van Nijmweegen	Budel	31.17	197001635	32.41	+0,79
21.	Gertjan van der Vaart	ZVVS	32.72	196801529	33.76	+0,77
22.	Jan-Pieter Broos	Budel	36.16	196801597	36.96	+1,15

Masters 50+

1.	Peter Bernsen	De Rog	25.18	196301119	25.50	+0,69
2.	Martin Kaptein	DWK	26.93	196701677	26.71	+0,79
3.	Sergey Kozlov	Sprut	26.36	037099	26.80	+0,74
4.	Pieter Derckx	ZEPS	27.13	196501241	26.91	+0,76
5.	Phil Trethewie	Den Doorn	27.36	196501315	27.14	+0,71
6.	Aleksei Trusov	Sprut	26.98	018029	27.22	+0,77
7.	Bert de Weerd	RZC	27.56	196701283	27.51	+0,78
8.	Rob Verheul	TRB-RES	27.59	196601571	27.89	+0,84
9.	Freddy v.d. Veen	ZVVS	29.00	196601161	28.38	+1,04
10.	Robert Vink	WWV	28.10	196301075	28.39	+0,84
11.	Paul Wijnja	De Biesboschzwemmers	28.82	196301403	28.63	+0,76
12.	Eric de Haas	De Treffers	28.95	196501275	29.23	+0,88
13.	Fred Dijkshoorn	Zwemvereniging Westland	29.38	196501539	29.24	+0,81
14.	Meindert Tuinstra	H2Oldambt	29.23	196600853	29.27	+0,98
15.	Marcel Tuerlings	TRB-RES	29.33	196601577	29.59	+0,73
16.	Ruud Kennis	Budel	29.87	196501555	30.23	+0,74
17.	Robert de Brauwer	De Duinkickers	29.62	196401383	30.48	+0,65
18.	Vadim Ezhkov	Pregel	31.10		30.57	+0,64
19.	Willem Jan Ribberink	WIDEX GZC DONK	30.79	196501327	31.24	+0,93
20.	Pierre de Groot	WIDEX GZC DONK	31.66	196401431	31.49	+0,73
21.	Frank van Engelen	De Rog	31.67	196701721	31.55	+0,79
22.	Cees Kersten	De Rog	30.42	196401435	31.63	+0,73
23.	Eric Craft	MZ&PC	36.00	196701739	32.93	+0,84
24.	Ruud Tames	MZ&PC	37.42	196501621	37.83	+0,93
25.	Marcel Nelissen	Kimbria	37.86	196501611	40.73	+0,74
AFGEM	Wridzer Bakker	ESCA Zwemmen	28.04	196701711		

Programmanr. 39, Heren, 50m vrije slag

Masters 55+

1.	Lionel Godeaux	CNSW	26.49	000217/60	26.00	+0,70
2.	Marten de Groot	HZ&PC Heerenveen	26.81	195800149	26.48	+0,77
3.	Johan Remmits	ZPC Woerden	27.05	196201159	26.64	+0,76
4.	Fred Ketting	PSV	27.19	196000289	27.13	+0,84
5.	Hans Westerhof	WS Twente	27.24	196200743	27.48	+0,85
6.	Kees-Jan van Overbeeke	WWV	27.45	196200489	27.74	+0,81
7.	Rob Spetter	De Rog	27.89	196201239	28.18	+0,54
8.	Joop Ariaens	PSV	28.96	195900747	28.90	+0,81
9.	Adrian Ortiz Buitrago	WIDEX GZC DONK	28.88	196000931	29.16	+0,72
10.	Arlandas Juodeska	Kauno Takas	29.07		29.22	+0,72
11.	Ron van der Meer	De Gelenberg	30.62	196000975	29.96	+0,85
12.	Rene Weijers	MZ&PC	30.83	195900837	29.98	+1,14
13.	Rob Hemesath	PSV	30.72	196100189	30.33	+0,80
14.	Hans van Scheepen	Steenwijk 1934	37.57	196201245	39.45	+0,81

Masters 60+

1.	Albert Boonstra	Aqua-Novio'94	26.19	195700425	26.76	+0,82
	<i>Nederlands Masters Record</i>					
2.	Hans Wijsman	PSV	27.71	195500427	28.12	+0,74
3.	Nartano Glijn	UZSC	28.71	195500449	28.75	+0,81
4.	Ruud Ruiter	WWV	29.85	195300169	29.73	+0,86
5.	Evertjan Masurel	PLONS	30.47	195600495	29.84	+0,87
6.	Michaël Gouweloos	MZ&PC	31.42	195400377	31.22	+1,20
7.	Jos Zentjens	Budel	31.93	195700569	31.57	+0,86
8.	Laurens Klein Breteler	WWV	32.51	195400109	32.72	+0,78
9.	Wim Scherpenisse	UZSC	33.88	195500447	33.27	+1,21
10.	Peter Coffeng	WIDEX GZC DONK	33.97	195700063	34.65	+0,87
11.	Sjoerd van de Berg	De Rog	36.93	195400355	37.41	+0,83

Masters 65+

1.	Henk van Hezel	MZ&PC	32.88	195100239	32.50	+0,73
2.	Jos Kamps	Zwemvereniging Hoogland	33.34	195100085	33.24	+0,86
3.	Nico van Dongen	ZZ&PC De Devel	42.02	194800159	41.81	+1,03

Masters 70+

1.	Theo Schouten	WWV	32.13	194600161	32.10	+0,91
2.	Viktoras Snieska	Kauno Takas	34.47		33.47	+1,01
	<i>Lithuanian MR</i>					
3.	Willem Putter	ZVVS	33.82	194500135	34.93	+0,95
4.	Pieter Schillemans	WZ&PC Purmerend	35.07	194600141	34.99	+0,77
5.	Peter Ouweneel	RSW (SG)	45.00	194500077	44.94	+1,13
6.	Kevork Boyrazian	CNSW	45.48	002620/44	46.08	+1,14

Masters 75+

1.	Geza Kaltenecker	AZC	35.67	194200065	36.88	+0,89
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Masters 80+

1.	Gregor Pompen	Aqua-Novio'94	40.94	193700021	42.43	+1,06
2.	Bob Berg	PSV	50.29	193300011	47.96	+1,25

Programmanr. 40
22-01-2017 - 15:46

Dames, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Tamara Grove <i>Kampioenschaps Record</i>	De Dolfijn	26.52	199601266	26.91	+0,70
2.	Zoë van der Aart	ZPCH	27.71	199503152	27.17	+0,73
3.	Dominique Duesman	LINK	26.98	199603560	27.54	+0,70
4.	Karin Groen	Nova	27.78	199502440	27.64	+0,68
5.	Rosanne Ligtoet	Hydrofiel	27.92	199501212	27.90	+0,68
6.	Kim Loeffen	Merlet	27.19	199403432	28.33	+0,82
7.	Tessa Mol	De Rijn	28.67	199501396	28.56	+0,72
8.	Liesa Vrielinck	BZK	28.90	21068/93	28.63	+0,73
9.	Suzanne Mosch	MSV-Zeemacht	27.93	199400548	28.84	+0,63
10.	Lianne Molkenboer	EZC	28.60	199602034	29.16	+0,75
11.	Eva Kattouw	De Ward	28.51	199407168	29.28	+0,72
12.	Michelle Bellekom	WZK Zwemmen	29.21	199606484	29.38	+0,72
13.	Sarina Paulussen	RZ	30.01	199307426	29.69	+0,71
14.	Carmen Muilwijk	De Geul	29.07	199502700	30.04	+0,76
15.	Whitney van Hoeckel	DIO	29.24	199402390	30.19	+0,72
16.	Lilianne Sweere	ZC Aquadream	32.59	199704376	31.08	+0,72
17.	Mariëtte Bulman	ZC Aquadream	30.01	199506846	31.11	+0,69
18.	Carina Spronk	De Vennen	29.69	199702382	31.19	+0,69
19.	Ramona Noordermeer	ZVVS	31.30	199401746	31.43	+0,74
20.	Josine van Ballegooijen	De Meer	30.51	199703310	31.66	+0,73
21.	Nouska van Leur	De Gelenberg	33.73	199503230	31.98	+0,81
22.	Charine de Ruiter	Steenwijk 1934	31.34	199403668	32.33	+0,81
23.	Laura de Haas	De Treffers	33.67	199603392	32.74	+0,68
24.	Elske Eikholt	Merlet	33.71	199305032	33.80	+0,80
25.	Hildy Siroen	Merlet	35.38	199502154	33.90	+0,87
26.	Chadassa Mannee	De Geul	34.05	199501044	34.03	+0,83
27.	Yvette Senden	De Rog	38.48	199307812	38.37	+0,76
28.	Henriëtte Dijkdrent	Katwijk	38.10	199307886	39.47	+0,95
DIS	Hilde Grondhout	Merlet	31.35	199602300		
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>						

NG.ZA Sanne de Roo ZZ&PC De Devel 32.23 199501934

Masters 25+

1.	Jolanda Post	DIO	26.98	199004848	27.05	+0,71
2.	Cora van Dorst	De Krabben	27.09	199106218	27.17	+0,50
3.	Monique Lindenbergh	De Bevelanders	27.87	199002360	27.54	+0,75
4.	Tessa Mosch	MSV-Zeemacht	28.04	199102172	27.89	+0,64
5.	Merel van der Kieft	EZC	28.15	199200920	27.95	+0,65
6.	Sabine Lina	The Hague Swimming (SG)	28.34	198902680	28.43	+0,70
7.	Alexandra Bezkravna	Sprut	28.30	018061	28.50	+0,95
8.	Karlien Manderveld <i>Belgisch MR</i>	Leuven Aquatics	28.59	21217/88	28.84	+0,77
9.	Isabelle Massar	WVZ	28.60	199102034	28.90	+0,75
10.	Natalie van der Hoeven	ZVVS	29.23	198901786	28.99	+0,76
11.	Nanda de Vries	Steenwijk 1934	28.94	199204328	29.12	+0,73
12.	Mandy Verbakel	ZPC Woerden	29.20	199003908	29.31	+0,79
13.	Fanny Koenig	CNSW	29.78	003083/89	29.33	+0,68
14.	Evelien Terpstra	EZC	29.32	199005654	29.53	+0,76
15.	Ilse van den Wijngaard	ZPC Woerden	28.96	198904736	29.63	+0,77
16.	Marlijn Mulders	De Treffers	29.58	198803114	29.71	+0,72
17.	Christa Stam	RSW (SG)	30.00	198806790	29.86	+0,68
18.	Karin Simons	WZK Zwemmen	29.41	198903804	30.11	+0,77
19.	Danila van den Hoogenband	Nuenen	30.62	199001558	30.31	+0,86
20.	Kiona Peters	ESCA Zwemmen	29.98	198903272	30.41	+0,88
21.	Diana Lammers	De Veene	30.74	198902572	30.49	+0,74
22.	Tamara Caspers	LZ 1886	29.23	199007272	30.59	+0,78
23.	Joke Smits-Velthuis	VZV Njord	30.53	199008342	30.78	+0,93

Programmanr. 40, Dames, 50m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
24.	Lonneke Oenema	Steenwijk 1934	30.95	199102314	31.68	+0,71
25.	Senna van Dongen	De Geul	31.11	199100760	31.84	+0,82
26.	Merel Siroen	Merlet	29.33	198804006	31.93	+0,85
	Lindsey Hol	De Meer	30.79	199008088	31.93	+0,73
28.	Jose Janssen	Mosa-Regio	30.30	198907324	31.95	+0,69
29.	Vivian Brak	ZPC Woerden	32.24	199000520	32.16	+0,78
30.	Mariska Zaal	AZC	32.66	198806916	32.46	+0,74
31.	Ilse Blankvoort	Steenwijk 1934	33.51	199204458	32.51	+0,87
32.	Malou Heidekamp	RZC	34.74	198906090	32.67	+0,95
33.	Elodie Siroen	Merlet	33.72	199003414	32.69	+0,68
34.	Carola Hompes	Budel	31.88	198801868	32.74	+0,83
35.	Kelly Bocking	Montferland	32.34	199104050	32.76	+0,74
36.	Joëlle Vaes	DIO	33.10	199007576	32.97	+0,67
37.	Elly Scheepers	Budel	33.25	199102728	33.35	+0,82
38.	Kirsten de Vries	EZC	34.39	199004090	34.23	+0,97
39.	Claudia de Win	De Geul	35.82	199103554	34.30	+0,83
40.	Berber Jaquemijns	MZ&PC	42.41	199008430	39.92	+0,95
41.	Simone van Iersel	TRB-RES	39.41	199207954	40.59	+0,99
AFGEM	Rebecca Evers	ZOB'66	29.88	199207916		

Masters 30+

1.	Pauline Gouwens	DWK	26.49	198400790	26.51	+0,69
2.	Inga Tarkova	Sprut	27.56	018060	27.79	+0,81
3.	Olga Volman-Maiorova	NDD	28.11	198504188	28.59	+0,72
4.	Nienke van Stipriaan	PSV	29.16	198703970	29.60	+0,90
5.	Jacqueline Wissink	PSV	30.29	198503286	29.94	+0,68
6.	Renee de Kok	PSV	30.12	198403350	29.99	+0,70
7.	Marije Jansen	Aquarijn	28.02	198504088	30.15	+0,64
8.	Miranda Pijnenburg	De Treffers	29.82	198301216	30.41	+0,85
9.	Annelette Reefhuis-de Vries	WS Twente	28.52	198603908	30.67	+0,64
10.	Elles van Leeuwen	PSV	31.07	198602240	31.32	+0,83
11.	Ingrid Noten	Budel	33.95	198504156	33.38	+0,88
12.	Samantha Go	AZC	35.56	198403552	33.58	+0,74
13.	Fabienne Jeukens	Zwemvereniging Hoogland	33.95	198401156	33.98	+0,84
14.	Kim de Groot	ZEPS	35.73	198601318	35.61	+0,80
15.	Reynate van der Mark	Katwijk	42.35	198301328	38.32	+1,11
16.	Evy van Kempen	TRB-RES	38.07	198605286	39.12	+0,79
NG.ZA	Denise de Riet	ZZ&PC De Devel	33.33	198402040		

Masters 35+

1.	Anna Duda	RMKS Rybnik	28.45		27.39	+0,69
	<i>Kampioenschaps Record, Polish MR</i>					
2.	Chantal Verhoeff	Old Dutch	29.79	197900912	30.44	+0,91
3.	Martine de Haart	Patrick-De Roersoppers (SG)	32.91	197901492	31.85	+0,85
4.	Jessica Venema	WIDEX GZC DONK	32.98	197901526	32.30	+0,83
5.	Mia Gobert	ROSC	36.09	21033/80	32.61	+0,88
6.	Sandra van der Helm	De Rog	35.20	197801340	35.23	+0,91

Masters 40+

1.	Elena Babikova	Sprut	27.22	018010	27.43	+0,76
	<i>Kampioenschaps Record</i>					
2.	Olivia Lorton	Swimming Luxembourg	29.48	9981	28.60	+0,67
	<i>Luxembourg MR</i>					
3.	Edith Janssen-Koolen	TRB-RES	29.22	197300898	28.92	+0,78
4.	Ilona Hogerheyde	DAW	30.12	197400224	29.94	+0,74
5.	Marian Nederlof	De Geul	31.25	197600950	32.00	+0,78
6.	Petra Versteegen	WVZ	31.43	197700906	32.21	+0,84
7.	Jule Verschoor-Holland	RZC	34.07	197500874	32.74	+0,78
8.	Karin Smolders	Budel	32.94	197601078	32.96	+0,87
9.	Sandra Peeters-Wiermans	De Rog	32.43	197401032	33.10	+0,72

Programmanr. 40, Dames, 50m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
10.	Christa Verploeg	De Meer	35.63	197400896	34.44	+0,64
11.	Inge Lolkema-Soeters	Steenwijk 1934	36.47	197300934	34.86	+0,77
12.	Esther Wouters	De Rog	38.88	197300968	38.49	+0,87
13.	Brigitte Willems	De Rog	40.63	197401036	39.53	+0,93
14.	Clementine van Bruxvoort	ZPB H&L Productions	39.11	197700138	40.04	+0,88

Masters 45+

1.	Monique Tuijp	WZ&PC Purmerend	27.89	196900800	27.92	+0,77
2.	Yvette Ratering	De Ward	30.01	197200990	29.33	+0,80
3.	Jeanne Petit	De Dinkel	29.71	197001020	30.02	+0,73
4.	Gudule van der Meer	PSV	30.71	197200396	30.04	+0,79
5.	Katja de Beer	PSV	30.76	196800888	30.89	+0,72
6.	Rita van der Horst	RZC	31.03	196900260	31.13	+0,77
7.	Eline Overeem	Zwemlust-den Hommel	33.31	197101048	31.64	+0,90
8.	Regine Beckers-Stribos	DBD	32.07	197000492	31.75	+0,78
9.	Renata Gadliauskiene	Kauno Takas	34.59		32.12	+0,79
10.	Marion Broekhuis	WS Twente	32.27	196800060	32.16	+0,75
11.	Rina Kuiper	H2Oldambt	32.62	197001040	32.32	+0,77
12.	Marijke Campfens	De Geul	33.17	196900960	32.67	+0,68
13.	Helena Mels	ZVVS	33.44	196901036	33.79	+0,85
14.	Inge van Gasteren	AZC	35.50	197201014	34.16	+0,78
15.	Wendy Hendriks-Verhagen	TRB-RES	34.07	197101038	34.46	+0,90
16.	Denise van Dongen	De Geul	33.40	197101062	34.75	+0,75
17.	Sandra Daamen-Posma	AZC	34.62	196800854	35.00	+0,83
18.	Evelien Naatje	WS Twente	35.92	197200838	35.15	+1,04
19.	Dianne Nien	RZ	34.96	197100452	35.38	+0,75
20.	Judith van der Heijden	Budel	36.52	197001012	35.68	+0,68
21.	Simone van Lent	VZV Njord	35.65	196900950	35.92	+0,79
22.	Miriam Stevens	Budel	36.11	196900988	36.42	+1,02

Masters 50+

1.	Katrien Delaender	BZK	29.31	20525/66	29.34	+0,68
2.	Marjan Remmits	ZPC Woerden	29.91	196300518	30.55	+0,76
3.	Jacqueline Tuin	DAW	31.18	196600690	30.79	+0,68
4.	Monique Dijkstra	Gay Swim Amsterdam	30.66	196400066	30.80	+0,79
5.	Arianne Hamakers	De Rog	32.12	196700714	31.29	+0,83
6.	Talje Dijkhuis	ZPC AMERSFOORT	30.93	196600072	31.31	+0,73
7.	Jolanta Duleviciene <i>Lithuanian MR</i>	Kauno Takas	31.88		31.42	+0,87
8.	Marika Pock <i>Luxembourg MR</i>	Swimming Luxembourg	35.73	10920	33.24	+0,90
9.	Theresa Walsh	MZ&PC	34.74	196700726	34.15	+0,97
10.	Myra Vink	De Fuut	35.45	196600526	34.83	+0,83
11.	Ageeth Westenbrink	De Rog	36.52	196700712	36.41	+0,79
12.	Christine Buist	De Duinkickers	37.64	196400608	37.64	+1,01
13.	Marie-Jeanne Vandormael	GZVN	39.92	21035/63	39.19	+0,74
14.	Marjan Vliegen	GLS Ketelbinkie	40.92	196700586	39.44	+0,93
15.	Monique Scheerman-van Rijn	De Rog	40.12	196600734	39.82	+0,80
16.	Cora Smulders	ESCA Zwemmen	40.86	196600668	41.94	+0,77
17.	Riek Schra	Steenwijk 1934	52.88	196400404	58.36	+1,38

Masters 55+

1.	Marijke Kraak-Beckers	WS Twente	32.90	196000240	32.92	+0,78
2.	Marijke van Hoek	ZPC De Zeeuwse Kust	33.08	195800050	32.99	+0,81
3.	Karin van der Star-Verhoeven	ESCA Zwemmen	33.27	196100382	33.87	+0,88
4.	Yoka de Vegt-van Dijk	ESCA Zwemmen	37.15	196200420	36.25	+0,79
5.	Jenny Westervarder	H2Oldambt	38.52	196200424	39.37	+0,80
6.	Jacqueline Weijers-Horree	MZ&PC	37.91	196100410	40.27	+1,09
7.	Karien Musters	Old Dutch	47.45	195800236	47.96	+0,83

Programmanr. 40, Dames, 50m vrije slag

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	30.11	195600048	30.53	+0,77
2. Claire Anthony <i>Belgisch MR</i>	CNSW	34.40	001353/57	34.27	+0,75
3. Patty Krupiarz	PLONS	35.35	195400074	36.18	+0,79
4. Lies Hartman	PSV	54.07	195600116	55.99	+1,18

Masters 65+

1. Conny Boer-Buys	ZVVS	31.85	195000006	32.09	+0,90
2. Christien Nieuwenhuis	Swol 1894	32.38	195100022	32.49	+0,71
3. Fernande Gourmet-Blondeel	CNSW	44.59	004901/52	44.72	+0,81
4. Iris E. van Glinstra Bleeker	De Lansingh	45.27	194800032	46.47	+0,79
5. Geerdien Meerwaldt	De Geul	50.58	195200058	48.78	+0,96
6. Nini van Dongen-de Paepe	ZZ&PC De Devel	1:07.40	195100044	1:09.02	+1,04

Masters 70+

1. Corrie Verhoeven	PSV	34.77	194600026	34.78	+0,79
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Masters 75+

1. Marie Smits	Old Dutch	46.89	193800004	46.50	+1,18
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Masters 80+

1. Lottie Geurts	PSV	43.54	193500006	44.69	+1,25
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Programmanr. 41
22-01-2017 - 16:09

Heren, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT IPC	50m	100m
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Masters 20+

1. Jordan Kraaijenhof	ZPC AMERSFOORT	1:01.53	199301111	1:03.13	+0,67	29.55	1:03.13
<i>Nederlands Masters Record</i>							
2. Romero Hennepe	Albion d'ELFT (SG)	1:04.28	199304929	1:04.70	+0,61	30.66	1:04.70
3. Ruben Koek	DWK	1:07.27	199701187	1:06.50	+0,71	30.80	1:06.50
4. Pieter Pijnenburg	Nuenen	1:10.18	199305227	1:08.43	+0,67	32.03	1:08.43
5. Martino Valentijn	DIO	1:09.65	199403913	1:10.44	+0,74	32.83	1:10.44
6. Richard van der Horst	De Meer	1:10.86	199700179	1:11.85	+0,74	34.03	1:11.85
7. Vincent Dermaux	ZC Aquadream	1:14.81	199600599	1:14.50	+0,71	34.66	1:14.50
8. Nils Hullegien	ZPC Woerden	1:13.58	199705371	1:14.77	+0,69	34.64	1:14.77
9. Floyd van Duyvenbode	De Kempvis	1:13.47	199600357	1:14.92	+0,74	34.96	1:14.92
10. Lukas Schouten	AZC	1:18.16	199602515	1:16.38	+0,85	35.57	1:16.38
11. Jordy Jongenelen	ZPC Aquadream	1:16.11	199504995	1:17.00	+0,62	35.97	1:17.00
12. Thijs van den End	ZPC Woerden	1:25.57	199306803	1:21.80	+0,98 550	38.29	1:21.80
13. Ian van Mullem	ZOB'66	1:22.23	199602545	1:23.49	+0,76	39.11	1:23.49
14. Rens Klok	ZPC Woerden	1:23.53	199602045	1:26.50	+0,88	40.29	1:26.50
15. Maarten Steekelenburg	Aquamania	1:32.08	199300479	1:32.09	+0,77	42.79	1:32.09

Masters 25+

1. Erik Simons	Albion d'ELFT (SG)	1:04.10	198902845	1:04.34	+0,73	30.05	1:04.34
2. Kevin Eltink	DWK	1:04.16	199100589	1:04.55	+0,77	30.04	1:04.55
3. Dennis Wijbenga	Stadskanaal	1:09.53	199003283	1:09.83	+0,81	32.52	1:09.83
4. Maik Steenkamp	Montferland	1:11.05	199103847	1:11.96	+0,71	33.52	1:11.96
5. Niels van Beurden	ZPC Woerden	1:13.49	198805669	1:13.80	+0,74	34.31	1:13.80
6. Daan van Erp	PSV	1:12.80	198903833	1:15.06	+0,78	34.87	1:15.06
7. Robert-Kay Meenhorst	De IJssel	1:16.99	199200889	1:15.18	+0,81	35.20	1:15.18

Programmanr. 41, Heren, 100m schoolslag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
8. Patrick Creemers	RZ	1:09.96	199000579	1:15.53	+0,74	34.28	1:15.53
9. Vincent Lapouge	WVZ	1:18.56	198806237	1:16.79	+0,88	36.02	1:16.79
10. Wouter van 't Klooster	ZPC AMERSFOORT	1:19.00	198806159	1:19.18	+0,84	36.63	1:19.18
11. Florian Edelenbosch	De Krabben	1:21.71	199206673	1:20.67	+0,78	37.93	1:20.67
12. Patrick Holthuisen	Albion d'ELFT (SG)	1:20.25	199107681	1:23.80	+0,63	39.21	1:23.80
13. Daniel van den Wildenberg	Eurode KZC	1:21.94	199206491	1:24.70	+0,77	39.45	1:24.70
14. Federico Malfer	De Rijn	1:29.40	198805921	1:31.51	+0,63	43.03	1:31.51

Masters 30+

1. Tim van den Berg	MNC Dordrecht	1:07.66	198500157	1:09.72	+0,72	32.76	1:09.72
2. Rob van Vliet	ZPC AMERSFOORT	1:13.20	198402459	1:14.88	+0,84	35.31	1:14.88
3. Ferry Blangé	ZOB'66	1:15.22	198300185	1:15.41	+0,78	35.26	1:15.41
4. Dennis Kraakman	DAW	1:18.30	198705325	1:15.49	+0,71	34.71	1:15.49
5. Harmen Reemst	ZOB'66	1:19.26	198702715	1:19.95	+0,77	36.68	1:19.95
6. Constant van Ewijk	De Gelsenberg	1:25.80	198303025	1:26.17	+0,84	39.83	1:26.17

Masters 35+

1. Richard Claus <i>Nederlands Masters Record</i>	Mosa-Regio	1:02.89	198000265	1:03.90	+0,68	30.42	1:03.90
2. Joost Hoetjes	DAW	1:08.76	197800425	1:07.44	+0,71	31.59	1:07.44
3. Simon van Ravesteijn	WVZ	1:08.95	198002263	1:09.29	+0,75	32.39	1:09.29
4. Mark Zwart	Zwemlust-den Hommel	1:13.10	197901461	1:12.97	+0,81	33.89	1:12.97
5. Freddie Geerlings	NIMO	1:11.60	197900379	1:14.36	+0,80	34.27	1:14.36
6. Albert Garcia i Tormo	PSV	1:19.21	198202583	1:17.06	+0,63	36.91	1:17.06
7. Rob van Wanrooy	Gay Swim Amsterdam	1:16.96	198202627	1:20.24	+0,68	37.48	1:20.24
8. Peter Eshuis	DBD	1:19.87	198000375	1:21.08	+0,82	37.97	1:21.08

Masters 40+

1. Egbert Stolk	Albion d'ELFT (SG)	1:07.20	197600889	1:08.09	+0,80	31.74	1:08.09
2. Vincent Versteeg	Zwemlust-den Hommel	1:09.56	197701003	1:10.28	+0,74	32.68	1:10.28
3. Maarten van der Zwan	Scheldestroom	1:11.49	197501017	1:12.51	+0,84	32.90	1:12.51
4. Walter Stielstra	TRB-RES	1:16.93	197701651	1:12.99	+0,83	34.83	1:12.99
5. Jiri Geers	AZK	1:12.48	10011774	1:13.94	+0,81	35.13	1:13.94
6. Kees Bakker	Gay Swim Amsterdam	1:16.64	197501055	1:14.75	+0,52	34.97	1:14.75
7. Martin Postma	De Fuut	1:15.74	197301493	1:16.92	+0,92	36.18	1:16.92
8. Jimmy Swiggers	Leuven Aquatics	1:17.65	11107774	1:18.33	+0,79	37.41	1:18.33
9. Ivo Verdonshot	Budel	1:24.70	197500903	1:24.67	+0,77	39.48	1:24.67

Masters 45+

1. Vladislav Bragin <i>Kampioenschaps Record, Czech MR</i>	Swimmpower Prague	1:04.41	15009	1:04.48	+0,68	30.05	1:04.48
2. Richard Ricksen	NIMO	1:12.90	197000841	1:14.29	+0,80	34.69	1:14.29
3. Michael van Bekkum	Swol 1894	1:15.39	197200051	1:16.03	+0,77	35.75	1:16.03
4. Jeroen Kort	DAW	1:18.99	196801543	1:19.48	+0,75	38.13	1:19.48
5. Hans Schoenmakers	DAW	1:18.59	196900863	1:19.49	+0,82	36.88	1:19.49
6. Rob Janssen	De Gelsenberg	1:19.16	197001467	1:20.89	+0,91	37.93	1:20.89
7. Harold Brouwer	De Gelsenberg	1:22.44	197201569	1:21.35	+0,77	38.26	1:21.35
8. Joop Weenink	WS Twente	1:23.44	196801535	1:22.85	+0,95	39.65	1:22.85
9. Ingmar de Gelder	ZOB'66	1:26.29	197000333	1:26.63	+0,77	40.56	1:26.63
10. Wijnand Vergeest	De Rog	1:33.26	196800949	1:27.13	+0,76	40.59	1:27.13
11. Korstiaan de Boer	Steenwijk 1934	1:31.36	197101629	1:27.72	+0,82	42.08	1:27.72
12. Gertjan van der Vaart	ZVVS	1:29.99	196801529	1:33.61	+0,79	43.20	1:33.61

Programmanr. 41, Heren, 100m schoolslag

Masters 50+

1. Erlend Alstad	IL Varg	1:09.80		1:11.32	+0,71	34.15	1:11.32
<i>Kampioenschaps Record</i>							
2. Patrick Juncker	Swimming Luxembourg	1:16.03	136	1:16.44	+0,90	35.49	1:16.44
3. Bertjan Schelhaas	DWT	1:16.67	196501577	1:17.00	+0,87	35.16	1:17.00
4. Geert van Duinhoven	RZC	1:23.38	196401263	1:17.63	+0,83	36.08	1:17.63
5. Arno Schrauwen	Patrick-De Roersoppers (SG)	1:17.03	196501355	1:18.23	+0,80	36.37	1:18.23
6. Bert de Weerd	RZC	1:25.64	196701283	1:19.45	+0,83	37.51	1:19.45
7. Michel van Wingerden	DWK	1:21.04	196701629	1:19.65	+0,92	37.10	1:19.65
8. Ron Korzelijs	ZPC AMERSFOORT	1:19.32	196500513	1:19.77	+0,77	37.54	1:19.77
9. Wiljam Nijenhuis	De IJssel	1:21.26	196400547	1:22.04	+0,86	38.79	1:22.04
10. Vadim Ezhkov	Pregel	1:20.28		1:22.05	+0,70	38.27	1:22.05
11. Erik Wetsteijn	Swol 1894	1:28.90	196501019	1:29.35	+0,73	42.13	1:29.35
12. Roy le Clercq	De Rog	1:26.76	196401041	1:29.78	+0,94	41.92	1:29.78
13. Willem Jan Ribberink	WIDEX GZC DONK	1:32.14	196501327	1:30.30	+0,86	41.92	1:30.30
14. Pierre de Groot	WIDEX GZC DONK	1:33.53	196401431	1:31.43	+0,76	43.14	1:31.43
15. Marcel Nelissen	Kimbria	1:48.06	196501611	1:50.77	+0,74	50.73	1:50.77
AFGEM Wridzer Bakker	ESCA Zwemmen	1:27.16	196701711				
NG Huyb Stegeman	Steenwijk 1934	1:23.26	196701535				

Masters 55+

1. Sergei Pakhomov	All Stars Moscow	1:12.49	101469	1:12.24	+0,80	34.27	1:12.24
<i>Kampioenschaps Record</i>							
2. Jerzy Mroziński	RMKS Rybnik	1:21.74		1:17.65	+0,71	35.45	1:17.65
3. Ralph Caster	RZ	1:18.05	196100069	1:19.08	+0,72	36.83	1:19.08
4. Ronald Grove	Oceanus	1:21.55	196100161	1:21.07	+0,69	37.80	1:21.07
5. Arlandas Juodeska	Kauno Takas	1:21.58		1:21.95	+0,75	38.80	1:21.95
6. Rob Hemesath	PSV	1:23.19	196100189	1:24.47	+0,85	39.60	1:24.47
7. Peter ten Dam	WS Twente	1:26.23	196201253	1:25.64	+0,90	40.95	1:25.64
8. Wim de Lange	AZC	1:28.81	195800533	1:26.87	+0,70	40.82	1:26.87
9. Ron van der Meer	De Gelenberg	1:30.56	196000975	1:30.57	+0,87	42.94	1:30.57
10. Jack Barends	WS Twente	1:28.27	196201011	1:31.04	+0,91	43.45	1:31.04
11. Algirdas Alisauskas	Kauno Takas	1:39.48		1:31.30	+0,90	43.87	1:31.30
12. Marius Ros	ZCNF'34	1:33.89	195900779	1:33.13	+0,82	44.09	1:33.13
13. Hans van Scheepen	Steenwijk 1934	1:36.97	196201245	1:37.80	+0,86	45.47	1:37.80
DIS Sergey Ilyayev	Sprut	1:23.93	149269				

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 60+

1. Albert Boonstra	Aqua-Novio'94	1:16.82	195700425	1:17.25	+0,81	36.85	1:17.25
<i>Kampioenschaps Record</i>							
2. Hans Wijsman	PSV	1:23.05	195500427	1:22.53	+0,79	39.09	1:22.53
3. Paul Bunnik	Triton	1:23.55	195600413	1:25.35	+0,91	39.94	1:25.35
4. Laurens Klein Breteler	WWV	1:28.42	195400109	1:29.72	+0,91	42.00	1:29.72
5. Dré Klaassen	ZOB'66	1:34.01	195600141	1:34.66	+0,91	45.17	1:34.66
6. Peter Coffeng	WIDEX GZC DONK	1:42.41	195700063	1:43.45	+0,91	47.32	1:43.45

Masters 65+

1. Péter Gulyás	Budapesti Delfinek	1:21.06		1:23.35	+0,79	39.14	1:23.35
<i>Kampioenschaps Record</i>							
2. Nikolay Dronov	Troika	1:39.41	003037	1:46.12	+1,06	48.79	1:46.12
3. Nico van Dongen	ZZ&PC De Devel	2:02.33	194800159	2:05.18	+1,08	57.34	2:05.18

Masters 70+

1. Rob Hanou	PSV	1:32.93	194300109	1:36.75	+1,05	45.25	1:36.75
2. Peter Ouweneel	RSW (SG)	2:03.16	194500077	2:08.49	+1,16	1:02.60	2:08.49

Programmanr. 41, Heren, 100m schoolslag

Masters 75+

1. Nico Baay	Old Dutch	1:39.86	194200053	1:47.81	+0,67	50.30	1:47.81
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Masters 80+

1. Jan Eichhorn	ZV Haerlem	1:57.16	193700015	2:04.76	+1,10	58.32	2:04.76
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Programmanr. 42
22-01-2017 - 16:36

Dames, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT IPC	50m	100m
Masters 20+							
1. Chantal van der Horst	De Meer	1:16.62	199400616	1:15.73	+0,80	36.18	1:15.73
2. Eline van Gemert	De Meer	1:18.87	199505458	1:17.93	+0,64	36.48	1:17.93
3. Marte Stoorvogel	De Rijn	1:17.74	199501408	1:18.09	+0,84	36.97	1:18.09
4. Aylin van Uffelen	ZPB H&L Productions	1:21.00	199600352	1:21.79	+0,71	38.64	1:21.79
5. Fiona Meuffels	RZ	1:20.48	199504366	1:21.81	+0,71	38.47	1:21.81
6. Manon van Esch	TRB-RES	1:21.93	199702090	1:22.22	+0,73	38.26	1:22.22
7. Melissa van der Heijden	Van Vliet-Barracuda	1:20.80	199605226	1:22.26	+0,72	39.39	1:22.26
8. Moniek Heemskerk	LZ 1886	1:18.94	199601964	1:22.62	+0,74	38.82	1:22.62
9. Janine de Groot	Nova	1:23.10	199500092	1:23.32	+0,81	38.67	1:23.32
10. Ramona Noordermeer	ZVVS	1:28.32	199401746	1:28.57	+0,78	41.79	1:28.57
11. Valerie Jongenelen	ZC Aquadream	1:22.40	199705304	1:28.61	+0,78	41.86	1:28.61
12. Samira Mijnen	WZ&PC Purmerend	1:26.69	199701320	1:30.11	+0,75	42.10	1:30.11
13. Laura de Haas	De Treffers	1:30.99	199603392	1:31.17	+0,70	43.26	1:31.17
DIS Nicole Bennis	WVZ	1:11.54	199600470	AA/AF			
NG.ZA Sanne de Roo	ZZ&PC De Devel	1:25.34	199501934				

Masters 25+

1. Maaïke Vooren	DAW	1:16.90	199103324	1:16.52	+0,78	35.89	1:16.52
2. Susanne van der Linden	DIO	1:21.43	198802736	1:18.67	+0,76	37.36	1:18.67
3. Wendy de Bruin	ZOB'66	1:19.90	199206320	1:21.37	+0,62	37.99	1:21.37
4. Fraukje Puts	HZ&PC Heerenveen	1:22.53	199206470	1:22.12	+0,75	39.08	1:22.12
5. Linda Janssen	ZPB H&L Productions	1:23.97	198802088	1:23.29	+0,73	39.31	1:23.29
6. Isabelle Massar	WVZ	1:19.97	199102034	1:23.88	+0,75	38.29	1:23.88
7. Joke Smits-Velthuis	VZV Njord	1:36.48	199008342	1:33.65	+0,96	45.14	1:33.65
8. Carola Hompes	Budel	1:32.02	198801868	1:33.99	+0,81	45.55	1:33.99
9. Jannette Wynia	WS Twente	1:36.73	199005500	1:37.41	+0,91	46.02	1:37.41
10. Simone van Iersel	TRB-RES	1:37.51	199207954	1:40.72	+0,98	48.51	1:40.72

Masters 30+

1. Caroline van Tiggelen	Scheldestroom	1:19.71	198301970	1:22.34	+0,80	37.86	1:22.34
2. Nadya Putter	ZVVS	1:21.76	198301630	1:22.81	+0,73	39.43	1:22.81
3. Renee de Kok	PSV	1:25.91	198403350	1:27.46	+0,69	39.93	1:27.46
4. Angela Giezen	Montferland	1:27.28	198302796	1:27.61	+0,81	40.79	1:27.61
5. Liesbeth van Mill	DWK	1:27.92	198702786	1:28.12	+0,86	41.81	1:28.12
6. Isaline Manchel	CNSW	1:32.75	001284/85	1:28.18	+0,87	41.37	1:28.18
7. Aafke Groot	De Geul	1:25.92	198302748	1:28.76	+0,90	41.87	1:28.76
8. Manouk Ticheler	De Duinkickers	1:39.70	198705416	1:37.42	+0,77	46.24	1:37.42
9. Dorien Vasseur	Scheldestroom	1:37.56	198704164	1:38.63	+0,92	46.72	1:38.63

Masters 35+

1. Liesbeth Lacroix	Leuven Aquatics	1:24.74	21227/78	1:23.15	+0,70	39.75	1:23.15
2. Yvonne Gerritsen	WVZ	1:25.67	198000342	1:25.33	+0,83	39.81	1:25.33
3. Ilja Janssen	ESCA Zwemmen	1:26.35	198102234	1:27.15	+0,91	40.59	1:27.15
4. Inge Roskam	De Duinkickers	1:35.89	197801296	1:31.20	+0,82	42.13	1:31.20
5. Mia Gobert	ROSC	1:33.82	21033/80	1:32.30	+0,85	43.82	1:32.30

Programmanr. 42, Dames, 100m schoolslag

Masters 40+

1. Nadège van Meeteren	De Meer	1:21.29	197400736	1:22.50	+0,82	38.78	1:22.50
2. Pascale Janssen	Patrick-De Roersoppers (SG)	1:29.09	197300852	1:30.55	+0,90	42.37	1:30.55
3. Marian Nederlof	De Geul	1:30.85	197600950	1:31.66	+0,78	43.07	1:31.66
4. Karin Smolders	Budel	1:33.17	197601078	1:34.02	+0,87	44.77	1:34.02
5. Jule Verschoor-Holland	RZC	1:38.17	197500874	1:35.15	+0,85	45.03	1:35.15

Masters 45+

1. Marjo Goelema-Koek	De Biesboschzwemmers	1:19.36	196900192	1:18.62	+0,73	36.55	1:18.62
<i>Nederlands Masters Record</i>							
2. Trudy Ketting	PSV	1:20.72	197000268	1:20.34	+0,79	37.73	1:20.34
3. Wanda Derckx-Weusten	ZEPS	1:25.86	197200624	1:26.03	+0,71	40.07	1:26.03
4. Iris van Aurich	DWK	1:29.82	196900866	1:29.53	+0,74	42.05	1:29.53
5. Simone van Lent	VZV Njord	1:33.23	196900950	1:31.09	+0,92	43.47	1:31.09
6. Helena Mels	ZVVS	1:35.03	196901036	1:34.44	+0,81	45.00	1:34.44
7. Danielle van Veen	ZPC Woerden	1:32.47	196901048	1:35.75	+0,85	43.87	1:35.75
8. Greta Wyma-Teitsma	DWK	1:43.42	197100696	1:46.86	+0,88	49.98	1:46.86
9. Thea Lejeune	ESCA Zwemmen	1:51.97	197101020	1:50.17	+0,79	51.08	1:50.17
AFGEM Annet Kootstra	Swol 1894	1:39.15	197100344				
AFGEM Esther Mijnen	WZ&PC Purmerend	1:29.66	196900846				

Masters 50+

1. Annette Wijnja-Visser	De Biesboschzwemmers	1:23.22	196700528	1:22.89	+0,79	39.10	1:22.89
2. Jacqueline Tuin	DAW	1:29.02	196600690	1:27.50	+0,76	41.46	1:27.50
3. Gail Keech	Swimming Luxembourg	1:34.52	10828	1:31.43	+0,84	42.81	1:31.43
<i>Luxembourg MR</i>							
4. Annemarie Vuist	Swol 1894	1:32.69	196300282	1:33.30	+0,89	44.59	1:33.30
5. Ramune Ivanauskaitė	Kauno Takas	1:45.76		1:36.50	+0,90	46.45	1:36.50
6. K. van Nassau van den Heuvel	Old Dutch	1:36.68	196600188	1:38.85	+0,68	46.98	1:38.85
7. Machteld Stilling	ZPC AMERSFOORT	1:40.05	196600716	1:39.93	+0,74	47.66	1:39.93
8. Anita Steijger	WVZ	1:41.13	196500628	1:40.73	+1,06	48.13	1:40.73
9. Annemarie Straetemans	De Geul	1:49.55	196300508	1:46.36	+0,94	50.62	1:46.36
10. Riekje Schra	Steenwijk 1934	2:17.80	196400404	2:18.95	+1,35	1:04.69	2:18.95

Masters 55+

1. Yoka de Vegt-van Dijk	ESCA Zwemmen	1:38.41	196200420	1:36.00	+0,84	44.59	1:36.00
2. Marijke van Hoek	ZPC De Zeeuwse Kust	1:36.01	195800050	1:37.42	+0,82	46.76	1:37.42
3. Jenny Westervarder	H2Oldambt	1:50.53	196200424	1:49.40	+0,87	51.68	1:49.40
4. Lia Bijkerk	WIDEX GZC DONK	1:48.22	196000014	1:49.99	+0,81	52.36	1:49.99
5. Petra v.d. Steeg	ZCNF'34	1:51.13	196100398	1:51.32	+0,89	53.07	1:51.32
6. Mies Kuipers	Old Dutch	2:12.49	195800202	2:08.56	+1,02	1:02.43	2:08.56

Masters 65+

1. Gonnie Bak	PSV	1:57.22	195100064	1:51.77	+0,90	55.01	1:51.77
2. Tineke van Diggelen	ZPCH	1:53.71	195200048	1:55.42	+0,98	53.78	1:55.42
3. Geerdien Meerwaldt	De Geul	2:05.46	195200058	2:09.58	+1,12	1:00.99	2:09.58
4. Nini van Dongen-de Paepe	ZZ&PC De Devel	2:11.99	195100044	2:17.47	+1,04	1:05.01	2:17.47

Masters 70+

1. Annet Verhoeven	De Duinkickers	1:56.17	194600024	2:02.23	+0,90	55.91	2:02.23
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Masters 80+

NG.ZA Alice Lindhout	PSV	2:30.08	193500010				
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Programmanr. 43
22-01-2017 - 17:02

4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
80+, Dames					
1.	De Geul 1	De Geul	2:10.05	2:12.26	+0,86
	Senna van Dongen	91 +0,86	32.04	95 +0,83	35.03
	Claudia de Win	91 +0,69	34.02	95 +0,28	31.17
80+, Heren					
1.	De Kempvis 1	De Kempvis	1:43.93	1:40.58	+0,72
	Erik Wegman	92 +0,72	25.32	92 +0,32	25.30
	Floyd van Duyvenbode	96 +0,31	25.14	96 +0,51	24.82
80+, Gemengd					
1.	Nova 1	Nova	1:45.97	1:44.20	+0,67
	<i>Nederlands Masters Record</i>				
	Marcel Groen	97 +0,67	24.20	95 +0,41	27.19
	Janine de Groot	95 +0,36	28.33	92 +0,22	24.48
2.	Merlet 1	Merlet	1:50.00	1:49.19	+0,71
	Hilde Grondhout	96 +0,71	31.13	95 +0,23	25.20
	Kim Loeffen	94 +0,27	27.49	96 +0,32	25.37
3.	ZC Aquadream 1	ZC Aquadream	1:54.22	1:54.33	+0,59
	Mariëtte Bulman	95 +0,59	30.80	97 +0,19	30.46
	Jordy Jongenelen	95 +0,18	27.97	96 +0,37	25.10
4.	De Rijn 1	De Rijn	2:01.75	1:57.74	+0,76
	Tessa Mol	95 +0,76	28.66	88 +0,54	33.06
	Marte Stoorvogel	95 +0,47	30.54	96 +0,10	25.48
100+, Dames					
1.	WVZ 2	WVZ	1:55.86	1:55.09	+0,66
	Nicole Bennis	96 +0,66	26.95	91 +0,51	28.59
	Linda Hoogendam	83 +0,47	31.12	94 +0,64	28.43
2.	ZPC Woerden 2	ZPC Woerden	1:57.62	1:57.10	+0,68
	Mandy Verbakel	90 +0,68	29.20	89 +0,51	29.34
	Vivian Brak	90 +0,48	31.20	96 +0,43	27.36
3.	Merlet 3	Merlet	2:12.14	2:12.84	+0,85
	Elske Eikholt	93 +0,85	34.97	95 +0,58	33.47
	Elodie Siroen	90 +0,17	32.93	88 +0,60	31.47
4.	TRB-RES 2	TRB-RES	2:32.16	2:35.53	+0,72
	Evy van Kempen	86 +0,72	39.05	90 +0,18	34.99
	Simone van Iersel	92 +0,50	41.61	91 +0,66	39.88
100+, Heren					
1.	ZPC Woerden 1	ZPC Woerden	1:48.98	1:48.30	+0,77
	Niels van Beurden	88 +0,77	27.73	89 +0,39	27.52
	Thijs van den End	93 +0,42	27.07	84 +0,48	25.98
2.	Merlet 2	Merlet	1:50.41	1:50.25	+0,82
	Ronald Vullings	87 +0,82	27.10	86 +0,46	27.24
	Rens Mahler	92 +0,45	29.92	89 +0,31	25.99
3.	AZC 1	AZC	1:52.77	1:51.30	+0,80
	Guido Keutgen	68 +0,80	27.93	90 +0,43	28.85
	Lukas Schouten	96 +0,30	27.24	95 +0,27	27.28

Programmanr. 43, 4 x 50m vrije slag
100+, Gemengd

1. ZPC AMERSFOORT 1	ZPC AMERSFOORT	1:48.12	1:47.26	+0,67
Marjje van Manen	86 +0,67 29.15	Iris Pijtak	93 +0,44 28.34	
Rob van Vliet	84 +0,30 26.23	Jordan Kraaijenhof	93 +0,18 23.54	
2. EZC 1	EZC	1:50.40	1:49.39	+0,65
Joël Dam	88 +0,65 26.44	Lianne Molkenboer	96 +0,23 28.76	
Merel van der Kieft	92 +0,25 28.05	Huub Mars	87 +0,59 26.14	
3. Steenwijk 1934 1	Steenwijk 1934	1:49.42	1:49.57	+0,67
Mike Koelewijn	93 +0,67 25.51	Nanda de Vries	92 +0,27 28.30	
Lonneke Oenema	91 +0,48 30.95	Lauren Vis	82 +0,34 24.81	
4. De IJssel 1	De IJssel	1:50.60	1:50.27	+0,77
Martje Godschalk	90 +0,77 30.56	Robert-Kay Meenhorst	92 +0,54 25.20	
Nikki Hoogeboom	93 +0,30 29.32	Frank Beijering	93 +0,12 25.19	
5. Albion d'ELFT (SG) 2	Albion d'ELFT (SG)	1:50.83	1:50.76	+0,63
Romero Hennep	93 +0,63 24.44	Anne Aarts	92 +0,33 32.87	
Roos van Esch	82 +0,37 29.14	Roderik Meijers	86 +0,30 24.31	
6. DIO 1	DIO	1:55.83	1:55.87	+0,72
Martino Valentijn	94 +0,72 27.10	Susanne van der Linden	88 +0,36 30.58	
Joëlle Vaes	90 +0,16 33.76	Mathijs van der Logt	91 +0,37 24.43	
7. Montferland 1	Montferland	1:56.69	1:57.85	+0,70
Maik Steenkamp	91 +0,70 27.20	Kelly Bockting	91 +0,51 32.97	
Angela Giezen	83 +0,46 31.85	Martijn Giezen	85 +0,28 25.83	

120+, Dames

1. TRB-RES 3	TRB-RES	1:59.96	1:59.22	+0,67
Maïke Korthout	94 +0,67 28.89	Edith Janssen-Koolen	73 +0,36 28.30	
Wendy Hendrikx-Verhagen	71 +0,48 34.10	Manon van Esch	97 +0,38 27.93	
2. PSV 5	PSV	2:00.64	1:59.57	+0,59
Renee de Kok	84 +0,59 30.28	Nienke van Stipriaan	87 +0,31 29.00	
Elles van Leeuwen	86 +0,40 30.51	Jacqueline Wissink	85 +0,53 29.78	
3. DAW 13	DAW	2:02.67	2:00.69	+0,77
Agnes van Brug	80 +0,77 31.48	Ilona Hogerheyde	74 +0,53 29.92	
Jacqueline Tuin	66 +0,35 31.16	Maaike Vooren	91 +0,40 28.13	
4. Zwemlust-den Hommel 2	Zwemlust-den Hommel	2:10.44	2:04.30	+0,91
Inge Hornis	79 +0,91 32.25	Eline Schoenmaker	90 +0,35 31.93	
Eline Overeem	71 +0,49 30.93	Danielle Vermeulen	91 +0,23 29.19	
5. RZC 1	RZC	2:12.02	2:08.89	+0,82
Romée Marchand	91 +0,82 31.53	Malou Heidekamp	89 +0,44 33.43	
Marieke van Dodeweerd	86 +0,66 30.66	Jule Verschoor-Holland	75 +0,37 33.27	
6. De Meer 1	De Meer	2:07.15	2:09.08	+0,73
Lindsey Hol	90 +0,73 31.92	Nadège van Meeteren	74 +0,61 32.87	
Christa Verploeg	74 +0,39 34.66	Eline van Gemert	95 +0,46 29.63	
7. AZC 2	AZC	2:15.74	2:14.26	+0,83
Inge van Gasteren	72 +0,83 34.07	Samantha Go	84 +0,34 33.19	
Sandra Daamen-Posma	68 +0,29 35.10	Mariska Zaal	88 +0,42 31.90	
8. Budel 2	Budel	2:16.66	2:17.11	+0,87
Ingrid Noten	85 +0,87 34.12	Elly Scheepers	91 +0,43 34.38	
Judith van der Heijden	70 +0,47 36.35	Karin Smolders	76 +0,25 32.26	
9. De Rog 5	De Rog	2:37.00	2:35.30	+0,69
Yvette Senden	93 +0,69 38.95	Monique Scheerman-van Rijn	66 +0,70 17.88	
Sandra van der Helm	78 +0,36 35.59	Brigitte Willems	74 1:02.88	

Programmanr. 43, 4 x 50m vrije slag

120+, Heren

1. Zwemlust-den Hommel 1	Zwemlust-den Hommel	1:42.47	1:40.88	+0,70
Vincent Versteeg	77 +0,70 26.34	Martijn Kornet	97 +0,46 26.08	
Mark Zwart	79 +0,37 26.05	Joan Kentrop	85 +0,44 22.41	
2. Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	1:44.25	1:44.32	+0,77
Rogier Stam	77 +0,77 26.97	David Wendt	82 +0,58 25.98	
Bas Dries	95 +0,45 25.13	Rutger Stam	81 +0,39 26.24	
3. WVZ 1	WVZ	1:48.53	1:47.01	+0,78
Vincent Lapouge	88 +0,78 26.53	Simon van Ravesteijn	80 +0,48 26.52	
Markus van Rest	77 +0,48 27.49	Rens Post	91 +0,45 26.47	
4. LZ 1886 1	LZ 1886	1:56.87	1:50.55	+0,76
Michael van der Linden	86 +0,76 27.43	Robin van Beek	97 +0,44 25.74	
Ingmar Kooman	79 +0,56 30.27	Otto Jansen	65 +0,35 27.11	
5. SGGO (SG) 1	SGGO (SG)	1:54.20	1:50.57	+0,76
Ramon van Huizen	94 +0,76 28.25	Kees Akershoek	69 +0,39 27.20	
Frank van der Voordt	83 +0,47 28.27	Niels Albrechts	88 +0,36 26.85	
6. PSV 4	PSV	1:52.92	1:51.04	+0,71
Martin Teley	89 +0,71 26.14	Albert Garcia i Tormo	82 +0,30 28.58	
Mark Godwaldt	87 +0,56 28.14	Erik Drost	79 +0,60 28.18	
AFGEM ZOB'66 1	ZOB'66	1:54.36		

120+, Gemengd

1. DWK 1	DWK	1:54.02	1:51.95	+0,70
Ruben Koek	97 +0,70 25.93	Michel van Wingerden	67 +0,51 27.53	
Liesbeth van Mill	87 +0,55 31.63	Pauline Gouwens	84 +0,54 26.86	
2. Leuven Aquatics 1	Leuven Aquatics	2:00.44	1:53.94	+0,83
Jimmy Swiggers	74 +0,83 28.54	Liesbeth Lacroix	78 +0,55 29.86	
Yannick Vanderborcht	75 +0,36 27.03	Karlien Manderveld	88 +0,46 28.51	
3. De Treffers 1	De Treffers	2:01.20	1:57.43	+0,57
Marlijn Mulders	88 +0,57 29.70	Eric de Haas	65 +0,45 28.65	
Miranda Pijnenburg	83 +0,45 30.14	Wilko Heemskerk	95 +0,39 28.94	
4. Budel 3	Budel	2:01.43	1:58.43	+0,79
Carola Hompes	88 +0,79 33.00	Bregje Kauffmann	86 +0,40 32.38	
Wijjo Mackus	71 +0,36 28.72	Rick de Greef	84 +0,41 24.33	
5. De Gelenberg 2	De Gelenberg	2:06.98	2:02.49	+0,91
Ferrie van Ingen	90 +0,91 28.27	Ron van der Meer	60 +0,67 30.16	
Nouska van Leur	95 +0,61 32.12	Sylvia Reijers	82 +0,62 31.94	
6. Steenwijk 1934 3	Steenwijk 1934	2:07.64	2:09.52	+0,73
Casper Dollekamp	63 +0,73 31.16	Korstiaan de Boer	71 +0,44 33.23	
Charine de Ruiter	94 +0,74 33.15	Ilse Blankvoort	92 +0,44 31.98	
7. DBD 1	DBD	2:08.42	2:11.05	+0,81
Peter Eshuis	80 +0,81 29.02	Regine Beckers-Stribos	70 +0,49 32.49	
Ingrid Versteegen	73 +0,62 38.56	Marc Bunkers	92 +0,55 30.98	
AFGEM ZOB'66 2	ZOB'66	2:08.80		

160+, Dames

1. Swimming Luxembourg 4 Luxembourg MR	Swimming Luxembourg	2:09.00	2:08.30	+0,76
Stéphanie Schaeffer	70 +0,76 32.76	Olivia Lorton	74 +0,54 29.15	
Gail Keech	66 +0,38 33.40	Marika Pock	66 +0,49 32.99	
2. De Geul 2	De Geul	2:17.48	2:14.46	+0,77
Marijke Campfens	69 +0,77 33.23	Denise van Dongen	71 +0,71 34.18	
Susanne Prins-Molenwijk	66 +0,27 34.33	Aafke Groot	83 +0,35 32.72	
3. MZ&PC 3	MZ&PC	2:29.99	2:18.16	+0,93
Theresa Walsh	67 +0,93 34.33	Kahina Mebarki	78 +0,51 29.41	
Jacqueline Weijers-Horree	61 +0,59 41.76	Hoy Lin Moo	83 +0,37 32.66	
4. De Rog 4	De Rog	2:27.00	2:25.73	+0,87
Patricia Koole-Weijgerse	69 +0,87 36.87	Ageeth Westenbrink	67 +0,31 36.05	
Esther Wouters	73 +0,36 38.35	Catarina Matos	72 +0,67 34.46	

Programmanr. 43, 4 x 50m vrije slag

160+, Heren

1.	Albion d'ELFT (SG) 1 <i>Nederlands Masters Record</i>	Albion d'ELFT (SG)	1:39.11		1:40.10	+0,65		
	Egbert Stolk	76	+0,65	25.58	Hugo Bregman	58	+0,32	26.63
	Erik Simons	89	+0,51	24.00	Nol van Thull	80	+0,44	23.89
2.	De Gelenberg 1	De Gelenberg	1:48.09		1:47.86	+0,73		
	Harold Brouwer	72	+0,73	28.47	Erik Lamers	75	+0,47	26.83
	Marcel van Winssen	71	+0,29	26.10	John Cobussen	75	+0,45	26.46
3.	RZ 1	RZ	1:51.16		1:50.84	+0,71		
	Ralph Caster	61	+0,71	30.65	Patrick Creemers	90	+0,33	25.98
	Gino Martijn	79	+0,45	28.15	Kelvin Isselt	76	+0,28	26.06
4.	TRB-RES 1	TRB-RES	1:54.39		1:52.92	+0,75		
	Bas Kremers	72	+0,75	29.14	Marcel Tuerlings	66	+0,34	29.46
	Rob Verheul	66	+0,32	27.22	Walter Stielstra	77	+0,60	27.10
5.	DAW 15	DAW	1:58.46		1:54.52	+0,74		
	Jeroen Kort	68	+0,74	28.82	Dennis Kraakman	87	-0,01	27.74
	Alex Damen	75	+0,43	26.67	Hans Schoenmakers	69	+0,49	31.29
6.	MZ&PC 1	MZ&PC	1:59.70		1:54.53	+0,83		
	Hugo Mota Prego	80	+0,83	27.86	Bart Sieczynski	79	+0,56	29.34
	Bas Broekhuis	76	+0,25	27.97	Christian Dackus	72	+0,29	29.36
7.	De Rog 6	De Rog	2:34.00		2:30.58	+1,04		
	Vincent Hendriks	84	+1,04	42.65	Tomasz Zurawski	74	+0,74	41.00
	Frank van Engelen	67	+0,19	31.81	Joost Kasper	79	+0,58	35.12
NG	DAW 14	DAW	1:46.43					

160+, Gemengd

1.	Sprut 1 <i>Kampioenschaps Record</i>	Sprut	1:46.00	1:48.70	+0,73			
	Aleksei Trusov	64	+0,73	27.70	Elena Babikova	73	+0,63	27.82
	Inga Tcarkova	83	+0,57	27.92	Evgeny Ryzhov	78	+0,60	25.26
2.	De Ward 1	De Ward	1:58.28	1:56.97	+0,79			
	Maarten Poos	68	+0,79	30.80	Antwan van Engen	71	+0,41	27.28
	Yvette Ratering	72	+0,81	29.69	Eva Kattouw	94	+0,49	29.20
3.	ZVVS 1	ZVVS	1:59.50	1:57.58	+0,74			
	Nadya Putter	83	+0,74	29.23	Natalie van der Hoeven	89	+0,29	28.44
	Willem Putter	45	+0,34	34.39	Bas v.d. Nouwelant	80	+0,38	25.52
4.	ZPC Woerden 3	ZPC Woerden	2:00.95	2:00.79	+0,80			
	Danielle van Veen	69	+0,80	33.40	Marjan Remmits	63	+0,23	30.48
	Rens Klok	96	+0,46	30.46	Johan Remmits	62	+0,36	26.45
5.	Patrick-De Roersoppers (SG) 4	Patrick-De Roersoppers (SG)	2:01.63	2:00.86	+0,80			
	Arno Schrauwen	65	+0,80	30.07	Martine de Haart	79	+0,64	32.58
	Jeroen Meuleners	78	+0,17	27.00	Emmy Slabbers	81	+0,41	31.21
6.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	2:06.06	2:04.44	+0,79			
	Erwin Buist	78	+0,79	25.98	Machteld Stilting	66	+0,51	37.36
	Talje Dijkhuis	66	+0,59	30.89	Wouter van 't Klooster	88	+0,22	30.21
7.	WIDEX GZC DONK 1	WIDEX GZC DONK	2:03.56	2:05.30	+0,86			
	Jessica Venema	79	+0,86	32.13	Jacqueline de Ruiter-Wijnolst	74	+0,39	31.56
	Pierre de Groot	64	+0,65	32.76	Adrian Ortiz Buitrago	60	+0,55	28.85
8.	De Duinkikkers 1	De Duinkikkers	2:15.59	2:14.30	+0,74			
	Marcel Brittijn	69	+0,74	31.50	Inge Roskam	78	+0,42	35.85
	Robert de Brauwer	64	+0,51	30.50	Christine Buist	64	+0,47	36.45
9.	Budel 4	Budel	2:15.70	2:18.18	+0,90			
	Edward van Nijmweegen	70	+0,90	33.55	Dyon de Greef	82	+0,09	29.78
	Jolanda Knippenberg	66	+0,19	37.93	Miriam Stevens	69	+0,76	36.92
AFGEM	Swimming Luxembourg 5	Swimming Luxembourg	1:55.00					

Programmanr. 43, 4 x 50m vrije slag

200+, Dames

1.	PSV 3 <i>Nederlands Masters Record</i>	PSV		2:05.98		2:07.14	+0,75	
	Katja de Beer	68	+0,75	31.24	Corrie Verhoeven	46	+0,56	35.94
	Gudule van der Meer	72	+0,32	29.82	Liselotte Joling	75	+0,68	30.14
2.	WS Twente 2	WS Twente		2:15.55		2:13.07	+0,92	
	Karin Leverink	72	+0,92	34.84	Jeannette Ruesink	63	+0,31	33.63
	Marijke Kraak-Beckers	60	+0,41	32.92	Marion Broekhuis	68	+0,46	31.68
3.	Kauno Takas 1 <i>Lithuanian MR</i>	Kauno Takas		2:21.00		2:17.63	+0,80	
	Jolanta Duleviciene	67	+0,80	31.64	Loreta Kabasinskiene	63	+0,65	38.14
	Ramune Ivanauskaite	64	+0,69	35.86	Renata Gadliauskiene	72	+0,65	31.99
4.	Old Dutch 1	Old Dutch		2:27.58		2:26.13	+1,08	
	Marie Smits	38	+1,08	46.22	Chantal Gerritsen-Driesen	76	+0,56	33.60
	Chantal Verhoeff	79	+0,41	30.18	Karin van Nassau van den Heuvel	66	+0,39	36.13

200+, Heren

1.	De Rog 1 <i>Nederlands Masters Record</i>	De Rog		1:47.04		1:45.02	+1,90	
	Peter Bernsen	63	+1,90	25.39	Arjan Verheij	71	+0,30	26.56
	Rob Spetter	62	+0,33	27.51	Glen le Clercq	68	+0,32	25.56
2.	De Rog 2	De Rog		1:57.84		1:58.84	+0,85	
	Erik Kamphuis	60	+0,85	28.62	Roy le Clercq	64	+0,43	31.49
	Cees Kersten	64	+0,45	30.04	Reinier Ellenkamp	80	0.00	28.69
3.	WS Twente 1	WS Twente		1:55.84		2:00.79	+0,87	
	Hans Westerhof	62	+0,87	27.43	Jack Barends	62	+0,58	32.15
	Bart van Calker	61	+0,25	32.54	Jos Wensink	69	+0,47	28.67
4.	MZ&PC 2	MZ&PC		2:12.55		2:05.62	+1,07	
	Michael Gouweloos	54	+1,07	31.55	Henk van Hezel	51	+0,18	32.08
	Eric Craft	67	+0,12	32.45	Rene Weijers	59	+0,58	29.54
5.	Budel 1	Budel		2:10.05		2:15.36	+0,93	
	Jos Zentjens	57	+0,93	32.22	Joost van Eerdt	69	+0,51	36.02
	Jan-Pieter Broos	68	+0,85	36.78	Ruud Kennis	65	+0,36	30.34
6.	CNSW 1	CNSW		2:14.51		2:15.73	+0,67	
	Lionel Godeaux	60	+0,67	26.06	Mohamed Abou Gebba	75	+0,46	31.38
	Donovan Lozano	86	+0,47	30.48	Kevork Boyrazian	44	+0,51	47.81
NG	HPC 1	HPC		1:55.96				

200+, Gemengd

1.	De Biesboschzwemmers 2	De Biesboschzwemmers	1:57.16			1:56.59	+0,81	
	Paul Wijnja	63	+0,81	29.00	Marjo Goelema-Koek	69	+0,35	29.41
	Annette Wijnja-Visser	67	+0,25	30.87	Arjon de Bok	69	+0,21	27.31
2.	Swol 1894 5	Swol 1894	2:02.28			2:04.34	+0,74	
	Christien Nieuwenhuis	51	+0,74	33.08	Michael van Bekkum	72	+0,29	27.40
	Annemarie Vuisit	63	+0,58	36.28	Machiel Stolk	74	+0,59	27.58
3.	De Rog 3	De Rog	2:12.00			2:11.15	+0,74	
	Wijnand Vergeest	68	+0,74	29.90	Sandra Peeters-Wiermans	74	+0,49	33.01
	Arianne Hamakers	67	+0,42	31.56	Sjoerd van de Berg	54	+0,42	36.68
4.	WIDEX GZC DONK 2	WIDEX GZC DONK	2:20.47			2:23.55	+0,84	
	Lia Bijkerk	60	+0,84	40.36	Peter Coffeng	57	+0,57	35.66
	Nathasia Konijn	71	+0,87	36.19	Willem Jan Ribberink	65	+0,49	31.34

240+, Heren

1.	PSV 1 <i>Nederlands Masters Record</i>	PSV		1:53.72		1:52.33	+0,83	
	Brend Brevé	52	+0,83	29.73	Joop Ariaens	59	+0,47	27.89
	Hans Wijsman	55	+0,27	27.73	Fred Ketting	60	+0,49	26.98
2.	WWV 1	WWV		1:57.53		1:58.02	+0,97	
	Theo Schouten	46	+0,97	33.02	Robert Vink	63	+0,27	27.92
	Ruud Ruiter	53	+0,25	29.76	Kees-Jan van Overbeeke	62	+0,35	27.32

Programmanr. 43, 4 x 50m vrije slag

240+, Gemengd

1. AZC 3	AZC			2:26.49		2:24.18	+0,92
Monique Munnik	62	+0,92	34.49	Geza Kaltenecker	42	+0,76	38.01
Wil Ponsioen-van Mil	61	+0,70	40.98	Wim de Lange	58	+0,39	30.70
2. Old Dutch 2	Old Dutch			2:59.85		3:01.33	+1,00
Mies Kuipers	58	+1,00	52.39	Nico Baay	42	+0,47	46.94
Hans Vloedgraven	64	+0,70	32.48	Karien Musters	58	+0,52	49.52
3. Steenwijk 1934 2	Steenwijk 1934			3:09.49		3:26.36	
Klaas Prins	28		1:15.68	Hans van Scheepen	62	+0,81	38.47
Riekie Schra	64		57.58	Wilma Heijman	64	+0,60	34.63

320+, Gemengd

DIS PSV 2	PSV			3:05.20			+1,19
<i>EC - De estafette niet gezwommen met de opgegeven deelnemers.**, Startzwemmer NMR (onjuiste tweede zwemmer)</i>							
Lottie Geurts	35	+1,19	43.34	Bob Berg	33		
Alice Lindhout	35			Rob Hanou	43		